

[MS Girls](#)[MS Boys](#)[JV Girls](#)[JV Boys](#)[Var Girls](#)[Var Boys](#)

## Vinton-Shellsburg Invitational Varsity Boys Cross Country Meet

Event: Varsity Boys

Date: Tuesday, September 20, 2016

Location: School Campus, Vinton, IA

Weather: Sunny, Wind ESE 5-15 mph &amp; 90°

**Results By: Andrew Kauder, Kauder Racing**

Place	School	1	2	3	4	5	6	7	Total	Time Ave	Time Spread
1	Vinton-Shellsburg	2	5	7	8	10	13	16	32	19:00	1:01
2	Benton Community	3	4	11	17	19	24	31	54	19:28	2:02
3	Independence	1	12	20	26	28	32	37	87	20:06	3:36
4	West Delaware	14	21	22	23	25	27	39	105	20:41	1:23
5	Union	9	15	29	34	35	36	38	122	21:09	3:14
6	South Tama County	6	18	30	33	40	41		127	21:18	3:34

**Incomplete Teams:** Columbus Catholic

Place	Score	Name	School	Time	Pace mpm
1	1	Ryan Adams, SR	Independence	17:45	5:43/M
2	2	Nolan Haisman, SO	Vinton-Shellsburg	18:20	5:54/M
3	3	Dylan Spina, SO	Benton Community	18:31	5:57/M
4	4	Patrick Gorkow, JR	Benton Community	18:32	5:58/M
5	5	Cole Smith, SR	Vinton-Shellsburg	18:56	6:06/M
6	6	Hunter Filloon, SR	South Tama County	19:07	6:09/M
7	7	Cole Tharp, JR	Vinton-Shellsburg	19:12	6:11/M
8	8	Conner Bendull, SR	Vinton-Shellsburg	19:13	6:11/M
9	9	Lake Lebahn, FR	Union	19:14	6:11/M
10	10	Matt Andreesen, JR	Vinton-Shellsburg	19:21	6:14/M
11	11	Blaine Volesky, JR	Benton Community	19:23	6:14/M
12	12	Cliff Baldwin, JR	Independence	19:29	6:16/M
13	13	Ben Eden, SR	Vinton-Shellsburg	19:44	6:21/M
14	14	Noah Crumpton, JR	West Delaware	19:45	6:21/M
15	15	Derek Holschlag, SR	Union	19:54	6:24/M
16	16	Scott Wirth, SR	Vinton-Shellsburg	20:10	6:29/M
17	17	Nathaniel Caldwell, SO	Benton Community	20:24	6:34/M
18	18	Chase Brannen, JR	South Tama County	20:24	6:34/M
19		Luke Pranger, SR	Columbus Catholic	20:27	6:35/M
20	19	Sam Lavin, JR	Benton Community	20:33	6:37/M
21	20	Spencer Giddiness, SO	Independence	20:42	6:40/M
22	21	Nathan Goranson, FR	West Delaware	20:45	6:41/M
23	22	Ben Litterer, JR	West Delaware	20:51	6:43/M
24	23	Brady Carroll, JR	West Delaware	20:56	6:44/M
25	24	Russell Atwood, SO	Benton Community	21:01	6:46/M

26	25	Keegan Kolbet, JR	West Delaware	21:08	6:48/M
27	26	Dalton Bantz, SO	Independence	21:10	6:49/M
28	27	Austin Pettlon, SR	West Delaware	21:13	6:50/M
29	28	Joey Zieser, SR	Independence	21:21	6:52/M
30		Corey MacK, SR	Columbus Catholic	21:35	6:57/M
31	29	Payton Hellman, JR	Union	21:44	7:00/M
32	30	Jair Sosa, FR	South Tama County	22:00	7:05/M
33	31	Adison Steinford, SR	Benton Community	22:07	7:07/M
34	32	Caleb Kramer, JR	Independence	22:12	7:09/M
35	33	Nick Jordan, JR	South Tama County	22:21	7:11/M
36	34	Lane Hennings, FR	Union	22:25	7:13/M
37	35	Garrett Rottinghaus, FR	Union	22:28	7:14/M
38	36	Mason Thomson, SR	Union	22:30	7:14/M
39	37	Cole Turner, SR	Independence	22:32	7:15/M
40	38	Keegan Block, FR	Union	22:37	7:17/M
41	39	Isaiah Rich, FR	West Delaware	22:38	7:17/M
42	40	Daniel Mendoza, SR	South Tama County	22:41	7:18/M
43	41	Joel Puentes, FR	South Tama County	23:03	7:25/M

