

11th Heartland Classic Varsity Girls - 4835 meters**Host Roosevelt - ISU Course - Ames, IA****Sep. 17, 2016**

Mid 60s and Sunny

Results by Cal Murdock

[JV Girls](#)[JV Boys](#)[Var Girls](#)[JV Boys](#)

Use the Find option of your Web Browser to find the performance of a specific individual or team.

[Click here](#) for data on boys

Last updated Sep. 17, 2016 3:50 PM

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Johnston	38	2	4	7	11	14	87	90	18:19.2	0:45.2
2	Wayzata (Mn)	81	8	10	12	24	27	28	46	18:42.7	0:40.0
3	Iowa City West	104	5	6	25	32	36	77	97	18:44.7	1:07.5
4	Millard West (Ne)	126	3	13	16	41	53	68	83	18:54.2	1:33.9
5	Pleasant Valley	164	17	26	31	34	56	148	177	19:10.4	0:53.1
6	Iowa City City High	184	9	20	22	45	88	108	170	19:10.5	1:39.9
7	Ankeny Centennial	244	15	33	51	65	80	95	111	19:27.5	1:18.0
8	Linn-Mar	258	18	44	50	67	79	141	157	19:31.2	1:12.2
9	Dowling Catholic	269	42	47	49	61	70	81	109	19:36.6	0:30.2
10	Waukee	296	29	40	59	76	92	115	138	19:39.9	1:09.2
11	Bettendorf	300	21	43	63	82	91	122	155	19:40.2	1:23.4
12	Shawnee Miss Nw (Ks)	309	1	55	60	89	104	120		19:27.5	3:23.8
13*	Pella	398	35	73	78	105	107	124	137	20:03.2	1:20.8
14*	Gilbert	398	58	69	72	96	103	128	145	20:03.4	0:47.8
15	Ames	420	48	64	94	98	116	121	129	20:08.9	1:15.4
16	Southeast Polk	428	23	71	106	110	118	151	176	20:10.2	1:53.3
17	Valley	441	30	66	100	119	126	130	146	20:13.9	1:49.4
18	Shawnee Miss S (Ks)	496	54	75	86	113	168	169		20:29.8	2:22.8
19	Indianola	539	37	38	143	159	162	166	171	20:41.3	2:37.2
20	D M Roosevelt	545	84	99	114	117	131	133	140	20:38.4	0:57.2
21	C R Prairie	563	19	101	123	156	164	181		20:45.5	3:08.4
22	Dallas Center-Grimes	567	62	85	112	147	161	165	167	20:45.5	2:05.9
23	Fremont (Ne)	582	52	125	134	135	136	144		20:46.5	1:30.9
24	Marion	639	57	132	139	153	158	179	180	21:03.5	2:04.6
25	Omaha Marian (Ne)	640	93	102	142	149	154	160		21:00.4	1:18.5
26	Olathe Northwest (Ks)	674	39	127	150	175	183	187		21:28.8	3:47.1
27	Osage	734	74	152	163	172	173	182	186	21:40.2	2:35.3
28	Des Moines Hoover	909	174	178	184	185	188	189		23:32.6	3:02.9

Incomplete Teams: Roland-Story

[Individuals](#)

PLACE	FINISHER	TIME
1.	Johnston	
2	Jessica McKee, Jr	17:56.4
4	Emily Poss, Sr	18:04.9
7	Brooke McKee, Fr	18:18.3
11	Paige Horner, Fr	18:34.9
14	Josie Hovey, So	18:41.5
87	Clara Toot, Fr	20:09.7
90	Lauren Urban, So	20:11.2
Total Time = 1:31:36.0		Total Places = 38

2. Wayzata (Mn)

8	Jaycie Thomsen, Sr	18:22.3
10	Emma Atkinson, 9	18:31.4
12	Brooke Young, Jr	18:37.7
24	Annika Lerdall, Sr	18:59.4
27	Rhynn Paulsen, 9	19:02.3
28	Samantha Lettenberger, Sr	19:02.9
46	Julia Beckman, So	19:27.7
Total Time = 1:33:33.1		Total Places = 81

3. Iowa City West

5	Gabby Skopec, Sr	18:06.0
6	Bailey Nock, Jr	18:13.6
25	Claire Ronnebaum, Jr	18:59.7
32	Olivia Moore, Sr	19:10.7
36	Jessie Skopec, Sr	19:13.5
77	Deniz Ince, So	19:58.4
97	Chloe Holt, So	20:23.0
Total Time = 1:33:43.5		Total Places = 104

4. Millard West (Ne)

3	Gabby McGinn, Jr	18:04.3
13	Abby Heffner, So	18:39.1
16	Kaitlynn Johnson, Sr	18:46.4
41	Lauren Wilwerding, So	19:22.7
53	Katie McNulty, Fr	19:38.2
68	Devyn McDonald, So	19:50.6
83	Camryn Larsen, Sr	20:06.6
Total Time = 1:34:30.7		Total Places = 126

5. Pleasant Valley

17	Mallory Lafever, So	18:47.5
26	Maddie Minard, So	19:01.9
31	Addie Swanson, Sr	19:08.9
34	Abby Riley, So	19:12.7
56	Chloe Greig, So	19:40.6
148	Kayci Gatlin, Fr	21:26.8
177	Caroline Christopherson, So	22:38.0
Total Time = 1:35:51.6		Total Places = 164

6. Iowa City City High

9	Mary Arch, Sr	18:30.6
20	Anna Lindower, So	18:49.6
22	Emily Bywater, Sr	18:56.6
45	Kinsee Brands, Jr	19:25.0
88	Annie Rummelhart, So	20:10.5
108	Esti Brady, Fr	20:34.5
170	Mollie Hansen, Sr	22:12.1
Total Time = 1:35:52.3		Total Places = 184

7. Ankeny Centennial

15	Emma Gordon, Jr	18:43.6
33	Ashley Arends, Sr	19:11.2
51	Jeanne Peters, Fr	19:33.6
65	Jesslyn Gaumer, So	19:47.2
80	Megan Gray, Jr	20:01.6
95	Jaedyn Birchmier, Jr	20:16.7
111	Claire Wubben, Jr	20:36.1
Total Time = 1:37:17.2		Total Places = 244

8. Linn-Mar

18	Maddie Mann, Sr	18:48.4
44	Rachel Bohnenkamp, Jr	19:24.5

50	Abby Van Rheenen, Jr	19:32.7
67	Deanna Newhouse, Sr	19:49.6
79	Maddy Genskow, Sr	20:00.6
141	Jaclyn Simons, Sr	21:13.8
157	Maddie Block, Sr	21:41.4
Total Time = 1:37:35.8		Total Places = 258

9. Dowling Catholic

42	Kelsey Schweizer, So	19:22.9
47	Kate Timboe, So	19:29.9
49	Molly Flood, Jr	19:32.4
61	Katelyn Reichart, Fr	19:44.4
70	Elzerie VanDyke, Jr	19:53.1
81	Bella Heidesch, So	20:02.6
109	Sydnee Miller, So	20:34.6
Total Time = 1:38:02.7		Total Places = 269

10. Waukee

29	Karson Foley, Jr	19:05.7
40	Sydney Schafer, Fr	19:18.7
59	Miranda Boyle, So	19:42.6
76	Maggie Laird, Sr	19:57.4
92	Isabelle Schafer, Fr	20:14.8
115	Odessa Neeley, Sr	20:45.6
138	Lily Campbell, Jr	21:09.2
Total Time = 1:38:19.2		Total Places = 296

