

# Rockwell Collins Rec Center ZAGRATA 5K Run/Walk 2010 results

Complete results are listed below.

## Rockwell Collins Rec Center 2010 ZAGRATA 5K Results

### OVERALL WINNERS

**5K Run 1<sup>st</sup> overall male: Nathan Hopp 15:45 (new course record)**

**5K Run 2<sup>nd</sup> overall male: Mario Czarnomski 16:55**

**5K Run 3<sup>rd</sup> overall male: Mike Newhouse 16:59**

**5K Run 1<sup>st</sup> overall female: Tiffany Czarnomski 20:35**

**5K Run 2<sup>nd</sup> overall female: Kara Arnold-Arons 21:09**

**5K Run 3<sup>rd</sup> overall female: Jessica Robison 21:21**

**5K Walk overall male: Davis Eidahl 28:31**

**5K Walk overall female: Peg Sabin 39:22**

**ZANIEST Dressed Participant: Judy Flach (Dorothy/Wizard of OZ)**

### Female 5K Run

**15 & U: Cassie Busch 24:58; Madi Shaffer 30:44**

**20-29: Katie Allen 26:51; Jessica Pfeiffer 27:35; Jessica Anderson 28:13**

**30-39: RaeLynn Lamparek 21:37; Patty Stephens 24:21; Allisa Gunsally 24:49**

**40-49: Leslie French 25:26; Nancy Zimmer 29:18; Susan Twachtmann 30:01**

**50-59: Carol Hanson 28:01; Patricia Theisen 30:57; Connie Craft 32:13**

### Male 5K Run

**15 & U: Khory Nobles 23:36; Caleb Zimmer 31:56; Nathan Freesmeier 32:49**

**20-29: Leo Buzalksy 19:55; Clayton Shotwell 19:59; Peter Richards 20:08**

**30-39: Greg Voight 23:45; Bradley Runyan 24:23; Dan Wolfe 24:48**

**40-49: Eric Busch 18:07; Greg Reynolds 20:51; Jeff Shannon 21:03**

**50-59: Mark Zimmer 22:03; Lyle Theisen 22:28; Doug Lord 23:07**

**70-79: John Leland 26:29**

### Female 5K Walk

**20-29: Beth Kuhn 47:03**

**30-39: Amy Gerard 43:55**

**40-49: Sue Short 41:09**

**50-59: D. Michelle Murry 40:33**

**60-69: Jean Erickson 39:57**

**70-79: Jean Sweet 40:53**

### Male 5K Walk

**30-39: Mike Banks 44:08**

**50-59: T. Dale Murry 40:35**

**60-69: Wayne Seagren 36:07**

70-79: Harold Schulze 40:06

**COMPLETE RESULTS**

<b>ZAGRATA 5K Results 2010</b>					
<i>NAME</i>	<i>AGE</i>	<i>SEX</i>	<i>TIME</i>	<i>AGE PLACE</i>	<i>RACE</i>
Nathan Hopp (new course record)	20-29	M	15:45	1 <sup>st</sup> Overall	R
Mario Czarnomski	20-29	M	16:55	2 <sup>nd</sup> Overall	R
Mike Newhouse	40-49	M	16:59	3 <sup>rd</sup> Overall	R
Eric Busch	40-49	M	18:07	1 <sup>st</sup>	R
Leo Buzalsky	20-29	M	19:55	1 <sup>st</sup>	R
Clayton Shotwell	20-29	M	19:59	2 <sup>nd</sup>	R
Peter Richards	20-29	M	20:08	3 <sup>rd</sup>	R
Tiffany Czarnomski	20-29	F	20:35	1 <sup>st</sup> Overall	R
Greg Reynolds	40-49	M	20:51	2 <sup>nd</sup>	R
Jeff Shannon	40-49	M	21:03	3 <sup>rd</sup>	R
Pat Felton	40-49	M	21:04		R
Kara Arnold-Arons	20-29	F	21:09	2 <sup>nd</sup> Overall	R
Jessie Robison	20-29	F	21:21	3 <sup>rd</sup> Overall	R
Bryan Clark	20-29	M	21:21		R
RaeLynn Lamparek	30-39	F	21:37	1 <sup>st</sup>	R
Mark Zimmer	50-59	M	22:03	1 <sup>st</sup>	R
Mark Rocarek	40-49	M	22:21		R
Ryan McKean	20-29	M	22:22		R
Lyle Theisen	50-59	M	22:28	2 <sup>nd</sup>	R
Doug Lord	50-59	M	23:07	3 <sup>rd</sup>	R
Khory Nobles	15 & U	M	23:36	1 <sup>st</sup>	R
Greg Voight	30-39	M	23:45	1 <sup>st</sup>	R
Patty Stephens	30-39	F	24:21	2 <sup>nd</sup>	R
Bradley Runyan	30-39	M	24:23		R
David Hughes	40-49	M	24:33		R
Dan Wolfe	30-39	M	24:48		R
Alissa Gunsally	30-39	F	24:49	3 <sup>rd</sup>	R
Timothy Dahlstrom	20-29	M	24:53		R
Brian Reynolds	40-49	M	24:57		R
Cassie Busch	15 & U	F	24:58	1 <sup>st</sup>	R
Leslie French	40-49	F	25:26		R

				<b>1<sup>st</sup></b>	
<b>Cathy Miller</b>	<b>30-39</b>	<b>F</b>	<b>25:52</b>		<b>R</b>
<b>Chuck Kelsey</b>	<b>40-49</b>	<b>M</b>	<b>25:54</b>		<b>R</b>
<b>Daniel Pfeiffer</b>	<b>20-29</b>	<b>M</b>	<b>26:00</b>		<b>R</b>
<b>Ray Richards</b>	<b>40-49</b>	<b>M</b>	<b>26:13</b>		<b>R</b>
<b>Justin Dewald</b>	<b>20-29</b>	<b>M</b>	<b>26:26</b>		<b>R</b>
<b>Katie Allen</b>	<b>20-29</b>	<b>F</b>	<b>26:51</b>	<b>1<sup>st</sup></b>	<b>R</b>
<b>Jessica Pfeiffer</b>	<b>20-29</b>	<b>F</b>	<b>27:35</b>	<b>2<sup>nd</sup></b>	<b>R</b>
<b>Joseph Knight</b>	<b>50-59</b>	<b>M</b>	<b>27:37</b>		<b>R</b>
<b>Carol Hanson</b>	<b>50-59</b>	<b>F</b>	<b>28:01</b>	<b>1<sup>st</sup></b>	<b>R</b>
<b>Todd Twachtmann</b>	<b>40-49</b>	<b>M</b>	<b>28:04</b>		<b>R</b>
<b>Jessica Anderson</b>	<b>20-29</b>				