

2016 Region XI Championships Women

Mason City (Hosted by NIACC)

Oct. 29, 2016

58 partly cloudy; 10 mph wind

Results by Iowa Central Cross Country

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

[Click here](#) for data on men

[Click here](#) for data on Men

Last updated Oct. 29, 2016 11:49 AM

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME SPREAD	
1	Iowa Central Cc	17	1	2	3	5	6	9	11	18:42.7	1:59.3
2	Iowa Western Cc	64	4	7	14	16	23	24	25	20:24.0	2:49.8
3	North Iowa Area Cc	95	12	17	18	22	26			21:22.6	1:50.3
4	Indian Hills Cc	107	13	15	20	29	30	31	32	21:43.0	2:43.2
5	Des Moines Area Cc	126	8	21	27	34	36	40	41	22:23.0	4:03.6
6	Southwestern Cc	139	10	19	33	35	42	44		22:57.6	5:14.5
7	Iowa Lakes Cc	185	28	37	38	39	43			24:41.6	4:27.8

Incomplete Teams: Scott Cc

[Individuals](#)

PLACE	FINISHER	TIME	PACE
1.	Iowa Central Cc		
1	Leanne Pompeani	17:36.9	5:41
2	Agnes Mansaray	18:23.1	5:56
3	Aaliyah Regg Wajid	18:32.3	5:59
5	Maddie Bach	19:25.0	6:16
6	Abby Gawthorp	19:36.2	6:19

9	Sierra Stucky	20:03.0	6:28
11	Naomi Alvarez	20:16.4	6:32
Total Time = 93:33.5		Total Places = 17	

2. Iowa Western Cc

4	Shanieke Watson	18:56.0	6:06
7	Ariat Olok	19:49.6	6:24
14	Taylor Valentine	20:24.3	6:35
16	Purity Chebet	21:04.0	6:48
23	Jamie Goblirsch	21:45.8	7:01
24	Hayley Wagner	21:52.8	7:03
25	Paige Baier	21:58.7	7:05
Total Time = 101:59.7		Total Places = 64	

3. North Iowa Area Cc

12	Kendra Schmidt	20:18.9	6:33
17	Amy Fullerton	21:18.7	6:52
18	Keisha Gonzague	21:22.7	6:54
22	Guadalupe Diaz	21:43.2	7:00
26	Cassandra Bonsall	22:09.2	7:09
Total Time = 106:52.7		Total Places = 95	

4. Indian Hills Cc

13	aryka parsons	20:22.5	6:34
15	Courtney Hann	20:49.1	6:43
20	Amanda Wakelin	21:31.2	6:57
29	emily flaige	22:46.3	7:21
30	kelsey maize	23:05.7	7:27
31	Raquel Contreras	23:13.6	7:30
32	Emelia Keith	23:25.8	7:33
Total Time = 108:34.8		Total Places = 107	

5. Des Moines Area Cc

8	Maeghan Easler	20:02.6	6:28
21	Molly Eyerly	21:36.3	6:58
27	Chasity Moody	22:13.5	7:10
34	Ashley Kallas	23:56.4	7:43
36	Jada Wierck	24:06.2	7:47
40	Emma Saddoris	25:03.8	8:05
41	Blaire Benshoof	25:17.3	8:09

Total Time = 111:55.0 Total Places = 126

6. Southwestern Cc

10	Kimberly Zepeda	20:14.2	6:32
19	Alyssa Proffitt	21:25.4	6:55
33	Odette Muziranenge	23:39.3	7:38
35	Jenna Faust	24:00.2	7:45
42	Jasmine Forward	25:28.6	8:13
44	Madison Mace	30:05.6	9:42

Total Time = 114:47.7 Total Places = 139

7. Iowa Lakes Cc

28	Jadin Bezdicek	22:31.8	7:16
37	Kelsey Miller	24:23.6	7:52
38	Chelsea Cave	24:39.8	7:57
39	Charli Miller	24:53.0	8:02
43	Alesha Hanson	26:59.6	8:42

Total Time = 123:27.8 Total Places = 185

TEAM

PLACE	SCORE	FINISHER	TIME	PACE	TEAM
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1	1	Leanne Pompeani	17:36.9	5:41	Iowa Central Cc
2	2	Agnes Mansaray	18:23.1	5:56	Iowa Central Cc

