

# 2017 RCC Run the Woods

## Four Mile Trail Run

### Overall Finish List

November 04, 2017

Results by [The Open Road Chip Timing](#) [The Open Road Chip Timing](#)

| <u>Trail Race</u> |                    | <u>Pull ups - adjusted time</u> |               |            |            |                  | Time        | Total       |             |
|-------------------|--------------------|---------------------------------|---------------|------------|------------|------------------|-------------|-------------|-------------|
| <u>Place</u>      | <u>Name</u>        | <u>Team</u>                     | <u>Bib No</u> | <u>Age</u> | <u>Gen</u> | <u>Age Group</u> | <u>Back</u> | <u>Time</u> | <u>Pace</u> |
| 1                 | Quinton Orr        |                                 | 329           | 15         | M          | 1 15-19          |             | 26:43       | 6:41/M      |
| 2                 | Marty Dalton       | RCC Racers                      | 355           | 40         | M          | 1 40-44          | 0:45        | 27:28       | 6:52/M      |
| 3                 | Jacob Kaemmer      | RCC Racers                      | 356           | 40         | M          | 2 40-44          | 1:28        | 28:11       | 7:03/M      |
| 4                 | Joseph Kunert      |                                 | 326           | 17         | M          | 2 15-19          | 1:54        | 28:37       | 7:09/M      |
| 5                 | Tyler Hostetler    |                                 | 303           | 38         | M          | 1 35-39          | 2:07        | 28:50       | 7:13/M      |
| 6                 | Randall Stanford   |                                 | 306           | 40         | M          | 3 40-44          | 4:21        | 31:04       | 7:46/M      |
| 7                 | Payton Boyle       | Boyle                           | 376           | 18         | M          | 3 15-19          | 5:21        | 32:04       | 8:01/M      |
| 8                 | Jason Hahn         |                                 | 301           | 47         | M          | 1 45-49          | 5:29        | 32:12       | 8:03/M      |
| 9                 | Jesse Tibodeau     |                                 | 305           | 43         | M          | 4 40-44          | 6:14        | 32:57       | 8:14/M      |
| 10                | Bruce Huckfeldt    |                                 | 315           | 37         | M          | 2 35-39          | 6:18        | 33:01       | 8:15/M      |
| 11                | Bob Kohls          |                                 | 308           | 54         | M          | 1 50-54          | 6:56        | 33:39       | 8:25/M      |
| 12                | Brad Springer      |                                 | 302           | 53         | M          | 2 50-54          | 7:05        | 33:48       | 8:27/M      |
| 13                | Kasi Hatfield      |                                 | 352           | 34         | F          | 1 30-34          | 7:06        | 33:49       | 8:27/M      |
| 14                | Ben Weers          |                                 | 343           | 42         | M          | 5 40-44          | 7:50        | 34:33       | 8:38/M      |
| 15                | Shanda Christensen |                                 | 383           | 30         | F          | 2 30-34          | 8:30        | 35:13       | 8:48/M      |
| 16                | Mason Zimmerman    | Beef Stew                       | 374           | 24         | M          | 1 20-24          | 9:17        | 36:00       | 9:00/M      |
| 17                | Tom Heuer          |                                 | 314           | 60         | M          | 1 60-64          | 9:40        | 36:23       | 9:06/M      |
| 18                | Isaac Forristall   | No Na Me                        | 347           | 12         | M          | 1 0-14           | 10:07       | 36:50       | 9:13/M      |
| 19                | Brian Stewart      |                                 | 323           | 45         | M          | 2 45-49          | 10:15       | 36:58       | 9:15/M      |
| 20                | Heather Davis      |                                 | 367           | 41         | F          | 1 40-44          | 10:44       | 37:27       | 9:22/M      |
| 21                | Les Fuller         | RCC Racers                      | 334           | 46         | M          | 3 45-49          | 10:51       | 37:34       | 9:24/M      |
| 22                | Grace Worlie       |                                 | 311           | 19         | F          | 1 15-19          | 11:35       | 38:18       | 9:35/M      |
| 23                | ZACH BRUCE         |                                 | 385           | 31         | M          | 1 30-34          | 12:00       | 38:43       | 9:41/M      |
| 24                | Joe Ory            | Beef Stew                       | 375           | 26         | M          | 1 25-29          | 12:13       | 38:56       | 9:44/M      |
| 25                | Kenson Fuller      | RCC Generation 3                | 339           | 14         | M          | 2 0-14           | 12:35       | 39:18       | 9:50/M      |
| 26                | Lynn Boyle         | Boyle                           | 377           | 48         | M          | 4 45-49          | 12:37       | 39:20       | 9:50/M      |
| 27                | Cali Trygstad      |                                 | 332           | 12         | F          | 1 0-14           | 13:01       | 39:44       | 9:56/M      |
| 28                | Tom Trygstad       |                                 | 331           | 45         | M          | 5 45-49          | 13:01       | 39:44       | 9:56/M      |
| 29                | Michael Morrison   |                                 | 358           | 60         | M          | 2 60-64          | 13:03       | 39:46       | 9:57/M      |
| 30                | Braden Menz        |                                 | 359           | 14         | M          | 3 0-14           | 13:04       | 39:47       | 9:57/M      |
| 31                | Kim Stewart        |                                 | 322           | 49         | F          | 1 45-49          | 13:20       | 40:03       | 10:01/M     |
| 32                | Mike Richardson    |                                 | 360           | 42         | M          | 6 40-44          | 13:29       | 40:12       | 10:03/M     |
| 33                | Addisen Boyle      | Boyle                           | 379           | 15         | F          | 2 15-19          | 13:39       | 40:22       | 10:06/M     |
| 34                | Cameron Terry      |                                 | 391           | 16         | M          | 4 15-19          | 13:40       | 40:23       | 10:06/M     |

