

**Norwalk XC Invite Varsity Girls**  
**Norwalk McAninch Sports Complex, IA**

**Oct. 2, 2017**

70s, Windy & Sunny

Results by Cal Murdock

[MS Girls](#)

[MS Boys](#)

[JV Girls](#)

[JV Boys](#)

[Var Girls](#)

[Var Boys](#)

Use the Find option of your Web Browser to find the performance of a specific individual or team.

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| PLACE | TEAM             | POINTS | PLACES OF FINISHERS |    |    |    |    |    |    |         | AVG. TIME SPREAD |  |
|-------|------------------|--------|---------------------|----|----|----|----|----|----|---------|------------------|--|
| 1     | Ballard          | 35     | 2                   | 6  | 7  | 8  | 12 | 16 | 17 | 21:12.7 | 1:47.4           |  |
| 2     | Pella            | 39     | 3                   | 4  | 5  | 13 | 14 | 21 | 30 | 21:20.3 | 1:33.3           |  |
| 3     | Newton           | 104    | 9                   | 11 | 15 | 32 | 37 | 42 | 43 | 22:48.7 | 2:50.6           |  |
| 4     | Pcm              | 118    | 10                  | 18 | 23 | 26 | 41 | 47 | 48 | 23:13.5 | 3:37.3           |  |
| 5     | Winterset        | 131    | 19                  | 22 | 25 | 31 | 34 | 35 |    | 23:31.8 | 1:29.9           |  |
| 6     | Norwalk          | 146    | 20                  | 28 | 29 | 33 | 36 | 46 |    | 23:46.6 | 1:29.4           |  |
| 7     | Bondurant-Farrar | 174    | 24                  | 27 | 39 | 40 | 44 | 49 | 50 | 24:37.1 | 2:45.7           |  |
| 8     | Carlisle         | 187    | 1                   | 38 | 45 | 51 | 52 |    |    | 25:06.9 | 7:51.4           |  |

[Individuals](#)

| PLACE | FINISHER | TIME |
|-------|----------|------|
|-------|----------|------|

1. Ballard

|    |                       |         |
|----|-----------------------|---------|
| 2  | Ellie Twedt, So       | 19:59.1 |
| 6  | Caitlin Maher, Fr     | 21:20.9 |
| 7  | Lauren Matthews, So   | 21:25.9 |
| 8  | Rachel Wohlgemuth, So | 21:30.8 |
| 12 | Hailey Cole, So       | 21:46.4 |
| 16 | Summer McVicker, Sr   | 22:29.2 |
| 17 | Josie Fleischmann, Fr | 22:39.0 |

Total Time = 1:46:03.1      Total Places = 35

## 2. Pella

|    |                       |         |
|----|-----------------------|---------|
| 3  | Caroline McMartin, So | 20:44.3 |
| 4  | Ashley Blommers, Fr   | 20:46.4 |
| 5  | Annika Pingel, Sr     | 20:47.5 |
| 13 | Makayla Kruse, Jr     | 22:05.3 |
| 14 | Erica Halstead, Sr    | 22:17.6 |
| 21 | Tirzah Wittenberg, So | 22:55.8 |
| 30 | Hailey Kowzan, So     | 23:48.1 |

Total Time = 1:46:41.1      Total Places = 39

## 3. Newton

|    |                     |         |
|----|---------------------|---------|
| 9  | Rachel Rhoads, Jr   | 21:33.6 |
| 11 | Ashay Malow, Fr     | 21:45.1 |
| 15 | Clare Muckler, Jr   | 22:21.1 |
| 32 | Tessa Keeton, Sr    | 23:59.6 |
| 37 | Abbie Barr, Jr      | 24:24.1 |
| 42 | Willow Oswalt, Fr   | 25:54.3 |
| 43 | Original Tesfay, Sr | 26:00.2 |

