

7th Roosevelt - Heartland Classic Varsity Girls - 4K**ISU XC Course - Ames, Iowa****Sep. 21, 2013**

60s & Sunny - Perfect

Results by Cal Murdock

[JV Girls](#)[JV Boys](#)[Var Girls](#)[Var Boys](#)

Use the Find option of your Web Browser to find the performance of a specific individual or team.

[Click here](#) for data on boys

PLACE	TEAM	POINTS	PLACES OF FINISHERS						AVG. TIME	SPREAD	
1	Dowling Catholic	81	2	13	14	25	27	38	69	15:03.7	1:06.3
2	Ames	84	6	12	17	23	26	43	81	15:09.2	0:30.8
3	I C West	144	3	19	24	30	68	102	160	15:15.0	1:33.8
4	Waukee	182	10	21	22	49	80	88	89	15:30.0	1:01.1
5	Johnston	185	4	28	42	44	67	70	73	15:25.6	1:16.8
6	Maize (Ks)	221	5	39	51	54	72	119	139	15:32.7	1:13.4
7	Linn-Mar	235	9	47	55	58	66	71	155	15:38.7	0:48.7
8	Raymore-Peculiar (Mo)	260	18	32	48	75	87	96	125	15:43.1	0:59.1
9	Pella	268	15	16	34	100	103	135	178	15:44.8	1:17.3
10	Shawnee Miss. Nw (Ks)	300	40	46	56	64	94	105	127	15:50.0	0:45.0
11	Ankeny Centennial	307	11	41	57	90	108	116	140	15:51.9	1:26.0
12	Gilbert	332	1	45	83	92	111	153	162	15:45.9	2:22.7
13	D M Roosevelt	338	7	60	76	91	104	137	147	15:55.0	1:34.4
14	Omaha Marian (Ne)	345	59	61	63	77	85	109		15:57.7	0:20.6
15	Bettendorf	458	37	99	101	107	114	141	177	16:18.1	1:06.4
16	Shawnee Miss. N (Ks)	470	33	35	53	165	184	189	190	16:20.1	2:17.2
17	Cedar Falls	507	52	95	115	117	128	136	150	16:25.6	1:03.2
18	Olathe North (Ks)	523	74	79	82	122	166	169	183	16:26.7	1:13.8
19	Eastview (Mn)	524	31	84	118	142	149	180	182	16:27.8	1:37.1
20	Valley	529	29	98	112	134	156	185		16:29.7	1:43.3
21	C R Washington	557	8	93	113	145	198	200	206	16:37.8	3:21.4
22	Dallas Center Grimes	586	20	126	129	148	163	187	204	16:36.9	1:56.0
23	S F Roosevelt (Sd)	591	65	97	132	146	151	158	159	16:39.0	1:12.0
24	Shawnee Miss. S (Ks)	597	50	121	124	138	164	174	193	16:39.2	1:30.2
25	Blue Valley S W (Ks)	611	36	106	133	157	179	181	188	16:43.5	2:02.5
26	Ankeny	615	78	110	120	131	176	194		16:43.2	1:19.8
27	Monticello	640	62	123	130	154	171	196	199	16:45.6	1:24.6
28	C R Prairie	792	86	168	172	175	191	202	205	17:12.8	1:47.2
29	Wichita North (Ks)	799	143	152	161	170	173	192	195	17:10.0	0:18.2
30	Millard North (Ne)	895	144	167	186	197	201	203		17:44.5	1:26.5

Incomplete Teams: D M Hoover, S F Lincoln (Sd), North Star (Ne), Mercy (Ne)

[Individuals](#)

PLACE	FINISHER	TIME
1.	Dowling Catholic	
2	Karissa Schweizer, Sr	14:16.0
13	Hannah Thomas, Jr	15:09.8
14	C Vivian Broderick, Fr	15:10.9
25	Jenny Luksan, Sr	15:19.4
27	Ellen Sullivan, Jr	15:22.2
38	Erin Cahalan, So	15:32.2
69	Nicole Svendsen, Sr	15:55.7

Total Time = 1:15:18.3 Total Places = 81

2. Ames

6	Caroline Marnin, Jr	14:49.1
12	Payton Boylston, Jr	15:07.4
17	Claire Dupuis, So	15:11.3
23	Zoe Pritchard, Jr	15:18.4
26	Katelyn Moore, Fr	15:19.8
43	Jessica Rehmann, So	15:37.2
81	Ryan Weiss, Fr	16:08.4
Total Time = 1:15:46.0		Total Places = 84

