

# Girls 3A Regionals - Girls

Pella, IA

Oct. 19, 2006

Results by Mike Moats

[Girls results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Knoxville	61	1	3	14	21	22	27	32	16:18	1:45
2	Pella	62	2	10	15	16	19	29	31	16:17	1:26
3	Benton	72	6	11	17	18	20	24	30	16:28	1:03
4	Grinnell	98	4	7	13	35	39	66		16:46	2:10
5	Vinton Shellsburg	148	12	28	33	34	41	46	49	17:26	1:37
6	Nevada	195	9	38	47	48	53	57		17:50	2:23
7	Norwalk	216	8	50	51	52	55	63	70	17:58	2:34
8	Oskaloosa	221	23	25	43	62	68	72	75	18:09	2:22
9	Chariton	231	40	42	44	45	60	61	71	18:16	0:50
10	Saydel	277	37	56	58	59	67	69	78	18:41	1:31
11	Carlisle	333	54	64	65	74	76	77	79	19:39	2:12

Incomplete Teams: Hlv/Bgm/Iv, Centerville

## [Individuals](#)

PLACE	FINISHER	TIME	PACE
1.	Knoxville		
1	Ashley Larson, So	15:17	6:07
3	Stephanie Kingery, So	15:41	6:16
14	Jacque Abens, So	16:30	6:36
21	Alex Thomas, So	16:57	6:47
22	Sarah Schwanebeck	17:02	6:49

Total Time = 1:21:27      Total Places = 61

## 2. Pella

2	Madison Davis, Fr	15:17	6:07
10	Michelle Renaud, Sr	16:06	6:26
15	Heidi Schulte, Fr	16:37	6:39
16	Hannah Schwab, Fr	16:38	6:39
19	Morgan Heimstra, Fr	16:43	6:41

Total Time = 1:21:21      Total Places = 62

## 3. Benton

6	Sammy Petersen, Jr	15:48	6:19
11	Celeste Miller, So	16:19	6:32
17	Kayla Muller, Fr	16:39	6:40
18	Teryn Hammes, Fr	16:39	6:40
20	Sirese Jacobson, So	16:51	6:44

Total Time = 1:22:16      Total Places = 72

## 4. Grinnell

4	Brianna Gallo, Sr	15:46	6:18
7	Georgia Wright-Simmons, Jr	15:55	6:22
13	Kiley Lisk, Sr	16:26	6:34
35	Amy Kennett, Jr	17:47	7:07
39	Taylor Hirakawa, Fr	17:56	7:10

Total Time = 1:23:50      Total Places = 98

## 5. Vinton Shellsburg

12	Megan Horst, Fr	16:23	6:33
28	Traci Travis, Sr	17:26	6:58
33	Bess Lippmann, Jr	17:38	7:03
34	Megan Hambly, Fr	17:39	7:04
41	Britt Werner, Fr	18:00	7:12

Total Time = 1:27:06      Total Places = 148

6. Nevada

9	Daranda Myers, Jr	16:05	6:26
38	Mackenzie Cahill., Sr	17:55	7:10
47	Kelli Soll, Sr	18:20	7:20
48	Cara Bappe, Fr	18:20	7:20
53	Alyssa Tendall, Jr	18:28	7:23

Total Time = 1:29:08      Total Places = 195

7. Norwalk

8	Alyssa Tolliver, So	16:01	6:24
50	Katie Patava, So	18:22	7:21
51	McKayla Simmerman, Jr	18:25	7:22
52	Makenzie Reed, Fr	18:26	7:22
55	Chelsea Johnson, Jr	18:35	7:26

Total Time = 1:29:49      Total Places = 216

8. Oskaloosa

23	Autumn McMahan, Sr	17:03	6:49
25	Hannah DeGeest, Jr	17:06	6:50
43	Emilia Hodges, So	18:08	7:15
62	Sarah Hodges, Sr	19:01	7:36
68	Jessica Kitzman, Jr	19:25	7:46

Total Time = 1:30:43      Total Places = 221

9. Chariton

40	Alyssa McCormick, Jr	17:58	7:11
42	Katie Schultz, Fr	18:06	7:14
44	Kasey Narber, Fr	18:12	7:17
45	Tasha Fincher, Fr	18:15	7:18
60	Shelby Hale, So	18:48	7:31

Total Time = 1:31:19      Total Places = 231

## 10. Saydel

37	Allie Shafer, Jr	17:53	7:09
56	Amanda Godwin, Jr	18:38	7:27
58	Allie Vanderpool, Sr	18:44	7:30
59	Alyssa Gennarelli, Jr	18:46	7:30
67	Ashley Knight, Jr	19:24	7:46

Total Time = 1:33:25      Total Places = 277

## 11. Carlisle

54	Taylor Williams, Jr	18:34	7:26
64	Ashley Moorman, So	19:08	7:39
65	April Jorgensen, So	19:16	7:42
74	Anita McCuen, Sr	20:30	8:12
76	Tonya Snodgrass, Jr	20:46	8:18

Total Time = 1:38:14      Total Places = 333

## TEAM

PLACE	SCORE	FINISHER	TIME	PACE	TEAM
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1	1	Ashley Larson, So	15:17	6:07	Knoxville
2	2	Madison Davis, Fr	15:17	6:07	Pella
3	3	Stephanie Kingery, So	15:41	6:16	Knoxville
4	4	Brianna Gallo, Sr	15:46	6:18	Grinnell
5	5	Kelly Ipsen, Sr	15:47	6:19	Hlv/Bgm/Iv
6	6	Sammy Petersen, Jr	15:48	6:19	Benton
7	7	Georgia Wright-Simmons, Jr	15:55	6:22	Grinnell
8	8	Alyssa Tolliver, So	16:01	6:24	Norwalk
9	9	Daranda Myers, Jr	16:05	6:26	Nevada
10	10	Michelle Renaud, Sr	16:06	6:26	Pella
11	11	Celeste Miller, So	16:19	6:32	Benton
12	12	Megan Horst, Fr	16:23	6:33	Vinton Shellsburg

13	13	Kiley Lisk, Sr	16:26	6:34	Grinnell
14	14	Jacque Abens, So	16:30	6:36	Knoxville
15	15	Heidi Schulte, Fr	16:37	6:39	Pella
16	16	Hannah Schwab, Fr	16:38	6:39	Pella
17	17	Kayla Muller, Fr	16:39	6:40	Benton
18	18	Teryn Hammes, Fr	16:39	6:40	Benton
19	19	Morgan Heimstra, Fr	16:43	6:41	Pella
20	20	Sirese Jacobson, So	16:51	6:44	Benton
21	21	Alex Thomas, So	16:57	6:47	Knoxville
22	22	Sarah Schwanebeck	17:02	6:49	Knoxville
23	23	Autumn McMahan, Sr	17:03	6:49	Oskaloosa
24	24	Brooke Toney, Fr	17:04	6:50	Benton
25	25	Hannah DeGeest, Jr	17:06	6:50	Oskaloosa
26	26	Alani DeVilder, Fr	17:10	6:52	Hlv/Bgm/Iv
27	27	Jessica Fresh, Fr	17:11	6:52	Knoxville
28	28	Traci Travis, Sr	17:26	6:58	Vinton Shellsburg
29	29	Kayli Hrdlicka, Sr	17:27	6:59	Pella
30	30	Rachel Brant, So	17:28	6:59	Benton
Pace: <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">Top</a>					
31	31	Gracie Eggland, Sr	17:33	7:01	Pella
32	32	Lori Klootwyk, Jr	17:37	7:03	Knoxville
33	33	Bess Lippmann, Jr	17:38	7:03	Vinton Shellsburg
34	34	Megan Hambly, Fr	17:39	7:04	Vinton Shellsburg
35	35	Amy Kennett, Jr	17:47	7:07	Grinnell
36	36	Blair Schmidt, Sr	17:49	7:08	Centerville
37	37	Allie Shafer, Jr	17:53	7:09	Saydel
38	38	Mackenzie Cahill., Sr	17:55	7:10	Nevada
39	39	Taylor Hirakawa, Fr	17:56	7:10	Grinnell
40	40	Alyssa McCormick, Jr	17:58	7:11	Chariton
41	41	Britt Werner, Fr	18:00	7:12	Vinton Shellsburg
42	42	Katie Schultz, Fr	18:06	7:14	Chariton
43	43	Emilia Hodges, So	18:08	7:15	Oskaloosa

44	44	Kasey Narber, Fr	18:12	7:17	Chariton
45	45	Tasha Fincher, Fr	18:15	7:18	Chariton
46	46	Clare Horst, Sr	18:19	7:20	Vinton Shellsburg
47	47	Kelli Soll, Sr	18:20	7:20	Nevada
48	48	Cara Bappe, Fr	18:20	7:20	Nevada
49	49	Emily Olson, Fr	18:21	7:20	Vinton Shellsburg
50	50	Katie Patava, So	18:22	7:21	Norwalk
51	51	McKayla Simmerman, Jr	18:25	7:22	Norwalk
52	52	Makenzie Reed, Fr	18:26	7:22	Norwalk
53	53	Alyssa Tendall, Jr	18:28	7:23	Nevada
54	54	Taylor Williams, Jr	18:34	7:26	Carlisle
55	55	Chelsea Johnson, Jr	18:35	7:26	Norwalk
56	56	Amanda Godwin, Jr	18:38	7:27	Saydel
57	57	Paige Christiansen, So	18:42	7:29	Nevada
58	58	Allie Vanderpool, Sr	18:44	7:30	Saydel
59	59	Alyssa Gennarelli, Jr	18:46	7:30	Saydel
60	60	Shelby Hale, So	18:48	7:31	Chariton
61	61	Ailey Hunter, So	18:57	7:35	Chariton
62	62	Sarah Hodges, Sr	19:01	7:36	Oskaloosa
63	63	Danielle Hampton, Fr	19:05	7:38	Norwalk
64	64	Ashley Moorman, So	19:08	7:39	Carlisle
65	65	April Jorgensen, So	19:16	7:42	Carlisle
66	66	Alayna Heng, So	19:23	7:45	Grinnell
67	67	Ashley Knight, Jr	19:24	7:46	Saydel
68	68	Jessica Kitzman, Jr	19:25	7:46	Oskaloosa
69	69	Cathy Kain, So	19:27	7:47	Saydel
70	70	Jennifer Ober, Jr	19:33	7:49	Norwalk
71	71	Sarah Olson, So	19:46	7:54	Chariton
72	72	Avery Whitis, So	19:53	7:57	Oskaloosa
73	73	Crystal Klein, Sr	19:55	7:58	Hlv/Bgm/Iv

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74	74	Anita McCuen, Sr	20:30	8:12	Carlisle
75	75	Kelly Hyland, Jr	20:46	8:18	Oskaloosa

76	76	Tonya Snodgrass, Jr	20:46	8:18	Carlisle
77	77	Rachel Tish, So	21:11	8:28	Carlisle
Pace: <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">Top</a>					
78	78	Brittany Clover, Fr	22:50	9:08	Saydel
79	79	Byanna Veith, Fr	24:45	9:54	Carlisle
80	80	Amanda Hinshaw, Sr		0	Hlv/Bgm/Iv

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