

Pocahontas Area Cross Country Invitational
Pocahontas, IA
September 30, 2017

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	Emmetsburg	40	2	4	5	12	17	23	35	1:49:29.92	21:53.99	
2	Alta-Aurelia	50	6	7	10	13	14	20	22	1:51:07.52	22:13.51	
3	Pocahontas Area	75	1	9	15	21	29			1:53:24.64	22:40.93	
4	Ridge View	91	3	8	19	30	31	33	40	1:55:11.92	23:02.39	
5	Southeast Valley	120	11	18	27	28	36	37	39	1:59:41.57	23:56.32	
6	South Central Calhoun	123	16	24	25	26	32	34	38	1:59:57.86	23:59.57	

Varsity Girls Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Vonnahme, Jill	12	Pocahontas Area	20:25.36	1
2	Brown, Raven	10	Emmetsburg	20:55.54	2
3	Wiese, Katlyn	10	Ridge View	21:01.70	3
4	Janssen, Gabrielle	10	Emmetsburg	21:20.83	4
5	Moline, Maddie	09	Manson Nor	21:32.93	
6	Foxhoven, Hailey	10	Emmetsburg	21:38.90	5
7	Peterson, Lily	12	Alta-Aurelia	21:48.60	6
8	Fredricksen, Alexa	10	Alta-Aurelia	21:52.82	7
9	Kenny, Rachel	11	Ridge View	22:03.90	8
10	Duitscher, Annika	10	Pocahontas Area	22:04.15	9
11	Turnquist, Alicia	12	Alta-Aurelia	22:07.44	10
12	Jondle, Katara	11	Southeast Valley	22:24.36	11
13	Householder, Isabelle	09	Emmetsburg	22:33.17	12
14	Candelario, Clara	12	Alta-Aurelia	22:37.03	13
15	Meier, Gracie	12	Alta-Aurelia	22:41.63	14
16	Berte, Katie	12	Pocahontas Area	22:48.68	15
17	Stokes, Caitlin	09	South Cent	23:00.34	16
18	Poepppe, Raylene	09	Emmetsburg	23:01.48	17
19	Alphs, Sammy	11	Southeast Valley	23:01.80	18
20	Padavich, Paige	09	Ridge View	23:10.88	19
21	Drenth, Carly	11	Alta-Aurelia	23:13.68	20
22	Fehr, Julia	09	West Bend-Mallard	23:32.80	
23	Berte, Molly	10	Pocahontas Area	23:43.27	21
24	Flaherty, Jessica	11	Alta-Aurelia	23:47.44	22
25	Fischer, Alison	09	Emmetsburg	23:52.33	23
26	Ukena, Lauren	11	South Cent	23:59.54	24
27	Christian, Lily	10	South Cent	24:06.70	25
28	Murley, Alayna	09	South Cent	24:07.03	26
29	True, Alli	11	Southeast Valley	24:07.34	27
30	Hemmestad, Emily	09	Southeast Valley	24:09.70	28
31	Sommerlot, Josie	10	Pocahontas Area	24:23.18	29
32	Wuschel, Macy	12	Ridge View	24:25.16	30
33	Blackmore, Hanna	10	Ridge View	24:30.28	31
34	Pagel, Mariah	10	South Cent	24:44.24	32
35	Mendoza, Maria	09	Ridge View	24:44.61	33

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36	Morriss, Nichole	12	Manson Nor	24:54.90	
37	Rylee, Oldson	12	Manson Nor	25:16.44	
38	Hardy, Mariah	10	South Cent	25:26.65	34
39	Laddusaw, Hannah	11	West Bend-Mallard	25:37.35	
40	Nelson, Mary	12	Emmetsburg	25:49.94	35
41	Farnham, Morgan	09	Southeast Valley	25:58.37	36
42	Berg, Tessa	12	Southeast Valley	26:29.21	37
43	Dietrich, Meghan	12	South Cent	26:31.18	38
44	Litterer, Lauren	09	East Sac County	26:36.02	
45	Johnson, Marlie	09	Southeast Valley	27:02.08	39
46	Hansen, Abbi	11	Ridge View	27:12.14	40
47	Flynn, Karli	10	East Sac County	28:34.34	
48	Fuchs, McKenna	09	Sioux Cent	29:10.92	
49	Hatlen, Adrian	10	Sioux Cent	29:24.74	
50	Wernimont, Brielle	09	Sioux Cent	30:04.41	
51	Haley, Brook	10	West Bend-Mallard	31:06.38	
52	Cowell, Kristen	10	Sioux Cent	32:08.28	
53	Johnson, Noelle	10	Manson Nor	33:51.16	