3. I C West

3	Ashlynn Yokom, Sr	14:21.7
19	Emmie Skopec, Jr	15:12.3
24	Jessie Skopec, Fr	15:19.3
30	Oliva Moore, Fr	15:26.0
68	Gabby Skopec, Fr	15:55.5
102	Emily Starman, Sr	16:26.6
160	McKenzie Mellecker, Jr	17:10.0
Total Time = 1:16:14.8		Total Places = 144

4. Waukee

10	Rachel Brush, So	15:06.3
21	Erika Lewis, Jr	15:16.7
22	Jordan Allen, So	15:17.8
49	Maggie Laird, Fr	15:41.5
80	Kayla Sabotin, Sr	16:07.4
88	Taylor Tornberg, Fr	16:11.4
89	Bri Young, Jr	16:14.4
Total Time = 1:17:29.7		Total Places = 182

5. Johnston

4	Jordyn Kleve, Jr	14:37.0
28	Maddy Bradley, So	15:23.1
42	Anna Toot, So	15:36.7
44	Sara Ness, So	15:37.4
67	Emily Poss, Fr	15:53.7
70	Kenzie Foldes, Sr	15:56.6
73	Sandra Kromminga, Jr	15:59.9
Total Time = 1:17:07.9		Total Places = 185

6. Maize (Ks)

5	Diedra Walker, Jr	14:44.2
39	Sydney Roy, Sr	15:32.4
51	Kassidy Watkins, Jr	15:42.8
54	Nicole Goebel, So	15:46.2
72	Lilian Hammond, Fr	15:57.6
119	Shea Roy, So	16:39.4
139	Dani Bever, Jr	16:57.0
Total Time = 1:17:43.2		Total Places = 221

7. Linn-Mar

9	Amber Decker, So	15:04.9
47	Maddie Saville, Jr	15:39.2
55	Sydney Johnston, Jr	15:46.3
58	Morgan Garcia, So	15:49.4
66	Katie Sommer, Sr	15:53.6
71	Deanna Newhouse, Fr	15:57.5
155	Rachel Perry, Sr	17:07.5
Total Time = 1:18:13.4		Total Places = 235

8. Raymore-Peculiar (Mo)

18	Kami Tabor, So	15:12.1
32	Kiley Deain, So	15:28.1

48	Kayla Allen, Sr	15:41.1
75	Jamie Wharton, So	16:02.7
87	Alie Gillespie, So	16:11.1
96	Amanda Wharton, Sr	16:21.3
125	Crystin Wilson, Sr	16:45.6
Total Time = 1:18:35.1		Total Places = 260

9. Pella

15	Kelcey Blommers, Fr	15:11.1
16	Tess Roorda, Fr	15:11.3
34	Payton Phelps, Fr	15:28.3
100	Molly Pfitzenmaier, Fr	16:24.8
103	Nicole Schebbe, Fr	16:28.4
135	Sydney Swanson, Sr	16:54.1
178	Mackensie Gustafson, Jr	17:32.6
Total Time = 1:18:43.9		Total Places = 268

10. Shawnee Miss. Nw (Ks)

40	Hayley Nugent, Sr	15:33.4
46	Camille Henderson, Fr	15:38.0
56	Hannah Gruman, Fr	15:46.8
64	Tori Tummons, Sr	15:53.2
94	Gabi Basel, Jr	16:18.3
105	Jessica Broll, So	16:30.4
127	Mathilde Guglielmi, Sr	16:46.4
Total Time = 1:19:09.7		Total Places = 300

11. Ankeny Centennial

11	Kate Smith, Jr	15:07.1
41	Brittany Hegstad, Fr	15:35.0
57	Taylor Brown, So	15:48.0
90	Dana Vogel, Sr	16:16.1
108	Jamie Larsen, So	16:33.1
116	Katelyn Melcher, Sr	16:37.7
140	Haley Jacobs, Sr	16:57.6
Total Time = 1:19:19.3		Total Places = 307

