

# Royal Rec 5K Fun Run/Walk

**When:** The race will be held July 2, 2016 at 8:30. Registration will begin at 7:30 a.m. Fluids and snacks will be available afterward.

**Where:** Clay Central – Everly School in Royal, IA. Maps will be available on race day but the run will begin and end at the CCE school.

**Cost:** \$15 if registered by June 27<sup>th</sup> or \$20 the day of the race. T-shirts are guaranteed for all entries received before June 27<sup>th</sup>. T-shirts are not guaranteed for entries received after June 27<sup>th</sup>.

**Divisions:** Male and Female: 15 and under, 16-18, 19-29, 30-39, 40-49, 50 and over

There will be a free Mini-Marathon run for children 10 and under. This run will begin immediately after the completion of the 5K run. All participants will receive a goody bag.

All proceeds will go to support the Royal Summer Youth Rec Program. Direct questions to Betsy Schoelerman at 712-363-4635 or bschoelerman@gmail.com.

## Entry Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ T-Shirt Size: SM M L XL XXL

*The undersigned acknowledges that the Royal Rec 5K Fun Run/Walk is voluntary and that I voluntarily choose to participate. This being the case, I release the Royal Rec Program, its officers, volunteers, race officials, sponsors, and all other parties from any claims, demands, or causes of action of every nature which may arise from my participation in this event.*

*The undersigned agrees that the above mentioned parties shall be held harmless in the event of any accident causing damages or loss of property or injury to the undersigned. I have read this release and understand its terms and voluntarily sign the same.*

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Parent /Guardian signature if runner under 18 years old

Please make checks payable to : Royal Rec 5K and mail form and registration fee to:

Royal Rec 5K c/o Home State Bank

P.O. Box 79

Royal, IA 51357

Where You Have the Right to B - FIT  
**FitnessSports**  
www.FitnessSports.com  
8810 Swanson Blvd, Clive, IA 50325  
515/277-4785, Fax 515/277-3854 or 800/529-7684