

7th Heartland XC Classic Varsity HS Girls 4K**ISU XC Course - Ames, Iowa****Sep. 15, 2012**

60s and light wind

Results by Cal Murdock

[College Women](#)[JV Girls](#)[Var Girls](#)[College Men](#)[JV Boys](#)[Var Boys](#)

Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME SPREAD	
1	Dowling Catholic	70	4	11	12	19	24	34	39	15:10	1:01
2	Linn-Mar	106	1	13	14	25	53	64	91	15:17	1:58
3	Iowa City West	144	2	10	31	44	57	62	123	15:28	1:49
4	Bettendorf	152	9	21	28	33	61	63	84	15:38	1:16
5	Waukee	171	22	23	29	32	65	79	103	15:45	0:49
6	Valley	189	7	15	43	58	66	102	114	15:45	1:27
7	Ames	200	16	17	30	60	77	124	141	15:50	1:04
8	Cedar Falls	205	3	6	48	67	81	99	106	15:37	2:04
9	Johnston	208	18	20	40	47	83	88	120	15:51	1:08
10*	Roosevelt	254	26	27	50	55	96	110		16:02	1:04
11*	Eastview (Mn)	254	8	35	52	54	105	131	132	15:58	1:51
12	Marian (Ne)	316	36	46	59	75	100	101	113	16:15	0:54
13	Ankeny	333	41	69	73	74	76	82	93	16:18	0:32
14	Olathe North (Ks)	369	37	51	70	94	117	136	146	16:24	1:10
15	Fremont (Ne)	400	45	68	80	89	118	134		16:29	1:05
16	Dallas Center-Grimes	404	5	90	98	104	107	115	151	16:19	2:15
17	Millard North (Ne)	482	56	92	95	111	128	135	152	16:45	1:05
18	Pella	500	49	85	87	139	140	142	145	16:54	1:45
19	S F Roosevelt (Sd)	507	38	97	121	122	129	157		16:49	1:27
20	Shawnee Miss. S (Ks)	527	42	109	119	127	130	138	143	16:53	1:24
21	Shawnee Miss. N (Ks)	530	71	72	78	154	155	156		17:13	2:11
22	Indianola	587	108	112	116	125	126	137		17:03	0:23
23	C R Prairie	659	86	133	144	147	149	150	153	17:35	1:34
24	D M Hoover	786	148	158	159	160	161	162	163	19:49	3:33

Incomplete Teams: C R Washington, D M North, S F Lincoln (Sd), Lincoln N Star (Ne)
 Mercy (Ne), Shawnee Miss. Nw (Ks)

[Individuals](#)

PLACE	FINISHER	TIME
1.	Dowling Catholic	
4	Karissa Schweizer, Jr	14:34
11	Grace Gibbons, So	15:08
12	Hannah Thomas, So	15:12
19	Nichole Svendsen, Jr	15:24
24	Vanessa Miller, Sr	15:34
34	Jenny Luksan, Jr	15:46
39	Erin Boggess, Sr	15:54
Total Time = 1:15:50		Total Places = 70

2.	Linn-Mar	
1	Stephanie Jenks, Fr	14:10
13	Rachel Perry, Jr	15:17
14	Amber Decker, Fr	15:17
25	Maddie Saville, So	15:36
53	Morgan Uridil, Jr	16:07
64	Morgan Garcia, Fr	16:17

91 Caitlin Novak, Jr 16:38
 Total Time = 1:16:24 Total Places = 106

3. Iowa City West

2 Ashlynn Yokom, Jr 14:25
 10 Molly Leveille, Sr 15:05
 31 Maria Burch, So 15:43
 44 Emmie Skopec, So 15:56
 57 Emily Starman, Jr 16:14
 62 Pombie Silberman, Sr 16:16
 123 Sofia Mendoza, Jr 17:10
 Total Time = 1:17:20 Total Places = 144

4. Bettendorf

9 Anna Peer, Sr 15:00
 21 Mahnee Watts, Sr 15:29
 28 Abby Sears, So 15:40
 33 Isabella Blackman, Fr 15:46
 61 Megan Nickles, Jr 16:16
 63 Lauren Young, So 16:17
 84 Katee Urbaitis, Jr 16:33
 Total Time = 1:18:08 Total Places = 152

