

**TWELFTH ANNUAL**  
**VINTON, IOWA**



**5K**

**TOUR DE LIGHTS**

**SUNDAY**

**DEC. 4TH, 2016 @ 5PM**

**VINTON FIRE STATION**  
 (LOCATED AT 201 E. 2ND STREET )

Proceeds to benefit:



**CROSS COUNTRY**  
 AND  
**TRACK TEAMS**



## Entry Form

Please complete a separate form for each person.

Name & Phone # \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M or F

In case of emergency, notify \_\_\_\_\_  
 Name & Phone # \_\_\_\_\_

T-shirt Sizes: Youth: S (6-8) M (10-12) L (14-16)  
 Adult: S M L XL 2XL 3XL

- |   |  |
|---|--|
| <input type="checkbox"/> \$25 Open Registration with<br>Gildan 50/50 short sleeve t-shirt | <input type="checkbox"/> \$15 Kids Registration 12 & Under<br>with Gildan 50/50 short sleeve t-shirt |
| <input type="checkbox"/> \$30 Open Registration with<br>Sport-tek wicking mens t-shirt    | <input type="checkbox"/> \$30 Open Registration with<br>Sport-tek wicking ladies t-shirt             |

**DEADLINE FOR REGISTRATIONS - MONDAY, NOV. 28TH.**

- \$30 Day of Registration available 4:00 pm - 4:45 pm (shirt not guaranteed)

Packet Pick up day of race - Sunday, Dec. 4th 4:00 pm - 4:45 pm at Fire Station.

Make checks payable to: VS Cross Country/Track & Field

Mail to : Heather Kalous  
 1911 59th Street  
 Vinton, IA 52349

### RELEASE OF LIABILITY

All runners run at their own risk and accept any responsibility of injury before, during, or after this run. By signing this form, you relinquish the Vinton Shellsburg Community School District, the City of Vinton, and anyone directly in charge of this run responsible for harm or injury.

I agree to the above and will solely be responsible for myself and/or my child in case of injury.

Runner's Signature (Parent if under 18)

### SPECIAL THANKS TO OUR SPONSORS:

