

Iowa High School XC Championship 3A - Girls**Fort Dodge, Iowa****Nov. 2, 2013**

40s, sunny & 10 mph wind

Results by Cal Murdock

[1A Girls](#)
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[4A Boys](#)

Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES	OF	FINISHERS				AVG. TIME	SPREAD	
1*	Decorah	108	8	21	22	26	31	34	62	15:41.2	0:32.8
2*	Moc-Floyd Valley	108	6	9	13	35	45	79	81	15:40.0	1:00.7
3	Assumption-Davenport	126	2	17	28	39	40	68	98	15:38.0	1:25.1
4	Pella	140	1	14	27	46	52	101	103	15:44.2	1:46.9
5*	Mount Vernon-Lisbon	169	23	29	30	36	51	63	80	15:57.3	0:39.6
6*	Charles City	169	5	10	42	54	58	65	90	15:54.6	1:19.1
7*	Humboldt	211	7	20	43	70	71	88	89	16:12.0	1:38.7
8*	Vinton-Shellsburg	211	3	16	32	75	85	91	102	16:12.6	2:26.5
9	Spencer	221	12	44	47	57	61	73	100	16:12.9	1:03.7
10	Winterset	227	24	25	37	49	92	104	105	16:19.0	2:01.0
11	Williamsburg	228	19	41	53	56	59	76	82	16:12.6	0:48.6
12	Xavier, Cedar Rapids	254	11	15	48	87	93	94	96	16:33.8	2:25.9
13	Grinnell	261	18	33	64	72	74	78	83	16:27.6	1:29.4
14	Dallas Center-Grimes	262	4	50	55	69	84	86	95	16:23.9	2:16.9
15	Bishop Heelan	308	38	60	66	67	77	97	99	16:38.0	1:10.9

[Individuals](#)

PLACE	FINISHER	TIME
1*.	Decorah	
8	Stef Bjerke, Jr	15:19.8
21	Linnea Kephart, Jr	15:41.8

22	Amanda Taylor, Jr	15:42.5
26	Gara Lonning, Jr	15:49.3
31	Lydia Hayes, Sr	15:52.5
Total Time = 1:18:25.9		Total Places = 108

2*. Moc-Floyd Valley

6	Bethany Dykstra, Sr	15:12.9
9	Kelsey Lang, So	15:23.8
13	Caroline Ascherl, Jr	15:31.7
35	Jaycee Vander Berg, Jr	15:57.8
45	Rebekah Muilenburg, Jr	16:13.6
Total Time = 1:18:19.8		Total Places = 108

3. Assumption-Davenport

2	Joy Ripslinger, Fr	14:38.0
17	Beth Mallon, Sr	15:36.8
28	Mallory King, So	15:49.9
39	Ann Froeschle, Sr	16:02.3
40	Sarah Adams, So	16:03.0
Total Time = 1:18:10.0		Total Places = 126

4. Pella

1	Tess Roorda, Fr	14:36.5
14	Kelcey Blommers, Fr	15:33.0
27	Payton Phelps, Fr	15:49.6
46	Nicole Schnebbe, Fr	16:18.4
52	Sydney Swanson, Sr	16:23.3
Total Time = 1:18:40.8		Total Places = 140

5*. Mount Vernon-Lisbon

23	Kendra Schmidt, Jr	15:43.3
29	Hayley Corkin, Fr	15:50.9

30	Lucy Conroy, Jr	15:51.3
36	Faith Anton, Fr	15:57.9
51	Maren Jeppson, So	16:22.9
Total Time = 1:19:46.3		Total Places = 169

6*. Charles City

5	Emily Campbell, Sr	15:08.6
10	Kylie Boehmer, So	15:26.0
42	Jess Blumberg, Jr	16:06.0
54	Hannah Wohlers, Sr	16:24.4
58	Sarah Turpen, Fr	16:27.7
Total Time = 1:19:32.7		Total Places = 169

7*. Humboldt

7	Sam Larson, Sr	15:18.6
20	Maddie Kampen, So	15:39.7
43	Sophia Luu, Fr	16:08.5
70	McKennan Myott, So	16:55.6
71	Kate Curran, Fr	16:57.3
Total Time = 1:20:59.7		Total Places = 211