5. Waukee

22 Jenny Brown, Jr 15:30
 23 Kayla Sabotin, Jr 15:32
 29 Rachel Brush, Fr 15:42
 32 Bri Young, So 15:45
 65 Ainslie Horras, Sr 16:18
 79 Taylor Officer, Sr 16:30
 103 Erika Lewis, So 16:46
 Total Time = 1:18:45 Total Places = 171

6. Valley

7 Lydia Saggau, Sr 14:52
 15 Torey Brown, Jr 15:23
 43 Melissa Shepherd, Sr 15:56
 58 Anja Schepp, So 16:14
 66 Maddie Vincent, Sr 16:19
 102 Kara Neustrom, Jr 16:45
 114 Josie Caskey, Jr 16:57
 Total Time = 1:18:42 Total Places = 189

7. Ames

16 Caroline Marnin, So 15:23
 17 Claire Dupuis, Fr 15:24
 30 Payton Boylston, So 15:42
 60 Zoe Sirotiak, So 16:15
 77 Jessica Rehmann, Fr 16:26
 124 Emily Rehmann, Fr 17:11
 141 Bekah May, Sr 17:46
 Total Time = 1:19:09 Total Places = 200

8. Cedar Falls

3 Allison Gregg, Sr 14:28
 6 Brianna King, Sr 14:47
 48 Holly Schmitz, So 16:01
 67 Amanda Fishel, Jr 16:20
 81 Cassy Herkelman, Jr 16:31
 99 Molly Gettman, Jr 16:43
 106 Sophie Mallaro, Jr 16:50
 Total Time = 1:18:05 Total Places = 205

9. Johnston

18 Bailey Eppard, Sr 15:24

20	Jordyn Kleve, So	15:25
40	Kenzie Foldes, Jr	15:55
47	Anna Toot, Fr	16:00
83	Emma Thayer, So	16:32
88	Sandra Kromminga, So	16:35
120	Andrea Renner, Sr	17:05
Total Time = 1:19:13		Total Places = 208

10*. Roosevelt

26	Megan Schott, So	15:37
27	Joy Ihedilonye, Fr	15:40
50	McKenzie Carney, Jr	16:04
55	Elena Hicks, Fr	16:08
96	Elizabeth Fisher, So	16:41
110	Jordan Summers, Jr	16:54
Total Time = 1:20:08		Total Places = 254

11*. Eastview (Mn)

8	Margie Freed, Fr	14:59
35	Brooke Haesemeyer, Sr	15:47
52	Lauren Herland, So	16:05
54	Laura Bestul, Fr	16:08
105	Sydney Hedberg, Fr	16:50
131	Ellie Cardinal, Jr	17:20
132	Jenna Brandel, So	17:20
Total Time = 1:19:48		Total Places = 254

12. Marian (Ne)

36	Sofia Hingorani, Fr	15:51
46	Allison McLeay, Sr	15:58
59	Rosie Gensichen, Jr	16:15
75	Bella Herrera, Fr	16:25
100	Julia Griffin, Fr	16:45
101	Holly Banark, Fr	16:45
113	Annie Gensichen, Jr	16:57
Total Time = 1:21:11		Total Places = 316

13. Ankeny

41	Kate Smith, So	15:55
69	Dana Vogel, Jr	16:21
73	Bri Ross, Jr	16:25
74	Taylor Brown, Fr	16:25
76	Katie Bosch, Jr	16:26
82	Bri Grenier, Jr	16:31
93	Lexi Cain, Fr	16:39
Total Time = 1:21:30		Total Places = 333

14. Olathe North (Ks)

37	Loretta Achoki, Jr	15:52
51	Jami Clay, So	16:04
70	Libby Friesen, Jr	16:22
94	Taylor Walters, Jr	16:40
117	Abby Friesen, Fr	17:01
136	Kelsi McLaughlin, Jr	17:34
146	Izzy Anstaett, So	17:56
Total Time = 1:21:58		Total Places = 369