11. Bettendorf

21	Ally Gallagher, Jr	18:50.7
43	Trinity Borland, So	19:24.3
63	Sydney Spranger, Jr	19:45.5
82	Kiana Castro, Sr	20:06.0
91	Jenna Nickles, Fr	20:14.1
122	Nyah Block, So	20:54.1
155	Tessa Wright, So	21:37.2
Total Time = 1:38:20.6		Total Places = 300

12. Shawnee Miss Nw (Ks)

1	Molly Born, Jr	17:09.4
55	Riley Demo, So	19:40.4
60	Hannah Gruman, Sr	19:43.3
89	Camille Henderson, Sr	20:10.9
104	Abby Winter, So	20:33.2
120	Ashley Ard, Sr	20:52.0
Total Time = 1:37:17.2		Total Places = 309

13*. Pella

35	Tess Roorda, Sr	19:13.5
73	Mikayla Kruse, So	19:55.0
78	Ciara Buchheit, Sr	19:59.6
105	Kelcey Blommers, Sr	20:33.5
107	Caroline McMartin, Fr	20:34.2
124	Annika Pingel, Jr	20:54.2
137	Hailey Kowzan, Fr	21:08.2
Total Time = 1:40:15.8		Total Places = 398

14*. Gilbert

58	Maggie Pollard, Jr	19:42.5
69	Carly Rahn, Sr	19:52.0
72	Emily Branson, Jr	19:54.9
96	Livvy Hampton, Jr	20:17.3
103	Allison Weiler, Fr	20:30.3
128	Kenzie Miller, Jr	21:00.7
145	Justine Rosburg, Jr	21:18.8
Total Time = 1:40:17.0		Total Places = 398

15. Ames

48	Katelyn Moore, Sr	19:30.6
64	Ryan Weiss, Sr	19:46.9
94	Madeline Taylor, So	20:15.6
98	Eva Hill, So	20:25.5
116	Camille Jackson, Fr	20:45.9
121	Katie Fukushima, Sr	20:52.6
129	Caitlyn Hanulikova, Fr	21:01.5
Total Time = 1:40:44.5		Total Places = 420

16. Southeast Polk

23	Sierra Mitchell, Sr	18:57.2
71	Paige Blackford, So	19:54.5
106	Tarryn Hill, Fr	20:33.9
110	Chaybrin Olsen, Jr	20:34.8
118	Natalie Clement, Fr	20:50.5
151	Taylor Beyer, So	21:30.4
176	Rachel Larkins, Jr	22:32.8
Total Time = 1:40:50.9		Total Places = 428

17. Valley

30	Emily Ash, So	19:07.3
66	Helen Gould, So	19:48.3
100	Blake Morrow, Fr	20:26.5
119	Erin Lowe, So	20:50.5
126	Riley Bright, Sr	20:56.7
130	Ashley Tan, Fr	21:03.2
146	Haley Losh, So	21:20.9
Total Time = 1:41:09.3		Total Places = 441

18. Shawnee Miss S (Ks)

54	Karynn Carroll, Sr	19:39.6
75	Bethany Ward, Jr	19:56.6
86	Colleen Bontrager, Sr	20:08.9
113	Hannah Underwood, Sr	20:41.6
168	Sara Schafer, Jr	22:02.3
169	Alexis Appleman, Jr	22:06.2
Total Time = 1:42:29.0		Total Places = 496

19. Indianola

37	Jadyn Forbes, So	19:15.0
38	Grace Berg, Jr	19:16.5
143	Bailey Blake, Fr	21:15.9
159	Jensen Gebhart, Jr	21:46.8
162	Allison Coffey, So	21:52.2
166	Katelyn Schulze, Sr	22:01.3
171	Jacque McGinnis, Sr	22:22.9
Total Time = 1:43:26.4		Total Places = 539

20. D M Roosevelt

84	Isabel Buchanan, Jr	20:07.7
99	Megan Fleming, So	20:25.8
114	Mae Murphy, Sr	20:45.6
117	Sarah Schott, Jr	20:47.8
131	Solit Germano, Jr	21:04.8
133	Zoe Fry, Fr	21:06.3
140	Kiki Levy, Fr	21:12.3
Total Time = 1:43:11.7		Total Places = 545

21. C R Prairie

19	Hannah Frazee, Sr	18:49.4
101	Alissa Neubauer, Jr	20:27.0
123	Cayla Renwick, Sr	20:54.2
156	Meghan Brune, Sr	21:38.9

164	Kirstin Skriver, Jr	21:57.8
181	Ashley Grady, Sr	22:48.5
Total Time = 1:43:47.3		Total Places = 563

22. Dallas Center-Grimes

62	Brooke Kramer, Sr	19:44.7
85	Kaitlyn Murano, Jr	20:08.4
112	Lexi Smith, Jr	20:37.1
147	Grace Robbins, So	21:26.4
161	Natalie Paulson, So	21:50.6
165	Sami Sterbenz, So	22:00.4
167	Lara Kallem, Fr	22:02.0
Total Time = 1:43:47.2		Total Places = 567

23. Fremont (Ne)

52	Vivian Sanchez, Sr	19:36.4
125	Myia Johnson, Fr	20:55.3
134	Jahayra Alarcon, So	21:06.4
135	Elizabeth Krohn, Sr	21:06.9
136	Lindsay Seier, Sr	21:07.3
144	Karla Zavala, Jr	21:16.8
Total Time = 1:43:52.3		Total Places = 582

24. Marion

57	Hallie Kephart, So	19:41.5
132	Kelsi Huhndorf, Jr	21:06.0
139	Sydney Brase, Sr	21:10.7
153	Corrina Dittmer, Fr	21:33.0
158	Avery Manderscheid, So	21:46.0
179	Bri Fentress, Fr	22:44.2
180	Mia Laube, Jr	22:46.2
Total Time = 1:45:17.2		Total Places = 639

25. Omaha Marian (Ne)

93	Brooke Wigdahl, Fr	20:14.9
102	Sarah Anderson, So	20:28.8
142	Claire Janecek, Sr	21:15.1
149	Emily Evans, Sr	21:29.9
154	Laura Tatten, Sr	21:33.3
160	Juliet Kolterman, Sr	21:47.4
Total Time = 1:45:02.0		Total Places = 640

26. Olathe Northwest (Ks)

39	Ashton Dain, Fr	19:16.8
127	Amelia Sims, So	21:00.3
150	Maleah Wardlock, Fr	21:30.3
175	Molly Biorkman, So	22:32.5
183	Katie Andrew, Sr	23:03.9
187	Haylee Fisher, Jr	24:32.1
Total Time = 1:47:23.8		Total Places = 674

27. Osage

74	Mia Knudsen, Fr	19:56.1
152	Breana Barker, Sr	21:30.5
163	Madi Johnson, Jr	21:53.1
172	Emily Ross, Sr	22:29.8
173	Brooke Scharper, Jr	22:31.3
182	Makayla Mostek, Fr	22:51.5
186	Maci Adams, So	24:18.1
Total Time = 1:48:20.8		Total Places = 734