8*. Vinton-Shellsburg

3	Lily Horst, So	14:59.6
16	Bristi Gerber, So	15:35.8
32	Cassie Kenney, Fr	15:53.6
75	Hannah Haismann, Fr	17:07.8
85	Karley Kenney, Sr	17:26.0
Total Time = 1:21:02.8		Total Places = 211

9. Spencer

12	Cierra Guerrero, Sr	15:30.2
44	Jenna Grimmius, Fr	16:12.4
47	Sara Bauermeister, So	16:20.5

57 Myah Guerrero, Fr 16:27.2

61 Emma Fratzke, Fr 16:33.8

Total Time = 1:21:04.1 Total Places = 221

10. Winterset

24 Layken Gurwell, Fr 15:43.4

25 Dominique Fleming, Jr 15:45.6

37 Brittany Sawyers, Sr 15:59.6

49 Sydney Kaufman, Fr 16:21.6

92 Molly Eyerly, So 17:44.4

Total Time = 1:21:34.6 Total Places = 227

11. Williamsburg

19 Shannon Mullnix, Sr 15:39.6

41 Carly Schlabaugh, So 16:03.9

53 Dana Zuber, Fr 16:24.3

56 Kiaya Walters, Fr 16:27.0

59 Belle Hartman, Jr 16:28.1

Total Time = 1:21:02.9 Total Places = 228

12. Xavier, Cedar Rapids

11 Jenny Dickes, So 15:27.0

15 Emiko Coffey, Fr 15:35.4

48 Marinna Schroud, Sr 16:21.1

87 Brady Hoffman, Jr 17:32.6

93 Sydney Oakley, So 17:52.9

Total Time = 1:22:49.0 Total Places = 254

13. Grinnell

18 Christa Follette, Jr 15:37.7

33 Sarah Frischmeyer, Jr 15:55.3

64 Leslie Stark, Fr 16:37.8

72 Morgan Finch, Jr 17:00.0

74 Baylee Kivett, So 17:07.1

Total Time = 1:22:17.9 Total Places = 261

14. Dallas Center-Grimes

4 Madison Waymire, Sr 15:02.8

50 Sydnee Hendricks, Sr 16:21.9

55 Emma Bravard, Sr 16:24.8

69 Kirsten Lundy, Jr 16:50.2

84 Jessica Pugh, So 17:19.6

Total Time = 1:21:59.3 Total Places = 262

15. Bishop Heelan

38 Lauren Bleeker, So 16:01.2

60 Emma Sealey, So 16:32.3

66 Katie Glover, So 16:41.7

67 Madison Peck, Jr 16:42.4

77 Brooke Bleeker, Sr 17:12.0

Total Time = 1:23:09.6 Total Places = 308

TEAM

PLACE	SCORE	FINISHER	TIME	TEAM
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[Top](#)

1	1	Tess Roorda, Fr	14:36.5	Pella
2	2	Joy Ripslinger, Fr	14:38.0	Assumption-Davenport
3		Dianna Slight, Fr	14:58.6	Boone
4	3	Lily Horst, So	14:59.6	Vinton-Shellsburg
5		Abby Kohut-Jackson, So	15:02.0	Ballard
6	4	Madison Waymire, Sr	15:02.8	Dallas Center-Grimes
7		Sienna DeJong, Fr	15:04.3	Oskaloosa
8	5	Emily Campbell, Sr	15:08.6	Charles City
9	6	Bethany Dykstra, Sr	15:12.9	Moc-Floyd Valley