12. Gilbert

1	Grace Gibbons, Jr	14:11.3
45	Carly Rahn, Fr	15:37.9
83	Sadie Timms, Sr	16:09.3
92	Karli Rastetter, Jr	16:17.1
111	Annie Pollard, So	16:33.9
153	Tate Powers, Fr	17:05.7
162	Caisha Johnson, Jr	17:10.6
Total Time = 1:18:49.5		Total Places = 332

13. D M Roosevelt

7	Megan Schott, Jr	14:54.6
60	Alex Kozlowski, Fr	15:50.8
76	McKenzie Carney, Sr	16:03.8
91	Sarah Voss, Jr	16:16.5
104	Elena Hicks, So	16:28.9
137	Isabel Bakros, Jr	16:56.0
147	Natalie Galluzzo, Fr	17:02.1
Total Time = 1:19:34.6		Total Places = 338

14. Omaha Marian (Ne)

59	Rosie Gensichen, Sr	15:49.7
61	Sofia Hingorani, So	15:51.0
63	Annie Gensichen, Sr	15:52.8
77	Julia Griffin, So	16:04.5
85	Bella Herrera, So	16:10.3
109	Meghan Schumacher, Sr	16:33.8
Total Time = 1:19:48.3		Total Places = 345

15. Bettendorf

37	Abby Sears, Jr	15:31.0
99	Sydney Spranger, Fr	16:24.2
101	Anna Baker, So	16:25.2
107	Lauren Young, Jr	16:32.7
114	Haley Humphrey, So	16:37.3
141	Katee Urbaitis, Sr	16:58.4
177	Katie Walker, Sr	17:30.3
Total Time = 1:21:30.4		Total Places = 458

16. Shawnee Miss. N (Ks)

33	Sada Kernodle, Jr	15:28.2
35	Samantha Taylor, So	15:29.5
53	Emily Stava, Jr	15:45.5
165	Gretchen Burchstead, So	17:12.0
184	Jazmin Williams, So	17:45.3
189	Alison Yancey, Jr	17:49.9
190	Alyssa Buck, Jr	17:55.8
Total Time = 1:21:40.5		Total Places = 470

17. Cedar Falls

52	Amanda Fishel, Sr	15:44.2
95	Sophie Mallaro, Sr	16:20.0
115	Monica Wessels, So	16:37.6
117	Brenda Sevcik, So	16:38.7
128	Molly Gettman, Sr	16:47.3
136	Maddie Kemp, Sr	16:55.5
150	Cassidy Christopher, Fr	17:05.0
Total Time = 1:22:07.8		Total Places = 507

18. Olathe North (Ks)

74	Abby Friesen, So	16:01.2
79	Libby Friesen, Sr	16:05.9
82	Jami Clay, Jr	16:09.2
122	Catie Wiltanger, Fr	16:42.1
166	Loretta Achoki, Sr	17:14.9
169	Izzy Anstaett, Jr	17:15.6
183	Taylor Walters, Sr	17:41.4
Total Time = 1:22:13.3		Total Places = 523

19. Eastview (Mn)

31	Laura Bestul, So	15:27.1
84	Margie Freed, So	16:09.5
118	Lauren Herland, Jr	16:39.1
142	Kylie Kramer, So	16:58.8
149	Kaley Hedberg, Sr	17:04.2
180	Allison Quady, So	17:37.2
182	Sydney Hedberg, So	17:40.2
Total Time = 1:22:18.7		Total Places = 524

20. Valley

29	Torey Brown, Sr	15:25.5
98	Josie Caskey, Sr	16:24.2
112	Sam Ellis, So	16:36.2
134	Elsa Wright, Fr	16:53.7
156	Mandi Brown, Sr	17:08.7
185	Emma Degen, Fr	17:45.5
Total Time = 1:22:28.3		Total Places = 529

21. C R Washington

8	Shannon Gorman, Sr	14:55.8
93	Morgan Stuckenschneider, Sr	16:17.8
113	Madiso Stuckenschneider, Sr	

		16:36.4	
145	Kristin Mackenburg, Sr	17:01.5	
198	Brett Visser, So	18:17.2	
200	Mj Kamin, Sr	18:21.7	
206	Mikayla Frye, So	18:47.1	
Total Time = 1:23:08.7		Total Places = 557	

