

YOUR LIFE MATTERS 5K RUN *** 5K Run

*** Overall & Divisions

Event: 5K Run

Date: Saturday, September 07, 2019

Location: Knoxville High School

Weather: Cloudy 58°

Overall and Age Divisions*Results By: Brett Carney * All-American Timing*

Place	Gender	Division	Name	City	Gun Time	Pace mpm
1	1	1 M40	Todd Ratlff, M46	Albia, IA	20:18	6:32/M
2	1	1 F30	Elizabeth Ripperger, F30	Palatine	20:29	6:36/M
3	2	1 M10	Landen Norris, M12	Knoxville, IA	21:23	6:53/M
4	3	1 M30	James Flattery, M36	Madrid	22:20	7:11/M
5	4	2 M30	Anthony Miller, M30	Knoxville	23:03	7:25/M
6	5	2 M40	Shawn Gilchrist, M42	Knoxville	23:09	7:27/M
7	6	2 M10	Isaac Kankin, M11	Knoxville, IA	23:18	7:30/M
8	7	1 M20	Jake Camp, M27	Norwalk	23:25	7:32/M
9	2	1 F40	Mindy Graham-Hinners, F41	Irwin	23:27	7:33/M
10	8	3 M10	Luka Deyong, M14	Knoxville, IA	23:28	7:33/M
11	9	4 M10	Dominic Duggan, M13	Omaha	24:25	7:51/M
12	3	1 F10	Brittany Bacorn, F13	Knoxville, IA	24:30	7:53/M
13	10	5 M10	Kolton Dejong, M13	Knoxville, IA	24:31	7:53/M
14	11	6 M10	Eli Fuller, M10	Knoxville, IA	24:36	7:55/M
15	12	7 M10	Tommy Buttell, M10	Otley	26:07	8:24/M
16	4	2 F40	Tara Gordon, F41	Knoxville	26:26	8:31/M
17	5	2 F10	Ella Breazeale, F14	Dallas	26:39	8:35/M
18	13	8 M10	Lukas Klootwyk, M13	Knoxville, IA	26:42	8:36/M
19	14	9 M10	Cash Klootwyk, M10	Knoxville, IA	27:09	8:44/M
20	15	10 M10	Rylan Robinson, M12	Knoxville, IA	27:11	8:45/M
21	6	3 F40	Chrissy Stringfellow, F42	Albia	27:13	8:46/M
22	16	11 M10	Hunter Lund, M10	Knoxville	27:14	8:46/M
23	17	2 M20	Isaac Short, M28	Knoxville, IA	27:20	8:48/M
24	7	3 F10	Janie Maasdam, F12	Knoxville	27:20	8:48/M
25	8	4 F10	Natalie Collins, F13	Knoxville, IA	27:29	8:51/M
26	18	3 M40	Rob Burton, M47	Pella	27:35	8:53/M

