

IGHSAU Regional Cross Country Meet, Women, 4K**Birdsall Park, Cedar Falls, Iowa****October 18, 2007**

Cloudy, 55 Degrees, WSW @ 15-20 mph

Results by Hilltopper Results

Boys results

Click on the "pace" links to move about the results. Use the Find option of your browser to find someone's name or team.

PLACE	TEAM	POINTS	PLACES	OF	FINISHERS	AVG.	TIME	SPREAD
1	Cedar Falls.	45	1	4	7 16 17 21 24	16:32	0:50	
2	C R. Washington	58	2	9	10 12 25 27 28	16:37	0:58	
3	C R. Kennedy	67	5	11	14 15 22 23 32	16:45	0:23	
4	Dubuque Senior.	111	6	19	20 31 35 38 40	17:05	1:05	
5	C R. Prairie	117	8	13	29 33 34 41 42	17:10	1:01	
6	Dubuque Hempstead.	149	3	18	37 44 47 51 53	17:38	2:45	
7	Waterloo West.	207	26	39	43 45 54	18:38	4:12	
8	C R. Jefferson	209	30	36	46 48 49 50 52	18:25	1:56	

Individuals

PLACE	FINISHER	TIME	PACE
1. Cedar Falls.			
1	Kelsey Davis, 12	16:00	6:26
4	Leah Blanchard, 12	16:26	6:37
7	Paige Herson, 11	16:35	6:40
16	Kate Bucknam, 9	16:50	6:46
17	Cara Strike, 9	16:50	6:46
21	Liz Bauer, 11	16:55	6:48
24	Summer Anderson, 12	17:00	6:50
Total Time = 82:40		Total Places = 45	
2. C R. Washington			
2	Maddy Becker, 10	16:04	6:27
9	Madeline Steiner, 12	16:37	6:41
10	Ramsey Steiner, 12	16:39	6:42
12	Tiffany Westrom, 10	16:42	6:43
25	Eveline Niyokwizigigwa, 9	17:01	6:51
27	Allison Knockle, 10	17:17	6:57
28	Kathryn Bell, 10	17:18	6:57
Total Time = 83:02		Total Places = 58	
3. C R. Kennedy			
5	Rachel Bardsley, 11	16:33	6:39
11	Deserea Hughes, 11	16:40	6:42
14	Val Steinmetz, 12	16:47	6:45
15	Nicole Erickson, 12	16:48	6:45
22	Allison Koch, 9	16:55	6:48
23	Jennifer Smith, 9	16:58	6:49
32	Laura Nedderman, 12	17:31	7:02
Total Time = 83:42		Total Places = 67	
4. Dubuque Senior.			
6	Krista Laufenberg, 9	16:34	6:40
19	Holly Hearn, 11	16:52	6:47

20	Rebecca Hohmann, 12	16:54	6:48
31	Courtney Klein, 10	17:29	7:02
35	Katerina Martin, 9	17:39	7:06
38	Blaire Birkett, 11	17:46	7:09
40	Kathryn Schilling, 11	18:01	7:15
Total Time = 85:25		Total Places = 111	

5. C R. Prairie

8	Annie Hills, 10	16:35	6:40
13	Megan Titler, 9	16:47	6:45
29	Shelby McClean, 9	17:20	6:58
33	Stacey Howes, 9	17:35	7:04
34	Morgan Ross, 9	17:35	7:04
41	Sierra Philipp, 9	18:02	7:15
42	Lindsey Meskimen, 10	18:06	7:17
Total Time = 85:50		Total Places = 117	

6. Dubuque Hempstead.

3	Tonya Wittman, 12	16:15	6:32
18	Amy Bowden, 11	16:51	6:46
37	Stacy Barton, 10	17:40	7:06
44	Audrey Kloser, 11	18:24	7:24
47	Natalie Conlan, 11	18:59	7:38
51	Kristin Buchholtz, 12	19:58	8:02
53	Erin Seymour, 11	20:36	8:17
Total Time = 88:06		Total Places = 149	

7. Waterloo West.

26	Morgan Gerdes, 9	17:05	6:52
39	Ashley Ubbelhode, 10	17:50	7:10
43	Morgan Kosar, 10	18:23	7:24
45	Jordin Cowin, 11	18:35	7:29
54	Ellen Fisher, 12	21:17	8:34
Total Time = 93:09		Total Places = 207	

8. C R. Jefferson

30	Hannah Schneekloth, 10	17:22	6:59
36	Sarah Ritchie, 12	17:39	7:06
46	Katie Hoyum, 12	18:41	7:31
48	Amy Thompson, 12	19:06	7:41
49	Maggie Bruckman, 9	19:18	7:46
50	Courtney Upmann, 9	19:29	7:50
52	Allison Settlage, 11	20:34	8:16
Total Time = 92:05		Total Places = 209	