28. Des Moines Hoover

174	Lydia Swanson, So	22:31.4
178	Katie Bickel, Sr	22:40.2
184	Shiggo Shadin, So	23:24.8

185 Taylan Olson, Jr 23:32.1
 188 Rebekah Bourland, Jr 25:34.3
 189 Naomi Bourland, Fr 30:00.3
 Total Time = 1:57:42.8 Total Places = 909

PLACE	SCORE	FINISHER	TIME	TEAM
Top				
1	1	Molly Born, Jr	17:09.4	Shawnee Miss Nw (Ks)
2	2	Jessica McKee, Jr	17:56.4	Johnston
3	3	Gabby McGinn, Jr	18:04.3	Millard West (Ne)
4	4	Emily Poss, Sr	18:04.9	Johnston
5	5	Gabby Skopec, Sr	18:06.0	Iowa City West
6	6	Bailey Nock, Jr	18:13.6	Iowa City West
7	7	Brooke McKee, Fr	18:18.3	Johnston
8	8	Jaycie Thomsen, Sr	18:22.3	Wayzata (Mn)
9	9	Mary Arch, Sr	18:30.6	Iowa City City High
10	10	Emma Atkinson, 9	18:31.4	Wayzata (Mn)
11	11	Paige Horner, Fr	18:34.9	Johnston
12	12	Brooke Young, Jr	18:37.7	Wayzata (Mn)
13	13	Abby Heffner, So	18:39.1	Millard West (Ne)
14	14	Josie Hovey, So	18:41.5	Johnston
15	15	Emma Gordon, Jr	18:43.6	Ankeny Centennial
16	16	Kaitlynn Johnson, Sr	18:46.4	Millard West (Ne)
17	17	Mallory Lafever, So	18:47.5	Pleasant Valley
18	18	Maddie Mann, Sr	18:48.4	Linn-Mar
19	19	Hannah Frazee, Sr	18:49.4	C R Prairie
20	20	Anna Lindower, So	18:49.6	Iowa City City High
21	21	Ally Gallagher, Jr	18:50.7	Bettendorf
22	22	Emily Bywater, Sr	18:56.6	Iowa City City High
23	23	Sierra Mitchell, Sr	18:57.2	Southeast Polk
24	24	Annika Lerdall, Sr	18:59.4	Wayzata (Mn)
25	25	Claire Ronnebaum, Jr	18:59.7	Iowa City West
26	26	Maddie Minard, So	19:01.9	Pleasant Valley
27	27	Rhynn Paulsen, 9	19:02.3	Wayzata (Mn)
28	28	Samantha Lettenberger, Sr	19:02.9	Wayzata (Mn)
29	29	Karson Foley, Jr	19:05.7	Waukee
30	30	Emily Ash, So	19:07.3	Valley
31	31	Addie Swanson, Sr	19:08.9	Pleasant Valley
32	32	Olivia Moore, Sr	19:10.7	Iowa City West
33	33	Ashley Arends, Sr	19:11.2	Ankeny Centennial
34	34	Abby Riley, So	19:12.7	Pleasant Valley
35	35	Tess Roorda, Sr	19:13.5	Pella
36	36	Jessie Skopec, Sr	19:13.5	Iowa City West
37	37	Jadyn Forbes, So	19:15.0	Indianola
38	38	Grace Berg, Jr	19:16.5	Indianola
39	39	Ashton Dain, Fr	19:16.8	Olathe Northwest (Ks)
40	40	Sydney Schafer, Fr	19:18.7	Waukee
41	41	Lauren Wilwerding, So	19:22.7	Millard West (Ne)
42	42	Kelsey Schweizer, So	19:22.9	Dowling Catholic
43	43	Trinity Borland, So	19:24.3	Bettendorf
44	44	Rachel Bohnenkamp, Jr	19:24.5	Linn-Mar
45	45	Kinsee Brands, Jr	19:25.0	Iowa City City High
46	46	Julia Beckman, So	19:27.7	Wayzata (Mn)
47	47	Kate Timboe, So	19:29.9	Dowling Catholic
48	48	Katelyn Moore, Sr	19:30.6	Ames
49	49	Molly Flood, Jr	19:32.4	Dowling Catholic
50	50	Abby Van Rheen, Jr	19:32.7	Linn-Mar
51	51	Jeanne Peters, Fr	19:33.6	Ankeny Centennial
52		1b9eed0	19:34.2	
53	52	Vivian Sanchez, Sr	19:36.4	Fremont (Ne)
54	53	Katie McNulty, Fr	19:38.2	Millard West (Ne)
55	54	Karynn Carroll, Sr	19:39.6	Shawnee Miss S (Ks)
56	55	Riley Demo, So	19:40.4	Shawnee Miss Nw (Ks)

57	56	Chloe Greig, So	19:40.6	Pleasant Valley
58	57	Hallie Kephart, So	19:41.5	Marion
59	58	Maggie Pollard, Jr	19:42.5	Gilbert
60	59	Miranda Boyle, So	19:42.6	Waukee
61	60	Hannah Gruman, Sr	19:43.3	Shawnee Miss Nw (Ks)
62	61	Katelyn Reichart, Fr	19:44.4	Dowling Catholic
63	62	Brooke Kramer, Sr	19:44.7	Dallas Center-Grimes
64	63	Sydney Spranger, Jr	19:45.5	Bettendorf
65	64	Ryan Weiss, Sr	19:46.9	Ames
66	65	Jesslyn Gaumer, So	19:47.2	Ankeny Centennial
67	66	Helen Gould, So	19:48.3	Valley
68	67	Deanna Newhouse, Sr	19:49.6	Linn-Mar
69	68	Devyn McDonald, So	19:50.6	Millard West (Ne)
70	69	Carly Rahn, Sr	19:52.0	Gilbert
71	70	Elzerie VanDyke, Jr	19:53.1	Dowling Catholic
72	71	Paige Blackford, So	19:54.5	Southeast Polk
73	72	Emily Branson, Jr	19:54.9	Gilbert
74	73	Mikayla Kruse, So	19:55.0	Pella
75	74	Mia Knudsen, Fr	19:56.1	Osage
76	75	Bethany Ward, Jr	19:56.6	Shawnee Miss S (Ks)
77	76	Maggie Laird, Sr	19:57.4	Waukee
78	77	Deniz Ince, So	19:58.4	Iowa City West
79	78	Ciara Buchheit, Sr	19:59.6	Pella
80	79	Maddy Genskow, Sr	20:00.6	Linn-Mar
81	80	Megan Gray, Jr	20:01.6	Ankeny Centennial
82	81	Bella Heidesch, So	20:02.6	Dowling Catholic
83	82	Kiana Castro, Sr	20:06.0	Bettendorf
84	83	Camryn Larsen, Sr	20:06.6	Millard West (Ne)
85	84	Isabel Buchanan, Jr	20:07.7	D M Roosevelt
86	85	Kaitlyn Murano, Jr	20:08.4	Dallas Center-Grimes
87	86	Colleen Bontrager, Sr	20:08.9	Shawnee Miss S (Ks)
88	87	Clara Toot, Fr	20:09.7	Johnston
89	88	Annie Rummelhart, So	20:10.5	Iowa City City High
90	89	Camille Henderson, Sr	20:10.9	Shawnee Miss Nw (Ks)
91	90	Lauren Urban, So	20:11.2	Johnston
92	91	Jenna Nickles, Fr	20:14.1	Bettendorf
93	92	Isabelle Schafer, Fr	20:14.8	Waukee
94	93	Brooke Wigdahl, Fr	20:14.9	Omaha Marian (Ne)
95	94	Madeline Taylor, So	20:15.6	Ames
96	95	Jaedyn Birchmier, Jr	20:16.7	Ankeny Centennial
97	96	Livvy Hampton, Jr	20:17.3	Gilbert
98	97	Chloe Holt, So	20:23.0	Iowa City West
99	98	Eva Hill, So	20:25.5	Ames
100	99	Megan Fleming, So	20:25.8	D M Roosevelt
101	100	Blake Morrow, Fr	20:26.5	Valley
102	101	Alissa Neubauer, Jr	20:27.0	C R Prairie
103	102	Sarah Anderson, So	20:28.8	Omaha Marian (Ne)
104	103	Allison Weiler, Fr	20:30.3	Gilbert
105	104	Abby Winter, So	20:33.2	Shawnee Miss Nw (Ks)
106	105	Kelcey Blommers, Sr	20:33.5	Pella
107	106	Tarryn Hill, Fr	20:33.9	Southeast Polk
108	107	Caroline McMartin, Fr	20:34.2	Pella
109	108	Esti Brady, Fr	20:34.5	Iowa City City High
110	109	Sydnee Miller, So	20:34.6	Dowling Catholic
111	110	Chaybrin Olsen, Jr	20:34.8	Southeast Polk
112	111	Claire Wubben, Jr	20:36.1	Ankeny Centennial
113	112	Lexi Smith, Jr	20:37.1	Dallas Center-Grimes
114	113	Hannah Underwood, Sr	20:41.6	Shawnee Miss S (Ks)
115	114	Mae Murphy, Sr	20:45.6	D M Roosevelt
116	115	Odessa Neeley, Sr	20:45.6	Waukee
117	116	Camille Jackson, Fr	20:45.9	Ames
118	117	Sarah Schott, Jr	20:47.8	D M Roosevelt
119	118	Natalie Clement, Fr	20:50.5	Southeast Polk
120	119	Erin Lowe, So	20:50.5	Valley
121	120	Ashley Ard, Sr	20:52.0	Shawnee Miss Nw (Ks)

