

Rockwell Collins Rec Center

ZAGRATA 5K Run/Walk

2009 Results

Complete results are listed below.

OVERALL WINNERS

5K Run 1st overall male: Nathan Hopp 15:55

5K Run 2nd overall male: Kevin Denn 17:19

5K Run 3rd overall male: Jeff Nietert 17:45

5K Run 1st overall female: Laura Decker 22:19

5K Run 2nd overall female: Vivian Denge 23:32

5K Run 3rd overall female: Courtney Steggall 23:34

5K Walk overall male: Steve Deines 31:11

5K Walk overall female: Linnea Martin 31:13

ZANIEST Dressed Participant: Valeria Bauer "Bushwacker"

AGE GROUP WINNERS

Female 5K Run

15 & U: Courtney Zeets 28:16; Alisa Gerhold /Kelsey Malloy 29:21 (tie)
 20-29: Sheena Eichwald 24:54; Sarah Nolte / Jessica Stagg 25:15 (tie); Jennet Volden 25:37
 30-39: Suzanne Ramsey 25:25; Michelle Kimm 26:08; Julie Hoffman 27:41
 40-49: Kristy Butterfield 25:24; Susan Twachtmann 27:54; Julie Kraft 28:02
 50-59: Rhonda Stallman 27:44; Therese Stanton 30:18; Connie Kraft 30:31

Male 5K Run

15 & U: Dustin Busch 25:20; Khory Nobles 25:23; Nicholas Standefer 27:30
 20-29: Leo Buzalsky 20:50; Jose Ramos 23:01; Samuel lee/Eric Lai 23:52 (tie)
 30-39: Stephen Szewc 22:32; Jeremy Wieland 23:46; Brad Runyan 24:28
 40-49: Eric Busch 18:02; Michael Hughes 19:28; Pat Felton 21:22
 50-59: David Robertson 19:24; Mike Nurre 19:46; Mark Ramsey 22:35
 60-69: Don Utsinger 22:17; Dennis Robertson 27:05
 70-79: Al Siemering 23:01; John Leland 25:42

Female 5K Walk

15 & U: Sarah Chinsky 48:15
 20-29: Trisha Murphy 53:59
 40-49: Lisa Lamb 36:37; Jing Chen 46:37; Lorna Richards 51:52
 50-59: Peg Sabin 39:13; Judy Flach 44:20; Denise Lloyd-Lawrence 51:03
 60-69: Jean Erickson 39:12; Jean Sweat 41:40; Nancy Canady 42:27
 70-79: Jan Barnum 45:42; Norita Lundgren 54:09
 80+: Dorothea Daniels 58:06

Male 5K Walk

15 & U: Paul Chinski, Jr. 39:00
 40-49: Todd Stonebarger 36:13; Ray Richards 51:53
 50-59: Paul Chinski, Sr. 48:13
 60-69: Wayne Seagren 33:16; John Leeson 41:17; Keith Erickson 42:16

70-79: Dean Barnum 41:11; Larry Lundgren 54:09**COMPLETE RESULTS**

ZAGRATA 5K Results 2009					
NAME	AGE	SEX	TIME	AGE PLACE	RACE
Nathan Hopp	20-29	M	15:55	1 st Overall	R
Kevin Denn	20-27	M	17:19	2 nd Overall	R
Jeff Wiertert	40-49	M	17:45	3 rd Overall	R
Eric Busch	40-49	M	18:02	1 st	R
David Robertson	50-59	M	19:24	1 st	R
Michael Hughes	40-49	M	19:28	2 nd	R
Michael Nurre	50-59	M	19:46	2 nd	R
Leo Buzalsky	20-29	M	20:50	1 st	R
Pat Felton	40-49	M	21:22	3 rd	R
Doug Thompson	40-49	M	22:05		R
Don Utsinger	60-69	M	22:17	1 st	R
Laura Decker	40-49	F	22:19	1 st Overall	R
Stephen Szewc	30-39	M	22:32	1 st	R
Mark Ramsey	50-59	M	22:35	3 rd	R
Jun Yang	50-59	M	22:39		R
Jose Ramos	20-29	M	23:01	2 nd	R
Al Siemering	70-79	M	23:01	1 st	R
Mark Zimmer	50-59	M	23:14		R
Vivian Denge	20-29	F	23:32	2 nd Overall	R
Courtney Stegall	20-29	F	23:34	3 rd Overall	R
Phil Decker	40-49	M	23:47		R
Jeremy Wieland	30-39	M	23:46	2 nd	R
Samuel Lee	20-29	M	23:52	3 rd (tie)	R
Eric Lai	20-29	M	23:52	3 rd (tie)	R
Dan Wolfe	30-39	M	24:23		R
Brad Runyon	30-39	M	24:28	3 rd	R
Dave Radack	30-39	M	24:35		R
Sheena Eichwald	20-29	F	24:54	1 st	R
Sarah Nolte	20-29	F	25:15	2 nd (tie)	R
Jessica Stagg	20-29	F	25:15	2 nd (tie)	R
Dave Hughes	40-49	M	25:18		R

Dustin Busch	15 & U	M	25:20	1st	R
Khory Nobles	15 & U	M	25:23	2nd	R
Kristy Butterfield	40-49	F	25:24	1st	R
Suzanne Ramsey	30-39	F	25:25	1st	R
Albert Stuppi	40-49	M	25:26		R
Neil Foley	50-59	M	25:27		R
Jennet Volden	20-29	F	25:37	3rd	R
Joseph Knight	50-59	M	25:40		R
John Leland	70-79	M	25:42	2nd	R
Caitlin Reicks	20-29	F	25:46		R
Greg Voight	30-39	M	25:58		R
Michelle Kimm	30-39	F	26:08	2nd	R
Marc Lundgren	40-49	M	26:36		R
Todd Twachtmann	40-49	M	26:58		R
Dennis Richardson	60-69	M	27:05	2nd	R
Nicholas Standefer	15 & U	M	27:30	3rd	R
Jack Standefer	40-49	M	27:35		R
Julie Hoffmann	30-39	F	27:41	3rd	R
Rhonda Stallman	50-59	F	27:44	1st	R
Susan Twachtmann	40-49	F	27:54	2nd	R
Julie Kraftq	40-49	F	28:02	3rd	R
Jennifer Aarni	20-29	F	28:05		R
Scott Gerhold	40-49	M	28:09		R
Kelly Yerke	20-29	F	28:14		R
Courtney Zeets	15 & U	F	28:16	1st	R
Rob Goyer	30-39	M	28:19		R
Steve Zeets	30-39	M	28:22		R
Tyler Speidel					