

**39th Indianola XC Invite Girls Varsity 4km****Pickard Park XC Course - Indianola, Iowa****Sept. 25, 2008**

70s, Breezy, Nice

Results by Cal Murdock

|                          |                           |                          |                            |
|--------------------------|---------------------------|--------------------------|----------------------------|
| <a href="#">MS Girls</a> | <a href="#">F/S Girls</a> | <a href="#">JV Girls</a> | <a href="#">Var. Girls</a> |
| <a href="#">MS Boys</a>  | <a href="#">F/S Boys</a>  | <a href="#">JV Boys</a>  | <a href="#">Var. Boys</a>  |

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

| PLACE | TEAM           | POINTS | PLACES OF FINISHERS |    |    |    |    |    |    | AVG. TIME | SPREAD |
|-------|----------------|--------|---------------------|----|----|----|----|----|----|-----------|--------|
| 1     | Urbandale      | 39     | 3                   | 4  | 8  | 11 | 13 | 16 | 48 | 15:48     | 1:06   |
| 2     | Waukee         | 64     | 2                   | 6  | 10 | 21 | 25 | 28 | 35 | 16:08     | 1:40   |
| 3     | Ames           | 65     | 7                   | 12 | 14 | 15 | 17 | 18 | 54 | 16:16     | 45     |
| 4     | Johnston       | 73     | 1                   | 9  | 19 | 20 | 24 | 26 |    | 16:15     | 1:33   |
| 5     | Indianola      | 135    | 5                   | 27 | 30 | 32 | 41 | 52 | 58 | 16:48     | 1:53   |
| 6     | Ottumwa        | 174    | 22                  | 31 | 34 | 40 | 47 | 51 | 57 | 17:07     | 45     |
| 7     | Hoover         | 204    | 23                  | 33 | 39 | 50 | 59 | 64 | 66 | 17:25     | 1:46   |
| 8     | Southeast Polk | 211    | 29                  | 38 | 42 | 49 | 53 | 55 | 56 | 17:27     | 1:03   |
| 9     | Valley         | 215    | 37                  | 43 | 44 | 45 | 46 | 62 | 65 | 17:22     | 16     |
| 10    | Boone          | 292    | 36                  | 60 | 61 | 67 | 68 | 69 | 73 | 19:09     | 3:31   |
| 11    | Lincoln        | 350    | 63                  | 70 | 71 | 72 | 74 |    |    | 22:14     | 6:47   |

## INCOMPLETE TEAMS:

Oskaloosa

Pella

[Individuals](#)

## 1. Urbandale

|    |                   |       |      |
|----|-------------------|-------|------|
| 3  | Sarah Mueller, So | 15:15 | 6:08 |
| 4  | Sammi Bruett, Jr  | 15:16 | 6:08 |
| 8  | Serena Goetzl, So | 15:52 | 6:23 |
| 11 | Norma Penado, Fr  | 16:16 | 6:32 |
| 13 | Gabi Wilson, Fr   | 16:20 | 6:34 |
| 16 | Megan Willem, Jr  | 16:28 | 6:37 |
| 48 | Abbie Kropf, Jr   | 17:33 | 7:03 |

Time = 1:18:58      Places = 39

## 2. Waukee

|    |                    |       |      |
|----|--------------------|-------|------|
| 2  | Colette Gnade, Sr  | 15:15 | 6:08 |
| 6  | Emily Brush, Fr    | 15:37 | 6:17 |
| 10 | Alyxx Peterson, So | 16:11 | 6:30 |
| 21 | Callie Aunan, So   | 16:42 | 6:43 |
| 25 | Sammy Fegen, Jr    | 16:55 | 6:48 |
| 28 | Ashley Wink, Sr    | 17:02 | 6:51 |
| 35 | Molly Bramble, Fr  | 17:09 | 6:54 |

Time = 1:20:38      Places = 64

## 3. Ames

|    |                     |       |      |
|----|---------------------|-------|------|
| 7  | Rebecca Miller, Sr  | 15:46 | 6:20 |
| 12 | Ellen Hansen, Jr    | 16:18 | 6:33 |
| 14 | Courtney Martin, Fr | 16:24 | 6:35 |
| 15 | Bryanna Behning, Jr | 16:24 | 6:36 |
| 17 | Sarah Pesch, Sr     | 16:30 | 6:38 |

|    |                       |       |      |
|----|-----------------------|-------|------|
| 18 | Austin Gerritson, Sr  | 16:34 | 6:40 |
| 54 | Kelsey Dockstader, Fr | 18:09 | 7:18 |