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Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	South Central Calhoun	61	1	7	16	17	20	24	35	1:33:29.10	18:41.82
2	Sioux Central-Sioux Rapid	67	3	5	11	21	27	33	52	1:34:33.45	18:54.69
3	Emmetsburg	98	2	18	19	28	31	38	43	1:36:49.06	19:21.82
4	Alta-Aurelia	111	6	10	26	32	37	44	63	1:38:03.96	19:36.80
5	Manson Northwest Webster	121	8	12	14	41	46	51	59	1:39:00.83	19:48.17
6	Pocahontas Area	130	9	15	23	36	47	56		1:39:40.07	19:56.02
7	Southeast Valley	149	4	13	39	45	48	50	57	1:41:00.01	20:12.01
8	West Bend-Mallard	198	25	30	34	54	55	66		1:44:27.46	20:53.50
9	Ridge View	237	29	40	49	58	61	62	64	1:47:36.74	21:31.35
10	East Sac County	242	22	42	53	60	65			1:50:15.72	22:03.15

Varsity Boys Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Moon, Spencer	12	South Cent	17:00.59	1
2	Bowman, Cruz	11	Emmetsburg	17:51.64	2
3	Hatch, Dawson	11	Sioux Cent	18:04.77	3
4	Breitsprecher, Patrick	12	Southeast Valley	18:18.46	4
5	Erickson, Wyatt	10	Sioux Cent	18:18.73	5
6	Engleman, Trey	09	Alta-Aurelia	18:24.41	6
7	Englin, Nic	12	South Cent	18:28.43	7
8	Johnson, Andy	11	Manson Nor	18:32.74	8
9	Meyer, Chris	10	Pocahontas Area	18:36.23	9
10	Meyer, Teagan	09	Alta-Aurelia	18:38.05	10
11	Christian, Connor	09	Sioux Cent	18:40.55	11
12	Pritchard, Brayden	10	Manson Nor	18:42.60	12
13	Bethel, Coledon	11	Southeast Valley	18:43.92	13
14	Lachelt, Quinn	09	Manson Nor	19:03.41	14
15	Peterson, Tyson	10	Pocahontas Area	19:10.12	15
16	Clark, Matthew	12	South Cent	19:10.86	16
17	Pibal, Chase	12	South Cent	19:17.89	17
18	Moen, Dawson	12	Emmetsburg	19:19.58	18
19	Jacobson, Cade	09	Emmetsburg	19:29.05	19
20	Stephenson, Jacob	12	South Cent	19:31.33	20
21	Marcoux, Levi	12	Sioux Cent	19:36.80	21
22	Vaca, Fernando	12	East Sac County	19:38.69	22
23	Kirsch, Jon	12	Pocahontas Area	19:41.68	23
24	Englin, Ben	09	South Cent	19:44.40	24
25	Lindeman, Mees	11	West Bend-Mallard	19:47.12	25
26	Brechwald, Tate	09	Alta-Aurelia	19:49.95	26
27	Morton, Gavin	09	Sioux Cent	19:52.60	27
28	Berkland, Adam	12	Emmetsburg	19:54.20	28
29	Galvan, Carlos	11	Ridge View	20:00.49	29
30	Link, Mason	10	West Bend-Mallard	20:11.25	30
31	Deitering, Adam	11	Emmetsburg	20:14.59	31