Total Time = 1:54:03.5      Total Places = 104

## 4. Pcm

|    |                      |         |
|----|----------------------|---------|
| 10 | Kirstin Ives, Jr     | 21:35.0 |
| 18 | Baylee Smith, Sr     | 22:42.0 |
| 23 | Klaire Jungling, So  | 23:14.7 |
| 26 | Megan Townley, Jr    | 23:23.5 |
| 41 | Payton Schut, Jr     | 25:12.3 |
| 47 | Morgan Uhlenhopp, Jr | 26:51.1 |
| 48 | Ellie Steenhoek, Sr  | 27:06.6 |

Total Time = 1:56:07.5      Total Places = 118

## 5. Winterset

|    |                   |         |
|----|-------------------|---------|
| 19 | Riley Kaufman, Sr | 22:48.9 |
|----|-------------------|---------|

|    |                       |         |
|----|-----------------------|---------|
| 22 | Lizzie Wangler, So    | 23:14.4 |
| 25 | Kiernan Blanchard, So | 23:19.3 |
| 31 | Caitlin Fairchild, Jr | 23:57.4 |
| 34 | Sophia Pastorino, So  | 24:18.8 |
| 35 | Abby Benshoof, Fr     | 24:21.1 |

Total Time = 1:57:38.8      Total Places = 131

#### 6. Norwalk

|    |                    |         |
|----|--------------------|---------|
| 20 | Annika Schulz, So  | 22:53.0 |
| 28 | Annika Wallace, Fr | 23:47.3 |
| 29 | Taylor Bergan, So  | 23:47.9 |
| 33 | Natalie Martin, Fr | 24:02.0 |
| 36 | Abbie Davitt, So   | 24:22.4 |
| 46 | Eva Hoch, Fr       | 26:24.9 |

Total Time = 1:58:52.6      Total Places = 146

#### 7. Bondurant-Farrar

|    |                        |         |
|----|------------------------|---------|
| 24 | Emily Erhardt, So      | 23:15.6 |
| 27 | Maddy Padgett, Fr      | 23:38.2 |
| 39 | Alyssa Fick, Fr        | 25:02.1 |
| 40 | Madison Montgomery, Fr | 25:08.1 |
| 44 | Allison Dicks, Jr      | 26:01.3 |
| 49 | Kinsey Lester, Sr      | 27:10.2 |
| 50 | Rachel Carrant, Fr     | 27:22.9 |

Total Time = 2:03:05.3      Total Places = 174

#### 8. Carlisle

|    |                      |         |
|----|----------------------|---------|
| 1  | Megan Sievers, Jr    | 19:51.7 |
| 38 | Jocelyn Haack, Jr    | 24:32.9 |
| 45 | Ella Anderson, Fr    | 26:01.7 |
| 51 | Ariana Graff, So     | 27:25.0 |
| 52 | Kennedy Sorenson, Jr | 27:43.0 |

Total Time = 2:05:34.3 Total Places = 187

## TEAM

| PLACE | SCORE | FINISHER | TIME | TEAM |
|-------|-------|----------|------|------|
|-------|-------|----------|------|------|

