

**APPLE GALLOP**  
**5K WALK/RUN IN THE COUNTRY**  
**SUNDAY, SEPTEMBER 24, 2017 – 9:00AM**

LOCATED IN MONTI, IOWA. 2854 WASHINGTON AVE. COGGON, IA 52218  
7 MILES SOUTH OF WINTHROP, IOWA

Apple Orchard and walk/run to the Community Center in Monti, Iowa.

[www.monticc.com](http://www.monticc.com)

Contact Eldon Baragary – [ebaragary@hotmail.com](mailto:ebaragary@hotmail.com)

**Registration Form**

Deadline for Advance Registration is Thursday, September 21, 2017

Register early to receive your requested T-Shirt size!!!

1<sup>st</sup> Place Medals Men and Women Overall

1<sup>st</sup> and 2<sup>nd</sup> Place Medals in all age Divisions

Registration begins at 8:00AM. Event starts at 9:00AM

One Entry per Form – Please Fill Out Completely. Make checks payable to Monti Community Center

Mail entry form to: Eldon Baragary 3243 260<sup>th</sup> St Winthrop, IA 50682

	Advance	Late
3.1 Mile (5K) _____	\$20.00	_____ \$25.00

\*Post race refreshments

\*Fall run in the country.

Adult T-Shirt Size (circle one)	S	M	L	XL	___ Runner	___ Walker
Youth T-Shirt Size (circle one)	S	M	L			
Age as of September 24, 2017 _____					Sex (circle one) Male	Female

Name \_\_\_\_\_

Please print clearly

Address \_\_\_\_\_

Please print clearly

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

By my signature, for myself, representative, declare full responsibility of myself during my participation in the Apple Gallop Walk/Run n the Country. Furthermore, I waive and release any and all claims against the Monti Community Center, its members, and all sponsors or representatives for any injury I may sustain in connection with this event.

Parent or Guardian must sign if entrant is under 18 years old.

Signature \_\_\_\_\_