

Urbandale XC Girls 4 km Combined

Urbandale, IA

Sept. 4, 2008

mild, partly sunny

Results by Michael Franke

[Girls 9/10](#) [Boys 9/10](#) [Girls Combined](#) [Boys Combined](#) [Girls 11/12](#) [Boys 11/12](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

Results also available for [boys](#)

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Dowling Catholic	18	1	2	4	5	6	7	13	14:50	1:52
2	Urbandale	66	3	10	16	18	19	34	66	15:49	1:07
3	Marshalltown	108	8	11	17	32	40	41	63	16:10	1:07
4	Ankeny	115	9	20	22	29	35	36	37	16:16	58
5	Earlham	144	12	15	24	46	47	69	79	16:29	1:14
6	Nodaway Valley	156	14	27	30	42	43	44	53	16:36	1:05
7	Hoover	216	26	28	38	50	74	76	81	17:03	1:53
8	Adm	235	23	45	52	57	58	82	84	17:11	1:18
9	Creston	240	25	31	49	65	70	71	75	17:13	1:43
10	Southeast Polk	256	39	48	54	56	59	60	61	17:18	54
11	Grinnell	269	21	55	62	64	67	77	80	17:25	1:41
12	Boone	319	33	51	72	78	85	86	87	18:07	3:20
13	East	402	68	73	83	88	90	93		19:38	3:38
14	Lincoln	461	89	91	92	94	95	96	97	22:27	2:28

INCOMPLETE TEAMS:

Martensdale Sm

[Individuals](#)

1. Dowling Catholic

1	Katie Flood, Jr	13:42	5:30
2	Ashlie Decker, Jr	14:10	5:42
4	Diane Hubble, Fr	15:13	6:07
5	Heather Tobias, Jr	15:31	6:14
6	Allie Vaughan, Fr	15:33	6:15
7	Kayla Weier, Sr	15:33	6:15
13	Sarah Spellman, Jr	15:57	6:25

Time = 1:14:06 Places = 18

2. Urbandale

3	Sarah Mueller, So	15:04	6:04
10	Sammi Bruett, Jr	15:44	6:20
16	Serena Goetzl, So	15:59	6:26
18	Emily Benson, So	16:07	6:29
19	Gabi Wilson, Fr	16:11	6:30
34	Norma Penado, Fr	16:37	6:41
66	Elizabeth Benson, Jr	17:57	7:13

Time = 1:19:04 Places = 66

3. Marshalltown

8	Lydia Martin, So	15:40	6:18
11	Emily Hunt, Jr	15:46	6:20
17	Jordyn Boland, Jr	16:03	6:27
32	Monica Hughes, Jr	16:35	6:40
40	Madison Wynes, Jr	16:46	6:45
41	Kelsey Hood, Sr	16:57	6:49
63	Alaina Severson, So	17:43	7:07

Time = 1:20:49 Places = 108

4. Ankeny

9	Emily Roberts, Jr	15:43	6:19
20	Alex Nissen-Pickard, Fr	16:12	6:31
22	Lauren Doocy, So	16:16	6:32
29	Taylor Lang, Fr	16:31	6:38
35	Kelly Peddy, Sr	16:40	6:42
36	Maggie Riley, Fr	16:40	6:42
37	Julia Weiner, Fr	16:42	6:43

Time = 1:21:19 Places = 115

5. Earlham

12	Andrea Haus, So	15:53	6:23
15	Emily Geneser, So	15:58	6:25
24	Kaly Adkins, Jr	16:19	6:34
46	Lauren Mapes, Jr	17:06	6:52
47	Meghan Beckman, Fr	17:07	6:53
69	Tess Ory, Fr	18:04	7:16
79	Chelsey Klismith, Sr	18:39	7:30

Time = 1:22:21 Places = 144

6. Nodaway Valley

14	Paige Jones, Fr	15:57	6:25
27	Susan Herr, So	16:30	6:38
30	Lauren Bricker, Jr	16:31	6:38
42	Morgan Bax, Jr	17:01	6:51
43	Kristin Kincaide, Jr	17:02	6:51
44	Bethni Johnson, Fr	17:03	6:51
53	Brittini Johnston, So	17:22	6:59

