

49th Les Duke Invitational Women 6K**Oakland Acres - Host Grinnell College****Sep. 11, 2010**

60s, breezy and sunny

Results by Cal Murdock

Mens results [here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES	OF	FINISHERS						AVG. TIME	SPREAD
1	Truman State	54	2	4	11	12	25	43	45	23:28	2:23	
2	St. Olaf College	56	5	6	13	15	17	27	30	23:34	1:14	
3	Wartburg College	65	3	7	10	22	23	33	39	23:43	1:54	
4	Bethel University	127	8	24	26	28	41	42	52	24:34	2:02	
5	Cornell College	131	18	21	29	31	32	38	53	24:45	0:52	
6	Grinnell College	158	16	34	35	36	37	40	51	24:57	1:05	
7	Carleton College	164	1	14	47	48	54	61		24:38	3:29	
8	Monmouth College	168	9	20	44	46	49	56	57	24:52	2:08	
9	Principia College	269	19	55	64	65	66	69	71	27:02	3:53	
10	Coe College	293	50	58	60	62	63	70	72	26:58	2:12	
11	D M A C C	360	59	68	76	78	79			33:18	14:26	
12	Southwestern C C	366	67	73	74	75	77			30:19	3:13	

Incomplete Teams: Indian Hills C C, Iowa Wesleyan College, Marshalltown C C, Grinnell Alum

Individuals

PLACE	FINISHER	TIME	PACE
1.	Truman State		
2	Dani Dell'orco, Jr	22:25	6:01
4	Karen Grauel, So	22:53	6:08
11	Anne Ratermann, Jr	23:36	6:20
12	Cindy Grauel, So	23:41	6:21
25	Debbie Boedeker, So	24:47	6:39
43	Katie Hirsch, Fr	25:16	6:46
45	Amanda Brown, Sr	25:21	6:48
Total Time = 1:57:20		Total Places = 54	
2.	St. Olaf College		
5	Emma Lee, So	22:57	6:09
6	Rachel Dean, So	22:57	6:09
13	Sophie Pietrick, So	23:44	6:22
15	Hannah Dennis, Jr	24:00	6:26
17	Christine Muller, Jr	24:10	6:29
27	Meggie Exner, Fr	24:53	6:40
30	Leah Roth, Fr	24:55	6:41
Total Time = 1:57:47		Total Places = 56	
3.	Wartburg College		
3	Anna Kraayenbrink, Sr	22:45	6:06
7	Lori Tlach, Sr	23:01	6:10
10	Emily Eimers, Jr	23:35	6:19
22	Haddie Vawter, Fr	24:38	6:36
23	Kirsten Youngberg, So	24:39	6:37

33	Lauren Mapes, Fr	25:09	6:45
39	Chelsea Keninger, Fr	25:13	6:46
Total Time = 1:58:35		Total Places = 65	

4. Bethel University

8	Cara Donohue, Fr	23:12	6:13
24	Kayla Jelen, Sr	24:42	6:37
26	Tera Hereid, Fr	24:51	6:40
28	Kristin Mork, Sr	24:53	6:40
41	Carissa Bodette, So	25:13	6:46
42	Laura Zwilling, Jr	25:15	6:46
52	Alex Potter, Sr	25:47	6:55
Total Time = 2:02:50		Total Places = 127	

5. Cornell College

18	Allie Jagielo, Sr	24:12	6:29
21	Elise Mead, So	24:35	6:36
29	Andrea Aerts, Sr	24:54	6:41
31	Laura Ettlin, Fr	24:57	6:41
32	Leslie Smebak, So	25:04	6:43
38	Laura Lindsay, Jr	25:11	6:45
53	Lauren Seemann, So	25:50	6:56
Total Time = 2:03:41		Total Places = 131	

6. Grinnell College

16	Hannah Colter, Jr	24:06	6:28
34	Maja Gamble, Sr	25:09	6:45
35	Sarah Burnelll, Fr	25:09	6:45
36	Leah Russell, Sr	25:09	6:45
37	Sasha Dunbar, So	25:11	6:45
40	Annie Tempest, Jr	25:13	6:46
51	Meg Rudy, Fr	25:43	6:54
Total Time = 2:04:42		Total Places = 158	