|    |                   |                  |     |    |   |          |       |         |         |
|----|-------------------|------------------|-----|----|---|----------|-------|---------|---------|
| 35 | Sydney Boyle      | Boyle            | 378 | 23 | F | 1 20-24  | 13:53 | 40:36   | 10:09/M |
| 36 | Michael Zimmerman |                  | 380 | 33 | M | 2 30-34  | 14:31 | 41:14   | 10:19/M |
| 37 | Allison Orr       |                  | 328 | 42 | F | 2 40-44  | 15:05 | 41:48   | 10:27/M |
| 38 | Matt Kapustka     |                  | 325 | 14 | M | 4 0-14   | 15:33 | 42:16   | 10:34/M |
| 39 | Rick Hagen        |                  | 346 | 66 | M | 1 65-69  | 15:49 | 42:32   | 10:38/M |
| 40 | Barbara Bacon     |                  | 363 | 43 | F | 3 40-44  | 16:03 | 42:46   | 10:42/M |
| 41 | Dusky Terry       |                  | 312 | 42 | M | 7 40-44  | 16:05 | 42:48   | 10:42/M |
| 42 | Paul James        |                  | 340 | 64 | M | 3 60-64  | 16:19 | 43:02   | 10:46/M |
| 43 | Rick Kapustka     |                  | 324 | 43 | M | 8 40-44  | 16:25 | 43:08   | 10:47/M |
| 44 | Paul Forristall   | No Na Me         | 366 | 43 | M | 9 40-44  | 16:36 | 43:19   | 10:50/M |
| 45 | Grant Fuller      | RCC Generation 3 | 338 | 15 | M | 5 15-19  | 17:49 | 44:32   | 11:08/M |
| 46 | Sidney Weers      |                  | 344 | 14 | F | 2 0-14   | 18:54 | 45:37   | 11:24/M |
| 47 | Brad Myers        |                  | 365 | 46 | M | 6 45-49  | 19:03 | 45:46   | 11:27/M |
| 48 | Stacy Picard      |                  | 364 | 42 | F | 4 40-44  | 19:25 | 46:08   | 11:32/M |
| 49 | George Meinecke   |                  | 316 | 55 | M | 1 55-59  | 19:26 | 46:09   | 11:32/M |
| 50 | Tess Ory          | Beef Stew        | 373 | 43 | F | 5 40-44  | 19:43 | 46:26   | 11:37/M |
| 51 | Jacob Welchans    |                  | 304 | 41 | M | 10 40-44 | 19:44 | 46:27   | 11:37/M |
| 52 | Todd Weber        |                  | 362 | 54 | M | 3 50-54  | 20:03 | 46:46   | 11:42/M |
| 53 | Kristina Bruce    |                  | 384 | 30 | F | 3 30-34  | 20:17 | 47:00   | 11:45/M |
| 54 | Phil Algreen      |                  | 392 | 60 | M | 4 60-64  | 20:18 | 47:01   | 11:45/M |
| 55 | Connie Terry      |                  | 313 | 41 | F | 6 40-44  | 20:25 | 47:08   | 11:47/M |
| 56 | Derek Hatfield    |                  | 351 | 34 | M | 3 30-34  | 20:42 | 47:25   | 11:51/M |
| 57 | Carrie Spencer    |                  | 361 | 47 | F | 2 45-49  | 20:45 | 47:28   | 11:52/M |
| 58 | Eron Welchans     |                  | 321 | 43 | M | 11 40-44 | 20:47 | 47:30   | 11:53/M |
| 59 | Mary Rasmusen     |                  | 342 | 60 | F | 1 60-64  | 20:51 | 47:34   | 11:54/M |
| 60 | Isaac Forristall  | No Na Me         | 348 | 41 | F | 7 40-44  | 20:58 | 47:41   | 11:55/M |
| 61 | Samantha Fuller   | RCC Generation 3 | 336 | 19 | F | 3 15-19  | 22:41 | 49:24   | 12:21/M |
| 62 | Chris Egger       |                  | 382 | 50 | M | 4 50-54  | 22:53 | 49:36   | 12:24/M |
| 63 | Nancy McNamara    |                  | 333 | 49 | F | 3 45-49  | 23:17 | 50:00   | 12:30/M |
| 64 | Samantha Weers    |                  | 345 | 11 | F | 3 0-14   | 23:24 | 50:07   | 12:32/M |
| 65 | Lindsey Mutchler  | Beef Stew        | 372 | 32 | F | 4 30-34  | 24:07 | 50:50   | 12:43/M |
| 66 | Dave Wolz         |                  | 357 | 63 | M | 5 60-64  | 24:58 | 51:41   | 12:55/M |
| 67 | Mary Bruce        |                  | 353 | 57 | F | 1 55-59  | 26:40 | 53:23   | 13:21/M |
| 68 | April Gunderson   |                  | 369 | 39 | F | 1 35-39  | 27:21 | 54:04   | 13:31/M |
| 69 | Melissa Barton    |                  | 368 | 46 | F | 4 45-49  | 27:21 | 54:04   | 13:31/M |
| 70 | Monty Button      |                  | 371 | 56 | M | 2 55-59  | 28:01 | 54:44   | 13:41/M |
| 71 | Greta McNair      |                  | 381 | 35 | F | 2 35-39  | 28:05 | 54:48   | 13:42/M |
| 72 | Roselaure Fuller  | RCC Generation 3 | 337 | 16 | F | 4 15-19  | 29:26 | 56:09   | 14:02/M |
| 73 | Kindra Gauller    |                  | 390 | 25 | F | 1 25-29  | 30:19 | 57:02   | 14:16/M |
| 74 | Michelle Hammon   |                  | 388 | 30 | F | 5 30-34  | 30:20 | 57:03   | 14:16/M |
| 75 | Alex Algnea       |                  | 389 | 31 | F | 6 30-34  | 30:20 | 57:03   | 14:16/M |
| 76 | Eugene Rasmusen   |                  | 341 | 70 | M | 1 70-99  | 30:40 | 57:23   | 14:21/M |
| 77 | Tracey Fuller     | RCC Racers       | 335 | 46 | F | 5 45-49  | 30:41 | 57:24   | 14:21/M |
| 78 | Mya Bond          |                  | 310 | 9  | F | 4 0-14   | 32:36 | 59:19   | 14:50/M |
| 79 | Wyitt Belgarde    |                  | 354 | 9  | M | 5 0-14   | 32:36 | 59:19   | 14:50/M |
| 80 | Sarah Bond        |                  | 309 | 40 | F | 8 40-44  | 33:06 | 59:49   | 14:57/M |
| 81 | Kelsey Cooper     |                  | 319 | 14 | F | 5 0-14   | 33:45 | 1:00:28 | 15:07/M |

