

Lone Tree Chamber of Commerce  
-presents-

THE

# Lone Tree Fun Run

**DATE:** Saturday, August 17, 2019

**SCHEDULE:** 5K Run/Walk 7:30 AM  
1-Mile Fun Run 8:30 AM  
**Race time may be delayed due to inclement weather.**

**CHECK IN:** Race-day registration from 6:30 to 7:15 AM at the Lone Tree Community School parking lot located at 303 S. Devoe Street in Lone Tree (at south end of school). **Registration ends at 7:15 AM.**

**INDIVIDUAL AWARDS:** Awards to the top finishers in each age category and overall winner for men and women in the 5K Fun Run; 19 & under, 20-29, 30-39, 40-49, 50-59, 60 & over. Awards to the first place male and female in each age category for the 1-Mile Run; 8 & under, 9-15 and 16 & over. Awards to the first place 5K Walker (male and female, no age bracket). **Walkers must walk the entire race.**

**TEAM AWARDS:** Awards to the team (minimum 4 team members) for the following: 1) most team members 2) best team outfit 3) most enthusiastic team. Still compete as an individual, but enter a team name at no additional cost!

**POST RACE:** Awards and drawings for door prizes immediately following 1-mile event. The Lone Tree Fall Fest Parade will begin at 11:00 AM. Stick around for food and fun at the Lone Tree Fall Fest!

**COURSE:** Join us on this run through the streets of Lone Tree.

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ONE ENTRY PER PERSON~ENTRY FORM MAY BE COPIED~PLEASE PRINT

## LONE TREE FUN RUN ENTRY FORM

## ENTRY FEES (*received by Sat, Aug. 3rd*)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Zip \_\_\_\_\_ Phone \_\_\_\_\_  
Email: \_\_\_\_\_  
Age (race day) \_\_\_\_\_

\_\_\_\_\_ \$16.00 5K Run/Walk  
\_\_\_\_\_ \$10.00 1-Mile Run

## LATE ENTRY FEES (*received after Aug. 3rd*)

\_\_\_\_\_ \$20.00 5K Run/Walk  
\_\_\_\_\_ \$14.00 1-Mile Run

Gender: \_\_\_\_\_  
• *Male* *Female* •

Event: \_\_\_\_\_  
• *5K Run* *5K Walk* *1-Mile Run* •

Adult T-shirt Size: \_\_\_\_\_  
• *S* *M* *L* *XL* *2XL* *3XL* •

Youth T-shirt Size: \_\_\_\_\_  
• *M* *L* •

Please send Entry Form & Entry Fee to:

**Lone Tree Fun Run**  
**PO Box 609**  
**Lone Tree, IA 52755**

Questions? Call Russ @ 319.629.4222

**AN ADDITIONAL OPTION FOR 2019 (at no additional cost): Enter a team name (minimum 4 team members) and compete as a team for the following awards: 1) most team members 2) best team outfit 3) most enthusiastic team**

**Team Name:** \_\_\_\_\_  
(each team member should list the same Team Name on their Lone Tree Fun Run Entry Form)

Please sign the waiver on the back of this page

**2019 Lone Tree Fun Run**

I recognize the risks involved in any athletic event and hereby waive, release and hold harmless the CITY of LONE TREE, the LONE TREE CHAMBER of COMMERCE and its members, all race directors, contributors and volunteers from any and all liability, claims and rights for damages from injuries growing out of, related to, or arising from participating in the Lone Tree Fall Festival 5K Fun Run/Walk or the 1-Mile Fun Run. I further hereby certify that I have full knowledge of the risks involved in this event and that I am physically fit to participate. If, however, I do require medical attention as a result of my participation in the above mentioned activities, I authorize the medical personnel associated with said events to provide such medical care as is deemed appropriate by such medical personnel.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
PARENT SIGNATURE (if participant is under 18)

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PARENT PRINTED NAME & PHONE NUMBER