22. Dallas Center Grimes			
20	Madison Waymire, Sr	15:15.5	
126	Sydnee Hendricks, Sr	16:46.2	
129	Emma Bravard, Sr	16:48.0	
148	Kirsten Lundy, Jr	17:03.0	
163	Brooke Jacobsen, Jr	17:11.5	
187	Jessica Pugh, So	17:48.5	
204	Jaymie Block, Jr	18:33.8	
Total Time = 1:23:04.2		Total Places = 586	

23. S F Roosevelt (Sd)			
65	Sydney Kreutzmann, Sr	15:53.4	
97	Kylie Werner, Fr	16:22.2	
132	Kiana Hein, Sr	16:52.3	
146	Megan Loger, Sr	17:01.5	
151	Isabelle Bauers, 8	17:05.3	
158	Bethany Pearson, Jr	17:09.3	
159	Alyssa Bierwagen, Fr	17:09.5	
Total Time = 1:23:14.7		Total Places = 591	

24. Shawnee Miss. S (Ks)			
50	Karynn Carroll, Fr	15:41.5	
121	Tessa Osborn, Sr	16:41.8	
124	Alexis Almloff, Jr	16:43.9	
138	Natalie Warshaw, So	16:57.0	
164	Hannah Underwood, Fr	17:11.7	
174	Hannah Ward, Sr	17:18.2	
193	Lauren McCarthy, Sr	18:01.3	
Total Time = 1:23:15.9		Total Places = 597	

25. Blue Valley S W (Ks)			
36	Megan Paule, Jr	15:30.2	
106	Holly Harmon, Sr	16:32.3	
133	Piper Misse, So	16:53.1	
157	Alyssa Yarbrough, Jr	17:09.0	
179	Jennifer Kealey, Sr	17:32.6	
181	Amanda Creason, Sr	17:37.8	
188	Madeline Briscoe, Sr	17:49.2	
Total Time = 1:23:37.2		Total Places = 611	

26. Ankeny			
78	Katie Bosch, Sr	16:05.1	
110	Bri Ross, Sr	16:33.8	
120	Naomi Hill, Fr	16:41.2	
131	Hannah Zadeh, Fr	16:51.1	
176	Jenna Iverson, So	17:24.8	
194	Lyndsie Schinkel, Jr	18:03.7	
Total Time = 1:23:36.0		Total Places = 615	

27. Monticello			
62	Ellen Schlarmann, So	15:52.5	
123	Natasha Eby, Sr	16:42.3	
130	Jazmine Reynolds, Jr	16:49.4	
154	Mandi Miles, Jr	17:06.8	
171	Abby Schmerbach, So	17:17.0	
196	Jacqueline Petersen, Fr	18:07.1	
199	Olivia Sunlin, So	18:21.7	
Total Time = 1:23:48.0		Total Places = 640	

28. C R Prairie

86	Katie Costigan, Jr	16:10.4
168	Anna Rubsam, Sr	17:15.6
172	Alison Schmidt, So	17:17.2
175	Sarah Meyers, Jr	17:23.3
191	Holly Wisnousky, Sr	17:57.5
202	Sydney Stolba, So	18:29.4
205	Mandy Hellman, So	18:43.9
Total Time = 1:26:04.0		Total Places = 792

29. Wichita North (Ks)

143	Vicky Ibarra, So	16:59.4
152	Anna Kindel, Jr	17:05.6
161	Payton Reaves, So	17:10.6
170	Plamann Taylor, Fr	17:16.6
173	Marissa Evans, So	17:17.5
192	Kayla McFaul, Sr	18:00.5
195	Yesenia Santillan, Jr	18:04.9
Total Time = 1:25:49.7		Total Places = 799

30. Millard North (Ne)

144	Kayla Ney, So	17:00.6
167	Emma Clausen, Fr	17:15.6
186	Taylor Caniglia, So	17:48.1
197	Allie Guerra, So	18:11.0
201	Seanna Block, Jr	18:27.1
203	Elsa Furl, Sr	18:31.5
Total Time = 1:28:42.4		Total Places = 895

TEAM				
PLACE	SCORE	FINISHER	TIME	TEAM

[Top](#)