Time = 1:22:59 Places = 156

7. Hoover

26	Kayleigh Wren, Jr	16:27	6:37
28	Anna Strait, So	16:30	6:38
38	Katy Stites, So	16:43	6:43
50	Renee Richenbacher, Fr	17:16	6:57
74	Brianna Rodriguez, Fr	18:19	7:22
76	Elizabeth McInroy, Jr	18:24	7:24
81	Andrea Bailey, So	18:55	7:36

Time = 1:25:14 Places = 216

8. Adm

23	Jasmine Hansen, So	16:19	6:34
45	Kelsey Hagelberg, Sr	17:04	6:52
52	Allie Plagman, So	17:20	6:58
57	Rachel Harada, So	17:33	7:03
58	Carrie Pieper, Jr	17:37	7:05
82	Maggie Penland, Sr	19:01	7:39
84	Donna Johnston, Jr	19:08	7:42

Time = 1:25:51 Places = 235

9. Creston

25	Christy Stevens, So	16:24	6:35
31	Dana Miller, Sr	16:32	6:39
49	Kierra Smith, Jr	17:15	6:56
65	Laura Scott, Fr	17:50	7:10
70	Allison Wood, Fr	18:06	7:17

71	Aubrey Pendegraft, Sr	18:07	7:17
75	Morgan Thompson, Jr	18:22	7:23

Time = 1:26:05 Places = 240

10. Southeast Polk

39	Alicia Cole, Jr	16:44	6:44
48	Kelly Cole, Fr	17:09	6:54
54	Allison Rogers, Fr	17:29	7:02
56	Hannah Olson, Fr	17:33	7:03
59	Haley Ruden, So	17:38	7:05
60	Brett Timmins, So	17:38	7:05
61	Molly Potts, Jr	17:38	7:06

Time = 1:26:30 Places = 256

11. Grinnell

21	Sarah Burnell, Jr	16:16	6:32
55	Jenna Roderick, Jr	17:31	7:02
62	Jennifer Dysart, So	17:40	7:06
64	Kirsten Ferch, Sr	17:43	7:07
67	Lisa Austin, Jr	17:57	7:13
77	Tessa Schultz, So	18:25	7:24
80	Jenna Staroska, So	18:46	7:33

Time = 1:27:04 Places = 269

12. Boone

33	Natasha Swanson, So	16:36	6:41
51	Brianna Boehm, Jr	17:18	6:57
72	Makenna Slight, So	18:08	7:18
78	Nicole Miller, Fr	18:37	7:29
85	Erin Soderstrum, So	19:56	8:01
86	Audrey Wadzinski, So	20:15	8:09
87	Melissa White, So	20:32	8:15

Time = 1:30:33 Places = 319

13. East

68	Pa Vang, Sr	18:02	7:15
73	Kenzie Channon, So	18:09	7:18
83	Royana Marble, So	19:08	7:41
88	Julie Drake, Sr	21:13	8:32
90	Alina McDaniel, So	21:39	8:42
93	Zoila Sarmiento, Sr	22:32	9:03

Time = 1:38:09 Places = 402

14. Lincoln

89	Amanda Sanders, Jr	21:22	8:36
91	Emileea Neff, Jr	22:15	8:57
92	Jamie Baker, Sr	22:15	8:57
94	Alexis Allen, So	22:34	9:04
95	Amber Moore, Sr	23:49	9:35
96	Sylvia Townsend, Fr	24:40	9:55
97	Samantha Petersen, So	39:19	15:49

Time = 1:52:14 Places = 461

[Top](#)

PLACE	SCORE	FINISHER	TIME	PACE	TEAM
1	1	Katie Flood, Jr	13:42	5:30	Dowling Catholic
2	2	Ashlie Decker, Jr	14:10	5:42	Dowling Catholic
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
3	3	Sarah Mueller, So	15:04	6:04	Urbandale
4	4	Diane Hubble, Fr	15:13	6:07	Dowling Catholic
5	5	Heather Tobias, Jr	15:31	6:14	Dowling Catholic
6	6	Allie Vaughan, Fr	15:33	6:15	Dowling Catholic

