

[MS Girls](#)[MS Boys](#)[Var Girls](#)[Var Boys](#)

Linn-Mar Invitational Girls 5K Cross Country Meet

Event: Girls 5K

Date: Saturday, September 02, 2017

Location: Lowe Park, Marion, IA

Weather: Overcast, Wind S 5-10mph & 54°

Results By: Kauder Racing, LLC

Place	School	1	2	3	4	5	6	7	Total	Time Ave	Time Spread
1	Hempstead	3	4	6	8	11	12	17	32	20:09	1:36
2	Linn-Mar	1	2	7	9	15	16	25	34	20:08	2:53
3	Cedar Rapids Kennedy	10	14	19	24	26	30	34	93	21:39	1:24
4	Cedar Rapids Washington	5	13	21	23	32	37	38	94	21:39	3:07
5	Xavier	20	22	28	31	33	35	36	134	22:29	1:09
6	Cedar Rapids Jefferson	18	27	29	39	40	41	42	153	23:21	3:30

Incomplete Teams:

Place	Score	Name	School	Time	Pace mpm
1	1	Micah Poellet, FR	Linn-Mar	18:38	6:00/M
2	2	Lilly Geelan, FR	Linn-Mar	19:20	6:14/M
3	3	Hannah Brown, SO	Hempstead	19:26	6:15/M
4	4	Heather Hostager, SR	Hempstead	19:51	6:23/M
5	5	Reagan Gorman, JR	Cedar Rapids Washington	19:52	6:24/M
6	6	Shaelyn Hostager, SO	Hempstead	20:02	6:27/M
7	7	Chloe Skidmore, FR	Linn-Mar	20:18	6:32/M
8	8	Casey Nichols, SR	Hempstead	20:25	6:34/M
9	9	Rachel Bohnenkamp, SR	Linn-Mar	20:50	6:42/M
10	10	Hannah Fusselman, SR	Cedar Rapids Kennedy	20:53	6:43/M
11	11	Kaylee Leicht, SO	Hempstead	21:02	6:46/M
12	12	Emma Holesinger, SO	Hempstead	21:08	6:48/M
13	13	Sarah Altemeier, SR	Cedar Rapids Washington	21:15	6:50/M
14	14	Lauren Gray, FR	Cedar Rapids Kennedy	21:19	6:52/M
15	15	Aj Kendrick, JR	Linn-Mar	21:31	6:56/M
16	16	Lindsay Ginger, FR	Linn-Mar	21:35	6:57/M
17	17	Emily Richter, FR	Hempstead	21:35	6:57/M
18	18	Rachel Nagel, SO	Cedar Rapids Jefferson	21:36	6:57/M
19	19	Olivia Hamblin, SO	Cedar Rapids Kennedy	21:37	6:57/M

20	20	Hannah Denman, SO	Xavier	21:50	7:02/M
21	21	Mary Cline, FR	Cedar Rapids Washington	22:01	7:05/M
22	22	Ellie Tanko, SO	Xavier	22:01	7:05/M
23	23	Sydney Mitvalsky, FR	Cedar Rapids Washington	22:08	7:07/M
24		Lauren Gudenkauf, SO	Hempstead	22:10	7:08/M
25	24	Kaelyn Ryan, SO	Cedar Rapids Kennedy	22:10	7:08/M
26		Erin Scott, SO	Hempstead	22:13	7:09/M
27	25	Emma Kelley, JR	Linn-Mar	22:16	7:10/M
28	26	Briana McLaughlin, JR	Cedar Rapids Kennedy	22:17	7:10/M
29		Dimia Burrell, SO	Linn-Mar	22:22	7:12/M
30		Jessica Mendenhall, SR	Hempstead	22:25	7:13/M
31		Genskow Olivia, SO	Linn-Mar	22:28	7:14/M
32		Audrey Franklin, FR	Hempstead	22:32	7:15/M
33	27	Jenna Griffith, SO	Cedar Rapids Jefferson	22:37	7:17/M
34	28	Paige Diebold, SR	Xavier	22:44	7:19/M
35	29	Josie Chung, JR	Cedar Rapids Jefferson	22:45	7:19/M
36	30	Anna Klein, SR	Cedar Rapids Kennedy	22:49	7:21/M
37	31	Claire Iversen, SR	Xavier	22:51	7:21/M
38	32	Olivia Kennedy, JR	Cedar Rapids Washington	22:58	7:24/M
39	33	Rilee Lansing, SO	Xavier	22:59	7:24/M
40	34	Erica Schulte, FR	Cedar Rapids Kennedy	23:03	7:25/M
41		Allison Till, JR	Hempstead	23:05	7:26/M
42		Kallie Kolthoff, FR	Cedar Rapids Kennedy	23:07	7:26/M
43	35	Bridget Schmitt, JR	Xavier	23:13	7:28/M
44		Sage Smith, SR	Hempstead	23:14	7:29/M
45	36	Hannah Dake, JR	Xavier	23:17	7:30/M
46		Emily Fusselman, FR	Cedar Rapids Kennedy	23:21	7:31/M
47		Grace Ries, JR	Hempstead	23:22	7:31/M
48		Emily Schmitt, SR	Hempstead	23:23	7:31/M
49		Megan Meyer, SO	Xavier	23:25	7:32/M
50		Emily Morley, SO	Hempstead	23:26	7:33/M
51	37	Emily Weis, JR	Cedar Rapids Washington	23:27	7:33/M
52		Jenna Coates, SR	Hempstead	23:32	7:34/M
53		Staker Sadie, SO	Linn-Mar	23:53	7:41/M
54	38	Jill Hughes, JR	Cedar Rapids Washington	23:54	7:42/M
55		Jamison Feldman, SO	Linn-Mar	23:57	7:42/M
56		Stacy Westman, FR	Linn-Mar	23:57	7:42/M