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32	Sliefert, Diogo	10	Alta-Aurelia	20:18.72	32
33	Kueny, Jonah	11	Sioux Cent	20:21.83	33
34	Ford, Nolan	09	West Bend-Mallard	20:27.43	34
35	Musselman, Sam	11	South Cent	20:31.45	35
36	Hanson, Nate	11	Pocahontas Area	20:40.17	36
37	Falck, Conrad	11	Alta-Aurelia	20:52.83	37
38	Mason, Zachary	12	Emmetsburg	20:57.09	38
39	Jackson, Nolan	10	Southeast Valley	21:00.16	39
40	Carbajal, Andres	12	Ridge View	21:00.99	40
41	Graham, Kannon	09	Manson Nor	21:11.56	41
42	Hugeback, Garrett	11	East Sac County	21:16.28	42
43	Null, Jacob	10	Emmetsburg	21:17.50	43
44	Kueny, Michael	11	Alta-Aurelia	21:23.54	44
45	Sebring, Ben	11	Southeast Valley	21:24.33	45
46	Schriever, Jamison	12	Manson Nor	21:30.52	46
47	Peterson, Dylan	10	Pocahontas Area	21:31.87	47
48	Miller, Lincoln	10	Southeast Valley	21:33.14	48
49	Snyder, Andrew	12	Ridge View	21:35.12	49
50	Gibbs, Isaiah	11	Southeast Valley	21:38.07	50
51	Baker, Caleb	10	Manson Nor	21:38.39	51
52	Schomaker, Jacob	10	Sioux Cent	21:41.58	52
53	Pobanz, Timothy	11	East Sac County	21:59.92	53
54	Blair, Nolan	10	West Bend-Mallard	22:00.71	54
55	Fehr, Connor	10	West Bend-Mallard	22:00.95	55
56	Stauffer, Creighton	12	Pocahontas Area	22:01.18	56
57	Johnson, Parker	10	Southeast Valley	22:16.06	57
58	Droegmiller, Jaden	10	Ridge View	22:22.78	58
59	Jensen, Jonas	10	Manson Nor	22:26.40	59
60	Jergens, Zach	10	East Sac County	22:30.53	60
61	Todd, Ben	09	Ridge View	22:37.36	61
62	Henderson, Jack	09	Ridge View	23:42.89	62
63	Gaes, Tyler	12	Alta-Aurelia	24:22.96	63
64	Movall, Alex	10	Ridge View	24:26.80	64
65	Snyder, Lane	11	East Sac County	24:50.30	65
66	Santiago, Anthony	11	West Bend-Mallard	26:42.79	66

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Southeast Valley	15	1	2	3	4	5	6	7	2:19:30.30	27:54.06

Junior Varsity Girls Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Kolpin, Kirah	10	Alta-Aurelia	25:03.44	
2	Gatay-Gorzo, Reka	11	Ridge View H	25:53.90	
3	Hunter, Emma	10	Southeast Valley	26:12.76	1
4	Bird, Jamie	09	Emmetsburg	26:14.59	
5	Deck, Sierra	12	Ridge View H	26:25.23	
6	Rees, Hannah	11	Southeast Valley	27:02.38	2
7	Scott, Viatrix	10	Southeast Valley	27:20.79	3
8	Gaes, Kalie	09	Alta-Aurelia	27:31.17	
9	Fuller, Emily	12	Emmetsburg	27:33.56	
10	Merwald, Hannah	11	Emmetsburg	28:11.66	
11	Kolpin, Rowan	11	Alta-Aurelia	28:41.69	
12	Schmidt, Morgan	10	West Bend-Mallard	28:45.27	
13	Wozab, Jade	09	Southeast Valley	29:05.59	4
14	Hoffman, Abi	11	West Bend-Mallard	29:25.24	
15	Housken, Leslie	12	Southeast Valley	29:48.78	5
16	Grossnickle, Chelsea	11	Southeast Valley	30:26.57	6
17	Nelson, Maggie	10	Emmetsburg	31:32.83	
18	Long, Taegan	10	Southeast Valley	32:47.04	7
19	Housken, Christine	10	Southeast Valley	32:47.66	
20	Ramirez, Jennifer	12	West Bend-Mallard	46:12.41	

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Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	South Central Calhoun	15	1	2	3	4	5	11	21	1:45:22.37	21:04.48	
2	Emmetsburg	45	6	7	9	10	13	15	20	1:49:19.50	21:51.90	
3	Southeast Valley	67	8	12	14	16	17	18	19	1:53:30.34	22:42.07	

