



5K Run and 1 Mile Fun Run Saturday June 25th, 2016

Location: Railroad Park
Mail bottom section to: Riverside ESO Trek for the Schools
220 Schnoebelen Street
Riverside, IA 52327
or register at www.getmeregistered.com

Time: Race- 8:00 AM Race Day Registration- 7:00AM Riverside, IA 52327

Groups: Under 18, 19-29, 30-39, 40-49, 50-59 and 60+
Awards: Trophy for overall male and female winner- 5K

Medal for 1st and 2nd, male and female, in each age group- 5K
Winners will also get to be in the TrekFest Parade starting at 10 am
For more information on TrekFest Events visit www.Trekfest.com

Questions: Direct all questions to Maria Meller, 319-530-1723, or e-mail mecarr31@yahoo.com
(Make checks payable to **Riverside ESO**)

First Name: _____ Last Name: _____

Parent Name (If under 18): _____ RACE (Circle One) 5 K 1 Mile

Address: _____ City: _____ State: _____ Zip: _____

Phone # _____ Email _____ Age on day of race: _____ M / F

T-Shirt Size (Circle One) **CHILD** M L **ADULT** S M L XL XXL

Registration fees through June 1st: \$25

Registration June 1st through race day: \$30

Wavier: I certify to the best of my knowledge that I am physically fit and have no medical condition that could likely worsen by participation in this event. I am fully aware and assume all risks associated with participation in this event. I am fully aware that the race is run on public streets and highways and that limited traffic control will be provided and that participation could be hazardous. I understand running with headphones, dogs, and strollers is considered hazardous to my safety and sponsoring organizations and entities have recommended against it. In participating with headphones, dogs, strollers, etc., I assume responsibility for the risks involved. In consideration of this entry, I hereby for myself, my heirs, executors, assigns and administrators, waive and release all rights and claims against the race committee, Highland Community Schools, YMCA of Washington County, City of Riverside, Washington County, officials and volunteers associated with the race and event, their representatives, successors and assigns for any injuries incurred by me during, because of, or in travel to or from race or event.

Signature: _____ (under 18, parent or legal guardian)