122	121	Katie Fukushima, Sr	20:52.6	Ames
123	122	Nyah Block, So	20:54.1	Bettendorf
124	123	Cayla Renwick, Sr	20:54.2	C R Prairie
125	124	Annika Pingel, Jr	20:54.2	Pella
126	125	Myia Johnson, Fr	20:55.3	Fremont (Ne)
127	126	Riley Bright, Sr	20:56.7	Valley
128	127	Amelia Sims, So	21:00.3	Olathe Northwest (Ks)
129	128	Kenzie Miller, Jr	21:00.7	Gilbert
130	129	Caitlyn Hanulikova, Fr	21:01.5	Ames
131	130	Ashley Tan, Fr	21:03.2	Valley
132	131	Solit Germano, Jr	21:04.8	D M Roosevelt
133	132	Kelsi Huhndorf, Jr	21:06.0	Marion
134	133	Zoe Fry, Fr	21:06.3	D M Roosevelt
135	134	Jahayra Alarcon, So	21:06.4	Fremont (Ne)
136	135	Elizabeth Krohn, Sr	21:06.9	Fremont (Ne)
137	136	Lindsay Seier, Sr	21:07.3	Fremont (Ne)
138	137	Hailey Kowzan, Fr	21:08.2	Pella
139	138	Lily Campbell, Jr	21:09.2	Waukee
140	139	Sydney Brase, Sr	21:10.7	Marion
141	140	Kiki Levy, Fr	21:12.3	D M Roosevelt
142	141	Jaclyn Simons, Sr	21:13.8	Linn-Mar
143	142	Claire Janecek, Sr	21:15.1	Omaha Marian (Ne)
144	143	Bailey Blake, Fr	21:15.9	Indianola
145	144	Karla Zavala, Jr	21:16.8	Fremont (Ne)
146	145	Justine Rosburg, Jr	21:18.8	Gilbert
147	146	Haley Losh, So	21:20.9	Valley
148	147	Grace Robbins, So	21:26.4	Dallas Center-Grimes
149	148	Kayci Gatlin, Fr	21:26.8	Pleasant Valley
150	149	Emily Evans, Sr	21:29.9	Omaha Marian (Ne)
151	150	Maleah Wardlock, Fr	21:30.3	Olathe Northwest (Ks)
152	151	Taylor Beyer, So	21:30.4	Southeast Polk
153	152	Breana Barker, Sr	21:30.5	Osage
154	153	Corrina Dittmer, Fr	21:33.0	Marion
155	154	Laura Tatten, Sr	21:33.3	Omaha Marian (Ne)
156	155	Tessa Wright, So	21:37.2	Bettendorf
157	156	Meghan Brune, Sr	21:38.9	C R Prairie
158	157	Maddie Block, Sr	21:41.4	Linn-Mar
159	158	Avery Manderscheid, So	21:46.0	Marion
160	159	Jensen Gebhart, Jr	21:46.8	Indianola
161	160	Juliet Kolterman, Sr	21:47.4	Omaha Marian (Ne)
162	161	Natalie Paulson, So	21:50.6	Dallas Center-Grimes
163	162	Allison Coffey, So	21:52.2	Indianola
164	163	Madi Johnson, Jr	21:53.1	Osage
165	164	Kirstin Skriver, Jr	21:57.8	C R Prairie
166	165	Sami Sterbenz, So	22:00.4	Dallas Center-Grimes
167	166	Katelyn Schulze, Sr	22:01.3	Indianola
168	167	Lara Kallem, Fr	22:02.0	Dallas Center-Grimes
169	168	Sara Schafer, Jr	22:02.3	Shawnee Miss S (Ks)
170	169	Alexis Appleman, Jr	22:06.2	Shawnee Miss S (Ks)
171	170	Mollie Hansen, Sr	22:12.1	Iowa City City High
172	171	Jacque McGinnis, Sr	22:22.9	Indianola
173	172	Emily Ross, Sr	22:29.8	Osage
174	173	Brooke Scharper, Jr	22:31.3	Osage
175	174	Lydia Swanson, So	22:31.4	Des Moines Hoover
176	175	Molly Biorkman, So	22:32.5	Olathe Northwest (Ks)
177	176	Rachel Larkins, Jr	22:32.8	Southeast Polk
178	177	Caroline Christopherson, So	22:38.0	Pleasant Valley
179	178	Katie Bickel, Sr	22:40.2	Des Moines Hoover
180	179	Bri Fentress, Fr	22:44.2	Marion
181	180	Mia Laube, Jr	22:46.2	Marion
182	181	Ashley Grady, Sr	22:48.5	C R Prairie
183	182	Makayla Mostek, Fr	22:51.5	Osage
184	183	Katie Andrew, Sr	23:03.9	Olathe Northwest (Ks)
185	184	Taryn Perry, Jr	23:11.3	Roland-Story

186	184	Shiggo Shadin, So	23:24.8	Des Moines Hoover
187	185	Taylan Olson, Jr	23:32.1	Des Moines Hoover
188	186	Maci Adams, So	24:18.1	Osage
189	187	Haylee Fisher, Jr	24:32.1	Olathe Northwest (Ks)
190	188	Rebekah Bourland, Jr	25:34.3	Des Moines Hoover
191	189	Naomi Bourland, Fr	30:00.3	Des Moines Hoover

[Click here](#) for data on boys

11th Heartland Classic Varsity Girls - 4835 meters

Host Roosevelt - ISU Course - Ames, IA

Sep. 17, 2016

Mid 60s and Sunny

Results by Cal Murdock

Use the Find option of your Web Browser to find the performance of a specific individual or team.