7. Carleton College

1	Simone Childs-Walker, Jr	22:23	6:00
14	Alison Smyth, Jr	23:58	6:26
47	Rachel Kittaka, Jr	25:27	6:49
48	Kaitlin Randolph, Jr	25:31	6:51
54	Julie Besenbruch, So	25:52	6:56
61	Carrie Harshbarger, So	27:07	7:16
Total Time = 2:03:09		Total Places = 164	

8. Monmouth College

9	Mary Kate Beyer, Sr	23:28	6:18
20	Rachel Bowden, So	24:33	6:35
44	Aron Jackson, So	25:18	6:47
46	Tori Beaty, So	25:26	6:49
49	Alyssa Edwards, Fr	25:35	6:52
56	Whitney Didier, Sr	26:07	7:00
57	Marlee Lane, So	26:19	7:03
Total Time = 2:04:18		Total Places = 168	

9. Principia College

19	Casey Powell, So	24:26	6:33
55	Emily Osborne, Fr	26:07	7:00
64	Mackenzie Olson, So	28:03	7:31
65	Alyssa Cheatham, So	28:16	7:35
66	Julia Suber, Fr	28:18	7:35
69	Brianna Mayer, So	29:05	7:48
71	Haley Morton, Fr	29:08	7:49
Total Time = 2:15:07		Total Places = 269	

10. Coe College

50	Michelle Klobassa, Sr	25:38	6:52
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58	Stacy Barton, Fr	26:26	7:05
60	Heather White, Sr	27:04	7:16
62	Palmer Hoegh, Fr	27:50	7:28
63	Taylor Wolf, Fr	27:50	7:28
70	Kelly Strohm, So	29:07	7:48
72	Christina Miller, Fr	29:25	7:53
Total Time = 2:14:46		Total Places = 293	

11. D M A C C

59	Katie Clark, Fr	26:53	7:12
68	Kari Sylvester, So	28:51	7:44
76	Nyang Toang, So	31:35	8:28
78	Jeavenia Jones, Fr	37:54	10:10
79	Maria Melendez, Fr	41:18	11:05
Total Time = 2:46:28		Total Places = 360	

12. Southwestern C C

67	Chelsi Palmer, Fr	28:48	7:43
73	Kellie DeJong, So	29:47	7:59
74	Kaylee Tucker, Fr	30:16	8:07
75	Jess Lamb, Fr	30:46	8:15
77	Amy Waddingham, Fr	32:00	8:35
Total Time = 2:31:35		Total Places = 366	

PLACE	FINISHER	TIME	PACE	TEAM
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[Top](#)

1	Simone Childs-Walker, Jr	22:23	6:00	Carleton College
2	Dani Dell'orco, Jr	22:25	6:01	Truman State
3	Anna Kraayenbrink, Sr	22:45	6:06	Wartburg College
4	Karen Grauel, So	22:53	6:08	Truman State
5	Emma Lee, So	22:57	6:09	St. Olaf College
6	Rachel Dean, So	22:57	6:09	St. Olaf College
7	Lori Tlach, Sr	23:01	6:10	Wartburg College
8	Cara Donohue, Fr	23:12	6:13	Bethel University
9	Mary Kate Beyer, Sr	23:28	6:18	Monmouth College
10	Emily Eimers, Jr	23:35	6:19	Wartburg College
11	Anne Ratermann, Jr	23:36	6:20	Truman State
12	Cindy Grauel, So	23:41	6:21	Truman State
13	Sophie Pietrick, So	23:44	6:22	St. Olaf College
14	Alison Smyth, Jr	23:58	6:26	Carleton College
15	Hannah Dennis, Jr	24:00	6:26	St. Olaf College
16	Hannah Colter, Jr	24:06	6:28	Grinnell College
17	Christine Muller, Jr	24:10	6:29	St. Olaf College
18	Allie Jagielo, Sr	24:12	6:29	Cornell College
19	Casey Powell, So	24:26	6:33	Principia College
20	Rachel Bowden, So	24:33	6:35	Monmouth College
21	Elise Mead, So	24:35	6:36	Cornell College
22	Haddie Vawter, Fr	24:38	6:36	Wartburg College
23	Kirsten Youngberg, So	24:39	6:37	Wartburg College
24	Kayla Jelen, Sr	24:42	6:37	Bethel University
25	Debbie Boedeker, So	24:47	6:39	Truman State
26	Tera Hereid, Fr	24:51	6:40	Bethel University
27	Meggie Exner, Fr	24:53	6:40	St. Olaf College
28	Kristin Mork, Sr	24:53	6:40	Bethel University
29	Andrea Aerts, Sr	24:54	6:41	Cornell College
30	Leah Roth, Fr	24:55	6:41	St. Olaf College
31	Laura Ettlin, Fr	24:57	6:41	Cornell College
32	Becca Bevans, So	25:03	6:43	St. Olaf College
33	Andrea Dittman, Jr	25:04	6:43	St. Olaf College
34	Leslie Smebak, So	25:04	6:43	Cornell College
35	Lauren Mapes, Fr	25:09	6:45	Wartburg College
36	Maja Gamble, Sr	25:09	6:45	Grinnell College
37	Sarah Burnelll, Fr	25:09	6:45	Grinnell College
38	Leah Russell, Sr	25:09	6:45	Grinnell College