15. Fremont (Ne)

45	Sydney Voss, Fr	15:57
68	Brooke Fenske, Sr	16:20
80	Joyce Harmon, Sr	16:30
89	Kortlyn Tawney, So	16:36
118	Hannah Love, Sr	17:02
134	Gina Elliott, So	17:26
Total Time = 1:22:23		Total Places = 400

16. Dallas Center-Grimes

5	Madison Waymire, Jr	14:37
90	Sam Liebe, So	16:38
98	Sydnee Hendricks, Jr	16:42
104	Catie Kruse, Jr	16:49
107	Megan Burger, Sr	16:51
115	Heidi Tuttle, Sr	16:57
151	Hannah Hansen, Sr	18:09
Total Time = 1:21:35		Total Places = 404

17. Millard North (Ne)

56	Maddie Cloonan, Sr	16:12
92	Laura Ney, Jr	16:38
95	Allison Wetig, Sr	16:40
111	Sydney O'Daniel, Sr	16:56
128	Devin Grier, Sr	17:17
135	Lexie Deffenbalker, Fr	17:31
152	Kayla Ney, Fr	18:13
Total Time = 1:23:42		Total Places = 482

18. Pella

49	Gabi Meirick, Sr	16:01
85	Abby Fyfe, Jr	16:33
87	Victoria Kleven, Sr	16:35
139	Ashley Kirkland, So	17:36
140	Elizabeth DeWolf, Sr	17:45
142	Sydney Swanson, Jr	17:47
145	Lydia Van Ee, So	17:51
Total Time = 1:24:29		Total Places = 500

19. S F Roosevelt (Sd)

38	Chastin Leikas, Jr	15:52
97	Kiana Hein, Jr	16:42
121	Sydney Kreutzmann, Jr	17:06
122	Megan Loger, Jr	17:07
129	Bethany Pearson, So	17:19
157	Jessica Leat, Sr	19:16
Total Time = 1:24:04		Total Places = 507

20. Shawnee Miss. S (Ks)

42	Lauren McCarthy, Jr	15:55
109	Tessa Osborn, Jr	16:53
119	Molly Warshaw, Sr	17:02
127	Maddie McCarthy, Fr	17:14
130	Rachel North, Sr	17:19
138	Hannah Ward, Jr	17:36
143	Erin Bonifield, Sr	17:48
Total Time = 1:24:22		Total Places = 527

21. Shawnee Miss. N (Ks)

71	Sada Kernodle, So	16:23
72	Micki Krzesinski, Sr	16:24
78	Emily Stava, So	16:29
154	Alyssa Buck, So	18:19
155	Crysta Moon, Jr	18:33
156	Sarah Sanders, Sr	18:37
Total Time = 1:26:05		Total Places = 530

22. Indianola

108	Isabel Engelhardt, So	16:52
112	Allie Elliot, Sr	16:56
116	Paige Nicholson, Fr	16:59
125	Kasey Wiedmaier, Sr	17:13
126	Darby Hulen, Sr	17:14

137 Morgan Vanderpool, Sr 17:35
 Total Time = 1:25:12 Total Places = 587

23. C R Prairie

86 Beth Heims, Sr 16:34
 133 Madeline Rainey, Sr 17:20
 144 Anna Rubsam, Jr 17:49
 147 Hope Steimel, So 18:02
 149 Sarah Meyers, So 18:08
 150 Abby Rubsam, Jr 18:09
 153 Holly Wisnousky, Jr 18:16
 Total Time = 1:27:52 Total Places = 659

24. D M Hoover

148 Bethany Swanson, So 18:05
 158 Riley Mortenson, Sr 19:19
 159 Julie Penton, Jr 19:29
 160 Erin Atchison, So 20:35
 161 Kaitlin Math, So 21:38
 162 Jessica Shields, Jr 21:53
 163 Emma Miller, Jr 22:27
 Total Time = 1:39:02 Total Places = 786

PLACE	SCORE	FINISHER	TIME	TEAM
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[Top](#)

