

4A District - Ames Girls (4km-2.486miles)

ISU XC Course - Ames, Iowa

Oct. 20, 2005

50 and Light Rain

Results by Cal Murdock

[4A Ames Boys results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

Qualifiers shown in red.

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Ames	32	1	3	6	10	12	15	16	15:47	1:03
2	Sioux City North	40	2	7	8	9	14	29	33	15:50	59
3	Ankeny	50	4	5	11	13	17	19	25	16:05	42
4	Mason City	140	21	24	28	31	36	37	45	17:01	59
5	Fort Dodge	151	18	22	30	38	43	49		17:17	1:45
6	Carroll Kuemper	161	20	27	35	39	40	48	55	17:22	1:22
7	Boone	166	23	26	34	41	42	47	52	17:25	1:19
8	Sioux City West	236	32	44	46	54	60	61		18:50	3:46
9	Sioux City East	267	50	51	53	56	57	58	59	18:59	53

Individuals

1. Ames

1	Kersten Thongaard, 11	15:10	6:06
3	Laura Gehring, 10	15:37	6:17
6	Brittany Rover, 12	15:50	6:22
10	Sarah Pesch, 9	16:06	6:28
12	Beth Bystrom, 11	16:12	6:31
15	Rebecca Miller, 9	16:19	6:33
16	Caylon Borich, 11	16:23	6:35

Time = 1:18:54 Places = 32

2. Sioux City North

2	Sarah Nelson, 12	15:16	6:08
7	Molly Lohry, 12	15:50	6:22
8	Nicole Benzoni, 10	15:52	6:23
9	Hilary Rice, 11	15:59	6:25
14	Chelsie Stokes, 9	16:14	6:32
29	Elizabeth Lippke, 10	16:55	6:48
33	Cat Nelson, 12	17:23	6:59

Time = 1:19:09 Places = 40

3. Ankeny

4	Ashley Thomas, 12	15:46	6:20
5	Hayley Vance, 10	15:49	6:22
11	Amber Meyer, 12	16:09	6:30

13	Jenni Hufford, 12	16:14	6:32
17	Hannah Singletary, 10	16:27	6:37
19	Christi Donaghy, 11	16:33	6:39
25	Tara Larson, 11	16:48	6:45
Time = 1:20:24		Places = 50	

4. Mason City

21	Corrine Muyskens, 9	16:39	6:42
24	Tiffany Sluik, 10	16:45	6:44
28	Megan Nielsen, 10	16:51	6:46
31	Ashley Murray, 9	17:14	6:56
36	Tiara Mahon, 10	17:38	7:05
37	Samantha Allgood, 10	17:45	7:08
45	Hannah Crane, 10	18:22	7:23
Time = 1:25:05		Places = 140	

5. Fort Dodge

18	April Aljets, 11	16:32	6:39
22	Emily Fletcher, 12	16:42	6:43
30	Alyssa Cashman, 12	17:06	6:52
38	Lauren Mitchell, 10	17:49	7:10
43	Marisa Wilson, 9	18:17	7:21
49	Megan Batcheller, 11	18:32	7:27
Time = 1:26:25		Places = 151	

6. Carroll Kuemper

20	Rachel Hinners, 9	16:36	6:40
27	Lauren Fangman, 10	16:50	6:46
35	Theresa Riesberg, 12	17:33	7:03
39	Chelsea Evers, 10	17:55	7:12
40	Kristen Salem, 12	17:57	7:13
48	Alison Berg, 10	18:30	7:26
55	Danielle Williams, 12	19:09	7:42
Time = 1:26:49		Places = 161	

7. Boone

23	Maggi Schutte, 9	16:44	6:43
26	Jenny Mack, 11	16:49	6:46
34	Emily Tripp, 10	17:29	7:02
41	Robin Cornelias, 10	17:58	7:13
42	Mary Jo Martin, 10	18:02	7:15
47	Maggie Pestofnik, 10	18:26	7:25
52	Erin Cain, 12	18:39	7:30
Time = 1:27:01		Places = 166	

8. Sioux City West

32	Kelsey Nielsen, 11	17:15	6:56
44	Carrie Van Wyk, 12	18:18	7:22
46	Megan Culbertson, 11	18:26	7:25
54	Rebecca Noble, 10	19:08	7:42
60	Yome Nguyen, 10	21:01	8:27
61	Callan Anderson, 12	24:10	9:43
Time = 1:34:07		Places = 236	

9. Sioux City East

50	Breanna Schwartz, 9	18:36	7:29
51	Kasey Hohl, 9	18:38	7:30
53	Stephanie Anson, 10	19:00	7:38
56	Heather Marshall, 9	19:12	7:43
57	Katy Pratt, 12	19:28	7:50
58	Beverly Cloud, 9	19:32	7:51
59	Ashley Meek, 11	20:06	8:05
Time = 1:34:52		Places = 267	