|    |                   |     |    |   |    |       |       |         |         |
|----|-------------------|-----|----|---|----|-------|-------|---------|---------|
| 82 | Logan Cooper      | 318 | 12 | F | 6  | 0-14  | 34:59 | 1:01:42 | 15:26/M |
| 83 | Sarah Cooper      | 317 | 45 | F | 6  | 45-49 | 34:59 | 1:01:42 | 15:26/M |
| 84 | Dave Orr          | 327 | 43 | M | 12 | 40-44 | 35:50 | 1:02:33 | 15:38/M |
| 85 | Joslyn Orr        | 330 | 11 | F | 7  | 0-14  | 35:50 | 1:02:33 | 15:38/M |
| 86 | Alvin Ravenscroft | 349 | 84 | M | 2  | 70-99 | 37:14 | 1:03:57 | 15:59/M |
| 87 | Linda Blomme      | 387 | 51 | F | 1  | 50-54 | 43:38 | 1:10:21 | 17:35/M |
| 88 | Bob Blommz        | 386 | 54 | M | 5  | 50-54 | 43:38 | 1:10:21 | 17:35/M |
| 89 | Becky Button      | 370 | 57 | F | 2  | 55-59 | 47:00 | 1:13:43 | 18:26/M |
| 90 | Hilary Sawyers    | 307 | 35 | F | 3  | 35-39 | 55:30 | 1:22:13 | 20:33/M |

Return to [home page](#)

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