39	Sasha Dunbar, So	25:11	6:45	Grinnell College
40	Laura Lindsay, Jr	25:11	6:45	Cornell College
41	Sheryl Miller	25:12	6:45	
42	Chelsea Keninger, Fr	25:13	6:46	Wartburg College
43	Annie Tempest, Jr	25:13	6:46	Grinnell College
44	Carissa Bodette, So	25:13	6:46	Bethel University
45	Laura Zwilling, Jr	25:15	6:46	Bethel University
46	Katie Hirsch, Fr	25:16	6:46	Truman State
47	Georgia Greene, So	25:17	6:47	St. Olaf College
48	Aron Jackson, So	25:18	6:47	Monmouth College
49	Erin Seymour, So	25:19	6:47	Wartburg College
50	Moriah Novacinski, Fr	25:21	6:48	St. Olaf College
51	Laura Cook, Sr	25:21	6:48	St. Olaf College
52	Amanda Brown, Sr	25:21	6:48	Truman State
53	Sarah Ritshie, Jr	25:22	6:48	Wartburg College
54	Tori Beaty, So	25:26	6:49	Monmouth College
55	Rachel Kittaka, Jr	25:27	6:49	Carleton College
56	Emilia Lewis, Fr	25:29	6:50	St. Olaf College
57	Kaitlin Randolph, Jr	25:31	6:51	Carleton College
58	Allison Brandt, So	25:34	6:51	St. Olaf College
59	Alyssa Edwards, Fr	25:35	6:52	Monmouth College
60	Michelle Klobassa, Sr	25:38	6:52	Coe College
61	Rebecca Spurr, Sr	25:40	6:53	St. Olaf College
62	Meg Rudy, Fr	25:43	6:54	Grinnell College
63	Alex Potter, Sr	25:47	6:55	Bethel University
64	Emma Larson, Fr	25:49	6:55	St. Olaf College
65	Lauren Seemann, So	25:50	6:56	Cornell College
66	Julie Besenbruch, So	25:52	6:56	Carleton College
67	Kylie Raithel, Sr	25:55	6:57	Truman State
68	Cassidy White, Fr	26:04	6:59	Grinnell College
Pace: 7:00 8:00 9:00 10:00 11:00 Top				
69	Emily Osborne, Fr	26:07	7:00	Principia College
70	Whitney Didier, Sr	26:07	7:00	Monmouth College
71	Emily Anderson, Fr	26:08	7:01	Bethel University
72	Allison Newman, Sr	26:09	7:01	Cornell College
73	Kristen Tengwall, Sr	26:11	7:01	Bethel University
74	Elissa Hageman, Jr	26:14	7:02	Wartburg College
75	Jenna Diercks, So	26:16	7:03	Bethel University
76	Marlee Lane, So	26:19	7:03	Monmouth College
77	Audrey Weidman, Jr	26:21	7:04	Wartburg College
78	Kelsey Mullen, Fr	26:24	7:05	St. Olaf College
79	Brittney Frazier, So	26:25	7:05	Monmouth College
80	Stacy Barton, Fr	26:26	7:05	Coe College
81	Oliva Horan, Jr	26:28	7:06	Grinnell College
82	Abby Palm, Fr	26:29	7:06	Truman State
83	Sachi Graber, Jr	26:30	7:06	Grinnell College
84	Lilah Melzer, Sr	26:34	7:08	Grinnell College
85	Hillary Boyce, Jr	26:40	7:09	St. Olaf College
86	Catherine Bisignano, Jr	26:41	7:09	Grinnell College
87	Claudia Gonzalez, Fr	26:43	7:10	Cornell College
88	Abby Engelhart, Fr	26:44	7:10	St. Olaf College
89	Robin Stramp, Fr	26:47	7:11	St. Olaf College
90	Sam Skaar, Fr	26:49	7:11	Bethel University
91	Katie Clark, Fr	26:53	7:12	D M A C C
92	Hannah Farnsworth, Fr	26:57	7:14	Truman State
93	Mary Swiggum, So	27:02	7:15	St. Olaf College
94	Heather White, Sr	27:04	7:16	Coe College
95	Metzere Berlein, So	27:05	7:16	Grinnell College
96	Claire Fleckenstein, So	27:05	7:16	Grinnell College
97	Carrie Harshbarger, So	27:07	7:16	Carleton College
98	Arielle Brown, So	27:10	7:17	Wartburg College
99	Mia LaBrier, Fr	27:12	7:18	Cornell College
100	Kelly Hennessey, So	27:16	7:19	St. Olaf College
101	Ali Kilburg, Fr	27:16	7:19	Wartburg College