1	1	Stephanie Jenks, Fr	14:10	Linn-Mar
2		Jeralyn Poe, So	14:24	Lincoln N Star (Ne)
3	2	Ashlynn Yokom, Jr	14:25	Iowa City West
4	3	Allison Gregg, Sr	14:28	Cedar Falls
5	4	Karissa Schweizer, Jr	14:34	Dowling Catholic
6	5	Madison Waymire, Jr	14:37	Dallas Center-Grimes
7	6	Brianna King, Sr	14:47	Cedar Falls
8		McKenzie Iverson, Sr	14:49	Shawnee Miss. Nw (Ks)
9	7	Lydia Saggau, Sr	14:52	Valley
10		Katie Patrick, 8	14:54	S F Lincoln (Sd)
11		Shannon Gorman, Jr	14:56	C R Washington
12	8	Margie Freed, Fr	14:59	Eastview (Mn)
13	9	Anna Peer, Sr	15:00	Bettendorf
14	10	Molly Leveille, Sr	15:05	Iowa City West
15	11	Grace Gibbons, So	15:08	Dowling Catholic
16	12	Hannah Thomas, So	15:12	Dowling Catholic
17	13	Rachel Perry, Jr	15:17	Linn-Mar
18	14	Amber Decker, Fr	15:17	Linn-Mar
19	15	Torey Brown, Jr	15:23	Valley
20	16	Caroline Marnin, So	15:23	Ames
21	17	Claire Dupuis, Fr	15:24	Ames
22	18	Bailey Eppard, Sr	15:24	Johnston
23	19	Nichole Svendsen, Jr	15:24	Dowling Catholic
24	20	Jordyn Kleve, So	15:25	Johnston
25	21	Mahnee Watts, Sr	15:29	Bettendorf
26	22	Jenny Brown, Jr	15:30	Waukee
27		Roberts McKayla, So	15:30	Mercy (Ne)
28	23	Kayla Sabotin, Jr	15:32	Waukee
29	24	Vanessa Miller, Sr	15:34	Dowling Catholic
30	25	Maddie Saville, So	15:36	Linn-Mar
31	26	Megan Schott, So	15:37	Roosevelt
32	27	Joy Ihedilonye, Fr	15:40	Roosevelt
33	28	Abby Sears, So	15:40	Bettendorf
34	29	Rachel Brush, Fr	15:42	Waukee
35	30	Payton Boylston, So	15:42	Ames
36	31	Maria Burch, So	15:43	Iowa City West
37	32	Bri Young, So	15:45	Waukee
38	33	Isabella Blackman, Fr	15:46	Bettendorf