7	7	Kayla Weier, Sr	15:33	6:15	Dowling Catholic
8	8	Lydia Martin, So	15:40	6:18	Marshalltown
9	9	Emily Roberts, Jr	15:43	6:19	Ankeny
10	10	Sammi Bruett, Jr	15:44	6:20	Urbandale
11	11	Emily Hunt, Jr	15:46	6:20	Marshalltown
12	12	Andrea Haus, So	15:53	6:23	Earlham
13	13	Sarah Spellman, Jr	15:57	6:25	Dowling Catholic
14	14	Paige Jones, Fr	15:57	6:25	Nodaway Valley
15	15	Emily Geneser, So	15:58	6:25	Earlham
16	16	Serena Goetzl, So	15:59	6:26	Urbandale
17	17	Jordyn Boland, Jr	16:03	6:27	Marshalltown
18	18	Emily Benson, So	16:07	6:29	Urbandale
19	19	Gabi Wilson, Fr	16:11	6:30	Urbandale
20	20	Alex Nissen-Pickard, Fr	16:12	6:31	Ankeny
21	21	Sarah Bunnell, Jr	16:16	6:32	Grinnell
22	22	Lauren Doocy, So	16:16	6:32	Ankeny
23	23	Jasmine Hansen, So	16:19	6:34	Adm
24	24	Kaly Adkins, Jr	16:19	6:34	Earlham
25	25	Christy Stevens, So	16:24	6:35	Creston
26	26	Kayleigh Wren, Jr	16:27	6:37	Hoover
27		kelsey knoblauch, So	16:30	6:38	Dowling Catholic
28	27	Susan Herr, So	16:30	6:38	Nodaway Valley
29	28	Anna Strait, So	16:30	6:38	Hoover
30	29	Taylor Lang, Fr	16:31	6:38	Ankeny
31	30	Lauren Bricker, Jr	16:31	6:38	Nodaway Valley
32	31	Dana Miller, Sr	16:32	6:39	Creston
33	32	Monica Hughes, Jr	16:35	6:40	Marshalltown
34	33	Natasha Swanson, So	16:36	6:41	Boone
35	34	Norma Penado, Fr	16:37	6:41	Urbandale
36		Grace McLaughlin, Fr	16:37	6:41	Dowling Catholic
37	35	Kelly Peddy, Sr	16:40	6:42	Ankeny
38	36	Maggie Riley, Fr	16:40	6:42	Ankeny
39	37	Julia Weiner, Fr	16:42	6:43	Ankeny
40	38	Katy Stites, So	16:43	6:43	Hoover
41	39	Alicia Cole, Jr	16:44	6:44	Southeast Polk
42	40	Madison Wynes, Jr	16:46	6:45	Marshalltown
43		Amy Nilles, Jr	16:52	6:47	Ankeny
44	41	Kelsey Hood, Sr	16:57	6:49	Marshalltown
45		kayla snyder, So	16:58	6:49	Dowling Catholic
46		aimee thacker, Jr	16:58	6:49	Dowling Catholic
47		Emily Merfeld, Jr	17:00	6:50	Dowling Catholic
48	42	Morgan Bax, Jr	17:01	6:51	Nodaway Valley
49	43	Kristin Kincaide, Jr	17:02	6:51	Nodaway Valley
50	44	Bethni Johnson, Fr	17:03	6:51	Nodaway Valley
51	45	Kelsey Hagelberg, Sr	17:04	6:52	Adm
52	46	Lauren Mapes, Jr	17:06	6:52	Earlham
53	47	Meghan Beckman, Fr	17:07	6:53	Earlham
54		Sarah Bechtel, Sr	17:08	6:53	Ankeny
55	48	Kelly Cole, Fr	17:09	6:54	Southeast Polk
56		Kaitlin Shultice, Jr	17:09	6:54	Ankeny
57		Chelsea Tegels, Sr	17:10	6:54	Ankeny
58		Kristen O'Donnell, Sr	17:13	6:55	Ankeny
59		Katie Arndorfer, Jr	17:14	6:56	Dowling Catholic
60		Shelby Lee, Jr	17:15	6:56	Dowling Catholic
61	49	Kierra Smith, Jr	17:15	6:56	Creston
62		Emily Glanz, Fr	17:15	6:56	Ankeny
63	50	Renee Richenbacher, Fr	17:16	6:57	Hoover
64	51	Brianna Boehm, Jr	17:18	6:57	Boone
65	52	Allie Plagman, So	17:20	6:58	Adm
66		Gabie Grant, Fr	17:21	6:59	Ankeny
67	53	Brittni Johnston, So	17:22	6:59	Nodaway Valley
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
68		Rachel Herr, Sr	17:24	7:00	Nodaway Valley
69		Kelsey Hannam, Fr	17:26	7:01	Dowling Catholic