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PLACE	TEAM SCORE	FINISHER	TIME	PACE	TEAM
1	1	Kelsey Davis, 12	16:00	6:26	Cedar Falls.
2	2	Maddy Becker, 10	16:04	6:27	C R. Washington
3	3	Tonya Wittman, 12	16:15	6:32	Dubuque Hempstead.
4	4	Leah Blanchard, 12	16:26	6:37	Cedar Falls.
5	5	Rachel Bardsley, 11	16:33	6:39	C R. Kennedy
6	6	Krista Laufenberg, 9	16:34	6:40	Dubuque Senior.
7	7	Paige Hersom, 11	16:35	6:40	Cedar Falls.
8	8	Annie Hills, 10	16:35	6:40	C R. Prairie
9	9	Madeline Steiner, 12	16:37	6:41	C R. Washington
10	10	Ramsey Steiner, 12	16:39	6:42	C R. Washington
11	11	Deserea Hughes, 11	16:40	6:42	C R. Kennedy
12	12	Tiffany Westrom, 10	16:42	6:43	C R. Washington
13	13	Megan Titler, 9	16:47	6:45	C R. Prairie
14	14	Val Steinmetz, 12	16:47	6:45	C R. Kennedy
15	15	Nicole Erickson, 12	16:48	6:45	C R. Kennedy
16	16	Kate Bucknam, 9	16:50	6:46	Cedar Falls.

17	17	Cara Strike, 9	16:50	6:46	Cedar Falls.
18	18	Amy Bowden, 11	16:51	6:46	Dubuque Hempstead.
19	19	Holly Hearn, 11	16:52	6:47	Dubuque Senior.
20	20	Rebecca Hohmann, 12	16:54	6:48	Dubuque Senior.
21	21	Liz Bauer, 11	16:55	6:48	Cedar Falls.
22	22	Allison Koch, 9	16:55	6:48	C R. Kennedy
23	23	Jennifer Smith, 9	16:58	6:49	C R. Kennedy
24	24	Summer Anderson, 12	17:00	6:50	Cedar Falls.
25	25	Eveline Niyokwizigigwa, 9	17:01	6:51	C R. Washington
26	26	Morgan Gerdes, 9	17:05	6:52	Waterloo West.
27	27	Allison Knockle, 10	17:17	6:57	C R. Washington
28	28	Kathryn Bell, 10	17:18	6:57	C R. Washington
29	29	Shelby McClean, 9	17:20	6:58	C R. Prairie
30	30	Hannah Schneekloth, 10	17:22	6:59	C R. Jefferson

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31	31	Courtney Klein, 10	17:29	7:02	Dubuque Senior.
32	32	Laura Nedderman, 12	17:31	7:02	C R. Kennedy
33	33	Stacey Howes, 9	17:35	7:04	C R. Prairie
34	34	Morgan Ross, 9	17:35	7:04	C R. Prairie
35	35	Katerina Martin, 9	17:39	7:06	Dubuque Senior.
36	36	Sarah Ritchie, 12	17:39	7:06	C R. Jefferson
37	37	Stacy Barton, 10	17:40	7:06	Dubuque Hempstead.
38	38	Blaire Birkett, 11	17:46	7:09	Dubuque Senior.
39	39	Ashley Ubbelhode, 10	17:50	7:10	Waterloo West.
40	40	Kathryn Schilling, 11	18:01	7:15	Dubuque Senior.
41	41	Sierra Philipp, 9	18:02	7:15	C R. Prairie
42	42	Lindsey Meskimen, 10	18:06	7:17	C R. Prairie
43	43	Morgan Kosar, 10	18:23	7:24	Waterloo West.
44	44	Audrey Kloser, 11	18:24	7:24	Dubuque Hempstead.
45	45	Jordin Cowin, 11	18:35	7:29	Waterloo West.
46	46	Katie Hoyum, 12	18:41	7:31	C R. Jefferson
47	47	Natalie Conlan, 11	18:59	7:38	Dubuque Hempstead.
48	48	Amy Thompson, 12	19:06	7:41	C R. Jefferson
49	49	Maggie Bruckman, 9	19:18	7:46	C R. Jefferson
50	50	Courtney Upmann, 9	19:29	7:50	C R. Jefferson

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51	51	Kristin Buchholtz, 12	19:58	8:02	Dubuque Hempstead.
52		Roxane Mendez, 11	20:07	8:05	Waterloo East.
53		Azline Nelson, 11	20:08	8:06	Waterloo East.
54		Alejandra Silva, 10	20:24	8:12	Waterloo East.
55	52	Allison Settlege, 11	20:34	8:16	C R. Jefferson
56	53	Erin Seymour, 11	20:36	8:17	Dubuque Hempstead.
57	54	Ellen Fisher, 12	21:17	8:34	Waterloo West.

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