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|    |    |                       |         |                  |
|----|----|-----------------------|---------|------------------|
| 1  | 1  | Megan Sievers, Jr     | 19:51.7 | Carlisle         |
| 2  | 2  | Ellie Twedt, So       | 19:59.1 | Ballard          |
| 3  | 3  | Caroline McMartin, So | 20:44.3 | Pella            |
| 4  | 4  | Ashley Blommers, Fr   | 20:46.4 | Pella            |
| 5  | 5  | Annika Pingel, Sr     | 20:47.5 | Pella            |
| 6  | 6  | Caitlin Maher, Fr     | 21:20.9 | Ballard          |
| 7  | 7  | Lauren Matthews, So   | 21:25.9 | Ballard          |
| 8  | 8  | Rachel Wohlgemuth, So | 21:30.8 | Ballard          |
| 9  | 9  | Rachel Rhoads, Jr     | 21:33.6 | Newton           |
| 10 | 10 | Kirstin Ives, Jr      | 21:35.0 | Pcm              |
| 11 | 11 | Ashay Malow, Fr       | 21:45.1 | Newton           |
| 12 | 12 | Hailey Cole, So       | 21:46.4 | Ballard          |
| 13 | 13 | Makayla Kruse, Jr     | 22:05.3 | Pella            |
| 14 | 14 | Erica Halstead, Sr    | 22:17.6 | Pella            |
| 15 | 15 | Clare Muckler, Jr     | 22:21.1 | Newton           |
| 16 | 16 | Summer McVicker, Sr   | 22:29.2 | Ballard          |
| 17 | 17 | Josie Fleischmann, Fr | 22:39.0 | Ballard          |
| 18 | 18 | Baylee Smith, Sr      | 22:42.0 | Pcm              |
| 19 | 19 | Riley Kaufman, Sr     | 22:48.9 | Winterset        |
| 20 | 20 | Annika Schulz, So     | 22:53.0 | Norwalk          |
| 21 | 21 | Tirzah Wittenberg, So | 22:55.8 | Pella            |
| 22 | 22 | Lizzie Wangler, So    | 23:14.4 | Winterset        |
| 23 | 23 | Klaire Jungling, So   | 23:14.7 | Pcm              |
| 24 | 24 | Emily Erhardt, So     | 23:15.6 | Bondurant-Farrar |
| 25 | 25 | Kiernan Blanchard, So | 23:19.3 | Winterset        |
| 26 | 26 | Megan Townley, Jr     | 23:23.5 | Pcm              |
| 27 | 27 | Maddy Padgett, Fr     | 23:38.2 | Bondurant-Farrar |

|    |    |                        |         |                  |
|----|----|------------------------|---------|------------------|
| 28 | 28 | Annika Wallace, Fr     | 23:47.3 | Norwalk          |
| 29 | 29 | Taylor Bergan, So      | 23:47.9 | Norwalk          |
| 30 | 30 | Hailey Kowzan, So      | 23:48.1 | Pella            |
| 31 | 31 | Caitlin Fairchild, Jr  | 23:57.4 | Winterset        |
| 32 | 32 | Tessa Keeton, Sr       | 23:59.6 | Newton           |
| 33 | 33 | Natalie Martin, Fr     | 24:02.0 | Norwalk          |
| 34 | 34 | Sophia Pastorino, So   | 24:18.8 | Winterset        |
| 35 | 35 | Abby Benshoof, Fr      | 24:21.1 | Winterset        |
| 36 | 36 | Abbie Davitt, So       | 24:22.4 | Norwalk          |
| 37 | 37 | Abbie Barr, Jr         | 24:24.1 | Newton           |
| 38 | 38 | Jocelyn Haack, Jr      | 24:32.9 | Carlisle         |
| 39 | 39 | Alyssa Fick, Fr        | 25:02.1 | Bondurant-Farrar |
| 40 | 40 | Madison Montgomery, Fr | 25:08.1 | Bondurant-Farrar |
| 41 | 41 | Payton Schut, Jr       | 25:12.3 | Pcm              |
| 42 | 42 | Willow Oswalt, Fr      | 25:54.3 | Newton           |
| 43 | 43 | Original Tesfay, Sr    | 26:00.2 | Newton           |
| 44 | 44 | Allison Dicks, Jr      | 26:01.3 | Bondurant-Farrar |
| 45 | 45 | Ella Anderson, Fr      | 26:01.7 | Carlisle         |
| 46 | 46 | Eva Hoch, Fr           | 26:24.9 | Norwalk          |
| 47 | 47 | Morgan Uhlenhopp, Jr   | 26:51.1 | Pcm              |
| 48 | 48 | Ellie Steenhoek, Sr    | 27:06.6 | Pcm              |
| 49 | 49 | Kinsey Lester, Sr      | 27:10.2 | Bondurant-Farrar |
| 50 | 50 | Rachel Currant, Fr     | 27:22.9 | Bondurant-Farrar |
| 51 | 51 | Ariana Graff, So       | 27:25.0 | Carlisle         |
| 52 | 52 | Kennedy Sorenson, Jr   | 27:43.0 | Carlisle         |

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