39	34	Jenny Luksan, Jr	15:46	Dowling Catholic
40	35	Brooke Haesemeyer, Sr	15:47	Eastview (Mn)
41		Madeleine Randall, Sr	15:51	Mercy (Ne)
42	36	Sofia Hingorani, Fr	15:51	Marian (Ne)
43	37	Loretta Achoki, Jr	15:52	Olathe North (Ks)
44	38	Chastin Leikas, Jr	15:52	S F Roosevelt (Sd)
45	39	Erin Boggess, Sr	15:54	Dowling Catholic
46	40	Kenzie Foldes, Jr	15:55	Johnston
47	41	Kate Smith, So	15:55	Ankeny
48	42	Lauren McCarthy, Jr	15:55	Shawnee Miss. S (Ks)
49		Katie Nelson, Sr	15:55	Shawnee Miss. Nw (Ks)
50	43	Melissa Shepherd, Sr	15:56	Valley
51		Hattie Seten, Fr	15:56	S F Lincoln (Sd)
52	44	Emmie Skopec, So	15:56	Iowa City West
53	45	Sydney Voss, Fr	15:57	Fremont (Ne)
54	46	Allison McLeay, Sr	15:58	Marian (Ne)
55	47	Anna Toot, Fr	16:00	Johnston
56	48	Holly Schmitz, So	16:01	Cedar Falls
57	49	Gabi Meirick, Sr	16:01	Pella
58	50	McKenzie Carney, Jr	16:04	Roosevelt
59	51	Jami Clay, So	16:04	Olathe North (Ks)
60	52	Lauren Herland, So	16:05	Eastview (Mn)
61	53	Morgan Uridil, Jr	16:07	Linn-Mar
62	54	Laura Bestul, Fr	16:08	Eastview (Mn)
63	55	Elena Hicks, Fr	16:08	Roosevelt
64		Michaela Randal, Sr	16:11	Mercy (Ne)
65		Artz Erin, Sr	16:11	Mercy (Ne)
66	56	Maddie Cloonan, Sr	16:12	Millard North (Ne)
67	57	Emily Starman, Jr	16:14	Iowa City West
68	58	Anja Schepp, So	16:14	Valley
69	59	Rosie Gensichen, Jr	16:15	Marian (Ne)
70	60	Zoe Sirotiak, So	16:15	Ames
71	61	Megan Nickles, Jr	16:16	Bettendorf
72	62	Pombie Silvberman, Sr	16:16	Iowa City West
73	63	Lauren Young, So	16:17	Bettendorf
74	64	Morgan Garcia, Fr	16:17	Linn-Mar
75	65	Ainslie Horras, Sr	16:18	Waukee
76	66	Maddie Vincent, Sr	16:19	Valley
77	67	Amanda Fishel, Jr	16:20	Cedar Falls
78	68	Brooke Fenske, Sr	16:20	Fremont (Ne)
79	69	Dana Vogel, Jr	16:21	Ankeny
80	70	Libby Friesen, Jr	16:22	Olathe North (Ks)
81	71	Sada Kernodle, So	16:23	Shawnee Miss. N (Ks)
82	72	Micki Krzesinski, Sr	16:24	Shawnee Miss. N (Ks)
83	73	Bri Ross, Jr	16:25	Ankeny
84	74	Taylor Brown, Fr	16:25	Ankeny
85	75	Bella Herrera, Fr	16:25	Marian (Ne)
86	76	Katie Bosch, Jr	16:26	Ankeny
87	77	Jessica Rehmann, Fr	16:26	Ames
88	78	Emily Stava, So	16:29	Shawnee Miss. N (Ks)
89	79	Taylor Officer, Sr	16:30	Waukee
90	80	Joyce Harmon, Sr	16:30	Fremont (Ne)
91	81	Cassy Herkelman, Jr	16:31	Cedar Falls
92	82	Bri Grenier, Jr	16:31	Ankeny
93	83	Emma Thayer, So	16:32	Johnston
94	84	Katee Urbaitis, Jr	16:33	Bettendorf
95	85	Abby Fyfe, Jr	16:33	Pella
96	86	Beth Heims, Sr	16:34	C R Prairie
97	87	Victoria Kleven, Sr	16:35	Pella
98	88	Sandra Kromminga, So	16:35	Johnston
99	89	Kortlyn Tawney, So	16:36	Fremont (Ne)
100	90	Sam Liebe, So	16:38	Dallas Center-Grimes
101	91	Caitlin Novak, Jr	16:38	Linn-Mar
102	92	Laura Ney, Jr	16:38	Millard North (Ne)
103	93	Lexi Cain, Fr	16:39	Ankeny