70		Ashlie Ayala, Jr	17:27	7:01	Dowling Catholic
71	54	Allison Rogers, Fr	17:29	7:02	Southeast Polk
72		Courtney Carlson, Jr	17:29	7:02	Ankeny
73	55	Jenna Roderick, Jr	17:31	7:02	Grinnell
74	56	Hannah Olson, Fr	17:33	7:03	Southeast Polk
75	57	Rachel Harada, So	17:33	7:03	Adm
76		Rachel Jones, So	17:35	7:04	Ankeny
77		Rachel Held, Jr	17:36	7:05	Nodaway Valley
78	58	Carrie Pieper, Jr	17:37	7:05	Adm
79	59	Haley Ruden, So	17:38	7:05	Southeast Polk
80	60	Brett Timmins, So	17:38	7:05	Southeast Polk
81	61	Molly Potts, Jr	17:38	7:06	Southeast Polk
82		Brooke Boelman, Fr	17:39	7:06	Ankeny
83	62	Jennifer Dysart, So	17:40	7:06	Grinnell
84	63	Alaina Severson, So	17:43	7:07	Marshalltown
85	64	Kirsten Ferch, Sr	17:43	7:07	Grinnell
86		Sara Cassabaum, Jr	17:45	7:08	Ankeny
87		Erin Sullivan, Sr	17:49	7:10	Dowling Catholic
88	65	Laura Scott, Fr	17:50	7:10	Creston
89		Nora Anderson, Jr	17:52	7:11	Southeast Polk
90		Sara Shirar, Fr	17:54	7:12	Marshalltown
91		Dixon Shelby, Jr	17:55	7:12	Dowling Catholic
92		Nickie Keuck, So	17:56	7:12	Ankeny
93		Megan White, Fr	17:56	7:13	Southeast Polk
94	66	Elizabeth Benson, Jr	17:57	7:13	Urbandale
95		Kelly Carmichael, Fr	17:57	7:13	Marshalltown
96	67	Lisa Austin, Jr	17:57	7:13	Grinnell
97		Heather Walk, Sr	17:59	7:14	Nodaway Valley
98		Ashley Jensen, Fr	17:59	7:14	Ankeny
99		Brianne Hassman, Fr	18:00	7:14	Marshalltown
100		Jordyn Radke, Fr	18:00	7:14	Ankeny
101		Katie Stych, Fr	18:01	7:15	Ankeny
102	68	Pa Vang, Sr	18:02	7:15	East
103		Ashley Bjurstrom, Sr	18:03	7:15	Urbandale
104	69	Tess Ory, Fr	18:04	7:16	Earlham
105	70	Allison Wood, Fr	18:06	7:17	Creston
106	71	Aubrey Pendegraft, Sr	18:07	7:17	Creston
107		Brooke Long, Fr	18:08	7:17	Ankeny
108	72	Makenna Slight, So	18:08	7:18	Boone
109		Rachel Purdy, Sr	18:09	7:18	Ankeny
110	73	Kenzie Channon, So	18:09	7:18	East
111		Lisa Ledford, Sr	18:11	7:19	Marshalltown
112	74	Brianna Rodriguez, Fr	18:19	7:22	Hoover
113	75	Morgan Thompson, Jr	18:22	7:23	Creston
114		Dani Prebeck, Jr	18:23	7:23	Dowling Catholic
115		Jenise Collier, Jr	18:24	7:24	Urbandale
116	76	Elizabeth McInroy, Jr	18:24	7:24	Hoover
117	77	Tessa Schultz, So	18:25	7:24	Grinnell
118		Staci Dowd, Sr	18:28	7:25	Dowling Catholic
119		Chelsea white, So	18:28	7:25	Dowling Catholic
120	78	Nicole Miller, Fr	18:37	7:29	Boone
121	79	Chelsey Klismith, Sr	18:39	7:30	Earlham
122		Janelle Snyder, Jr	18:43	7:31	Ankeny
123		Lydia Molnar, So	18:43	7:32	Ankeny
124	80	Jenna Staroska, So	18:46	7:33	Grinnell
125		Ceci Shedenhelm, So	18:47	7:33	Dowling Catholic
126		Mackenzie thacker, Jr	18:47	7:33	Dowling Catholic
127		Allison Smith, Fr	18:48	7:34	Ankeny
128		Courtney Jessica, Fr	18:49	7:34	Dowling Catholic
129		Olivia Ramsey, Fr	18:50	7:34	Earlham
130		Wendy Tan, Sr	18:50	7:34	Marshalltown
131		Eily Brett, Fr	18:51	7:35	Dowling Catholic
132		Madison Haws, So	18:53	7:35	Ankeny
133		Morgan Gray, Jr	18:54	7:36	Ankeny
134		Stevie Talley, Sr	18:55	7:36	Ankeny