102	Beverly Krueger, Fr	27:18	7:19	Monmouth College
103	Nora Colter	27:20	7:20	Grinnell Alum
104	Kristen Nelson, So	27:22	7:20	St. Olaf College
105	Diane Meisles, Jr	27:29	7:22	Grinnell College
106	Maria Helgeson, So	27:31	7:23	Cornell College
107	Kristen Anderson, Fr	27:36	7:24	Bethel University
108	Lauren Emery, Fr	27:43	7:26	Grinnell College
109	Palmer Hoegh, Fr	27:50	7:28	Coe College
110	Taylor Wolf, Fr	27:50	7:28	Coe College
111	Laura Smith, Jr	27:52	7:28	St. Olaf College
112	Michelle Benson, Sr	27:55	7:29	Bethel University
113	Clare Boerigter, Fr	27:56	7:29	Grinnell College
114	Annie Bodeau, Fr	28:01	7:31	St. Olaf College
115	Mackenzie Olson, So	28:03	7:31	Principia College
116	Heather Dansingburg, Jr	28:12	7:34	St. Olaf College
117	Michelle Anderson, Fr	28:13	7:34	St. Olaf College
118	Renee Schumann, Jr	28:14	7:34	Bethel University
119	Alyssa Cheatham, So	28:16	7:35	Principia College
120	Julia Suber, Fr	28:18	7:35	Principia College
121	Christina Jellema, Fr	28:19	7:36	Wartburg College
122	Jacqui Vautin, So	28:23	7:37	Grinnell College
123	Jamie Mosel, Jr	28:23	7:37	St. Olaf College
124	Jackie Reich Scheele, Jr	28:25	7:37	St. Olaf College
125	Kelsey Hyde, Sr	28:28	7:38	Grinnell College
126	Emily Long, Sr	28:29	7:38	Wartburg College
127	Hanna Helwig, So	28:34	7:40	St. Olaf College
128	Anna Bernard, Jr	28:35	7:40	St. Olaf College
129	Kate Edeker, Jr	28:36	7:40	Grinnell College
130	Emily Bail, Sr	28:36	7:40	Grinnell College
131	Margaret Christner, Sr	28:36	7:40	St. Olaf College
132	Debbie Nesvik, Fr	28:38	7:41	Wartburg College
133	Theresa McDevitt, Jr	28:39	7:41	St. Olaf College
134	Sauna Palmer, So	28:39	7:41	Bethel University
135	Bekah Holten, Fr	28:39	7:41	Wartburg College
136	Chelsi Palmer, Fr	28:48	7:43	Southwestern C C
137	Kari Sylvester, So	28:51	7:44	D M A C C
138	Alyssa Hessler, Fr	28:54	7:45	Bethel University
139	Erica Sherwood, Jr	28:57	7:46	Bethel University
140	Marie Buchner, Fr	29:00	7:46	St. Olaf College
141	Brianna Mayer, So	29:05	7:48	Principia College
142	Kelly Strohm, So	29:07	7:48	Coe College
143	Haley Morton, Fr	29:08	7:49	Principia College
144	Hannah Cargill, Jr	29:10	7:49	Cornell College
145	Kortney Krueger, Fr	29:14	7:50	St. Olaf College
146	Brie Bieler, Sr	29:17	7:51	Grinnell College
147	Elizabeth Jach	29:19	7:52	Grinnell Alum
148	Breanna Derynck, Fr	29:22	7:52	Iowa Wesleyan College
149	Libby Magnuson, So	29:23	7:53	St. Olaf College
150	Nicole Klein, So	29:24	7:53	St. Olaf College
151	Christina Miller, Fr	29:25	7:53	Coe College
152	Gretchen Mueller, Fr	29:30	7:55	St. Olaf College
153	Karin Christenson, Sr	29:30	7:55	St. Olaf College
154	Chelsey Thill, So	29:33	7:56	Coe College
155	Katherine Sittig, Fr	29:34	7:56	Grinnell College
156	Ellen Mariano, Jr	29:37	7:56	Cornell College
157	Carmen Nelson, Fr	29:37	7:57	Grinnell College
158	Jo Gruenewald, Jr	29:43	7:58	St. Olaf College
159	Xandra Kenney-Blumer, So	29:44	7:58	Principia College
160	Kellie DeJong, So	29:47	7:59	Southwestern C C
Pace: 7:00 8:00 9:00 10:00 11:00 Top				
161	Maegan Brewer, Jr	29:50	8:00	Principia College
162	Susan Kikuchi, Jr	29:59	8:02	Grinnell College
163	Julia Kreznar, So	30:07	8:05	Grinnell College
164	Emily Sander, Jr	30:15	8:07	Principia College