104	94	Taylor Walters, Jr	16:40	Olathe North (Ks)
105	95	Allison Wetig, Sr	16:40	Millard North (Ne)
106	96	Elizabeth Fisher, So	16:41	Roosevelt
107	97	Kiana Hein, Jr	16:42	S F Roosevelt (Sd)
108	98	Sydnee Hendricks, Jr	16:42	Dallas Center-Grimes
109	99	Molly Gettman, Jr	16:43	Cedar Falls
110	100	Julia Griffin, Fr	16:45	Marian (Ne)
111	101	Holly Banark, Fr	16:45	Marian (Ne)
112	102	Kara Neustrom, Jr	16:45	Valley
113	103	Erika Lewis, So	16:46	Waukee
114	104	Catie Kruse, Jr	16:49	Dallas Center-Grimes
115	105	Sydney Hedberg, Fr	16:50	Eastview (Mn)
116	106	Sophie Mallaro, Jr	16:50	Cedar Falls
117	107	Megan Burger, Sr	16:51	Dallas Center-Grimes
118	108	Isabel Engelhardt, So	16:52	Indianola
119	109	Tessa Osborn, Jr	16:53	Shawnee Miss. S (Ks)
120	110	Jordan Summers, Jr	16:54	Roosevelt
121	111	Sydney O'Daniel, Sr	16:56	Millard North (Ne)
122	112	Allie Elliot, Sr	16:56	Indianola
123	113	Annie Gensichen, Jr	16:57	Marian (Ne)
124	114	Josie Caskey, Jr	16:57	Valley
125	115	Heidi Tuttle, Sr	16:57	Dallas Center-Grimes
126	116	Paige Nicholson, Fr	16:59	Indianola
127	117	Abby Friesen, Fr	17:01	Olathe North (Ks)
128	118	Hannah Love, Sr	17:02	Fremont (Ne)
129	119	Molly Warshaw, Sr	17:02	Shawnee Miss. S (Ks)
130	120	Andrea Renner, Sr	17:05	Johnston
131	121	Sydney Kreutzmann, Jr	17:06	S F Roosevelt (Sd)
132	122	Megan Loger, Jr	17:07	S F Roosevelt (Sd)
133		Sydney Sweeter, Fr	17:09	S F Lincoln (Sd)
134	123	Sofia Mendoza, Jr	17:10	Iowa City West
135	124	Emily Rehmann, Fr	17:11	Ames
136	125	Kasey Wiedmaier, Sr	17:13	Indianola
137	126	Darby Hulén, Sr	17:14	Indianola
138	127	Maddie McCarthy, Fr	17:14	Shawnee Miss. S (Ks)
139	128	Devin Grier, Sr	17:17	Millard North (Ne)
140	129	Bethany Pearson, So	17:19	S F Roosevelt (Sd)
141	130	Rachel North, Sr	17:19	Shawnee Miss. S (Ks)
142	131	Ellie Cardinal, Jr	17:20	Eastview (Mn)
143	132	Jenna Brandel, So	17:20	Eastview (Mn)
144	133	Madeline Rainey, Sr	17:20	C R Prairie
145	134	Gina Elliott, So	17:26	Fremont (Ne)
146	135	Lexie Deffenbalker, Fr	17:31	Millard North (Ne)
147	136	Kelsi McLaughlin, Jr	17:34	Olathe North (Ks)
148	137	Morgan Vanderpool, Sr	17:35	Indianola
149	138	Hannah Ward, Jr	17:36	Shawnee Miss. S (Ks)
150	139	Ashley Kirkland, So	17:36	Pella
151		Ashley Lortscher, Jr	17:38	S F Lincoln (Sd)
152	140	Elizabeth DeWolf, Sr	17:45	Pella
153	141	Bekah May, Sr	17:46	Ames
154	142	Sydney Swanson, Jr	17:47	Pella
155	143	Erin Bonifield, Sr	17:48	Shawnee Miss. S (Ks)
156	144	Anna Rubsam, Jr	17:49	C R Prairie
157	145	Lydia Van Ee, So	17:51	Pella
158	146	Izzy Anstaett, So	17:56	Olathe North (Ks)
159	147	Hope Steimel, So	18:02	C R Prairie
160	148	Bethany Swanson, So	18:05	D M Hoover
161	149	Sarah Meyers, So	18:08	C R Prairie
162	150	Abby Rubsam, Jr	18:09	C R Prairie
163	151	Hannah Hansen, Sr	18:09	Dallas Center-Grimes
164	152	Kayla Ney, Fr	18:13	Millard North (Ne)
165	153	Holly Wisnousky, Jr	18:16	C R Prairie
166	154	Alyssa Buck, So	18:19	Shawnee Miss. N (Ks)
167	155	Crysta Moon, Jr	18:33	Shawnee Miss. N (Ks)
168	156	Sarah Sanders, Sr	18:37	Shawnee Miss. N (Ks)

169	157	Jessica Leat, Sr	19:16	S F Roosevelt (Sd)
170	158	Riley Mortenson, Sr	19:19	D M Hoover
171	159	Julie Penton, Jr	19:29	D M Hoover
172	160	Erin Atchison, So	20:35	D M Hoover
173		Karen Granados, 9	20:54	D M North
174		Candy Granados, Sr	21:14	D M North
175	161	Kaitlin Math, So	21:38	D M Hoover
176	162	Jessica Shields, Jr	21:53	D M Hoover
177		Sofia Rossi, 9	22:09	D M North
178	163	Emma Miller, Jr	22:27	D M Hoover
179		Dessy Arce, Sr	23:39	D M North

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