27	19	3 M30	Tyler Pearson, M30	Knoxville	27:41	8:55/M
28	9	1 F20	Ashlyn Breckenridge, F22	Monroe	28:14	9:05/M
29	10	2 F30	Katherine Smith, F33	Knoxville, IA	28:16	9:06/M
30	11	2 F20	Amber Laudick, F28	Knoxville, IA	28:25	9:09/M
31	12	3 F30	Chelsen Gotta, F33	Knoxville, IA	28:33	9:11/M
32	13	5 F10	Charlee Heffron, F15	Dallas	28:58	9:20/M
33	14	6 F10	Emma Dunkin, F14	Knoxville	28:59	9:20/M
34	15	7 F10	ANNA Anderson, F14	Knoxville, IA	29:18	9:26/M
35	16	8 F10	Anna Buttell, F13	Otley	29:18	9:26/M
36	20	4 M40	Will Buttell, M46	Otley	29:25	9:28/M
37	21	12 M10	Carson Netser, M15	Hills	29:29	9:29/M
38	17	4 F40	Sheila Rees, F46	Ankeny	29:29	9:29/M
39	18	1 F50	Sharon Van Roekel, F54	Pella	29:35	9:31/M
40	19	5 F40	Barbara Greer, F46	Kellogg	30:13	9:44/M
41	22	5 M40	Kevin Stittsworth, M46	Knoxville	30:13	9:44/M
42	23	1 JRM	Drake Elliott, M9	Knoxville	30:33	9:50/M
43	20	4 F30	Amy Elliott, F37	Knoxville	30:34	9:50/M
44	21	5 F30	Samantha Dishman, F34	Pleasant Hill	31:30	10:08/M
45	22	6 F30	Amanda Griffin, F34	Albia	32:00	10:18/M
46	23	9 F10	Jorja Culver, F14	Knoxville	32:35	10:29/M
47	24	3 F20	Jamie Hunt, F23	Knoxville	33:11	10:41/M
49	25	6 F40	Katy Burton, F42	Pella	33:20	10:44/M
50	26	2 F50	Lori Sinnard, F58	Knoxville	33:20	10:44/M
48	24	3 M20	Nick Pearson, M27	West Des Moines	33:20	10:44/M
51	27	4 F20	Taylor Burns, F20	Monroe	33:21	10:44/M
52	28	5 F20	Jennafer Rozendaal, F23	Monroe	33:21	10:44/M
53	25	4 M20	Zachary Rozendaal, M24	Monroe	33:22	10:45/M
54	26	1 M50	Steve Mitchell, M57	Melcher	33:43	10:51/M
55	29	3 F50	Brenda Davis, F52	Knoxville	34:23	11:04/M
59	33	9 F30	Stacy Glass, F34	Knoxville, IA	34:31	11:07/M
56	30	7 F30	Theresa Rogers, F38	Knoxville, IA	34:31	11:07/M
58	32	6 F20	Jaci May, F26	Knoxville, IA	34:31	11:07/M
57	31	8 F30	Natalie Worth, F30	Knoxville, IA	34:31	11:07/M
60	27	13 M10	Brody Dejong, M11	Knoxville, IA	34:32	11:07/M
61	28	6 M40	Robert Oliver, M48	Ankeny	35:10	11:19/M
62	34	1 F60	Nancy Neels, F60	Knoxville	35:38	11:28/M
63	35	7 F40	Cheryl Dean, F45	Knoxville, IA	35:40	11:29/M
64	36	8 F40	Stacia Neil, F42	Knoxville	35:40	11:29/M
65	37	9 F40	Amy Fallis, F45	Pleasantville	36:37	11:47/M
66	38	10 F30	Cindi Fuller, F38	Knoxville, IA	36:42	11:49/M
67	39	11 F30	Holly Willer, F34	Knoxville	37:57	12:13/M
68	40	12 F30	Nicki Davis, F34	Knoxville	37:57	12:13/M
69	41	10 F10	Kelly Murphy, F19	Estherville	38:02	12:14/M
70	29	14 M10	Ian Frasier, M19	Estherville	38:02	12:14/M
71	42	7 F20	Brittney Kuntz, F29	Pella	38:12	12:18/M
72	30	15 M10	Ryder Hamilton, M11	Pella, IA	38:14	12:18/M
73	43	10 F40	Brandy Snodgrass, F45	Knoxville	38:40	12:27/M
74	31	16 M10	Cj Burton, M11	Pella	39:11	12:37/M
75	44	11 F10	Larissa Wells, F14	Knoxville	39:24	12:41/M

