

# 37th Indianola Invite Varsity Girls (4k-2.486miles)

## Indianola, Iowa

Sept. 22, 2005

60s and Cloudy

### Results by Cal Murdock

[MS Girls](#)

[9/10 Girls](#)

[JV Girls](#)

[Var. Girls](#)

[MS Boys](#)

[9/10 Boys](#)

[JV Boys](#)

[Var. Boys](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES	OF	FINISHERS					AVG. TIME	SPREAD
1	Urbandale	41	1	2	6	8	24	30	31	15:43	2:04
2	Valley	44	3	7	10	11	13	21	23	16:02	1:01
3	Ames	69	4	9	14	20	22	39	57	16:19	1:01
4	Ankeny	88	12	16	17	18	25	26	32	16:34	33
5	Ottumwa	159	28	29	33	34	35	54	55	17:03	10
6	Indianola	188	5	42	43	48	50	66	78	17:24	2:15
7	Johnston	235	41	45	47	49	53	59	64	17:52	24
8	Hoover	245	27	44	46	63	65	70	72	17:58	1:47
9	Boone	257	36	51	52	58	60	61	71	17:59	1:18
10	Norwalk	264	15	19	67	81	82			18:38	4:14
11	Lincoln	288	37	38	56	74	83	84		18:36	3:24
12	Oskaloosa	312	40	62	68	69	73	80	86	18:44	1:48
13	Dowling	392	75	76	77	79	85	87	88	20:18	1:18

### [Individuals](#)

#### 1. Urbandale

1	Stephanie Mundt, 2	14:44	5:55
2	Cassi Sokol, 4	15:10	6:06
6	Sami Steinmeyer, 2	15:49	6:22
8	Nicole Wilson, 3	16:02	6:27
24	Maggie Conlon, 1	16:47	6:45
30	Sierra Waddell, 1	16:59	6:50
31	Amy Wetsch, 4	17:00	6:50

Time = 1:18:31      Places = 41

#### 2. Valley

3	Jessica Wiegert, 4	15:22	6:11
7	Alissa Duffy, 3	15:54	6:23
10	Megan Altemeier, 4	16:16	6:32
11	Mary Moritz, 2	16:17	6:33
13	Aleia Salazar, 1	16:22	6:35
21	Becky Suckow, 1	16:38	6:41
23	Alexa Milkey, 3	16:44	6:44

Time = 1:20:09      Places = 44

#### 3. Ames

4	Kersten Thorgaard, 3	15:42	6:19
9	Brittany Rover, 4	16:08	6:29
14	Laura Gehring, 2	16:23	6:35
20	Beth Bystrom, 3	16:37	6:41
22	Sarah Pesch, 1	16:43	6:43
39	Neva Hibbing, 4	17:25	7:00
57	Jayne Strand, 3	18:07	7:17

Time = 1:21:32 Places = 69

## 4. Ankeny

12	Hayley Vance, 2	16:18	6:33
16	Ashley Thomas, 4	16:31	6:39
17	Jenni Hufford, 4	16:35	6:40
18	Hannah Singletary, 2	16:35	6:40
25	Christi Donaghy, 3	16:51	6:47
26	Amber Meyer, 4	16:56	6:48
32	Kelly Vogel, 3	17:01	6:50

Time = 1:22:49 Places = 88

## 5. Ottumwa

28	Sarah Hendred, 3	16:58	6:49
29	Kristin Paulson, 2	16:58	6:49
33	Samantha Thorgaard, 4	17:04	6:52
34	Sarah Sosa, 2	17:05	6:52
35	Sarah Paulson, 2	17:08	6:53
54	Haleigh Hopkins, 4	18:04	7:16
55	Emilee Cook, 1	18:05	7:16

Time = 1:25:12 Places = 159

## 6. Indianola

5	Jamie Elbert, 1	15:44	6:20
42	Allison Reynolds, 1	17:41	7:07
43	Tallie Dietz, 4	17:43	7:07
48	Ashley Ackerson, 4	17:54	7:12
50	Emily Gross, 1	17:58	7:14
66	Morgan Powers, 1	18:48	7:33
78	Whitney Mark, 4	20:09	8:06

Time = 1:26:59 Places = 188

## 7. Johnston

41	Anna Lammers, 3	17:40	7:06
45	Kelsey Dicken, 4	17:44	7:08
47	Lauren Lund, 2	17:53	7:12
49	Tiffany Wendel, 4	17:56	7:13
53	Robyn Norris, 4	18:04	7:16
59	Amanda Walker-King, 1	18:22	7:23
64	Kelsey Hyde, 3	18:41	7:31