57	Eilders Katelyn, SO	Linn-Mar	23:58	7:43/M
58	Allisa Gray, FR	Cedar Rapids Kennedy	23:59	7:43/M
59	Erin Connolly, SR	Hempstead	24:01	7:44/M
60	Emma Westphalen, JR	Cedar Rapids Washington	24:06	7:45/M
61	Victoria Larson, SO	Hempstead	24:14	7:48/M
62	Sarah Grams, FR	Cedar Rapids Kennedy	24:16	7:49/M
63	Alexis Lonning, SO	Hempstead	24:19	7:50/M
64	Mika Ndikumana, FR	Linn-Mar	24:21	7:50/M
65	Emily Jennings, JR	Xavier	24:24	7:51/M
66	Serena Eck, SR	Cedar Rapids Washington	24:25	7:52/M
67	Julia Drey, FR	Linn-Mar	24:26	7:52/M
68	Lily Gust, JR	Cedar Rapids Kennedy	24:26	7:52/M
69	39 Alex Smith, JR	Cedar Rapids Jefferson	24:39	7:56/M
70	Kathryn Cosgrove, JR	Xavier	24:43	7:57/M
71	Cagnard Elise, SO	Linn-Mar	24:44	7:58/M
72	Katie Greiner, JR	Linn-Mar	24:49	7:59/M
73	Claire Paulson, SO	Hempstead	24:52	8:00/M
74	Jaime Weidemann, FR	Hempstead	24:52	8:00/M
75	Bushlack Lizzie, SO	Linn-Mar	24:54	8:01/M
76	Ella Davis, FR	Cedar Rapids Washington	24:57	8:02/M
77	Emma Clanin, SR	Linn-Mar	25:00	8:03/M
78	Riley Uthe, JR	Hempstead	25:06	8:05/M
79	40 Jordan Hanna, SR	Cedar Rapids Jefferson	25:06	8:05/M
80	Alexandra Rump, FR	Xavier	25:13	8:07/M
81	Elizabeth Schmitt, FR	Xavier	25:17	8:08/M
82	Claire Daack, SO	Hempstead	25:22	8:10/M
83	Camryn Jeffords, SR	Cedar Rapids Kennedy	25:28	8:12/M
84	Sophie Fox, SR	Cedar Rapids Washington	25:29	8:12/M
85	Alexis Peterson, SR	Cedar Rapids Kennedy	25:35	8:14/M
86	Erin McGrath, SR	Hempstead	25:37	8:15/M
87	Emma Witt, SR	Cedar Rapids Washington	25:44	8:17/M
88	Mara Westphalen, JR	Cedar Rapids Washington	25:45	8:17/M
89	41 Izzy Bushman, SO	Cedar Rapids Jefferson	25:47	8:18/M
90	Ellie O'Neil, SR	Hempstead	25:48	8:18/M
91	Julie Cagnard, FR	Linn-Mar	25:49	8:19/M
92	Josie Winn, FR	Linn-Mar	25:52	8:19/M