76	45	12 F10	Lannie Hamilton, F14	Knoxville, IA	39:24	12:41/M
77	46	4 F50	Robin De Heer, F57	Knoxville	40:41	13:06/M
79	32	7 M40	Chad Aswegan, M43	Knoxville	40:44	13:07/M
78	47	13 F30	Sarah Aswegan, F36	Knoxville	40:44	13:07/M
80	48	14 F30	Kate Ripperger, F34	Knoxville	41:54	13:29/M
81	49	11 F40	Theresa Davis, F46	Bussey	43:49	14:06/M
82	50	15 F30	Rochelle Klootwyk, F38	Knoxville, IA	44:28	14:19/M
83	51	5 F50	Kimberly Baumgarten, F54	Des Moines	45:06	14:31/M
84	52	1 JRF	Bella Landis, F6	Knoxville	46:47	15:03/M
85	33	2 M50	Bruce Crozier, M58	Knoxville	47:58	15:26/M
86	53	6 F50	Julie Wallace, F56	Knoxville	48:03	15:28/M
87	34	3 M50	Kurt Wallace, M54	Knoxville	48:04	15:28/M
88	35	8 M40	Chad Smith, M47	Norwalk	50:25	16:14/M
89	36	4 M50	Jim Judkins, M58	Melbourne	51:10	16:28/M
90	54	2 F60	Laurel Devries, F60	Knoxville	51:15	16:30/M
91	55	7 F50	Bobi Mart, F51	Knoxville	51:17	16:30/M
92	56	8 F20	Angela Lund, F28	Knoxville	51:17	16:30/M
93	37	5 M20	Jake Rietveld, M26	Pella	51:37	16:37/M
94	57	8 F50	Beth Gibson, F54	Knoxville	51:51	16:41/M
95	58	9 F50	Kim Rietveld, F53	Knoxville	51:52	16:42/M
96	59	13 F10	Hannah Dunkin, F12	Knoxville	53:18	17:09/M
97	60	14 F10	Taylor Lund, F12	Knoxville	53:18	17:09/M
98	61	12 F40	Laura Sanderson, F46	Knoxville, IA	53:22	17:11/M
99	62	15 F10	Cally Landis, F11	Knoxville	53:35	17:15/M
100	63	16 F10	Madison Wells, F12	Knoxville	54:07	17:25/M
101	64	17 F10	Madysen Smith, F16	Norwalk	54:34	17:34/M
102	65	18 F10	Lauren Burton, F14	Pella	54:34	17:34/M
103	66	13 F40	Mary Popson-Klein, F46	Pella	55:50	17:58/M
104	67	9 F20	Stephanje Gross, F27	Des Moines	56:21	18:08/M
105	38	4 M30	Scott Pitt, M32	Knoxville	56:50	18:18/M
106	68	16 F30	Erin McBride, F30	Knoxville	57:37	18:33/M
107	69	10 F20	Ashley Conrad, F27	Knoxville	57:43	18:35/M
108	70	17 F30	Tiffany Hopkins, F30	Knoxville	57:44	18:35/M
109	71	2 JRF	Mira Anderson, F3	Knoxville	58:01	18:40/M
110	72	14 F40	Amanda Irving, F41	Knoxville	58:02	18:41/M
111	73	18 F30	Emily Landis, F37	Knoxville	59:38	19:12/M
112	39	5 M30	Josh Youngblut, M35	Knoxville	1:02:04	19:59/M
113	74	19 F30	Cynthia Youngblut, F38	Knoxville	1:02:05	19:59/M
114	75	15 F40	Julie Paxton, F42	Monroe	1:02:14	20:02/M
115	76	3 F60	Barb Isley, F60	Knoxville	1:03:30	20:26/M
116	77	4 F60	Connie Lenger, F65	Knoxville	1:03:53	20:34/M
117	78	5 F60	Sue Visser, F60	Pella	1:03:57	20:35/M
118	79	16 F40	Kasi Wares, F45	Knoxville	1:04:19	20:42/M
119	80	19 F10	Sydney Neil, F14	Knoxville	1:04:37	20:48/M
120	81	11 F20	Kaurie Marinkovich, F28	Pella	1:08:46	22:08/M
121	40	6 M30	Dylan Mick, M31	Knoxville	1:09:41	22:26/M

Overall and Age Divisions

M[9 & Under]

Place	Name	City	Gun Time	Pace mpm
1	Drake Elliott, M9	Knoxville	30:33	9:50/M

F[9 & Under]

Place	Name	City	Gun Time	Pace mpm
1	Bella Landis, F6	Knoxville	46:47	15:03/M
2	Mira Anderson, F3	Knoxville	58:01	18:40/M

M[10-19]

Place	Name	City	Gun Time	Pace mpm
1	Landen Norris, M12	Knoxville, IA	21:23	6:53/M
2	Isaac Kankin, M11	Knoxville, IA	23:18	7:30/M
3	Luka Deyong, M14	Knoxville, IA	23:28	7:33/M
4	Dominic Duggan, M13	Omaha	24:25	7:51/M
5	Kolton Dejong, M13	Knoxville, IA	24:31	7:53/M
6	Eli Fuller, M10	Knoxville, IA	24:36	7:55/M
7	Tommy Buttell, M10	Otley	26:07	8:24/M
8	Lukas Klootwyk, M13	Knoxville, IA	26:42	8:36/M
9	Cash Klootwyk, M10	Knoxville, IA	27:09	8:44/M
10	Rylan Robinson, M12	Knoxville, IA	27:11	8:45/M
11	Hunter Lund, M10	Knoxville	27:14	8:46/M
12	Carson Netser, M15	Hills	29:29	9:29/M
13	Brody Dejong, M11	Knoxville, IA	34:32	11:07/M
14	Ian Frasier, M19	Estherville	38:02	12:14/M
15	Ryder Hamilton, M11	Pella, IA	38:14	12:18/M
16	Cj Burton, M11	Pella	39:11	12:37/M

F[10-19]

