

**45th Les Duke Invite Women 6K (3.728miles)****Grinnell, Iowa****Sept. 8, 2007**

70s, humid &amp; sunny

Results by Cal Murdock

[Mens results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS								AVG. TIME	SPREAD
1*	Morningside	60	7	10	12	13	18	27	35	24:38	41	
1*	Grinnell	60	1	2	6	21	30	32	33	24:01	3:18	
3	Simpson	62	5	9	11	15	22	31	34	24:37	1:07	
4	Cornell	79	4	8	20	23	24	37	46	24:46	1:20	
5	Central	91	14	16	17	19	25	26	29	24:58	34	
6	Coe	170	3	39	41	43	44	49	51	26:03	3:57	
7	Grand View	203	28	36	38	45	56	63		27:02	3:58	
8	Knox	252	42	48	50	54	58	61	62	28:19	2:56	
9	Buena Vista	264	47	52	53	55	57	64	65	28:48	2:01	
10	William Penn	292	40	59	60	66	67	68		32:15	12:58	

## INCOMPLETE TEAMS:

Clarke  
Dmacc[Individuals](#)

## 1\*. Morningside

7	Erin Lynn Keitges, So	24:14	6:30
10	Kara Nelson, So	24:29	6:34
12	Brooke Pottorff, Jr	24:46	6:38
13	Val Crutchley, Jr	24:46	6:39
18	Emily Grabow, Sr	24:55	6:41
27	Hannah Keesler, Fr	25:32	6:51
35	Brianna Deitrich, Fr	26:10	7:01

Time = 2:03:08      Places = 60

## 1\*. Grinnell

1	Sarah Spencer, Sr	22:22	6:00
2	Allison Louthan, Sr	22:45	6:06
6	Becky Bessinger, Jr	24:12	6:29
21	Maja Gamble, Fr	25:08	6:44
30	Elizabeth Jach, Jr	25:40	6:53
32	Rachel Whitfield, So	25:53	6:56
33	Nora Colter, So	25:59	6:58

Time = 2:00:05      Places = 60

## 3. Simpson

5	Catie Ellingson, Fr	24:07	6:28
9	Jess Christensen, So	24:27	6:33
11	Sarah Hammel, So	24:30	6:34
15	Kelsey Beeding, Fr	24:49	6:39
22	Jodi Harding, So	25:13	6:46
31	Emily Salberg, Sr	25:46	6:55
34	Tricia Davis, So	26:09	7:01

Time = 2:03:05 Places = 62

## 4. Cornell

4	Rachelle Hawkins, Jr	23:59	6:26
8	Patricia Gonzalves, Jr	24:17	6:31
20	Lindsey Kuhlmann, Jr	25:00	6:42
23	Andrea Aerts, Fr	25:15	6:46
24	Allie Jagielo, Fr	25:18	6:47
37	Amanda Jepson, Jr	26:20	7:04
46	Ellie Hutchison, Fr	27:36	7:24

Time = 2:03:47 Places = 79

## 5. Central

14	Jess Clark, Jr	24:47	6:39
16	Amy Ledvina, So	24:51	6:40
17	Amber Mayer, So	24:54	6:41
19	Angie Berry, So	24:56	6:41
25	Hannah Anderson, Jr	25:20	6:48
26	Jennie Hufford, So	25:28	6:50
29	Molly Von Holten, Fr	25:36	6:52

Time = 2:04:46 Places = 91

## 6. Coe

3	Ashley Schnell, Fr	23:03	6:11
39	Kiley Schaumleffel, So	26:33	7:07
41	Denise Eslinger, Sr	26:40	7:09
43	Linda Freiha, Jr	26:57	7:14
44	Maranda Franke, Fr	27:00	7:14
49	Jessi Robison, So	27:51	7:28
51	Naomi Hillsman, So	28:17	7:35

Time = 2:10:11 Places = 170

## 7. Grand View

28	Lyndsey Cozad, Sr	25:34	6:51
36	Sara Hendrickson, So	26:18	7:03
38	Miah Watson, Sr	26:31	7:07
45	Hilliary Jones, Jr	27:17	7:19
56	Megan Winkelmann, So	29:32	7:55
63	Melissa Linde, Jr	31:11	8:22

Time = 2:15:10 Places = 203

## 8. Knox

42	Karen Brophy, Jr	26:47	7:11
48	Chloe Bohm, Fr	27:49	7:28
50	Tanya Novotnak, Fr	28:12	7:34
54	Tara Orec, Fr	29:07	7:49
58	Natasha Largo, Fr	29:42	7:58
61	Selene Gonzalez, Sr	30:50	8:16
62	Britt Anderson, Fr	30:51	8:16

Time = 2:21:34 Places = 252

## 9. Buena Vista

47	Courtney Jones, Sr	27:40	7:25
52	Andrea Ahrendsen, Jr	28:18	7:35
53	Missy Reinhart, Sr	29:05	7:48
55	Jenni Schommers, Jr	29:18	7:51
57	Ali Bunde, Fr	29:41	7:57
64	Courtney Manny, So	31:22	8:25
65	Bre Platt, Fr	31:59	8:35