[Click here](#) for data on boys

Last updated Sep. 17, 2016 3:50 PM											
PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Johnston	38	2	4	7	11	14	87	90	18:19.2	0:45.2
2	Wayzata (Mn)	81	8	10	12	24	27	28	46	18:42.7	0:40.0
3	Iowa City West	104	5	6	25	32	36	77	97	18:44.7	1:07.5
4	Millard West (Ne)	126	3	13	16	41	53	68	83	18:54.2	1:33.9
5	Pleasant Valley	164	17	26	31	34	56	148	177	19:10.4	0:53.1
6	Iowa City City High	184	9	20	22	45	88	108	170	19:10.5	1:39.9
7	Ankeny Centennial	244	15	33	51	65	80	95	111	19:27.5	1:18.0
8	Linn-Mar	258	18	44	50	67	79	141	157	19:31.2	1:12.2
9	Dowling Catholic	269	42	47	49	61	70	81	109	19:36.6	0:30.2
10	Waukee	296	29	40	59	76	92	115	138	19:39.9	1:09.2
11	Bettendorf	300	21	43	63	82	91	122	155	19:40.2	1:23.4
12	Shawnee Miss Nw (Ks)	309	1	55	60	89	104	120		19:27.5	3:23.8
13*	Pella	398	35	73	78	105	107	124	137	20:03.2	1:20.8
14*	Gilbert	398	58	69	72	96	103	128	145	20:03.4	0:47.8
15	Ames	420	48	64	94	98	116	121	129	20:08.9	1:15.4
16	Southeast Polk	428	23	71	106	110	118	151	176	20:10.2	1:53.3
17	Valley	441	30	66	100	119	126	130	146	20:13.9	1:49.4
18	Shawnee Miss S (Ks)	496	54	75	86	113	168	169		20:29.8	2:22.8
19	Indianola	539	37	38	143	159	162	166	171	20:41.3	2:37.2
20	D M Roosevelt	545	84	99	114	117	131	133	140	20:38.4	0:57.2
21	C R Prairie	563	19	101	123	156	164	181		20:45.5	3:08.4
22	Dallas Center-Grimes	567	62	85	112	147	161	165	167	20:45.5	2:05.9
23	Fremont (Ne)	582	52	125	134	135	136	144		20:46.5	1:30.9
24	Marion	639	57	132	139	153	158	179	180	21:03.5	2:04.6
25	Omaha Marian (Ne)	640	93	102	142	149	154	160		21:00.4	1:18.5
26	Olathe Northwest (Ks)	674	39	127	150	175	183	187		21:28.8	3:47.1
27	Osage	734	74	152	163	172	173	182	186	21:40.2	2:35.3
28	Des Moines Hoover	909	174	178	184	185	188	189		23:32.6	3:02.9

Incomplete Teams: Roland-Story

[Individuals](#)

PLACE	FINISHER	TIME
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1. Johnston

2	Jessica McKee, Jr	17:56.4
4	Emily Poss, Sr	18:04.9
7	Brooke McKee, Fr	18:18.3
11	Paige Horner, Fr	18:34.9
14	Josie Hovey, So	18:41.5
87	Clara Toot, Fr	20:09.7
90	Lauren Urban, So	20:11.2
Total Time = 1:31:36.0		Total Places = 38

2. Wayzata (Mn)

8	Jaycie Thomsen, Sr	18:22.3
10	Emma Atkinson, 9	18:31.4
12	Brooke Young, Jr	18:37.7
24	Annika Lerdall, Sr	18:59.4
27	Rhynn Paulsen, 9	19:02.3
28	Samantha Lettenberger, Sr	19:02.9
46	Julia Beckman, So	19:27.7
Total Time = 1:33:33.1		Total Places = 81

3. Iowa City West

5	Gabby Skopec, Sr	18:06.0
6	Bailey Nock, Jr	18:13.6
25	Claire Ronnebaum, Jr	18:59.7
32	Olivia Moore, Sr	19:10.7
36	Jessie Skopec, Sr	19:13.5
77	Deniz Ince, So	19:58.4
97	Chloe Holt, So	20:23.0
Total Time = 1:33:43.5		Total Places = 104

4. Millard West (Ne)

3	Gabby McGinn, Jr	18:04.3
13	Abby Heffner, So	18:39.1
16	Kaitlynn Johnson, Sr	18:46.4
41	Lauren Wilwerding, So	19:22.7
53	Katie McNulty, Fr	19:38.2
68	Devyn McDonald, So	19:50.6
83	Camryn Larsen, Sr	20:06.6
Total Time = 1:34:30.7		Total Places = 126

5. Pleasant Valley

17	Mallory Lafever, So	18:47.5
26	Maddie Minard, So	19:01.9
31	Addie Swanson, Sr	19:08.9
34	Abby Riley, So	19:12.7
56	Chloe Greig, So	19:40.6
148	Kayci Gatlin, Fr	21:26.8
177	Caroline Christopherson, So	22:38.0
Total Time = 1:35:51.6		Total Places = 164

6. Iowa City City High

9	Mary Arch, Sr	18:30.6
20	Anna Lindower, So	18:49.6
22	Emily Bywater, Sr	18:56.6
45	Kinsee Brands, Jr	19:25.0
88	Annie Rummelhart, So	20:10.5
108	Esti Brady, Fr	20:34.5
170	Mollie Hansen, Sr	22:12.1
Total Time = 1:35:52.3		Total Places = 184

7. Ankeny Centennial

15	Emma Gordon, Jr	18:43.6
33	Ashley Arends, Sr	19:11.2
51	Jeanne Peters, Fr	19:33.6

65	Jesslyn Gaumer, So	19:47.2
80	Megan Gray, Jr	20:01.6
95	Jaedyn Birchmier, Jr	20:16.7
111	Claire Wubben, Jr	20:36.1
Total Time = 1:37:17.2		Total Places = 244

8. Linn-Mar

18	Maddie Mann, Sr	18:48.4
44	Rachel Bohnenkamp, Jr	19:24.5
50	Abby Van Rheenen, Jr	19:32.7
67	Deanna Newhouse, Sr	19:49.6
79	Maddy Genskow, Sr	20:00.6
141	Jaclyn Simons, Sr	21:13.8
157	Maddie Block, Sr	21:41.4
Total Time = 1:37:35.8		Total Places = 258

9. Dowling Catholic

42	Kelsey Schweizer, So	19:22.9
47	Kate Timboe, So	19:29.9
49	Molly Flood, Jr	19:32.4
61	Katelyn Reichart, Fr	19:44.4
70	Elzerie VanDyke, Jr	19:53.1
81	Bella Heidesch, So	20:02.6
109	Sydnee Miller, So	20:34.6
Total Time = 1:38:02.7		Total Places = 269

10. Waukee

29	Karson Foley, Jr	19:05.7
40	Sydney Schafer, Fr	19:18.7
59	Miranda Boyle, So	19:42.6
76	Maggie Laird, Sr	19:57.4
92	Isabelle Schafer, Fr	20:14.8
115	Odessa Neeley, Sr	20:45.6
138	Lily Campbell, Jr	21:09.2
Total Time = 1:38:19.2		Total Places = 296