93		Carley Beck, JR	Xavier	25:53	8:20/M
94		Gemma Tursi, SR	Xavier	25:55	8:20/M
95		Sarah Bouska, SR	Xavier	25:55	8:21/M
96		Skylynn Redding, SO	Hempstead	25:57	8:21/M
97		Ashley Hageman, SR	Cedar Rapids Washington	25:59	8:22/M
98	42	Corinne Hepker, JR	Cedar Rapids Jefferson	25:59	8:22/M
99		Rachel Less, JR	Hempstead	26:01	8:23/M
100		Abby Kallaher, SO	Hempstead	26:36	8:34/M
101		Shock Peyton, SO	Linn-Mar	26:37	8:34/M
102		Bushlack Emily, SO	Linn-Mar	26:38	8:34/M
103		Janessa Klein, SR	Xavier	26:38	8:34/M
104		Callie Christofferson, FR	Cedar Rapids Jefferson	26:49	8:38/M
105		Ellen Houtz, SO	Cedar Rapids Washington	26:55	8:40/M
106		Aliyah Collins, FR	Cedar Rapids Jefferson	26:55	8:40/M
107		Gabby Flynn, FR	Xavier	26:57	8:40/M
108		Doyle Marin, SO	Linn-Mar	26:57	8:41/M
109		Autumn Brosius, SR	Hempstead	26:58	8:41/M
110		Avery Arens, FR	Xavier	27:00	8:42/M
111		Ella Kane, SO	Xavier	27:02	8:42/M
112		Katrina Truitt, FR	Cedar Rapids Jefferson	27:07	8:44/M
113		Natalie Winger, JR	Hempstead	27:14	8:46/M
114		Annie Fettekether, SR	Xavier	27:21	8:48/M
115		Morgan Settlege, SR	Cedar Rapids Jefferson	27:21	8:48/M
116		Audra Steil, SR	Hempstead	27:26	8:50/M
117		Olivia Prochnow, JR	Cedar Rapids Jefferson	27:28	8:51/M
118		Anyssa Ball, JR	Cedar Rapids Kennedy	27:32	8:52/M
119		Brooke Welter, SR	Xavier	27:35	8:53/M
120		Annabelle Hallan, SO	Cedar Rapids Kennedy	27:44	8:55/M
121		Courtney Less, FR	Hempstead	27:55	8:59/M
122		Isabel Hogg, SR	Cedar Rapids Washington	28:05	9:02/M
123		Brianna Cox, SR	Hempstead	28:05	9:02/M
124		Stanlick Abby, SO	Linn-Mar	28:09	9:04/M
125		Britany Gearheart, FR	Cedar Rapids Kennedy	28:13	9:05/M
126		Haley Manders, SR	Hempstead	28:21	9:07/M
127		Sydney Miller, SR	Cedar Rapids Jefferson	28:23	9:08/M
128		Ellie Rockwell, FR	Cedar Rapids Washington	28:24	9:09/M

129	Lauren Skala, SO	Xavier	28:29	9:10/M
130	Harley Murray, FR	Cedar Rapids Jefferson	28:29	9:10/M
131	Eko Mason, JR	Cedar Rapids Washington	28:48	9:16/M
132	Anna Parr, SR	Xavier	28:51	9:17/M
133	Caitlin Kramer, SR	Xavier	28:51	9:17/M
134	Maddie Murphy, SO	Xavier	28:55	9:18/M
135	Emily O'Rourke, JR	Xavier	28:58	9:19/M
136	Kendra Hamilton, JR	Cedar Rapids Jefferson	29:22	9:27/M
137	Samantha Robinson, FR	Xavier	29:28	9:29/M
138	Grace Duffy, SR	Cedar Rapids Kennedy	29:30	9:30/M
139	Melody Miller, JR	Cedar Rapids Jefferson	29:34	9:31/M
140	Emersen Rheingans, SR	Hempstead	29:46	9:35/M
141	Madalyn Appleby-Sparrow, SR	Cedar Rapids Washington	29:50	9:36/M
142	Grace Ries, SO	Xavier	30:22	9:46/M
143	Vicky Wang, JR	Linn-Mar	30:22	9:47/M
144	Joyce Sun, JR	Hempstead	30:26	9:48/M
145	Sierra Baur, JR	Hempstead	30:29	9:49/M
146	Hannah Kramer, JR	Hempstead	30:29	9:49/M
147	Alexandra Bonat, JR	Cedar Rapids Kennedy	30:42	9:53/M
148	Grace Miller, SR	Xavier	31:12	10:02/M
149	Virginia Russell, FR	Xavier	31:12	10:03/M
150	Mallory Dillon, SR	Hempstead	31:14	10:03/M
151	Kristen Urquhart, SO	Cedar Rapids Jefferson	31:30	10:08/M
152	Whitney Markham, SO	Cedar Rapids Kennedy	31:36	10:10/M
153	Infinity Walkins, JR	Cedar Rapids Jefferson	31:58	10:17/M
154	Theresa Lampe, SR	Xavier	32:34	10:29/M
155	Adelei Aitchenson, JR	Hempstead	32:58	10:37/M
156	Haley Rindfleifch, FR	Hempstead	33:22	10:44/M
157	Chiara Affatigato, JR	Cedar Rapids Jefferson	34:49	11:12/M