Junior Varsity Boys Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Smidt, Bryce	10	South Central	20:43.58	1
2	Henry, Mason	11	South Central	20:55.55	2
3	Johnson, Colin	11	South Central	21:05.55	3
4	Clark, Mitchell	12	South Central	21:18.60	4
5	Ludwig, Bennett	10	South Central	21:19.09	5
6	Kulms, Niklas	12	Emmetsburg	21:27.33	6
7	Fields, Jacob	09	Emmetsburg	21:32.63	7
8	Crouse, Kaylb	09	Southeast Valley	21:41.16	8
9	Griffin, Kelly	09	Emmetsburg	21:52.73	9
10	Duhn, Brennan	12	Emmetsburg	21:56.72	10
11	Poen, Kyle	11	South Central	22:09.22	11
12	Peterson, Blake	09	Southeast Valley	22:17.90	12
13	Nichols, Christian	12	Emmetsburg	22:30.09	13
14	Larson, Schade	10	Alta-Aurelia	22:32.89	
15	Nath, Jacob	12	Pocahontas Area	22:49.58	
16	Rogers, Matt	12	Manson North	22:51.75	
17	Kastendieck, Jared	10	Southeast Valley	22:56.08	14
18	Ruff, Jordan	10	Emmetsburg	23:16.71	15
19	Sytsma, Dillon	11	Southeast Valley	23:17.47	16
20	Johnson, Daniel	12	Southeast Valley	23:17.73	17
21	Urelius, Andrew	11	Southeast Valley	23:18.00	18
22	Martens, Blane	11	Southeast Valley	23:24.50	19
23	Rogers, Sean	09	Manson North	23:50.03	
24	Pickhinke, Connor	10	Ridge View H	24:04.43	
25	Hackbart-Morlock, Jonah	09	Emmetsburg	24:28.16	20
26	Smith, AJ	10	Southeast Valley	24:31.22	
27	Madsen, Jon	12	Ridge View H	24:39.52	
28	Edwards, Matthew	10	Alta-Aurelia	25:28.48	
29	Baird, Kyle	12	Southeast Valley	25:44.49	
30	Stapp, Logan	09	Southeast Valley	27:25.99	
31	Aronson, Colin	09	Alta-Aurelia	27:47.20	
32	Azim, Aryan	11	Southeast Valley	28:52.01	
33	Schmidt, Grant	10	Ridge View H	28:57.73	
34	Van Meter, Ben	11	Pocahontas Area	29:13.98	
35	Loring, Collin	12	Alta-Aurelia	29:19.24	
36	Lowman, Jackson	09	Emmetsburg	30:23.94	
37	Bunting, Cody	12	Manson North	33:52.22	
38	Schoonover, Elisha	10	South Central	35:09.76	21

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Middle School Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Pocahontas Area	31	2	3	7	8	11	15	1:15:13.31	15:02.67	
2	Alta-Aurelia	48	4	5	6	14	19	20	22	1:19:41.75	15:56.35
3	Manson Northwest Webster	63	1	12	13	16	21			1:22:40.45	16:32.09
4	Emmetsburg	77	9	10	17	18	23	24		1:28:29.33	17:41.87

Middle School Girls Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Condon, Paige	8	Manson North	13:15.27	1
2	Jansen, Carly	7	Pocahontas Area	13:43.72	2
3	Duitscher, Akaysa	7	Pocahontas Area	13:44.20	3
4	Enelmann, Brielle	7	Alta-Aurelia	13:49.88	4
5	Ridgely, Jade	8	South Central	14:35.78	
6	Peterson, Shea	7	Alta-Aurelia	15:17.66	5
7	Salazar, Emily	7	Sioux Central	15:24.94	
8	kueny, marie	8	Alta-Aurelia	15:30.92	6
9	Oberhelmen, Abby	7	Pocahontas Area	15:39.52	7
10	Stokes, Allison	8	South Central	15:42.92	
11	Oberhelman, Allie	7	Pocahontas Area	15:47.46	8
12	Dooley, Mattie	7	Emmetsburg	16:11.78	9
13	Casey, Kendra	7	Sioux Central	16:14.22	
14	Sargeant, Taytum	7	Emmetsburg	16:14.99	10
15	Aljets, Katrina	8	Pocahontas Area	16:18.41	11
16	Ludwig, Emily	7	East Sac County	16:21.15	
17	Oswald, Preslie	7	Manson North	16:25.06	12
18	Walsh, Alyssa	7	Manson North	16:26.85	13
19	Graham, Ava	7	Alta-Aurelia	16:29.74	14
20	Linde, Hailey	7	East Sac County	16:40.16	
21	Hinners, Laura	8	Pocahontas Area	16:58.23	15
22	Pasche, Fern	7	East Sac County	16:59.00	
23	Baker, Kaelynn	7	Manson North	17:36.60	16
24	Doyle, Isabel	7	Emmetsburg	18:08.58	17
25	Elbert, Cloey	7	Emmetsburg	18:14.38	18
26	Westphal, Morgan	7	Alta-Aurelia	18:33.55	19
27	Graham, Piper	7	Alta-Aurelia	18:48.03	20
28	Bair, Kimmy	8	Manson North	18:56.67	21
29	Berkland, Katie	7	Alta-Aurelia	19:12.19	22
30	Riat, Allison	8	South Central	19:21.95	
31	Theesfeld, Olivia	7	Emmetsburg	19:39.60	23
32	Jackson, Teyah	8	South Central	20:28.54	
33	Nelson, Katie	7	Emmetsburg	21:01.86	24
34	Hurtado, Chloe	8	Southeast Valley	21:19.60	
35	Jessup, Jana	7	Alta-Aurelia	21:34.89	
36	Theisen, Madison	7	Alta-Aurelia	21:35.95	

