

## 34th All-American Invite Varsity College Women (5k-3.107)

Luther College - Decorah, Iowa

Sept. 10, 2005

80 degrees, Humid, Wind 10mph

Results by Cal Murdock

[College JV Wom](#)[College JV Men](#)[College Var. Wom](#)[College Var. Men](#)[HSJV Girls](#)[HS JV Boys](#)[HS Var. Girls](#)[HS Var. Boys](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	U W LaCrosse	23	1	3	4	6	9	16	17	19:10	1:28
2	Macalester	49	5	7	10	13	14	19	20	19:43	27
3	Chicago	63	2	11	12	15	23	27		19:47	1:56
4	Luther	99	8	18	22	25	26	30	31	20:25	1:19
5	Coe	157	24	28	29	36	40	48	49	21:46	2:12
6	Bethel	174	21	33	35	41	44	46		22:12	2:29
7	Iowa Central	194	32	37	38	42	45	47	51	22:37	1:25
8	Grand View	218	34	39	43	50	52	53		23:21	2:32

[Individuals](#)

## 1. U W LaCrosse

1	Julia Rudd, Sr	18:10	5:51
3	Kristen Painter, Jr	19:05	6:08
4	Amy Belleba, Sr	19:25	6:15
6	Meagan Helache, Jr	19:30	6:17
9	Kristen Howe, So	19:37	6:19

Time = 1:35:46 Places = 23

## 2. Macalester

5	Anna Shamey, Jr	19:28	6:16
7	Callie Pastarr, Jr	19:31	6:17
10	Koby Jeschkeit-Hagen, Sr	19:45	6:21
13	Francie Streich, Sr	19:54	6:24
14	Caroline Barnes, Sr	19:54	6:24

Time = 1:38:31 Places = 49

## 3. Chicago

2	Jessica Winter, Sr	18:41	6:01
11	Dilshanie Perera, Jr	19:48	6:22
12	Vidhya Abraham, Jr	19:53	6:24
15	Annie Sanders, Sr	19:58	6:25
23	Jackie Kropp, Jr	20:37	6:38

Time = 1:38:56 Places = 63

## 4. Luther

8	Janet Dobyys, Fr	19:32	6:17
18	Emily Lynch, Sr	20:20	6:32
22	Audrey Voorhees, Fr	20:36	6:38
25	Joanna Clagnaz, Jr	20:46	6:41
26	Erilynn Russo, Sr	20:51	6:42

Time = 1:42:03 Places = 99

## 5. Coe

24	Rachel Wobeter, Fr	20:44	6:40
28	Denise Eslinger, So	21:17	6:51
29	Linda Freiha, Fr	21:20	6:52
36	Lesa Hayes, Sr	22:35	7:16
40	Naomi Hillsman, Fr	22:56	7:23

Time = 1:48:50      Places = 157

## 6. Bethel

21	Nikki Umhoefer, So	20:35	6:37
33	Heather Jelen, Fr	22:00	7:05
35	Shannon McCoy, Jr	22:22	7:12
41	Jen Hoffman, Sr	22:59	7:24
44	Hannah Carlson, So	23:04	7:25

Time = 1:50:58      Places = 174

## 7. Iowa Central

32	Kara Ascherl, Fr	21:43	6:59
37	Ashley Waters, Fr	22:36	7:16
38	Becky Eckerman, Fr	22:39	7:17
42	Berhane Traylor, Fr	23:00	7:24
45	Lydia Gawtry, So	23:08	7:26

Time = 1:53:04      Places = 194

## 8. Grand View

34	Sara Hendrickson, Fr	22:19	7:11
39	Miah Watson, So	22:40	7:18
43	Hilliary Jones, Fr	23:02	7:25
50	Sarah Savick, So	23:55	7:42
52	Brittany Jones, Jr	24:50	7:59