Time = 1:21:20      Places = 65

## 4. Johnston

|    |                      |       |      |
|----|----------------------|-------|------|
| 1  | Anna Belner, Jr      | 15:13 | 6:07 |
| 9  | Molly Kipp, Sr       | 15:56 | 6:24 |
| 19 | Brittany Trow, So    | 16:38 | 6:41 |
| 20 | Megan Davis, Fr      | 16:41 | 6:42 |
| 24 | Taylor Mithelman, Fr | 16:46 | 6:45 |
| 26 | Emily Schwartz, Sr   | 16:57 | 6:49 |

Time = 1:21:12      Places = 73

## 5. Indianola

|    |                      |       |      |
|----|----------------------|-------|------|
| 5  | Jamie Elbert, Sr     | 15:28 | 6:13 |
| 27 | Alison Arndt, So     | 16:58 | 6:49 |
| 30 | Allison Reynolds, Sr | 17:04 | 6:52 |
| 32 | Kendra Perry, Fr     | 17:06 | 6:52 |
| 41 | Alyssa Bolender, Fr  | 17:21 | 6:59 |
| 52 | Anna Dyer, Fr        | 17:54 | 7:12 |
| 58 | Hannah Beeler, Jr    | 18:28 | 7:25 |

Time = 1:23:56      Places = 135

## 6. Ottumwa

|    |                          |       |      |
|----|--------------------------|-------|------|
| 22 | Emilee Cook, Sr          | 16:43 | 6:43 |
| 31 | Courtney Wagner, So      | 17:05 | 6:52 |
| 34 | Liz Rosales-Heilmann, So | 17:08 | 6:53 |
| 40 | Brittney Fish, Fr        | 17:13 | 6:55 |
| 47 | Kaitlin McElroy, Jr      | 17:28 | 7:01 |
| 51 | Lily Elbaum, Fr          | 17:46 | 7:09 |
| 57 | Gina Whitehead, Fr       | 18:26 | 7:25 |

Time = 1:25:35      Places = 174

## 7. Hoover

|    |                        |       |      |
|----|------------------------|-------|------|
| 23 | Anna Strait, So        | 16:44 | 6:44 |
| 33 | Katy Stites, So        | 17:06 | 6:53 |
| 39 | Kayleigh Wren, Jr      | 17:12 | 6:55 |
| 50 | Renee Richenbacher, Fr | 17:35 | 7:04 |
| 59 | Breanna Rodriguez, Fr  | 18:29 | 7:26 |
| 64 | Andrea Bailey, So      | 19:19 | 7:46 |
| 66 | Elizabeth McInroy, Jr  | 19:28 | 7:50 |

Time = 1:27:04      Places = 204

## 8. Southeast Polk

|    |                       |       |      |
|----|-----------------------|-------|------|
| 29 | Kelly Cole, Fr        | 17:03 | 6:51 |
| 38 | Alicia Cole, Jr       | 17:12 | 6:55 |
| 42 | Haley Ruden, So       | 17:21 | 6:59 |
| 49 | Hannah Olson, Fr      | 17:35 | 7:04 |
| 53 | Allison Rogers, Fr    | 18:05 | 7:16 |
| 55 | Megan White, Fr       | 18:12 | 7:19 |
| 56 | Ashley Armantrout, Fr | 18:20 | 7:22 |

Time = 1:27:13      Places = 211

## 9. Valley

|    |                    |       |      |
|----|--------------------|-------|------|
| 37 | Megan Crawford, Fr | 17:11 | 6:55 |
| 43 | Miranda Reid, Fr   | 17:22 | 6:59 |
| 44 | Becky Suckow, Sr   | 17:23 | 7:00 |
| 45 | Alex Armitage, Fr  | 17:26 | 7:01 |
| 46 | Allie Wood, Fr     | 17:27 | 7:01 |
| 62 | Lauren Holmes, So  | 18:43 | 7:31 |
| 65 | Siri Nelson, Sr    | 19:25 | 7:49 |

Time = 1:26:48      Places = 215

## 10. Boone

|    |                     |       |      |
|----|---------------------|-------|------|
| 36 | Natasha Swanson, So | 17:11 | 6:54 |
|----|---------------------|-------|------|

|                |                      |              |      |
|----------------|----------------------|--------------|------|
| 60             | Nicole Miller, Fr    | 18:31        | 7:27 |
| 61             | Makenna Slight, So   | 18:41        | 7:31 |
| 67             | Audrey Wadzinski, So | 20:40        | 8:19 |
| 68             | Jamie Soderstrum, Sr | 20:41        | 8:19 |
| 69             | Melissa White, So    | 20:49        | 8:22 |
| 73             | Hillary Leaf, Sr     | 24:02        | 9:40 |
| Time = 1:35:42 |                      | Places = 292 |      |