135	81	Andrea Bailey, So	18:55	7:36	Hoover
136		Cassi Lathrum, Fr	18:56	7:37	Martensdale Sm
137	82	Maggie Penland, Sr	19:01	7:39	Adm
138		Sam Sauerbrei, Jr	19:02	7:39	Urbandale
139		Abby Bacon, Sr	19:05	7:40	Marshalltown
140		Olivia Kaplan, Jr	19:06	7:41	Ankeny
141		Hannah Wirtz, So	19:06	7:41	Dowling Catholic
142		Maggie Barsetti, So	19:06	7:41	Dowling Catholic
143		Kelsey Oglesby, Jr	19:07	7:41	Ankeny
144	83	Royana Marble, So	19:08	7:41	East
145	84	Donna Johnston, Jr	19:08	7:42	Adm
146		Taylor Johnson, So	19:09	7:42	Southeast Polk
147		Kelli Siembieda, Jr	19:12	7:43	Dowling Catholic
148		Katie Pins, Sr	19:14	7:44	Marshalltown
149		Kelsey McMains, So	19:16	7:45	Ankeny
150		Liz Heuertz, Sr	19:19	7:46	Dowling Catholic
151		Metzere Bierlien, Jr	19:22	7:47	Dowling Catholic
152		Ashley Armantrout, Fr	19:22	7:47	Southeast Polk
153		Larissa Hadley, Jr	19:23	7:48	Urbandale
154		Emily West, So	19:24	7:48	Marshalltown
155		Gina Haag, So	19:30	7:50	Dowling Catholic
156		Vicki Anthony, So	19:35	7:53	Nodaway Valley
157		1 Harney, Jr	19:39	7:54	Dowling Catholic
158		Robyn Kincaide, Fr	19:39	7:54	Nodaway Valley
159		Rachel Bing, So	19:40	7:54	Ankeny
160		Lydia Penningroth, Fr	19:41	7:55	Urbandale
161		Kelly Reiersen, Jr	19:41	7:55	Hoover
162		Kaitlin Sturtz, Fr	19:42	7:55	Ankeny
163		Susanne Sontag, So	19:44	7:56	Ankeny
164		Kristen Shaw, Sr	19:45	7:56	Creston
165		Emma Greaves, So	19:45	7:57	Ankeny
166		Erin Carey, Fr	19:46	7:57	Ankeny
167		Maddie Sarcone, So	19:47	7:57	Dowling Catholic
168		Cassie Fortune, Sr	19:47	7:57	Southeast Polk
169		Kyra John, So	19:48	7:58	Ankeny
170		Mia Bashich, Fr	19:51	7:59	Urbandale
171		Kim Becker, Jr	19:51	7:59	Dowling Catholic
172		Kaitlin Bundt, Fr	19:52	7:59	Ankeny
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
173		Rebecca Gross, So	19:53	8:00	Nodaway Valley
174		Mikeala Nabity, Jr	19:55	8:01	Ankeny
175	85	Erin Soderstrum, So	19:56	8:01	Boone
176		Morgan Gibbins, So	20:03	8:04	Ankeny
177		Carolyn Thorn, Jr	20:04	8:04	Hoover
178		Diana Bunce, Fr	20:09	8:06	Ankeny
179		Sarah Purdy, Fr	20:10	8:06	Ankeny
180		Lauren Bird, Fr	20:10	8:07	Adm
181		Haley Haight, Jr	20:11	8:07	Ankeny
182		Brittany Knutsen, Fr	20:13	8:08	Marshalltown
183		Kelsey Tupper, Sr	20:14	8:08	Ankeny
184		Missy Hall, So	20:14	8:08	Marshalltown
185	86	Audrey Wadzinski, So	20:15	8:09	Boone
186		Stacy Klein, Jr	20:17	8:09	Ankeny
187		Secily Sherman, Sr	20:18	8:10	Marshalltown
188		Ilyssa McIntosh, Sr	20:19	8:10	Ankeny
189		Cassidy Rourick, Jr	20:25	8:12	Ankeny
190	87	Melissa White, So	20:32	8:15	Boone
191		Autumn Counts, Sr	20:37	8:17	Marshalltown
192		Macy Logan, Fr	20:40	8:19	Marshalltown
193		Sarah Reeve, So	20:50	8:22	Ankeny
194		Jamie Soderstrum, Sr	20:51	8:23	Boone
195		Cassie Peacock, Fr	20:57	8:25	Dowling Catholic
196		Sarah Arnold, So	21:01	8:27	Marshalltown
197		Jordan Klein, Jr	21:07	8:29	Ankeny