Time = 1:29:16 Places = 235

## 8. Hoover

27	Kristian Wood, 2	16:58	6:49
44	Jodi Harding, 4	17:44	7:08
46	Emily Light, 3	17:46	7:08
63	Jamie Spina, 2	18:39	7:30
65	Dawn Gaule, 3	18:45	7:32
70	Katie Taylor, 2	19:08	7:42
72	Kelli Shaffner, 3	19:13	7:44

Time = 1:29:49 Places = 245

## 9. Boone

36	Maggi Schulte, 1	17:10	6:54
51	Jenny Mack, 3	18:03	7:16
52	Robin Cornelius, 2	18:04	7:16
58	Emily Tripp, 2	18:10	7:18
60	Mary Jo Martin, 2	18:27	7:25
61	Maggie Pestotnik, 2	18:28	7:25
71	Erin Cain, 4	19:09	7:42

Time = 1:29:52 Places = 257

## 10. Norwalk

15	Angela Berry, 4	16:25	6:36
19	Kelli Hildreth, 4	16:36	6:41

67	Katie Miller, 4	18:53	7:35
81	Brean Rorebeck, 3	20:38	8:18
82	Mallory Reed, 4	20:39	8:18

Time = 1:33:09      Places = 264

## 11. Lincoln

37	Ashley Baldwin, 3	17:17	6:57
38	Kathryn Guess, 3	17:19	6:58
56	Kelcey Yarges, 1	18:06	7:16
74	Ashley Graham, 4	19:39	7:54
83	Jamie Baker, 1	20:40	8:19
84	Diana Bol, 2	20:42	8:19

Time = 1:32:58      Places = 288

## 12. Oskaloosa

40	Autumn McMahan, 3	17:39	7:06
62	Laurel Whilts, 3	18:38	7:30
68	Emilia Hodges, 1	18:59	7:38
69	Hannah Degust, 2	18:59	7:38
73	Sarah Hodges, 3	19:27	7:49
80	Kelly Hyland, 2	20:32	8:15
86	Allison Lewachowicz, 2	21:13	8:32

Time = 1:33:40      Places = 312

## 13. Dowling

75	Allison Showalter, 4	19:46	7:57
76	Reecha Matmema, 4	19:59	8:02
77	Kaelynn Koch, 4	20:08	8:06
79	Madie Kendzora, 4	20:32	8:15
85	Erin Floro, 3	21:04	8:28
87	Katie Bishop, 3	21:19	8:34
88	Laura Downey, 3	22:12	8:55

Time = 1:41:28      Places = 392

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PLACE	SCORE	TEAM	FINISHER	TIME	PACE	TEAM
1	1		Stephanie Mundt, 2	14:44	5:55	Urbandale
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">Top</a>						
2	2		Cassi Sokol, 4	15:10	6:06	Urbandale
3	3		Jessica Wiegert, 4	15:22	6:11	Valley
4	4		Kersten Thorgaard, 3	15:42	6:19	Ames
5	5		Jamie Elbert, 1	15:44	6:20	Indianola
6	6		Sami Steinmeyer, 2	15:49	6:22	Urbandale
7	7		Alissa Duffy, 3	15:54	6:23	Valley
8	8		Nicole Wilson, 3	16:02	6:27	Urbandale
9	9		Brittany Rover, 4	16:08	6:29	Ames
10	10		Megan Altemeier, 4	16:16	6:32	Valley
11	11		Mary Moritz, 2	16:17	6:33	Valley
12	12		Hayley Vance, 2	16:18	6:33	Ankeny
13	13		Aleia Salazar, 1	16:22	6:35	Valley
14	14		Laura Gehring, 2	16:23	6:35	Ames
15	15		Angela Berry, 4	16:25	6:36	Norwalk
16	16		Ashley Thomas, 4	16:31	6:39	Ankeny
17	17		Jenni Hufford, 4	16:35	6:40	Ankeny
18	18		Hannah Singletary, 2	16:35	6:40	Ankeny
19	19		Kelli Hildreth, 4	16:36	6:41	Norwalk
20	20		Beth Bystrom, 3	16:37	6:41	Ames
21	21		Becky Suckow, 1	16:38	6:41	Valley
22	22		Sarah Pesch, 1	16:43	6:43	Ames
23	23		Alexa Milkey, 3	16:44	6:44	Valley
24	24		Maggie Conlon, 1	16:47	6:45	Urbandale
25	25		Christi Donaghy, 3	16:51	6:47	Ankeny