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Middle School Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Pocahontas Area	35	3	4	7	10	11	13	17	1:08:29.25	13:41.85
2	South Central Calhoun	81	5	9	15	24	28	39		1:12:13.14	14:26.63
3	Southeast Valley	94	12	14	18	23	27	32	33	1:13:06.97	14:37.40
4	Alta-Aurelia	95	1	19	20	21	34	38	40	1:12:41.09	14:32.22
5	Manson Northwest Webster	97	6	8	22	26	35	37		1:13:37.63	14:43.53
6	Sioux Central-Sioux Rapid	102	2	16	25	29	30	31	36	1:14:00.79	14:48.16

Middle School Boys Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Mccoy, Preston	8	Alta-Aurelia	12:43.50	1
2	Wunschel, Kyler	7	Ridge View H	13:06.40	
3	Kueny, Jacob	8	Sioux Central	13:10.05	2
4	Seiler, Austin	8	Pocahontas Area	13:10.44	3
5	Schroeder, Noah	7	Ridge View H	13:12.00	
6	Janssen, Isaac	8	Emmetsburg	13:22.51	
7	Berte, Ben	8	Pocahontas Area	13:22.73	4
8	Hanks, Justin	7	South Central	13:26.21	5
9	Moline, Carter	7	Manson North	13:35.93	6
10	Burke, Andrew	8	Pocahontas Area	13:52.32	7
11	Lachelt, Thade	7	Manson North	13:56.11	8
12	Clark, Joe	7	South Central	13:57.17	9
13	Rutherford, Kolbe	8	Pocahontas Area	14:01.32	10
14	Axman, Adam	8	Pocahontas Area	14:02.44	11
15	Nuss, Cooper	7	Southeast Valley	14:07.31	12
16	Huisenga, Layne	7	East Sac County	14:11.69	
17	Swift, Quinn	8	Emmetsburg	14:13.98	
18	Spooner, Preston	8	Pocahontas Area	14:14.85	13
19	Haub, Asa	8	Southeast Valley	14:15.21	14
20	Olberding, Jaydin	7	South Central	14:26.90	15
21	Smith, Hunter	7	Sioux Central	14:27.24	16
22	Ricke, Joseph	8	Pocahontas Area	14:31.34	17
23	Kaltschnee, Caleb	8	Southeast Valley	14:31.56	18
24	Wienhold, Conner	7	Alta-Aurelia	14:31.84	19
25	Hussey, Kile	8	Alta-Aurelia	14:32.13	20
26	Colerick, Sam	7	Alta-Aurelia	14:34.96	21
27	Oswald, Cael	8	Manson North	14:35.31	22
28	Gerdes, Jacob	7	Pocahontas Area	14:36.17	
29	Kyle, Johnson	8	Southeast Valley	14:59.42	23
30	Schoonover, Jamie	8	South Central	15:00.10	24
31	Witte, Wyatt	7	Sioux Central	15:07.22	25
32	Kaleb, Calmer	8	Manson North	15:08.83	26
33	Thompson, Zach	8	Southeast Valley	15:13.47	27
34	DeWitt, Russell	8	South Central	15:22.76	28
35	Albeus, Isaac	8	Sioux Central	15:35.10	29

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36	Love, D'Angelo	8	Sioux Central	15:41.18	30
37	Bruggman, Max	7	Sioux Central	15:48.71	31
38	Becker, Jace	7	Pocahontas Area	15:50.45	
39	Clark, Kian	8	Southeast Valley	16:13.05	32
40	King, Mason	8	Southeast Valley	16:16.64	33
41	Carslon, Simon	8	Alta-Aurelia	16:18.66	34
42	Jensen, Korbin	7	Manson North	16:21.45	35
43	Swift, Gavin	7	Emmetsburg	16:29.48	
44	Ortner, Garrett	7	East Sac County	16:37.48	
45	Ehlers, Clayton	8	Sioux Central	16:42.95	36
46	Bennett, Dalton	7	Manson North	17:12.35	37
47	Willeford, Deklan	7	Sioux Central	17:17.66	
48	Anderson, Gregory	7	Sioux Central	17:17.90	
49	Ferguson, Jacob	8	Pocahontas Area	17:21.87	
50	Boevers, Ryerson	8	Emmetsburg	17:36.43	
51	Phelps, Hunter	7	Sioux Central	18:36.05	
52	Kueny, Matthew	7	Alta-Aurelia	19:05.71	38
53	Anderson, Andrew	7	Sioux Central	21:25.66	
54	Pagel, Parker	7	South Central	22:17.13	39
55	Fredericksen, Bryson	8	Alta-Aurelia	23:04.81	40