Place 1	Hempstead	Time Spread = 1:36	Ave Time = 20:09	Score = 32
Place	Name	Time	Pace mpm	
3	Hannah Brown, SO	19:26	6:15	
4	Heather Hostager, SR	19:51	6:23	
6	Shaelyn Hostager, SO	20:02	6:27	
8	Casey Nichols, SR	20:25	6:34	

11	Kaylee Leicht, SO	21:02	6:46
12	Emma Holesinger, SO	21:08	6:48
17	Emily Richter, FR	21:35	6:57
	Lauren Gudenkauf, SO	22:10	7:08
	Erin Scott, SO	22:13	7:09
	Jessica Mendenhall, SR	22:25	7:13
	Audrey Franklin, FR	22:32	7:15
	Allison Till, JR	23:05	7:26
	Sage Smith, SR	23:14	7:29
	Grace Ries, JR	23:22	7:31
	Emily Schmitt, SR	23:23	7:31
	Emily Morley, SO	23:26	7:33
	Jenna Coates, SR	23:32	7:34
	Erin Connolly, SR	24:01	7:44
	Victoria Larson, SO	24:14	7:48
	Alexis Lonning, SO	24:19	7:50
	Claire Paulson, SO	24:52	8:00
	Jaime Weidemann, FR	24:52	8:00
	Riley Uthe, JR	25:06	8:05
	Claire Daack, SO	25:22	8:10
	Erin McGrath, SR	25:37	8:15
	Ellie O'Neil, SR	25:48	8:18
	Skylynn Redding, SO	25:57	8:21
	Rachel Less, JR	26:01	8:23
	Abby Kallaher, SO	26:36	8:34
	Autumn Brosius, SR	26:58	8:41
	Natalie Winger, JR	27:14	8:46
	Audra Steil, SR	27:26	8:50
	Courtney Less, FR	27:55	8:59
	Brianna Cox, SR	28:05	9:02
	Haley Manders, SR	28:21	9:07
	Emersen Rheingans, SR	29:46	9:35
	Joyce Sun, JR	30:26	9:48
	Sierra Baur, JR	30:29	9:49
	Hannah Kramer, JR	30:29	9:49
	Mallory Dillon, SR	31:14	10:03
	Adelei Aitchenson, JR	32:58	10:37
	Haley Rindfleifch, FR	33:22	10:44

Place 2	Linn-Mar	Time Spread = 2:53	Ave Time = 20:08	Score = 34
Place	Name		Time	Pace mpm
1	Micah Poellet, FR		18:38	6:00
2	Lilly Geelan, FR		19:20	6:14
7	Chloe Skidmore, FR		20:18	6:32
9	Rachel Bohnenkamp, SR		20:50	6:42
15	Aj Kendrick, JR		21:31	6:56
16	Lindsay Ginger, FR		21:35	6:57
25	Emma Kelley, JR		22:16	7:10
	Dimia Burrell, SO		22:22	7:12
	Genskow Olivia, SO		22:28	7:14
	Staker Sadie, SO		23:53	7:41
	Jamison Feldman, SO		23:57	7:42
	Stacy Westman, FR		23:57	7:42
	Eilders Katelyn, SO		23:58	7:43
	Mika Ndikumana, FR		24:21	7:50
	Julia Drey, FR		24:26	7:52
	Cagnard Elise, SO		24:44	7:58
	Katie Greiner, JR		24:49	7:59
	Bushlack Lizzie, SO		24:54	8:01
	Emma Clanin, SR		25:00	8:03
	Julie Cagnard, FR		25:49	8:19
	Josie Winn, FR		25:52	8:19
	Shock Peyton, SO		26:37	8:34
	Bushlack Emily, SO		26:38	8:34
	Doyle Marin, SO		26:57	8:41
	Stanlick Abby, SO		28:09	9:04
	Vicky Wang, JR		30:22	9:47