1		Jeralyn Poe, Jr	14:04.5	North Star (Ne)
2	1	Grace Gibbons, Jr	14:11.3	Gilbert
3	2	Karissa Schweizer, Sr	14:16.0	Dowling Catholic
4	3	Ashlynn Yokom, Sr	14:21.7	I C West
5	4	Jordyn Kleve, Jr	14:37.0	Johnston
6	5	Diedra Walker, Jr	14:44.2	Maize (Ks)
7	6	Caroline Marnin, Jr	14:49.1	Ames
8	7	Megan Schott, Jr	14:54.6	D M Roosevelt
9	8	Shannon Gorman, Sr	14:55.8	C R Washington
10	9	Amber Decker, So	15:04.9	Linn-Mar
11	10	Rachel Brush, So	15:06.3	Waukee
12	11	Kate Smith, Jr	15:07.1	Ankeny Centennial
13	12	Payton Boylston, Jr	15:07.4	Ames
14	13	Hannah Thomas, Jr	15:09.8	Dowling Catholic
15	14	C Vivian Broderick, Fr	15:10.9	Dowling Catholic
16	15	Kelcey Blommers, Fr	15:11.1	Pella
17	16	Tess Roorda, Fr	15:11.3	Pella
18	17	Claire Dupuis, So	15:11.3	Ames
19	18	Kami Tabor, So	15:12.1	Raymore-Peculiar (Mo)
20	19	Emmie Skopec, Jr	15:12.3	I C West
21	20	Madison Waymire, Sr	15:15.5	Dallas Center Grimes
22	21	Erika Lewis, Jr	15:16.7	Waukee
23	22	Jordan Allen, So	15:17.8	Waukee
24	23	Zoe Pritchard, Jr	15:18.4	Ames
25	24	Jessie Skopec, Fr	15:19.3	I C West
26	25	Jenny Luksan, Sr	15:19.4	Dowling Catholic
27	26	Katelyn Moore, Fr	15:19.8	Ames
28	27	Ellen Sullivan, Jr	15:22.2	Dowling Catholic
29	28	Maddy Bradley, So	15:23.1	Johnston
30	29	Torey Brown, Sr	15:25.5	Valley
31	30	Oliva Moore, Fr	15:26.0	I C West