165	Kaylee Tucker, Fr	30:16	8:07	Southwestern C C
166	Jenny Jones, So	30:21	8:08	St. Olaf College
167	Sarah Lidemulder, So	30:27	8:10	Indian Hills C C
168	Taisa Kushner, Fr	30:36	8:12	St. Olaf College
169	Emily King, So	30:37	8:13	St. Olaf College
170	Mickie O'Brien, Sr	30:44	8:15	Grinnell College
171	Jess Lamb, Fr	30:46	8:15	Southwestern C C
172	Margaret Allen, Jr	31:03	8:20	Grinnell College
173	Kirsty Edwards, Fr	31:10	8:21	Principia College
174	Nyang Toang, So	31:35	8:28	D M A C C
175	Merrilee Walters, So	31:38	8:29	Principia College
176	Amy Waddingham, Fr	32:00	8:35	Southwestern C C
177	Elizabeth Brost	33:17	8:56	
178	Alana Vogel, Jr	33:24	8:57	Grinnell College
179	Melissa Schiffer, So	33:30	8:59	Bethel University
Pace: 7:00 8:00 9:00 10:00 11:00 Top				
180	Susana Merrick, So	34:33	9:16	Indian Hills C C
181	Kellie Wolfe, Sr	34:44	9:19	Iowa Wesleyan College
182	Rebecca Wilson, So	35:57	9:38	Iowa Wesleyan College
183	Katie Harper, Fr	36:29	9:47	Indian Hills C C
184	Astred Aguilar, Fr	37:04	9:56	Indian Hills C C
Pace: 7:00 8:00 9:00 10:00 11:00 Top				
185	Jeavenia Jones, Fr	37:54	10:10	D M A C C
186	Chelsea O'Connor, Fr	38:04	10:12	Marshalltown C C
Pace: 7:00 8:00 9:00 10:00 11:00 Top				
187	Maria Melendez, Fr	41:18	11:05	D M A C C

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