Place 3	Cedar Rapids Kennedy	Time Spread = 1:24	Ave Time = 21:39	Score = 93
Place	Name		Time	Pace mpm
10	Hannah Fusselman, SR		20:53	6:43
14	Lauren Gray, FR		21:19	6:52
19	Olivia Hamblin, SO		21:37	6:57
24	Kaelyn Ryan, SO		22:10	7:08
26	Briana McLaughlin, JR		22:17	7:10

30	Anna Klein, SR	22:49	7:21
34	Erica Schulte, FR	23:03	7:25
	Kallie Kolthoff, FR	23:07	7:26
	Emily Fusselman, FR	23:21	7:31
	Allisa Gray, FR	23:59	7:43
	Sarah Grams, FR	24:16	7:49
	Lily Gust, JR	24:26	7:52
	Camryn Jeffords, SR	25:28	8:12
	Alexis Peterson, SR	25:35	8:14
	Anyssa Ball, JR	27:32	8:52
	Annabelle Hallan, SO	27:44	8:55
	Britany Gearheart, FR	28:13	9:05
	Grace Duffy, SR	29:30	9:30
	Alexandra Bonat, JR	30:42	9:53
	Whitney Markham, SO	31:36	10:10

Place 4 Cedar Rapids Washington Time Spread = 3:07 Ave Time = 21:39 Score = 94

Place	Name	Time	Pace mpm
5	Reagan Gorman, JR	19:52	6:24
13	Sarah Altemeier, SR	21:15	6:50
21	Mary Cline, FR	22:01	7:05
23	Sydney Mitvalsky, FR	22:08	7:07
32	Olivia Kennedy, JR	22:58	7:24
37	Emily Weis, JR	23:27	7:33
38	Jill Hughes, JR	23:54	7:42
	Emma Westphalen, JR	24:06	7:45
	Serena Eck, SR	24:25	7:52
	Ella Davis, FR	24:57	8:02
	Sophie Fox, SR	25:29	8:12
	Emma Witt, SR	25:44	8:17
	Mara Westphalen, JR	25:45	8:17
	Ashley Hageman, SR	25:59	8:22
	Ellen Houtz, SO	26:55	8:40
	Isabel Hogg, SR	28:05	9:02
	Ellie Rockwell, FR	28:24	9:09
	Eko Mason, JR	28:48	9:16

Madalyn Appleby-
Sparrow, SR

29:50

9:36

Place 5 Xavier Time
Spread = Ave Time = 22:29 Score = 134
1:09

Place	Name	Time	Pace mpm
20	Hannah Denman, SO	21:50	7:02
22	Ellie Tanko, SO	22:01	7:05
28	Paige Diebold, SR	22:44	7:19
31	Claire Iversen, SR	22:51	7:21
33	Rilee Lansing, SO	22:59	7:24
35	Bridget Schmitt, JR	23:13	7:28
36	Hannah Dake, JR	23:17	7:30
	Megan Meyer, SO	23:25	7:32
	Emily Jennings, JR	24:24	7:51
	Kathryn Cosgrove, JR	24:43	7:57
	Alexandra Rump, FR	25:13	8:07
	Elizabeth Schmitt, FR	25:17	8:08
	Carley Beck, JR	25:53	8:20
	Gemma Tursi, SR	25:55	8:20
	Sarah Bouska, SR	25:55	8:21
	Janessa Klein, SR	26:38	8:34
	Gabby Flynn, FR	26:57	8:40
	Avery Arens, FR	27:00	8:42
	Ella Kane, SO	27:02	8:42
	Annie Fettkether, SR	27:21	8:48
	Brooke Welter, SR	27:35	8:53
	Lauren Skala, SO	28:29	9:10
	Anna Parr, SR	28:51	9:17
	Caitlin Kramer, SR	28:51	9:17
	Maddie Murphy, SO	28:55	9:18
	Emily O'Rourke, JR	28:58	9:19
	Samantha Robinson, FR	29:28	9:29
	Grace Ries, SO	30:22	9:46
	Grace Miller, SR	31:12	10:02
	Virginia Russell, FR		