32	31	Laura Bestul, So	15:27.1	Eastview (Mn)
33	32	Kiley Deain, So	15:28.1	Raymore-Peculiar (Mo)
34	33	Sada Kernodle, Jr	15:28.2	Shawnee Miss. N (Ks)
35	34	Payton Phelps, Fr	15:28.3	Pella
36	35	Samantha Taylor, So	15:29.5	Shawnee Miss. N (Ks)
37	36	Megan Paule, Jr	15:30.2	Blue Valley S W (Ks)
38	37	Abby Sears, Jr	15:31.0	Bettendorf
39	38	Erin Cahalan, So	15:32.2	Dowling Catholic
40	39	Sydney Roy, Sr	15:32.4	Maize (Ks)
41	40	Hayley Nugent, Sr	15:33.4	Shawnee Miss. Nw (Ks)
42	41	Brittany Hegstad, Fr	15:35.0	Ankeny Centennial
43	42	Anna Toot, So	15:36.7	Johnston
44	43	Jessica Rehmann, So	15:37.2	Ames
45	44	Sara Ness, So	15:37.4	Johnston
46	45	Carly Rahn, Fr	15:37.9	Gilbert
47	46	Camille Henderson, Fr	15:38.0	Shawnee Miss. Nw (Ks)
48	47	Maddie Saville, Jr	15:39.2	Linn-Mar
49	48	Kayla Allen, Sr	15:41.1	Raymore-Peculiar (Mo)
50	49	Maggie Laird, Fr	15:41.5	Waukee
51	50	Karynn Carroll, Fr	15:41.5	Shawnee Miss. S (Ks)
52	51	Kassidy Watkins, Jr	15:42.8	Maize (Ks)
53	52	Amanda Fishel, Sr	15:44.2	Cedar Falls
54	53	Emily Stava, Jr	15:45.5	Shawnee Miss. N (Ks)
55	54	Nicole Goebel, So	15:46.2	Maize (Ks)
56	55	Sydney Johnston, Jr	15:46.3	Linn-Mar
57	56	Hannah Gruman, Fr	15:46.8	Shawnee Miss. Nw (Ks)
58	57	Taylor Brown, So	15:48.0	Ankeny Centennial
59	58	Morgan Garcia, So	15:49.4	Linn-Mar
60	59	Rosie Gensichen, Sr	15:49.7	Omaha Marian (Ne)
61	60	Alex Kozlowski, Fr	15:50.8	D M Roosevelt
62	61	Sofia Hingorani, So	15:51.0	Omaha Marian (Ne)
63	62	Ellen Schlarmann, So	15:52.5	Monticello
64	63	Annie Gensichen, Sr	15:52.8	Omaha Marian (Ne)
65	64	Tori Tummons, Sr	15:53.2	Shawnee Miss. Nw (Ks)
66	65	Sydney Kreutzmann, Sr	15:53.4	S F Roosevelt (Sd)
67	66	Katie Sommer, Sr	15:53.6	Linn-Mar
68	67	Emily Poss, Fr	15:53.7	Johnston
69	68	Gabby Skopec, Fr	15:55.5	I C West
70	69	Nicole Svendsen, Sr	15:55.7	Dowling Catholic
71	70	Kenzie Foldes, Sr	15:56.6	Johnston
72	71	Deanna Newhouse, Fr	15:57.5	Linn-Mar
73	72	Lilian Hammond, Fr	15:57.6	Maize (Ks)
74	73	Sandra Kromminga, Jr	15:59.9	Johnston
75	74	Abby Friesen, So	16:01.2	Olathe North (Ks)
76	75	Jamie Wharton, So	16:02.7	Raymore-Peculiar (Mo)
77	76	McKenzie Carney, Sr	16:03.8	D M Roosevelt
78	77	Julia Griffin, So	16:04.5	Omaha Marian (Ne)
79	78	Katie Bosch, Sr	16:05.1	Ankeny
80	79	Libby Friesen, Sr	16:05.9	Olathe North (Ks)
81	80	Kayla Sobotin, Sr	16:07.4	Waukee
82	81	Ryan Weiss, Fr	16:08.4	Ames
83	82	Jami Clay, Jr	16:09.2	Olathe North (Ks)
84	83	Sadie Timms, Sr	16:09.3	Gilbert
85	84	Margie Freed, So	16:09.5	Eastview (Mn)
86	85	Bella Herrera, So	16:10.3	Omaha Marian (Ne)
87	86	Katie Costigan, Jr	16:10.4	C R Prairie
88	87	Alie Gillespie, So	16:11.1	Raymore-Peculiar (Mo)
89	88	Taylor Tornberg, Fr	16:11.4	Waukee
90	89	Bri Young, Jr	16:14.4	Waukee
91	90	Dana Vogel, Sr	16:16.1	Ankeny Centennial
92	91	Sarah Voss, Jr	16:16.5	D M Roosevelt
93	92	Karli Rastetter, Jr	16:17.1	Gilbert
94	93	Morgan Stuckenschneider, Sr	16:17.8	C R Washington
95	94	Gabi Basel, Jr	16:18.3	Shawnee Miss. Nw (Ks)