## 11. Lincoln

|                |                    |              |       |
|----------------|--------------------|--------------|-------|
| 63             | Amanda Sanders, Jr | 18:52        | 7:35  |
| 70             | Emileea Neff, Jr   | 21:44        | 8:44  |
| 71             | Jamie Baker, Sr    | 21:55        | 8:49  |
| 72             | Alexis Allen, So   | 23:02        | 9:16  |
| 74             | Amber Moore, Sr    | 25:38        | 10:18 |
| Time = 1:51:09 |                    | Places = 350 |       |

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| PLACE   | SCORE | FINISHER                 | TIME  | PACE | TEAM           |
|---|-------|--------------------------|-------|------|----------------|
| 1   |       | Sara Dickinson, Jr       | 14:21 | 5:46 | Oskaloosa      |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">Top</a> |       |                          |       |      |                |
| 2   | 1     | Anna Belner, Jr          | 15:13 | 6:07 | Johnston       |
| 3   | 2     | Colette Gnade, Sr        | 15:15 | 6:08 | Waukee         |
| 4   | 3     | Sarah Mueller, So        | 15:15 | 6:08 | Urbandale      |
| 5   | 4     | Sammi Bruett, Jr         | 15:16 | 6:08 | Urbandale      |
| 6   | 5     | Jamie Elbert, Sr         | 15:28 | 6:13 | Indianola      |
| 7   | 6     | Emily Brush, Fr          | 15:37 | 6:17 | Waukee         |
| 8   | 7     | Rebecca Miller, Sr       | 15:46 | 6:20 | Ames           |
| 9   | 8     | Serena Goetzl, So        | 15:52 | 6:23 | Urbandale      |
| 10  |       | Madison Davis, Jr        | 15:52 | 6:23 | Pella          |
| 11  | 9     | Molly Kipp, Sr           | 15:56 | 6:24 | Johnston       |
| 12  | 10    | Alyxx Peterson, So       | 16:11 | 6:30 | Waukee         |
| 13  | 11    | Norma Penado, Fr         | 16:16 | 6:32 | Urbandale      |
| 14  | 12    | Ellen Hansen, Jr         | 16:18 | 6:33 | Ames           |
| 15  | 13    | Gabi Wilson, Fr          | 16:20 | 6:34 | Urbandale      |
| 16  | 14    | Courtney Martin, Fr      | 16:24 | 6:35 | Ames           |
| 17  | 15    | Bryanna Behning, Jr      | 16:24 | 6:36 | Ames           |
| 18  | 16    | Megan Willem, Jr         | 16:28 | 6:37 | Urbandale      |
| 19  | 17    | Sarah Pesch, Sr          | 16:30 | 6:38 | Ames           |
| 20  | 18    | Austin Gerritson, Sr     | 16:34 | 6:40 | Ames           |
| 21  | 19    | Brittany Trow, So        | 16:38 | 6:41 | Johnston       |
| 22  | 20    | Megan Davis, Fr          | 16:41 | 6:42 | Johnston       |
| 23  | 21    | Callie Aunan, So         | 16:42 | 6:43 | Waukee         |
| 24  | 22    | Emilee Cook, Sr          | 16:43 | 6:43 | Ottumwa        |
| 25  | 23    | Anna Strait, So          | 16:44 | 6:44 | Hoover         |
| 26  | 24    | Taylor Mithelman, Fr     | 16:46 | 6:45 | Johnston       |
| 27  | 25    | Sammy Feganz, Jr         | 16:55 | 6:48 | Waukee         |
| 28  | 26    | Emily Schwartz, Sr       | 16:57 | 6:49 | Johnston       |
| 29  |       | Amanda Dunkin, Jr        | 16:57 | 6:49 | Pella          |
| 30  | 27    | Alison Arndt, So         | 16:58 | 6:49 | Indianola      |
| 31  | 28    | Ashley Wink, Sr          | 17:02 | 6:51 | Waukee         |
| 32  | 29    | Kelly Cole, Fr           | 17:03 | 6:51 | Southeast Polk |
| 33  |       | Hannah Schwab, Jr        | 17:03 | 6:51 | Pella          |
| 34  | 30    | Allison Reynolds, Sr     | 17:04 | 6:52 | Indianola      |
| 35  | 31    | Courtney Wagner, So      | 17:05 | 6:52 | Ottumwa        |
| 36  | 32    | Kendra Perry, Fr         | 17:06 | 6:52 | Indianola      |
| 37  | 33    | Katy Stites, So          | 17:06 | 6:53 | Hoover         |
| 38  | 34    | Liz Rosales-Heilmann, So | 17:08 | 6:53 | Ottumwa        |
| 39  | 35    | Molly Bramble, Fr        | 17:09 | 6:54 | Waukee         |
| 40  | 36    | Natasha Swanson, So      | 17:11 | 6:54 | Boone          |
| 41  | 37    | Megan Crawford, Fr       | 17:11 | 6:55 | Valley         |
| 42  | 38    | Alicia Cole, Jr          | 17:12 | 6:55 | Southeast Polk |
| 43  | 39    | Kayleigh Wren, Jr        | 17:12 | 6:55 | Hoover         |