Time = 1:56:44      Places = 218

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PLACE	TEAM SCORE	FINISHER	TIME	PACE	TEAM
1	1	Julia Rudd, Sr	18:10	5:51	U W LaCrosse
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">Top</a>					
2	2	Jessica Winter, Sr	18:41	6:01	Chicago
3	3	Kristen Painter, Jr	19:05	6:08	U W LaCrosse
4	4	Amy Belleba, Sr	19:25	6:15	U W LaCrosse
5	5	Anna Shamey, Jr	19:28	6:16	Macalester
6	6	Meagan Helache, Jr	19:30	6:17	U W LaCrosse
7	7	Callie Pastarr, Jr	19:31	6:17	Macalester
8	8	Janet Dobyys, Fr	19:32	6:17	Luther
9	9	Kristen Howe, So	19:37	6:19	U W LaCrosse
10	10	Koby Jeschkeit-Hagen, Sr	19:45	6:21	Macalester
11	11	Dilshanie Perera, Jr	19:48	6:22	Chicago
12	12	Vidhya Abraham, Jr	19:53	6:24	Chicago
13	13	Francie Streich, Sr	19:54	6:24	Macalester
14	14	Caroline Barnes, Sr	19:54	6:24	Macalester
15	15	Annie Sanders, Sr	19:58	6:25	Chicago
16	16	Rachel Dedyne, So	20:09	6:29	U W LaCrosse
17	17	Ariel Perkins, Sr	20:14	6:31	U W LaCrosse
18	18	Emily Lynch, Sr	20:20	6:32	Luther
19	19	Anna Gordon, Sr	20:21	6:33	Macalester
20	20	Emily Stafford, Sr	20:26	6:34	Macalester
21		Kim Wortmann, So	20:32	6:36	Macalester
22	21	Nikki Umhoefer, So	20:35	6:37	Bethel
23	22	Audrey Voorhees, Fr	20:36	6:38	Luther
24	23	Jackie Kropp, Jr	20:37	6:38	Chicago
25	24	Rachel Wobeter, Fr	20:44	6:40	Coe
26	25	Joanna Clagnaz, Jr	20:46	6:41	Luther
27		Valerie Vradenburg, Jr	20:48	6:42	U W LaCrosse
28	26	Erilynn Russo, Sr	20:51	6:42	Luther

29		Emily Burns, Sr	20:59	6:45	U W LaCrosse
30		Melissa Palmer, So	21:01	6:46	U W LaCrosse
31	27	Hannah Moots, So	21:13	6:49	Chicago
32	28	Denise Eslinger, So	21:17	6:51	Coe
33	29	Linda Freiha, Fr	21:20	6:52	Coe
34		Nathalia Brashear, Sr	21:26	6:54	Macalester
35	30	Devin Parker, Fr	21:30	6:55	Luther
36	31	Heidi Skildum, So	21:39	6:58	Luther
37	32	Kara Ascherl, Fr	21:43	6:59	Iowa Central

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38		Sarah Raleigh, So	21:47	7:00	Macalester
39		Erin Hokanson, So	21:53	7:02	Luther
40	33	Heather Jelen, Fr	22:00	7:05	Bethel
41	34	Sara Hendrickson, Fr	22:19	7:11	Grand View
42	35	Shannon McCoy, Jr	22:22	7:12	Bethel
43	36	Lesa Hayes, Sr	22:35	7:16	Coe
44	37	Ashley Waters, Fr	22:36	7:16	Iowa Central
45	38	Becky Eckerman, Fr	22:39	7:17	Iowa Central
46	39	Miah Watson, So	22:40	7:18	Grand View
47	40	Naomi Hillsman, Fr	22:56	7:23	Coe
48	41	Jen Hoffman, Sr	22:59	7:24	Bethel
49	42	Berhane Traylor, Fr	23:00	7:24	Iowa Central
50	43	Hilliary Jones, Fr	23:02	7:25	Grand View
51	44	Hannah Carlson, So	23:04	7:25	Bethel
52	45	Lydia Gawtry, So	23:08	7:26	Iowa Central
53	46	Emily Hall, Jr	23:17	7:30	Bethel
54	47	Tasha Atchley, Fr	23:30	7:34	Iowa Central
55	48	Sarah Flogel, Jr	23:34	7:35	Coe
56	49	Kari Spilman, Sr	23:53	7:41	Coe
57	50	Sarah Savick, So	23:55	7:42	Grand View
58	51	Lynn Koger, Fr	24:24	7:51	Iowa Central
59	52	Brittany Jones, Jr	24:50	7:59	Grand View

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60		Emily Boyd, So	25:09	8:06	Iowa Central
61	53	Melissa Linde, Fr	25:51	8:19	Grand View

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