10		Emily Moes, Sr	15:16.2	Wahlert, Dubuque
11	7	Sam Larson, Sr	15:18.6	Humboldt
12	8	Stef Bjerke, Jr	15:19.8	Decorah
13	9	Kelsey Lang, So	15:23.8	Moc-Floyd Valley
14	10	Kylie Boehmer, So	15:26.0	Charles City
15	11	Jenny Dickes, So	15:27.0	Xavier, Cedar Rapids
16	12	Cierra Guerrero, Sr	15:30.2	Spencer
17	13	Caroline Ascherl, Jr	15:31.7	Moc-Floyd Valley
18	14	Kelcey Blommers, Fr	15:33.0	Pella
19		Kaylee Alvarez, Jr	15:33.5	Fort Madison
20	15	Emiko Coffey, Fr	15:35.4	Xavier, Cedar Rapids
21	16	Bristi Gerber, So	15:35.8	Vinton-Shellsburg
22	17	Beth Mallon, Sr	15:36.8	Assumption-Davenport
23	18	Christa Follette, Jr	15:37.7	Grinnell
24		Tiffany Williams, So	15:38.8	Atlantic
25	19	Shannon Mullnix, Sr	15:39.6	Williamsburg
26	20	Maddie Kampen, So	15:39.7	Humboldt
27	21	Linnea Kephart, Jr	15:41.8	Decorah
28	22	Amanda Taylor, Jr	15:42.5	Decorah
29	23	Kendra Schmidt, Jr	15:43.3	Mount Vernon-Lisbon
30	24	Layken Gurwell, Fr	15:43.4	Winterset
31	25	Dominique Fleming, Jr	15:45.6	Winterset
32	26	Gara Lonning, Jr	15:49.3	Decorah
33	27	Payton Phelps, Fr	15:49.6	Pella
34	28	Mallory King, So	15:49.9	Assumption-Davenport
35	29	Hayley Corkin, Fr	15:50.9	Mount Vernon-Lisbon
36	30	Lucy Conroy, Jr	15:51.3	Mount Vernon-Lisbon
37		Madison Bach, So	15:52.3	Marion
38	31	Lydia Hayes, Sr	15:52.5	Decorah
39	32	Cassie Kenney, Fr	15:53.6	Vinton-Shellsburg
40	33	Sarah Frischmeyer, Jr	15:55.3	Grinnell
41		Megan Hart, Sr	15:55.4	Shenandoah-Essex
42	34	Kelly Minear, Jr	15:55.6	Decorah

43	35	Jaycee Vander Berg, Jr	15:57.8	Moc-Floyd Valley
44	36	Faith Anton, Fr	15:57.9	Mount Vernon-Lisbon
45	37	Brittany Sawyers, Sr	15:59.6	Winterset
46		Alex Smith, Jr	15:59.8	Solon
47	38	Lauren Bleeker, So	16:01.2	Bishop Heelan
48	39	Ann Froeschle, Sr	16:02.3	Assumption-Davenport
49	40	Sarah Adams, So	16:03.0	Assumption-Davenport
50	41	Carly Schlabaugh, So	16:03.9	Williamsburg
51		Taylor Ferrel, So	16:05.9	Fairfield
52	42	Jess Blumberg, Jr	16:06.0	Charles City
53	43	Sophia Luu, Fr	16:08.5	Humboldt
54		Caitlin Dewell, So	16:10.3	Nevada
55		Maria Mostek, Jr	16:11.6	Creston
56	44	Jenna Grimmus, Fr	16:12.4	Spencer
57		Tangy Wiseman, Sr	16:13.0	Algona
58	45	Rebekah Muilenburg, Jr	16:13.6	Moc-Floyd Valley
59	46	Nicole Schnebbe, Fr	16:18.4	Pella
60		Morgan VanZante, Fr	16:19.5	Algona
61	47	Sara Bauermeister, So	16:20.5	Spencer
62	48	Marinna Schroud, Sr	16:21.1	Xavier, Cedar Rapids
63	49	Sydney Kaufman, Fr	16:21.6	Winterset
64	50	Sydnee Hendricks, Sr	16:21.9	Dallas Center-Grimes
65	51	Maren Jeppson, So	16:22.9	Mount Vernon-Lisbon
66		Carissa Pityer, Sr	16:23.1	Algona
67	52	Sydney Swanson, Sr	16:23.3	Pella
68		Brianna Mueller, So	16:24.1	Adm, Adel
69	53	Dana Zuber, Fr	16:24.3	Williamsburg
70	54	Hannah Wohlers, Sr	16:24.4	Charles City
71	55	Emma Bravard, Sr	16:24.8	Dallas Center-Grimes
72	56	Kiaya Walters, Fr	16:27.0	Williamsburg
73	57	Myah Guerrero, Fr	16:27.2	Spencer
74	58	Sarah Turpen, Fr	16:27.7	Charles City