11. Bettendorf

21	Ally Gallagher, Jr	18:50.7
43	Trinity Borland, So	19:24.3
63	Sydney Spranger, Jr	19:45.5
82	Kiana Castro, Sr	20:06.0
91	Jenna Nickles, Fr	20:14.1
122	Nyah Block, So	20:54.1
155	Tessa Wright, So	21:37.2
Total Time = 1:38:20.6		Total Places = 300

12. Shawnee Miss Nw (Ks)

1	Molly Born, Jr	17:09.4
55	Riley Demo, So	19:40.4
60	Hannah Gruman, Sr	19:43.3
89	Camille Henderson, Sr	20:10.9
104	Abby Winter, So	20:33.2
120	Ashley Ard, Sr	20:52.0
Total Time = 1:37:17.2		Total Places = 309

13*. Pella

35	Tess Roorda, Sr	19:13.5
73	Mikayla Kruse, So	19:55.0
78	Ciara Buchheit, Sr	19:59.6
105	Kelcey Blommers, Sr	20:33.5
107	Caroline McMartin, Fr	20:34.2
124	Annika Pingel, Jr	20:54.2
137	Hailey Kowzan, Fr	21:08.2
Total Time = 1:40:15.8		Total Places = 398

14*. Gilbert

58	Maggie Pollard, Jr	19:42.5
69	Carly Rahn, Sr	19:52.0
72	Emily Branson, Jr	19:54.9
96	Livvy Hampton, Jr	20:17.3
103	Allison Weiler, Fr	20:30.3
128	Kenzie Miller, Jr	21:00.7
145	Justine Rosburg, Jr	21:18.8
Total Time = 1:40:17.0		Total Places = 398

15. Ames

48	Katelyn Moore, Sr	19:30.6
64	Ryan Weiss, Sr	19:46.9
94	Madeline Taylor, So	20:15.6
98	Eva Hill, So	20:25.5
116	Camille Jackson, Fr	20:45.9
121	Katie Fukushima, Sr	20:52.6
129	Caitlyn Hanulikova, Fr	21:01.5
Total Time = 1:40:44.5		Total Places = 420

16. Southeast Polk

23	Sierra Mitchell, Sr	18:57.2
71	Paige Blackford, So	19:54.5
106	Tarryn Hill, Fr	20:33.9
110	Chaybrin Olsen, Jr	20:34.8
118	Natalie Clement, Fr	20:50.5
151	Taylor Beyer, So	21:30.4
176	Rachel Larkins, Jr	22:32.8
Total Time = 1:40:50.9		Total Places = 428

17. Valley

30	Emily Ash, So	19:07.3
66	Helen Gould, So	19:48.3
100	Blake Morrow, Fr	20:26.5
119	Erin Lowe, So	20:50.5
126	Riley Bright, Sr	20:56.7
130	Ashley Tan, Fr	21:03.2
146	Haley Losh, So	21:20.9
Total Time = 1:41:09.3		Total Places = 441

18. Shawnee Miss S (Ks)

54	Karynn Carroll, Sr	19:39.6
75	Bethany Ward, Jr	19:56.6
86	Colleen Bontrager, Sr	20:08.9
113	Hannah Underwood, Sr	20:41.6
168	Sara Schafer, Jr	22:02.3
169	Alexis Appleman, Jr	22:06.2
Total Time = 1:42:29.0		Total Places = 496

19. Indianola

37	Jadyn Forbes, So	19:15.0
38	Grace Berg, Jr	19:16.5
143	Bailey Blake, Fr	21:15.9
159	Jensen Gebhart, Jr	21:46.8
162	Allison Coffey, So	21:52.2
166	Katelyn Schulze, Sr	22:01.3
171	Jacque McGinnis, Sr	22:22.9
Total Time = 1:43:26.4		Total Places = 539

20. D M Roosevelt

84	Isabel Buchanan, Jr	20:07.7
99	Megan Fleming, So	20:25.8
114	Mae Murphy, Sr	20:45.6
117	Sarah Schott, Jr	20:47.8
131	Solit Germano, Jr	21:04.8

133	Zoe Fry, Fr	21:06.3
140	Kiki Levy, Fr	21:12.3
Total Time = 1:43:11.7		Total Places = 545

21. C R Prairie

19	Hannah Frazee, Sr	18:49.4
101	Alissa Neubauer, Jr	20:27.0
123	Cayla Renwick, Sr	20:54.2
156	Meghan Brune, Sr	21:38.9
164	Kirstin Skriver, Jr	21:57.8
181	Ashley Grady, Sr	22:48.5
Total Time = 1:43:47.3		Total Places = 563

22. Dallas Center-Grimes

62	Brooke Kramer, Sr	19:44.7
85	Kaitlyn Murano, Jr	20:08.4
112	Lexi Smith, Jr	20:37.1
147	Grace Robbins, So	21:26.4
161	Natalie Paulson, So	21:50.6
165	Sami Sterbenz, So	22:00.4
167	Lara Kallem, Fr	22:02.0
Total Time = 1:43:47.2		Total Places = 567

23. Fremont (Ne)

52	Vivian Sanchez, Sr	19:36.4
125	Myia Johnson, Fr	20:55.3
134	Jahayra Alarcon, So	21:06.4
135	Elizabeth Krohn, Sr	21:06.9
136	Lindsay Seier, Sr	21:07.3
144	Karla Zavala, Jr	21:16.8
Total Time = 1:43:52.3		Total Places = 582

24. Marion

57	Hallie Kephart, So	19:41.5
132	Kelsi Huhndorf, Jr	21:06.0
139	Sydney Brase, Sr	21:10.7
153	Corrina Dittmer, Fr	21:33.0
158	Avery Manderscheid, So	21:46.0
179	Bri Fentress, Fr	22:44.2
180	Mia Laube, Jr	22:46.2
Total Time = 1:45:17.2		Total Places = 639

25. Omaha Marian (Ne)

93	Brooke Wigdahl, Fr	20:14.9
102	Sarah Anderson, So	20:28.8
142	Claire Janecek, Sr	21:15.1
149	Emily Evans, Sr	21:29.9
154	Laura Tatten, Sr	21:33.3
160	Juliet Kolterman, Sr	21:47.4
Total Time = 1:45:02.0		Total Places = 640

26. Olathe Northwest (Ks)

39	Ashton Dain, Fr	19:16.8
127	Amelia Sims, So	21:00.3
150	Maleah Wardlock, Fr	21:30.3
175	Molly Biorkman, So	22:32.5
183	Katie Andrew, Sr	23:03.9
187	Haylee Fisher, Jr	24:32.1
Total Time = 1:47:23.8		Total Places = 674

27. Osage

74	Mia Knudsen, Fr	19:56.1
152	Breana Barker, Sr	21:30.5
163	Madi Johnson, Jr	21:53.1
172	Emily Ross, Sr	22:29.8

173 Brooke Scharper, Jr 22:31.3
 182 Makayla Mostek, Fr 22:51.5
 186 Maci Adams, So 24:18.1
 Total Time = 1:48:20.8 Total Places = 734