96		Mollie Kelly, 8	16:18.9	S F Lincoln (Sd)
97	95	Sophie Mallaro, Sr	16:20.0	Cedar Falls
98	96	Amanda Wharton, Sr	16:21.3	Raymore-Peculiar (Mo)
99	97	Kylie Werner, Fr	16:22.2	S F Roosevelt (Sd)
100		Carly Adams, Jr	16:23.0	Mercy (Ne)
101	98	Josie Caskey, Sr	16:24.2	Valley
102	99	Sydney Spranger, Fr	16:24.2	Bettendorf
103	100	Molly Pfitzenmaier, Fr	16:24.8	Pella
104	101	Anna Baker, So	16:25.2	Bettendorf
105	102	Emily Starman, Sr	16:26.6	I C West
106	103	Nicole Schebbe, Fr	16:28.4	Pella
107	104	Elena Hicks, So	16:28.9	D M Roosevelt
108	105	Jessica Broll, So	16:30.4	Shawnee Miss. Nw (Ks)
109	106	Holly Harmon, Sr	16:32.3	Blue Valley S W (Ks)
110	107	Lauren Young, Jr	16:32.7	Bettendorf
111	108	Jamie Larsen, So	16:33.1	Ankeny Centennial
112	109	Meghan Schumacher, Sr	16:33.8	Omaha Marian (Ne)
113	110	Bri Ross, Sr	16:33.8	Ankeny
114	111	Annie Pollard, So	16:33.9	Gilbert
115	112	Sam Ellis, So	16:36.2	Valley
116	113	Madiso Stuckenschneider, Sr	16:36.4	C R Washington
117	114	Haley Humphrey, So	16:37.3	Bettendorf
118	115	Monica Wessels, So	16:37.6	Cedar Falls
119	116	Katelyn Melcher, Sr	16:37.7	Ankeny Centennial
120	117	Brenda Sevcik, So	16:38.7	Cedar Falls
121	118	Lauren Herland, Jr	16:39.1	Eastview (Mn)
122	119	Shea Roy, So	16:39.4	Maize (Ks)
123	120	Naomi Hill, Fr	16:41.2	Ankeny
124	121	Tessa Osborn, Sr	16:41.8	Shawnee Miss. S (Ks)
125	122	Catie Wiltanger, Fr	16:42.1	Olathe North (Ks)
126	123	Natasha Eby, Sr	16:42.3	Monticello
127	124	Alexis Almluff, Jr	16:43.9	Shawnee Miss. S (Ks)
128	125	Crystin Wilson, Sr	16:45.6	Raymore-Peculiar (Mo)
129	126	Sydnee Hendricks, Sr	16:46.2	Dallas Center Grimes
130	127	Mathilde Guglielmi, Sr	16:46.4	Shawnee Miss. Nw (Ks)
131		Kendrea Eagle, 8	16:47.1	S F Lincoln (Sd)
132	128	Molly Gettman, Sr	16:47.3	Cedar Falls
133	129	Emma Bravard, Sr	16:48.0	Dallas Center Grimes
134	130	Jazmine Reynolds, Jr	16:49.4	Monticello
135		Lydia Hooker, Fr	16:49.6	S F Lincoln (Sd)
136	131	Hannah Zadeh, Fr	16:51.1	Ankeny
137	132	Kiana Hein, Sr	16:52.3	S F Roosevelt (Sd)
138	133	Piper Misse, So	16:53.1	Blue Valley S W (Ks)
139	134	Elsa Wright, Fr	16:53.7	Valley
140	135	Sydney Swanson, Sr	16:54.1	Pella
141	136	Maddie Kemp, Sr	16:55.5	Cedar Falls
142	137	Isabel Bakros, Jr	16:56.0	D M Roosevelt
143	138	Natalie Warshaw, So	16:57.0	Shawnee Miss. S (Ks)
144	139	Dani Bever, Jr	16:57.0	Maize (Ks)
145	140	Haley Jacobs, Sr	16:57.6	Ankeny Centennial
146	141	Katee Urbaitis, Sr	16:58.4	Bettendorf
147	142	Kylie Kramer, So	16:58.8	Eastview (Mn)
148	143	Vicky Ibarra, So	16:59.4	Wichita North (Ks)
149	144	Kayla Ney, So	17:00.6	Millard North (Ne)
150	145	Kristin Mackenburg, Sr	17:01.5	C R Washington
151	146	Megan Loger, Sr	17:01.5	S F Roosevelt (Sd)
152	147	Natalie Galluzzo, Fr	17:02.1	D M Roosevelt
153		McKayla Roberts, Jr	17:02.6	Mercy (Ne)
154	148	Kirsten Lundy, Jr	17:03.0	Dallas Center Grimes
155	149	Kaley Hedberg, Sr	17:04.2	Eastview (Mn)
156	150	Cassidy Christopher, Fr	17:05.0	Cedar Falls
157	151	Isabelle Bauers, 8	17:05.3	S F Roosevelt (Sd)
158	152	Anna Kindel, Jr	17:05.6	Wichita North (Ks)
159	153	Tate Powers, Fr	17:05.7	Gilbert