75	59	Belle Hartman, Jr	16:28.1	Williamsburg
76	60	Emma Sealey, So	16:32.3	Bishop Heelan
77	61	Emma Fratzke, Fr	16:33.8	Spencer
78	62	Maria McDonough, Jr	16:34.7	Decorah
79	63	Beatrice Thornton, Sr	16:36.7	Mount Vernon-Lisbon
80	64	Leslie Stark, Fr	16:37.8	Grinnell
81	65	Alysha Bilharz, Fr	16:40.8	Charles City
82	66	Katie Glover, So	16:41.7	Bishop Heelan
83	67	Madison Peck, Jr	16:42.4	Bishop Heelan
84	68	Molly Gillchrist, Sr	16:44.7	Assumption-Davenport
85	69	Kirsten Lundy, Jr	16:50.2	Dallas Center-Grimes
86	70	McKenna Myott, So	16:55.6	Humboldt
87	71	Kate Curran, Fr	16:57.3	Humboldt
88	72	Morgan Finch, Jr	17:00.0	Grinnell
89	73	Kari Kramer, Sr	17:03.0	Spencer
90	74	Baylee Kivett, So	17:07.1	Grinnell
91	75	Hannah Haismann, Fr	17:07.8	Vinton-Shellsburg
92	76	Madie Jensen, Fr	17:07.9	Williamsburg
93	77	Brooke Bleeker, Sr	17:12.0	Bishop Heelan
94	78	Sereina Hirsbrunner, Sr	17:12.5	Grinnell
95	79	Daphne Heimensen, Jr	17:13.1	Moc-Floyd Valley
96	80	Lydia Frey, Fr	17:13.4	Mount Vernon-Lisbon
97	81	Edan Lambert, Sr	17:15.5	Moc-Floyd Valley
98	82	Julie Hollensbe, So	17:16.5	Williamsburg
99	83	Olivia Gallo, Jr	17:19.5	Grinnell
100	84	Jessica Pugh, So	17:19.6	Dallas Center-Grimes
101	85	Karley Kenney, Sr	17:26.0	Vinton-Shellsburg
102	86	Brooke Jacobsen, Jr	17:26.8	Dallas Center-Grimes
103	87	Brady Hoffman, Jr	17:32.6	Xavier, Cedar Rapids
104	88	Avery Terwilliger, Fr	17:34.0	Humboldt
105	89	Kessa Kuyper, Jr	17:35.6	Humboldt
106	90	Breuklyn Opp, So	17:36.3	Charles City
107	91	Annika Schmidt, So	17:40.1	Vinton-Shellsburg

108	92	Molly Eyerly, So	17:44.4	Winterset
109	93	Sydney Oakley, So	17:52.9	Xavier, Cedar Rapids
110	94	Hannah Chicchelly, So	17:56.6	Xavier, Cedar Rapids
111	95	Jaymie Block, Jr	17:58.0	Dallas Center-Grimes
112	96	Kiana Stanek, Fr	17:59.6	Xavier, Cedar Rapids
113	97	Vanessa Morales, So	18:00.9	Bishop Heelan
114	98	Shelly Moore, Fr	18:04.9	Assumption-Davenport
115	99	Lindsay Joyce, Sr	18:21.1	Bishop Heelan
116	100	Kendra Bauermeister, So	18:34.0	Spencer
117	101	Molly Pfitzenmaier, Fr	18:36.0	Pella
118	102	Maci Griffith, So	18:53.0	Vinton-Shellsburg
119	103	Emily Dux, So	19:02.5	Pella
120	104	Addie Smith, Sr	19:53.8	Winterset
121	105	Laura Lacquement, Sr	20:35.5	Winterset

121 finishers among Open Women

0 male finishers

121 female finishers

121 total finishers

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