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PLACE	TEAM SCORE	FINISHER	TIME	PACE	TEAM
1	1	Kersten Thorgaard, 11	15:10	6:06	Ames
2	2	Sarah Nelson, 12	15:16	6:08	Sioux City North
3	3	Laura Gehring, 10	15:37	6:17	Ames
4	4	Ashley Thomas, 12	15:46	6:20	Ankeny
5	5	Hayley Vance, 10	15:49	6:22	Ankeny
6	6	Brittany Rover, 12	15:50	6:22	Ames
7	7	Molly Lohry, 12	15:50	6:22	Sioux City North
8	8	Nicole Benzoni, 10	15:52	6:23	Sioux City North
9	9	Hilary Rice, 11	15:59	6:25	Sioux City North
10	10	Sarah Pesch, 9	16:06	6:28	Ames
11	11	Amber Meyer, 12	16:09	6:30	Ankeny
12	12	Beth Bystrom, 11	16:12	6:31	Ames
13	13	Jenni Hufford, 12	16:14	6:32	Ankeny
14	14	Chelsie Stokes, 9	16:14	6:32	Sioux City North
15	15	Rebecca Miller, 9	16:19	6:33	Ames
16	16	Caylon Borich, 11	16:23	6:35	Ames
17	17	Hannah Singletary, 10	16:27	6:37	Ankeny
18	18	April Aljets, 11	16:32	6:39	Fort Dodge
19	19	Christi Donaghy, 11	16:33	6:39	Ankeny
20	20	Rachel Hinners, 9	16:36	6:40	Carroll Kuemper
21	21	Corrine Muyskens, 9	16:39	6:42	Mason City
22	22	Emily Fletcher, 12	16:42	6:43	Fort Dodge
23	23	Maggi Schutte, 9	16:44	6:43	Boone
24	24	Tiffany Sluik, 10	16:45	6:44	Mason City
25	25	Tara Larson, 11	16:48	6:45	Ankeny
26	26	Jenny Mack, 11	16:49	6:46	Boone
27	27	Lauren Fangman, 10	16:50	6:46	Carroll Kuemper
28	28	Megan Nielsen, 10	16:51	6:46	Mason City
29	29	Elizabeth Lippke, 10	16:55	6:48	Sioux City North
30	30	Alyssa Cashman, 12	17:06	6:52	Fort Dodge
31	31	Ashley Murray, 9	17:14	6:56	Mason City
32	32	Kelsey Nielsen, 11	17:15	6:56	Sioux City West
33	33	Cat Nelson, 12	17:23	6:59	Sioux City North
Pace: 7:00 8:00 9:00 Top					
34	34	Emily Tripp, 10	17:29	7:02	Boone
35	35	Theresa Riesberg, 12	17:33	7:03	Carroll Kuemper
36	36	Tiara Mahon, 10	17:38	7:05	Mason City
37	37	Samantha Allgood, 10	17:45	7:08	Mason City
38	38	Lauren Mitchell, 10	17:49	7:10	Fort Dodge
39	39	Chelsea Evers, 10	17:55	7:12	Carroll Kuemper
40	40	Kristen Salem, 12	17:57	7:13	Carroll Kuemper
41	41	Robin Cornelias, 10	17:58	7:13	Boone
42	42	Mary Jo Martin, 10	18:02	7:15	Boone
43	43	Marisa Wilson, 9	18:17	7:21	Fort Dodge
44	44	Carrie Van Wyk, 12	18:18	7:22	Sioux City West
45	45	Hannah Crane, 10	18:22	7:23	Mason City
46	46	Megan Culbertson, 11	18:26	7:25	Sioux City West
47	47	Maggie Pestofnik, 10	18:26	7:25	Boone
48	48	Alison Berg, 10	18:30	7:26	Carroll Kuemper
49	49	Megan Batcheller, 11	18:32	7:27	Fort Dodge
50	50	Breanna Schwartz, 9	18:36	7:29	Sioux City East
51	51	Kasey Hohl, 9	18:38	7:30	Sioux City East
52	52	Erin Cain, 12	18:39	7:30	Boone
53	53	Stephanie Anson, 10	19:00	7:38	Sioux City East
54	54	Rebecca Noble, 10	19:08	7:42	Sioux City West
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56	56	Heather Marshall, 9	19:12	7:43	Sioux City East
57	57	Katy Pratt, 12	19:28	7:50	Sioux City East
58	58	Beverly Cloud, 9	19:32	7:51	Sioux City East
Pace: 7:00 8:00 9:00 Top					

59	59	Ashley Meek, 11	20:06	8:05	Sioux City East
60	60	Yome Nguyen, 10	21:01	8:27	Sioux City West
Pace: 7:00 8:00 9:00 Top					
61	61	Callan Anderson, 12	24:10	9:43	Sioux City West

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