<b>Place 1</b>	<b>Vinton-Shellsburg</b>	<b>Time Spread = 1:01</b>	<b>Ave Time = 19:00</b>	<b>Score = 32</b>
<b>Place</b>	<b>Name</b>	<b>Time</b>	<b>Pace mpm</b>	
2	Nolan Haisman, SO	18:20	5:54	
5	Cole Smith, SR	18:56	6:06	
7	Cole Tharp, JR	19:12	6:11	
8	Conner Bendull, SR	19:13	6:11	
10	Matt Andreesen, JR	19:21	6:14	
13	Ben Eden, SR	19:44	6:21	
16	Scott Wirth, SR	20:10	6:29	

<b>Place 2</b>	<b>Benton Community</b>	<b>Time Spread = 2:02</b>	<b>Ave Time = 19:28</b>	<b>Score = 54</b>
<b>Place</b>	<b>Name</b>	<b>Time</b>	<b>Pace mpm</b>	
3	Dylan Spina, SO	18:31	5:57	
4	Patrick Gorkow, JR	18:32	5:58	
11	Blaine Volesky, JR	19:23	6:14	
17	Nathaniel Caldwell, SO	20:24	6:34	
19	Sam Lavin, JR	20:33	6:37	
24	Russell Atwood, SO	21:01	6:46	
31	Adison Steinford, SR	22:07	7:07	

<b>Place 3</b>	<b>Independence</b>	<b>Time Spread = 3:36</b>	<b>Ave Time = 20:06</b>	<b>Score = 87</b>
<b>Place</b>	<b>Name</b>	<b>Time</b>	<b>Pace mpm</b>	

1	Ryan Adams, SR	17:45	5:43
12	Cliff Baldwin, JR	19:29	6:16
20	Spencer Giddiness, SO	20:42	6:40
26	Dalton Bantz, SO	21:10	6:49
28	Joey Zieser, SR	21:21	6:52
32	Caleb Kramer, JR	22:12	7:09
37	Cole Turner, SR	22:32	7:15

**Place 4 West Delaware**      **Time Spread = 1:23**      **Ave Time = 20:41**      **Score = 105**

Place	Name	Time	Pace mpm
14	Noah Crumpton, JR	19:45	6:21
21	Nathan Goranson, FR	20:45	6:41
22	Ben Litterer, JR	20:51	6:43
23	Brady Carroll, JR	20:56	6:44
25	Keegan Kolbet, JR	21:08	6:48
27	Austin Pettlon, SR	21:13	6:50
39	Isaiah Rich, FR	22:38	7:17

**Place 5 Union**      **Time Spread = 3:14**      **Ave Time = 21:09**      **Score = 122**

Place	Name	Time	Pace mpm
9	Lake Lebahn, FR	19:14	6:11
15	Derek Holschlag, SR	19:54	6:24
29	Payton Hellman, JR	21:44	7:00
34	Lane Hennings, FR	22:25	7:13
35	Garrett Rottinghaus, FR	22:28	7:14
36	Mason Thomson, SR	22:30	7:14
38	Keegan Block, FR	22:37	7:17

**Place 6 South Tama  
County**      **Time Spread = 3:34**      **Ave Time = 21:18**      **Score = 127**

Place	Name	Time	Pace mpm
6	Hunter Filloon, SR	19:07	6:09
18	Chase Brannen, JR	20:24	6:34
30	Jair Sosa, FR	22:00	7:05
33	Nick Jordan, JR	22:21	7:11
40	Daniel Mendoza, SR	22:41	7:18
41	Joel Puentes, FR	23:03	7:25

**Incomplete Teams:**

Columbus Catholic

Place	Name	Time	Pace
19	Luke Pranger, SR	20:26.72	6:35
30	Corey MacK, SR	21:35.16	6:57

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