198		Jenna Groen, So	21:08	8:30	Boone
199		Brianna Ratashek, So	21:11	8:31	Southeast Polk
200	88	Julie Drake, Sr	21:13	8:32	East
201		Allison Watson, Jr	21:19	8:34	Ankeny
202		Taylor Duncan, Fr	21:20	8:35	Boone
203		Kaley Borchart, Jr	21:21	8:35	Ankeny
204	89	Amanda Sanders, Jr	21:22	8:36	Lincoln
205		Allison Haag, Jr	21:23	8:36	Dowling Catholic
206		Talia Wolken, Sr	21:24	8:36	Marshalltown
207		Elizabeth Bower, Fr	21:27	8:38	Earlham
208		Kiley Jones, So	21:29	8:38	Grinnell
209		Hannah Burt, So	21:32	8:39	Grinnell
210	90	Alina McDaniel, So	21:39	8:42	East
211		Hillary Schwickerath, Jr	21:40	8:43	Ankeny
212		Ali Clendenen, So	21:45	8:45	Ankeny
213		Shelby Werts, Fr	21:48	8:46	Earlham
214		Erika Lange, Fr	21:53	8:48	Earlham
215		Laura Vogt, So	21:55	8:49	Dowling Catholic
216		Alexa Trotter, So	22:01	8:51	Adm
217		Rebecca Greenway, Fr	22:04	8:52	Adm
218		Jessica Kollenkark, So	22:05	8:53	Adm
219		Rachel Crouch, Fr	22:14	8:56	Earlham
220	91	Emileea Neff, Jr	22:15	8:57	Lincoln
221	92	Jamie Baker, Sr	22:15	8:57	Lincoln
222		Breck Benshoof, Jr	22:20	8:59	Boone
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
223		Elizabeth Elliott, Jr	22:29	9:02	Hoover
224		Amber Spainhower, So	22:30	9:03	Nodaway Valley
225		Marissa Chase, Fr	22:30	9:03	Marshalltown
226	93	Zoila Sarmiento, Sr	22:32	9:03	East
227		Hillary Leaf, Sr	22:33	9:04	Boone
228	94	Alexis Allen, So	22:34	9:04	Lincoln
229		Brooke Kilstrom, Sr	22:36	9:05	Marshalltown
230		Joanna Gragg, So	22:38	9:06	Ankeny
231		Haley Groth, Jr	22:41	9:07	Marshalltown
232		Marissa Fisher, Fr	22:42	9:08	Ankeny
233		Robin Papousek, Fr	22:44	9:08	Earlham
234		Whitney Phillips, Sr	22:44	9:08	Marshalltown
235		Krista McDaniel, Fr	22:53	9:12	Boone
236		Rachel Ellefson, Sr	23:16	9:21	Marshalltown
237		Tristan Tegels, So	23:19	9:22	Ankeny
238		Hilary Wadzinski, Sr	23:32	9:28	Boone
239	95	Amber Moore, Sr	23:49	9:35	Lincoln
240		Jessica Miller, So	23:57	9:38	Ankeny
241		Molly Ellis, So	24:23	9:48	Grinnell
242		Lizz Heying, So	24:34	9:53	Marshalltown
243	96	Sylvia Townsend, Fr	24:40	9:55	Lincoln
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
244		Natalie Koenen, Sr	25:20	10:11	Boone
245		Sophie Morris, So	25:28	10:15	Hoover
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
246		Katie Hawks, Jr	30:00	12:04	Hoover
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
247	97	Samantha Petersen, So	39:19	15:49	Lincoln

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