28. Des Moines Hoover

174 Lydia Swanson, So 22:31.4
 178 Katie Bickel, Sr 22:40.2
 184 Shiggo Shadin, So 23:24.8
 185 Taylan Olson, Jr 23:32.1
 188 Rebekah Bourland, Jr 25:34.3
 189 Naomi Bourland, Fr 30:00.3
 Total Time = 1:57:42.8 Total Places = 909

TEAM
 PLACE SCORE FINISHER TIME TEAM

[Top](#)

1	1	Molly Born, Jr	17:09.4	Shawnee Miss Nw (Ks)
2	2	Jessica McKee, Jr	17:56.4	Johnston
3	3	Gabby McGinn, Jr	18:04.3	Millard West (Ne)
4	4	Emily Poss, Sr	18:04.9	Johnston
5	5	Gabby Skopec, Sr	18:06.0	Iowa City West
6	6	Bailey Nock, Jr	18:13.6	Iowa City West
7	7	Brooke McKee, Fr	18:18.3	Johnston
8	8	Jaycie Thomsen, Sr	18:22.3	Wayzata (Mn)
9	9	Mary Arch, Sr	18:30.6	Iowa City City High
10	10	Emma Atkinson, 9	18:31.4	Wayzata (Mn)
11	11	Paige Horner, Fr	18:34.9	Johnston
12	12	Brooke Young, Jr	18:37.7	Wayzata (Mn)
13	13	Abby Heffner, So	18:39.1	Millard West (Ne)
14	14	Josie Hovey, So	18:41.5	Johnston
15	15	Emma Gordon, Jr	18:43.6	Ankeny Centennial
16	16	Kaitlynn Johnson, Sr	18:46.4	Millard West (Ne)
17	17	Mallory Lafever, So	18:47.5	Pleasant Valley
18	18	Maddie Mann, Sr	18:48.4	Linn-Mar
19	19	Hannah Frazee, Sr	18:49.4	C R Prairie
20	20	Anna Lindower, So	18:49.6	Iowa City City High
21	21	Ally Gallagher, Jr	18:50.7	Bettendorf
22	22	Emily Bywater, Sr	18:56.6	Iowa City City High
23	23	Sierra Mitchell, Sr	18:57.2	Southeast Polk
24	24	Annika Lerdall, Sr	18:59.4	Wayzata (Mn)
25	25	Claire Ronnebaum, Jr	18:59.7	Iowa City West
26	26	Maddie Minard, So	19:01.9	Pleasant Valley
27	27	Rhynn Paulsen, 9	19:02.3	Wayzata (Mn)
28	28	Samantha Lettenberger, Sr	19:02.9	Wayzata (Mn)
29	29	Karson Foley, Jr	19:05.7	Waukee
30	30	Emily Ash, So	19:07.3	Valley
31	31	Addie Swanson, Sr	19:08.9	Pleasant Valley
32	32	Olivia Moore, Sr	19:10.7	Iowa City West
33	33	Ashley Arends, Sr	19:11.2	Ankeny Centennial
34	34	Abby Riley, So	19:12.7	Pleasant Valley
35	35	Tess Roorda, Sr	19:13.5	Pella
36	36	Jessie Skopec, Sr	19:13.5	Iowa City West
37	37	Jadyn Forbes, So	19:15.0	Indianola
38	38	Grace Berg, Jr	19:16.5	Indianola
39	39	Ashton Dain, Fr	19:16.8	Olathe Northwest (Ks)
40	40	Sydney Schafer, Fr	19:18.7	Waukee
41	41	Lauren Wilwerding, So	19:22.7	Millard West (Ne)
42	42	Kelsey Schweizer, So	19:22.9	Dowling Catholic
43	43	Trinity Borland, So	19:24.3	Bettendorf
44	44	Rachel Bohnenkamp, Jr	19:24.5	Linn-Mar
45	45	Kinsee Brands, Jr	19:25.0	Iowa City City High
46	46	Julia Beckman, So	19:27.7	Wayzata (Mn)
47	47	Kate Timboe, So	19:29.9	Dowling Catholic

48	48	Katelyn Moore, Sr	19:30.6	Ames
49	49	Molly Flood, Jr	19:32.4	Dowling Catholic
50	50	Abby Van Rheenen, Jr	19:32.7	Linn-Mar
51	51	Jeanne Peters, Fr	19:33.6	Ankeny Centennial
52		1b9eed0	19:34.2	
53	52	Vivian Sanchez, Sr	19:36.4	Fremont (Ne)
54	53	Katie McNulty, Fr	19:38.2	Millard West (Ne)
55	54	Karynn Carroll, Sr	19:39.6	Shawnee Miss S (Ks)
56	55	Riley Demo, So	19:40.4	Shawnee Miss Nw (Ks)
57	56	Chloe Greig, So	19:40.6	Pleasant Valley
58	57	Hallie Kephart, So	19:41.5	Marion
59	58	Maggie Pollard, Jr	19:42.5	Gilbert
60	59	Miranda Boyle, So	19:42.6	Waukee
61	60	Hannah Gruman, Sr	19:43.3	Shawnee Miss Nw (Ks)
62	61	Katelyn Reichart, Fr	19:44.4	Dowling Catholic
63	62	Brooke Kramer, Sr	19:44.7	Dallas Center-Grimes
64	63	Sydney Spranger, Jr	19:45.5	Bettendorf
65	64	Ryan Weiss, Sr	19:46.9	Ames
66	65	Jesslyn Gaumer, So	19:47.2	Ankeny Centennial
67	66	Helen Gould, So	19:48.3	Valley
68	67	Deanna Newhouse, Sr	19:49.6	Linn-Mar
69	68	Devyn McDonald, So	19:50.6	Millard West (Ne)
70	69	Carly Rahn, Sr	19:52.0	Gilbert
71	70	Elzerie VanDyke, Jr	19:53.1	Dowling Catholic
72	71	Paige Blackford, So	19:54.5	Southeast Polk
73	72	Emily Branson, Jr	19:54.9	Gilbert
74	73	Mikayla Kruse, So	19:55.0	Pella
75	74	Mia Knudsen, Fr	19:56.1	Osage
76	75	Bethany Ward, Jr	19:56.6	Shawnee Miss S (Ks)
77	76	Maggie Laird, Sr	19:57.4	Waukee
78	77	Deniz Ince, So	19:58.4	Iowa City West
79	78	Ciara Buchheit, Sr	19:59.6	Pella
80	79	Maddy Genskow, Sr	20:00.6	Linn-Mar
81	80	Megan Gray, Jr	20:01.6	Ankeny Centennial
82	81	Bella Heidesch, So	20:02.6	Dowling Catholic
83	82	Kiana Castro, Sr	20:06.0	Bettendorf
84	83	Camryn Larsen, Sr	20:06.6	Millard West (Ne)
85	84	Isabel Buchanan, Jr	20:07.7	D M Roosevelt
86	85	Kaitlyn Murano, Jr	20:08.4	Dallas Center-Grimes
87	86	Colleen Bontrager, Sr	20:08.9	Shawnee Miss S (Ks)
88	87	Clara Toot, Fr	20:09.7	Johnston
89	88	Annie Rummelhart, So	20:10.5	Iowa City City High
90	89	Camille Henderson, Sr	20:10.9	Shawnee Miss Nw (Ks)
91	90	Lauren Urban, So	20:11.2	Johnston
92	91	Jenna Nickles, Fr	20:14.1	Bettendorf
93	92	Isabelle Schafer, Fr	20:14.8	Waukee
94	93	Brooke Wigdahl, Fr	20:14.9	Omaha Marian (Ne)
95	94	Madeline Taylor, So	20:15.6	Ames
96	95	Jaedyn Birchmier, Jr	20:16.7	Ankeny Centennial
97	96	Livvy Hampton, Jr	20:17.3	Gilbert
98	97	Chloe Holt, So	20:23.0	Iowa City West
99	98	Eva Hill, So	20:25.5	Ames
100	99	Megan Fleming, So	20:25.8	D M Roosevelt
101	100	Blake Morrow, Fr	20:26.5	Valley
102	101	Alissa Neubauer, Jr	20:27.0	C R Prairie
103	102	Sarah Anderson, So	20:28.8	Omaha Marian (Ne)
104	103	Allison Weiler, Fr	20:30.3	Gilbert
105	104	Abby Winter, So	20:33.2	Shawnee Miss Nw (Ks)
106	105	Kelcey Blommers, Sr	20:33.5	Pella
107	106	Tarryn Hill, Fr	20:33.9	Southeast Polk
108	107	Caroline McMartin, Fr	20:34.2	Pella
109	108	Esti Brady, Fr	20:34.5	Iowa City City High
110	109	Sydnee Miller, So	20:34.6	Dowling Catholic
111	110	Chaybrin Olsen, Jr	20:34.8	Southeast Polk
112	111	Claire Wubben, Jr	20:36.1	Ankeny Centennial