160		Diana Lado, Fr	17:06.4	North Star (Ne)
161	154	Mandi Miles, Jr	17:06.8	Monticello
162	155	Rachel Perry, Sr	17:07.5	Linn-Mar
163	156	Mandi Brown, Sr	17:08.7	Valley
164	157	Alyssa Yarbrough, Jr	17:09.0	Blue Valley S W (Ks)
165	158	Bethany Pearson, Jr	17:09.3	S F Roosevelt (Sd)
166	159	Alyssa Bierwagen, Fr	17:09.5	S F Roosevelt (Sd)
167	160	McKenzie Mellecker, Jr	17:10.0	I C West
168	161	Payton Reaves, So	17:10.6	Wichita North (Ks)
169	162	Caisha Johnson, Jr	17:10.6	Gilbert
170	163	Brooke Jacobsen, Jr	17:11.5	Dallas Center Grimes
171	164	Hannah Underwood, Fr	17:11.7	Shawnee Miss. S (Ks)
172	165	Gretchen Burchstead, So	17:12.0	Shawnee Miss. N (Ks)
173	166	Loretta Achoki, Sr	17:14.9	Olathe North (Ks)
174	167	Emma Clausen, Fr	17:15.6	Millard North (Ne)
175	168	Anna Rubsam, Sr	17:15.6	C R Prairie
176	169	Izzy Anstaett, Jr	17:15.6	Olathe North (Ks)
177		Genevieve Jesse, Sr	17:15.8	Mercy (Ne)
178	170	Plamann Taylor, Fr	17:16.6	Wichita North (Ks)
179	171	Abby Schmerbach, So	17:17.0	Monticello
180		Dina Lado, So	17:17.2	North Star (Ne)
181	172	Alison Schmidt, So	17:17.2	C R Prairie
182	173	Marissa Evans, So	17:17.5	Wichita North (Ks)
183	174	Hannah Ward, Sr	17:18.2	Shawnee Miss. S (Ks)
184	175	Sarah Meyers, Jr	17:23.3	C R Prairie
185	176	Jenna Iverson, So	17:24.8	Ankeny
186		Sydney Sweeter, So	17:28.2	S F Lincoln (Sd)
187	177	Katie Walker, Sr	17:30.3	Bettendorf
188		Pryce Johnson, Fr	17:32.4	D M Hoover
189	178	Mackensie Gustafson, Jr	17:32.6	Pella
190	179	Jennifer Kealey, Sr	17:32.6	Blue Valley S W (Ks)
191	180	Allison Quady, So	17:37.2	Eastview (Mn)
192	181	Amanda Creason, Sr	17:37.8	Blue Valley S W (Ks)
193		Bethany Swanson, Jr	17:38.4	D M Hoover
194		Ann Krause, So	17:38.7	Mercy (Ne)
195	182	Sydney Hedberg, So	17:40.2	Eastview (Mn)
196	183	Taylor Walters, Sr	17:41.4	Olathe North (Ks)
197	184	Jazmin Williams, So	17:45.3	Shawnee Miss. N (Ks)
198	185	Emma Degen, Fr	17:45.5	Valley
199	186	Taylor Caniglia, So	17:48.1	Millard North (Ne)
200	187	Jessica Pugh, So	17:48.5	Dallas Center Grimes
201	188	Madeline Briscoe, Sr	17:49.2	Blue Valley S W (Ks)
202	189	Alison Yancey, Jr	17:49.9	Shawnee Miss. N (Ks)
203	190	Alyssa Buck, Jr	17:55.8	Shawnee Miss. N (Ks)
204	191	Holly Wisnousky, Sr	17:57.5	C R Prairie
205	192	Kayla McFaul, Sr	18:00.5	Wichita North (Ks)
206	193	Lauren McCarthy, Sr	18:01.3	Shawnee Miss. S (Ks)
207	194	Lyndsie Schinkel, Jr	18:03.7	Ankeny
208	195	Yesenia Santillan, Jr	18:04.9	Wichita North (Ks)
209	196	Jacqueline Petersen, Fr	18:07.1	Monticello
210	197	Allie Guerra, So	18:11.0	Millard North (Ne)
211	198	Brett Visser, So	18:17.2	C R Washington
212	199	Olivia Sunlin, So	18:21.7	Monticello
213	200	Mj Kamin, Sr	18:21.7	C R Washington
214	201	Seanna Block, Jr	18:27.1	Millard North (Ne)
215	202	Sydney Stolba, So	18:29.4	C R Prairie
216	203	Elsa Furl, Sr	18:31.5	Millard North (Ne)
217	204	Jaymie Block, Jr	18:33.8	Dallas Center Grimes
218		Ashli Glosser, Jr	18:34.0	North Star (Ne)
219	205	Mandy Hellman, So	18:43.9	C R Prairie
220		Rachel Amann, Fr	18:45.7	D M Hoover
221	206	Mikayla Frye, So	18:47.1	C R Washington

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Return to [home page](#).