26	26	Amber Meyer, 4	16:56	6:48	Ankeny
27	27	Kristian Wood, 2	16:58	6:49	Hoover
28	28	Sarah Hendred, 3	16:58	6:49	Ottumwa
29	29	Kristin Paulson, 2	16:58	6:49	Ottumwa
30	30	Sierra Waddell, 1	16:59	6:50	Urbandale
31	31	Amy Wetsch, 4	17:00	6:50	Urbandale
32	32	Kelly Vogel, 3	17:01	6:50	Ankeny
33	33	Samantha Thorgaard, 4	17:04	6:52	Ottumwa
34	34	Sarah Sosa, 2	17:05	6:52	Ottumwa
35	35	Sarah Paulson, 2	17:08	6:53	Ottumwa
36	36	Maggi Schulte, 1	17:10	6:54	Boone
37	37	Ashley Baldwin, 3	17:17	6:57	Lincoln
38	38	Kathryn Guess, 3	17:19	6:58	Lincoln

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39	39	Neva Hibbing, 4	17:25	7:00	Ames
40	40	Autumn McMahan, 3	17:39	7:06	Oskaloosa
41	41	Anna Lammers, 3	17:40	7:06	Johnston
42	42	Allison Reynolds, 1	17:41	7:07	Indianola
43	43	Tallie Dietz, 4	17:43	7:07	Indianola
44	44	Jodi Harding, 4	17:44	7:08	Hoover
45	45	Kelsey Dicken, 4	17:44	7:08	Johnston
46	46	Emily Light, 3	17:46	7:08	Hoover
47	47	Lauren Lund, 2	17:53	7:12	Johnston
48	48	Ashley Ackerson, 4	17:54	7:12	Indianola
49	49	Tiffany Wendel, 4	17:56	7:13	Johnston
50	50	Emily Gross, 1	17:58	7:14	Indianola
51	51	Jenny Mack, 3	18:03	7:16	Boone
52	52	Robin Cornelius, 2	18:04	7:16	Boone
53	53	Robyn Norris, 4	18:04	7:16	Johnston
54	54	Haleigh Hopkins, 4	18:04	7:16	Ottumwa
55	55	Emilee Cook, 1	18:05	7:16	Ottumwa
56	56	Kelcey Yarges, 1	18:06	7:16	Lincoln
57	57	Jayne Strand, 3	18:07	7:17	Ames
58	58	Emily Tripp, 2	18:10	7:18	Boone
59	59	Amanda Walker-King, 1	18:22	7:23	Johnston
60	60	Mary Jo Martin, 2	18:27	7:25	Boone
61	61	Maggie Pestotnik, 2	18:28	7:25	Boone
62	62	Laurel Whilts, 3	18:38	7:30	Oskaloosa
63	63	Jamie Spina, 2	18:39	7:30	Hoover
64	64	Kelsey Hyde, 3	18:41	7:31	Johnston
65	65	Dawn Gaule, 3	18:45	7:32	Hoover
66	66	Morgan Powers, 1	18:48	7:33	Indianola
67	67	Katie Miller, 4	18:53	7:35	Norwalk
68	68	Emilia Hodges, 1	18:59	7:38	Oskaloosa
69	69	Hannah Degust, 2	18:59	7:38	Oskaloosa
70	70	Katie Taylor, 2	19:08	7:42	Hoover
71	71	Erin Cain, 4	19:09	7:42	Boone
72	72	Kelli Shaffner, 3	19:13	7:44	Hoover
73	73	Sarah Hodges, 3	19:27	7:49	Oskaloosa
74	74	Ashley Graham, 4	19:39	7:54	Lincoln
75	75	Allison Showalter, 4	19:46	7:57	Dowling

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76	76	Reecha Matmema, 4	19:59	8:02	Dowling
77	77	Kaelynn Koch, 4	20:08	8:06	Dowling
78	78	Whitney Mark, 4	20:09	8:06	Indianola
79	79	Madie Kendzora, 4	20:32	8:15	Dowling
80	80	Kelly Hyland, 2	20:32	8:15	Oskaloosa
81	81	Brean Rorebeck, 3	20:38	8:18	Norwalk
82	82	Mallory Reed, 4	20:39	8:18	Norwalk
83	83	Jamie Baker, 1	20:40	8:19	Lincoln
84	84	Diana Bol, 2	20:42	8:19	Lincoln
85	85	Erin Floro, 3	21:04	8:28	Dowling
86	86	Allison Lewachowicz, 2	21:13	8:32	Oskaloosa

87	87	Katie Bishop, 3
88	88	Laura Downey, 3

21:19	8:34	Dowling
22:12	8:55	Dowling

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