3	3	Aaliyah Regg Wajid	18:32.3	5:59	Iowa Central Cc
Pace: 6:00 7:00 8:00 9:00 10:00 Top					
4	4	Shanieke Watson	18:56.0	6:06	Iowa Western Cc
5	5	Maddie Bach	19:25.0	6:16	Iowa Central Cc
6	6	Abby Gawthorp	19:36.2	6:19	Iowa Central Cc
7	7	Ariat Olok	19:49.6	6:24	Iowa Western Cc
8	8	Maeghan Easler	20:02.6	6:28	Des Moines Area Cc
9	9	Sierra Stucky	20:03.0	6:28	Iowa Central Cc
10	10	Kimberly Zepeda	20:14.2	6:32	Southwestern Cc
11	11	Naomi Alvarez	20:16.4	6:32	Iowa Central Cc
12		Katy Pfile	20:17.8	6:33	Iowa Central Cc
13	12	Kendra Schmidt	20:18.9	6:33	North Iowa Area Cc
14	13	aryka parsons	20:22.5	6:34	Indian Hills Cc
15		Natalie Lawton	20:23.4	6:35	Scott Cc
16	14	Taylor Valentine	20:24.3	6:35	Iowa Western Cc
17		Tea Rodriguez	20:29.6	6:37	Iowa Central Cc
18		Belle Rodriguez	20:41.9	6:41	Iowa Central Cc
19	15	Courtney Hann	20:49.1	6:43	Indian Hills Cc
20		Kenzie Alberts	20:55.6	6:45	Iowa Central Cc
21	16	Purity Chebet	21:04.0	6:48	Iowa Western Cc
22		Chelsea Kopp	21:10.6	6:50	Scott Cc
23	17	Amy Fullerton	21:18.7	6:52	North Iowa Area Cc
24	18	Keisha Gonzague	21:22.7	6:54	North Iowa Area Cc
25	19	Alyssa Proffitt	21:25.4	6:55	Southwestern Cc
26	20	Amanda Wakelin	21:31.2	6:57	Indian Hills Cc
27	21	Molly Eyerly	21:36.3	6:58	Des Moines Area Cc
Pace: 6:00 7:00 8:00 9:00 10:00 Top					
28	22	Guadalupe Diaz	21:43.2	7:00	North Iowa Area Cc
29	23	Jamie Goblirsch	21:45.8	7:01	Iowa Western Cc
30	24	Hayley Wagner	21:52.8	7:03	Iowa Western Cc
31	25	Paige Baier	21:58.7	7:05	Iowa Western Cc
32	26	Cassandra Bonsall	22:09.2	7:09	North Iowa Area Cc
33	27	Chasity Moody	22:13.5	7:10	Des Moines Area Cc

34	28	Jadin Bezdicek	22:31.8	7:16	Iowa Lakes Cc
35		Olivia Russo	22:37.6	7:18	Iowa Western Cc
36	29	emily flaige	22:46.3	7:21	Indian Hills Cc
37	30	kelsey maize	23:05.7	7:27	Indian Hills Cc
38	31	Raquel Contreras	23:13.6	7:30	Indian Hills Cc
39	32	Emelia Keith	23:25.8	7:33	Indian Hills Cc
40	33	Odette Muziranenge	23:39.3	7:38	Southwestern Cc
41	34	Ashley Kallas	23:56.4	7:43	Des Moines Area Cc
42		Hetasvi Patel	23:57.4	7:44	Iowa Western Cc
43	35	Jenna Faust	24:00.2	7:45	Southwestern Cc
44		Cecilia Adamski	24:05.2	7:46	Scott Cc
45	36	Jada Wierck	24:06.2	7:47	Des Moines Area Cc
46	37	Kelsey Miller	24:23.6	7:52	Iowa Lakes Cc
47	38	Chelsea Cave	24:39.8	7:57	Iowa Lakes Cc

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [Top](#)

48	39	Charli Miller	24:53.0	8:02	Iowa Lakes Cc
49	40	Emma Saddoris	25:03.8	8:05	Des Moines Area Cc
50	41	Blaire Benschopf	25:17.3	8:09	Des Moines Area Cc
51	42	Jasmine Forward	25:28.6	8:13	Southwestern Cc
52		Bailey Matthaidess	25:50.1	8:20	Iowa Central Cc
53		Megan DeArmond	26:03.3	8:24	Scott Cc
54	43	Alesha Hanson	26:59.6	8:42	Iowa Lakes Cc
55		Billi Jo Henkelman	27:19.8	8:49	Des Moines Area Cc
56		Isabel Gaspar	27:34.3	8:54	Indian Hills Cc

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [Top](#)

57	44	Madison Mace	30:05.6	9:42	Southwestern Cc
58		Holly McCoy	30:52.7	9:58	Indian Hills Cc

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [Top](#)

59		Amy Olsen	31:01.9	10:01	Des Moines Area Cc
60		Kelly Anderson	32:40.5	10:32	Des Moines Area Cc

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