Time = 2:24:00 Places = 264

## 10. William Penn

40	Kasey Kerr, Sr	26:38	7:08
59	Val McReyalonds, Sr	29:59	8:02
60	Katie Miller, So	30:03	8:04

66 Christa Subbert, Fr 35:01 9:23  
 67 Carrie Parker, Jr 39:35 10:37  
 68 Shalisa Gladney, Fr 41:25 11:06

Time = 2:41:13 Places = 292

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PLACE	TEAM SCORE	FINISHER	TIME	PACE	TEAM
1	1	Sarah Spencer, Sr	22:22	6:00	Grinnell
2		Marie Schofer	22:33	6:03	
3	2	Allison Louthan, Sr	22:45	6:06	Grinnell
4	3	Ashley Schnell, Fr	23:03	6:11	Coe
5	4	Rachelle Hawkins, Jr	23:59	6:26	Cornell
6	5	Catie Ellingson, Fr	24:07	6:28	Simpson
7	6	Becky Bessinger, Jr	24:12	6:29	Grinnell
8	7	Erin Lynn Keitges, So	24:14	6:30	Morningside
9	8	Patricia Gonzalves, Jr	24:17	6:31	Cornell
10	9	Jess Christensen, So	24:27	6:33	Simpson
11	10	Kara Nelson, So	24:29	6:34	Morningside
12	11	Sarah Hammel, So	24:30	6:34	Simpson
13	12	Brooke Pottorff, Jr	24:46	6:38	Morningside
14	13	Val Crutchley, Jr	24:46	6:39	Morningside
15	14	Jess Clark, Jr	24:47	6:39	Central
16	15	Kelsey Beeding, Fr	24:49	6:39	Simpson
17	16	Amy Ledvina, So	24:51	6:40	Central
18	17	Amber Mayer, So	24:54	6:41	Central
19	18	Emily Grabow, Sr	24:55	6:41	Morningside
20	19	Angie Berry, So	24:56	6:41	Central
21	20	Lindsey Kuhlmann, Jr	25:00	6:42	Cornell
22	21	Maja Gamble, Fr	25:08	6:44	Grinnell
23	22	Jodi Harding, So	25:13	6:46	Simpson
24	23	Andrea Aerts, Fr	25:15	6:46	Cornell
25	24	Allie Jagielo, Fr	25:18	6:47	Cornell
26	25	Hannah Anderson, Jr	25:20	6:48	Central
27	26	Jennie Hufford, So	25:28	6:50	Central
28	27	Hannah Keesler, Fr	25:32	6:51	Morningside
29	28	Lyndsey Cozad, Sr	25:34	6:51	Grand View
30	29	Molly Von Holten, Fr	25:36	6:52	Central
31	30	Elizabeth Jach, Jr	25:40	6:53	Grinnell
32	31	Emily Salberg, Sr	25:46	6:55	Simpson
33	32	Rachel Whitfield, So	25:53	6:56	Grinnell
34	33	Nora Colter, So	25:59	6:58	Grinnell
Pace: <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>					
35	34	Tricia Davis, So	26:09	7:01	Simpson
36	35	Brianna Deitrich, Fr	26:10	7:01	Morningside
37		Kelli Hildreth, So	26:11	7:01	Simpson
38		Rachelle Tipton, So	26:16	7:03	Central
39	36	Sara Hendrickson, So	26:18	7:03	Grand View
40	37	Amanda Jepson, Jr	26:20	7:04	Cornell
41		Cassie McDonald, Fr	26:21	7:04	Central
42	38	Miah Watson, Sr	26:31	7:07	Grand View
43	39	Kiley Schaumleffel, So	26:33	7:07	Coe
44		Kristin Simpson, So	26:37	7:08	Simpson
45	40	Kasey Kerr, Sr	26:38	7:08	William Penn
46	41	Denise Eslinger, Sr	26:40	7:09	Coe
47		Alena Arendt, Fr	26:42	7:09	Morningside
48		Mandie Barkley, So	26:44	7:10	Central
49	42	Karen Brophy, Jr	26:47	7:11	Knox
50		Claudia Garcia, Fr	26:53	7:13	Central
51	43	Linda Freiha, Jr	26:57	7:14	Coe
52	44	Maranda Franke, Fr	27:00	7:14	Coe
53		Janae Williams, Fr	27:02	7:15	Morningside
54		Katie Luzum, So	27:09	7:17	Simpson