|   |    |                     |       |      |                |
|---|----|---------------------|-------|------|----------------|
| 44  | 40 | Brittney Fish, Fr   | 17:13 | 6:55 | Ottumwa        |
| 45  |    | Lauren Barrick, Jr  | 17:20 | 6:58 | Pella          |
| 46  | 41 | Alyssa Bolender, Fr | 17:21 | 6:59 | Indianola      |
| 47  | 42 | Haley Ruden, So     | 17:21 | 6:59 | Southeast Polk |
| 48  | 43 | Miranda Reid, Fr    | 17:22 | 6:59 | Valley         |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">Top</a> |    |                     |       |      |                |

|   |    |                        |       |      |                |
|---|----|------------------------|-------|------|----------------|
| 49  | 44 | Becky Suckow, Sr       | 17:23 | 7:00 | Valley         |
| 50  | 45 | Alex Armitage, Fr      | 17:26 | 7:01 | Valley         |
| 51  | 46 | Allie Wood, Fr         | 17:27 | 7:01 | Valley         |
| 52  | 47 | Kaitlin McElroy, Jr    | 17:28 | 7:01 | Ottumwa        |
| 53  | 48 | Abbie Kropf, Jr        | 17:33 | 7:03 | Urbandale      |
| 54  | 49 | Hannah Olson, Fr       | 17:35 | 7:04 | Southeast Polk |
| 55  | 50 | Renee Richenbacher, Fr | 17:35 | 7:04 | Hoover         |
| 56  | 51 | Lily Elbaum, Fr        | 17:46 | 7:09 | Ottumwa        |
| 57  | 52 | Anna Dyer, Fr          | 17:54 | 7:12 | Indianola      |
| 58  | 53 | Allison Rogers, Fr     | 18:05 | 7:16 | Southeast Polk |
| 59  | 54 | Kelsey Dockstader, Fr  | 18:09 | 7:18 | Ames           |
| 60  | 55 | Megan White, Fr        | 18:12 | 7:19 | Southeast Polk |
| 61  | 56 | Ashley Armantrout, Fr  | 18:20 | 7:22 | Southeast Polk |
| 62  | 57 | Gina Whitehead, Fr     | 18:26 | 7:25 | Ottumwa        |
| 63  | 58 | Hannah Beeler, Jr      | 18:28 | 7:25 | Indianola      |
| 64  | 59 | Breanna Rodriguez, Fr  | 18:29 | 7:26 | Hoover         |
| 65  | 60 | Nicole Miller, Fr      | 18:31 | 7:27 | Boone          |
| 66  | 61 | Makenna Slight, So     | 18:41 | 7:31 | Boone          |
| 67  | 62 | Lauren Holmes, So      | 18:43 | 7:31 | Valley         |
| 68  | 63 | Amanda Sanders, Jr     | 18:52 | 7:35 | Lincoln        |
| 69  | 64 | Andrea Bailey, So      | 19:19 | 7:46 | Hoover         |
| 70  | 65 | Siri Nelson, Sr        | 19:25 | 7:49 | Valley         |
| 71  | 66 | Elizabeth McInroy, Jr  | 19:28 | 7:50 | Hoover         |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">Top</a> |    |                        |       |      |                |

|   |    |                        |       |      |           |
|---|----|------------------------|-------|------|-----------|
| 72  |    | Dana Vanrenterghem, So | 20:19 | 8:10 | Oskaloosa |
| 73  | 67 | Audrey Wadzinski, So   | 20:40 | 8:19 | Boone     |
| 74  | 68 | Jamie Soderstrum, Sr   | 20:41 | 8:19 | Boone     |
| 75  | 69 | Melissa White, So      | 20:49 | 8:22 | Boone     |
| 76  | 70 | Emileea Neff, Jr       | 21:44 | 8:44 | Lincoln   |
| 77  | 71 | Jamie Baker, Sr        | 21:55 | 8:49 | Lincoln   |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">Top</a> |    |                        |       |      |           |

|   |    |                  |       |      |         |
|---|----|------------------|-------|------|---------|
| 78  | 72 | Alexis Allen, So | 23:02 | 9:16 | Lincoln |
| 79  | 73 | Hillary Leaf, Sr | 24:02 | 9:40 | Boone   |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">Top</a> |    |                  |       |      |         |

|    |    |                 |       |       |         |
|----|----|-----------------|-------|-------|---------|
| 80 | 74 | Amber Moore, Sr | 25:38 | 10:18 | Lincoln |
|----|----|-----------------|-------|-------|---------|

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