113	112	Lexi Smith, Jr	20:37.1	Dallas Center-Grimes
114	113	Hannah Underwood, Sr	20:41.6	Shawnee Miss S (Ks)
115	114	Mae Murphy, Sr	20:45.6	D M Roosevelt
116	115	Odessa Neeley, Sr	20:45.6	Waukee
117	116	Camille Jackson, Fr	20:45.9	Ames
118	117	Sarah Schott, Jr	20:47.8	D M Roosevelt
119	118	Natalie Clement, Fr	20:50.5	Southeast Polk
120	119	Erin Lowe, So	20:50.5	Valley
121	120	Ashley Ard, Sr	20:52.0	Shawnee Miss Nw (Ks)
122	121	Katie Fukushima, Sr	20:52.6	Ames
123	122	Nyah Block, So	20:54.1	Bettendorf
124	123	Cayla Renwick, Sr	20:54.2	C R Prairie
125	124	Annika Pingel, Jr	20:54.2	Pella
126	125	Myia Johnson, Fr	20:55.3	Fremont (Ne)
127	126	Riley Bright, Sr	20:56.7	Valley
128	127	Amelia Sims, So	21:00.3	Olathe Northwest (Ks)
129	128	Kenzie Miller, Jr	21:00.7	Gilbert
130	129	Caitlyn Hanulikova, Fr	21:01.5	Ames
131	130	Ashley Tan, Fr	21:03.2	Valley
132	131	Solit Germano, Jr	21:04.8	D M Roosevelt
133	132	Kelsi Huhndorf, Jr	21:06.0	Marion
134	133	Zoe Fry, Fr	21:06.3	D M Roosevelt
135	134	Jahayra Alarcon, So	21:06.4	Fremont (Ne)
136	135	Elizabeth Krohn, Sr	21:06.9	Fremont (Ne)
137	136	Lindsay Seier, Sr	21:07.3	Fremont (Ne)
138	137	Hailey Kowzan, Fr	21:08.2	Pella
139	138	Lily Campbell, Jr	21:09.2	Waukee
140	139	Sydney Brase, Sr	21:10.7	Marion
141	140	Kiki Levy, Fr	21:12.3	D M Roosevelt
142	141	Jaclyn Simons, Sr	21:13.8	Linn-Mar
143	142	Claire Janecek, Sr	21:15.1	Omaha Marian (Ne)
144	143	Bailey Blake, Fr	21:15.9	Indianola
145	144	Karla Zavala, Jr	21:16.8	Fremont (Ne)
146	145	Justine Rosburg, Jr	21:18.8	Gilbert
147	146	Haley Losh, So	21:20.9	Valley
148	147	Grace Robbins, So	21:26.4	Dallas Center-Grimes
149	148	Kayci Gatlin, Fr	21:26.8	Pleasant Valley
150	149	Emily Evans, Sr	21:29.9	Omaha Marian (Ne)
151	150	Maleah Wardlock, Fr	21:30.3	Olathe Northwest (Ks)
152	151	Taylor Beyer, So	21:30.4	Southeast Polk
153	152	Breana Barker, Sr	21:30.5	Osage
154	153	Corrina Dittmer, Fr	21:33.0	Marion
155	154	Laura Tatten, Sr	21:33.3	Omaha Marian (Ne)
156	155	Tessa Wright, So	21:37.2	Bettendorf
157	156	Meghan Brune, Sr	21:38.9	C R Prairie
158	157	Maddie Block, Sr	21:41.4	Linn-Mar
159	158	Avery Manderscheid, So	21:46.0	Marion
160	159	Jensen Gebhart, Jr	21:46.8	Indianola
161	160	Juliet Kolterman, Sr	21:47.4	Omaha Marian (Ne)
162	161	Natalie Paulson, So	21:50.6	Dallas Center-Grimes
163	162	Allison Coffey, So	21:52.2	Indianola
164	163	Madi Johnson, Jr	21:53.1	Osage
165	164	Kirstin Skriver, Jr	21:57.8	C R Prairie
166	165	Sami Sterbenz, So	22:00.4	Dallas Center-Grimes
167	166	Katelyn Schulze, Sr	22:01.3	Indianola
168	167	Lara Kallem, Fr	22:02.0	Dallas Center-Grimes
169	168	Sara Schafer, Jr	22:02.3	Shawnee Miss S (Ks)
170	169	Alexis Appleman, Jr	22:06.2	Shawnee Miss S (Ks)
171	170	Mollie Hansen, Sr	22:12.1	Iowa City City High
172	171	Jacque McGinnis, Sr	22:22.9	Indianola
173	172	Emily Ross, Sr	22:29.8	Osage
174	173	Brooke Scharper, Jr	22:31.3	Osage
175	174	Lydia Swanson, So	22:31.4	Des Moines Hoover
176	175	Molly Biorkman, So	22:32.5	Olathe Northwest (Ks)
177	176	Rachel Larkins, Jr	22:32.8	Southeast Polk

178	177	Caroline Christopherson, So	22:38.0	Pleasant Valley
179	178	Katie Bickel, Sr	22:40.2	Des Moines Hoover
180	179	Bri Fentress, Fr	22:44.2	Marion
181	180	Mia Laube, Jr	22:46.2	Marion
182	181	Ashley Grady, Sr	22:48.5	C R Prairie
183	182	Makayla Mostek, Fr	22:51.5	Osage
184	183	Katie Andrew, Sr	23:03.9	Olathe Northwest (Ks)
185		Taryn Perry, Jr	23:11.3	Roland-Story
186	184	Shiggo Shadin, So	23:24.8	Des Moines Hoover
187	185	Taylan Olson, Jr	23:32.1	Des Moines Hoover
188	186	Maci Adams, So	24:18.1	Osage
189	187	Haylee Fisher, Jr	24:32.1	Olathe Northwest (Ks)
190	188	Rebekah Bourland, Jr	25:34.3	Des Moines Hoover
191	189	Naomi Bourland, Fr	30:00.3	Des Moines Hoover

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