55		Jamie Corey, So	27:16	7:19	Simpson
56	45	Hilliary Jones, Jr	27:17	7:19	Grand View
57		Sara Crippen, Fr	27:18	7:19	Central
58		Lynzie Malone, Fr	27:21	7:20	Morningside
59		Constance Eshelman, Jr	27:28	7:22	Central
60		Liz Arentsen, So	27:33	7:23	Central
61	46	Ellie Hutchison, Fr	27:36	7:24	Cornell
62	47	Courtney Jones, Sr	27:40	7:25	Buena Vista
63		Steph Eide, So	27:46	7:27	Simpson
64		Amanda Carson, So	27:47	7:27	Simpson
65	48	Chloe Bohm, Fr	27:49	7:28	Knox
66	49	Jessi Robison, So	27:51	7:28	Coe
67		Tessie Cook, So	28:06	7:32	Morningside
68	50	Tanya Novotnak, Fr	28:12	7:34	Knox
69	51	Naomi Hillsman, So	28:17	7:35	Coe
70	52	Andrea Ahrendsen, Jr	28:18	7:35	Buena Vista
71		Kelly Kennedy, Sr	28:19	7:36	Cornell
72		Eve Reinhold, Fr	28:20	7:36	Central
73		Lilah Melzer, Fr	28:22	7:36	Grinnell
74		Keri Schaefer, Fr	28:25	7:37	Coe
75		Kelsey Levenhagen, Fr	28:26	7:38	Morningside
76		Kelsy Hyde, Fr	28:30	7:38	Grinnell
77		Stephanie Dolezal, Fr	28:31	7:39	Coe
78		Jessica Clegg, Jr	28:34	7:40	Clarke
79		Heather Hoefs, Fr	28:38	7:41	Morningside
80		Carley Freund, Fr	28:43	7:42	Clarke
81		Alyssa Hedrick, So	28:56	7:45	Simpson
82	53	Missy Reinhart, Sr	29:05	7:48	Buena Vista
83	54	Tara Orec, Fr	29:07	7:49	Knox
84		Katie Flores, So	29:17	7:51	Coe
85	55	Jenni Schommers, Jr	29:18	7:51	Buena Vista
86		Andrea Benson, Fr	29:20	7:52	Simpson
87		Collette Boilini, Sr	29:21	7:52	Grinnell
88		Margaret Smith, Jr	29:24	7:53	Grinnell
89		Jessi Crain, So	29:27	7:54	Clarke
90		Jennifer Griffiths, Fr	29:31	7:55	Simpson
91	56	Megan Winkelmann, So	29:32	7:55	Grand View
92		Nora Shields, Sr	29:36	7:56	Grinnell
93	57	Ali Bunde, Fr	29:41	7:57	Buena Vista
94		Maggie Kamraczewski, So	29:42	7:58	Grinnell
95	58	Natasha Largo, Fr	29:42	7:58	Knox
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96	59	Val McReyalonds, Sr	29:59	8:02	William Penn
97	60	Katie Miller, So	30:03	8:04	William Penn
98		Michelle Klobassa, Fr	30:06	8:04	Coe
99		Rachel Glass, Jr	30:08	8:05	Grinnell
100		Ellen Zaander, Jr	30:08	8:05	Grinnell
101		Emily Miller, Fr	30:24	8:09	Central
102		Brie Bieler, Fr	30:27	8:10	Grinnell
103		Allison Gnade, Jr	30:27	8:10	Grinnell
104		Mickie O'Brien, Fr	30:32	8:11	Grinnell
105		Ashley Kuehn, Fr	30:46	8:15	Simpson
106	61	Selene Gonzalez, Sr	30:50	8:16	Knox
107	62	Britt Anderson, Fr	30:51	8:16	Knox
108		Christy Cloninger, Sr	30:56	8:18	Grinnell
109		Susan Kikuchi, Fr	30:57	8:18	Grinnell
110		Liza Brost, So	31:01	8:19	Grinnell
111		Jill Kaspar, Jr	31:03	8:20	Grinnell
112		Ashley Drogo, Fr	31:09	8:21	Simpson
113	63	Melissa Linde, Jr	31:11	8:22	Grand View
114	64	Courtney Manny, So	31:22	8:25	Buena Vista
115		Daisy Ventura, Jr	31:36	8:28	Grinnell
116		Leyna Squillaci, Fr	31:45	8:31	Simpson
117		Chelsee Shortt, So	31:47	8:31	Coe

118		Megan Butler, Sr	31:53	8:33	Knox
119	65	Bre Platt, Fr	31:59	8:35	Buena Vista
120		Claire Knowlton, Fr	32:09	8:37	Knox
121		Helen Hapner, Fr	32:10	8:38	Knox
122		Stephanie Bashore, Sr	32:33	8:44	Coe
123		Phoebe Souza, Sr	33:18	8:56	Grinnell
124		Morgan Wright, So	33:22	8:57	Dmacc
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125		Dani Simpson, So	33:53	9:05	Dmacc
126		Hala Simm, So	34:29	9:15	Knox
127		Heidi Conner, Jr	34:43	9:19	Grinnell
128		Alison Weck, Fr	34:51	9:21	Grinnell
129	66	Christa Subbert, Fr	35:01	9:23	William Penn
130		Mary Purrazzo, So	35:34	9:32	Knox
131		Sarah Cupp, Fr	37:03	9:56	Coe
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132		Sarah Pierce, Sr	37:38	10:06	Grinnell
133	67	Carrie Parker, Jr	39:35	10:37	William Penn
134		Emily Willborn, Sr	39:38	10:38	Grinnell
Pace: <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>					
135	68	Shalisa Gladney, Fr	41:25	11:06	William Penn

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