Place	Name	City	Gun Time	Pace mpm
1	Brittany Bacorn, F13	Knoxville, IA	24:30	7:53/M
2	Ella Breazeale, F14	Dallas	26:39	8:35/M
3	Janie Maasdam, F12	Knoxville	27:20	8:48/M
4	Natalie Collins, F13	Knoxville, IA	27:29	8:51/M
5	Charlee Heffron, F15	Dallas	28:58	9:20/M
6	Emma Dunkin, F14	Knoxville	28:59	9:20/M
7	ANNA Anderson, F14	Knoxville, IA	29:18	9:26/M
8	Anna Buttell, F13	Otley	29:18	9:26/M
9	Jorja Culver, F14	Knoxville	32:35	10:29/M
10	Kelly Murphy, F19	Estherville	38:02	12:14/M
11	Larissa Wells, F14	Knoxville	39:24	12:41/M

12	Lannie Hamilton, F14	Knoxville, IA	39:24	12:41/M
13	Hannah Dunkin, F12	Knoxville	53:18	17:09/M
14	Taylor Lund, F12	Knoxville	53:18	17:09/M
15	Cally Landis, F11	Knoxville	53:35	17:15/M
16	Madison Wells, F12	Knoxville	54:07	17:25/M
17	Madysen Smith, F16	Norwalk	54:34	17:34/M
18	Lauren Burton, F14	Pella	54:34	17:34/M
19	Sydney Neil, F14	Knoxville	1:04:37	20:48/M

M[20-29]

Place	Name	City	Gun Time	Pace mpm
1	Jake Camp, M27	Norwalk	23:25	7:32/M
2	Isaac Short, M28	Knoxville, IA	27:20	8:48/M
3	Nick Pearson, M27	West Des Moines	33:20	10:44/M
4	Zachary Rozendaal, M24	Monroe	33:22	10:45/M
5	Jake Rietveld, M26	Pella	51:37	16:37/M

F[20-29]

Place	Name	City	Gun Time	Pace mpm
1	Ashlyn Breckenridge, F22	Monroe	28:14	9:05/M
2	Amber Laudick, F28	Knoxville, IA	28:25	9:09/M
3	Jamie Hunt, F23	Knoxville	33:11	10:41/M
4	Taylor Burns, F20	Monroe	33:21	10:44/M
5	Jennafer Rozendaal, F23	Monroe	33:21	10:44/M
6	Jaci May, F26	Knoxville, IA	34:31	11:07/M
7	Brittney Kuntz, F29	Pella	38:12	12:18/M
8	Angela Lund, F28	Knoxville	51:17	16:30/M
9	Stephanje Gross, F27	Des Moines	56:21	18:08/M
10	Ashley Conrad, F27	Knoxville	57:43	18:35/M
11	Kaurie Marinkovich, F28	Pella	1:08:46	22:08/M

M[30-39]

Place	Name	City	Gun Time	Pace mpm
1	James Flattery, M36	Madrid	22:20	7:11/M
2	Anthony Miller, M30	Knoxville	23:03	7:25/M
3	Tyler Pearson, M30	Knoxville	27:41	8:55/M
4	Scott Pitt, M32	Knoxville	56:50	18:18/M
5	Josh Youngblut, M35	Knoxville	1:02:04	19:59/M
6	Dylan Mick, M31	Knoxville	1:09:41	22:26/M

F[30-39]

Place	Name	City	Gun Time	Pace mpm
1	Elizabeth Ripperger, F30	Palatine	20:29	6:36/M
2	Katherine Smith, F33	Knoxville, IA	28:16	9:06/M
3	Chelsen Gotta, F33	Knoxville, IA	28:33	9:11/M

4	Amy Elliott, F37	Knoxville	30:34	9:50/M
5	Samantha Dishman, F34	Pleasant Hill	31:30	10:08/M
6	Amanda Griffin, F34	Albia	32:00	10:18/M
7	Theresa Rogers, F38	Knoxville, IA	34:31	11:07/M
8	Natalie Worth, F30	Knoxville, IA	34:31	11:07/M
9	Stacy Glass, F34	Knoxville, IA	34:31	11:07/M
10	Cindi Fuller, F38	Knoxville, IA	36:42	11:49/M
11	Holly Willer, F34	Knoxville	37:57	12:13/M
12	Nicki Davis, F34	Knoxville	37:57	12:13/M
13	Sarah Aswegan, F36	Knoxville	40:44	13:07/M
14	Kate Ripperger, F34	Knoxville	41:54	13:29/M
15	Rochelle Klootwyk, F38	Knoxville, IA	44:28	14:19/M
16	Erin McBride, F30	Knoxville	57:37	18:33/M
17	Tiffany Hopkins, F30	Knoxville	57:44	18:35/M
18	Emily Landis, F37	Knoxville	59:38	19:12/M
19	Cynthia Youngblut, F38	Knoxville	1:02:05	19:59/M

M[40-49]

Place	Name	City	Gun Time	Pace mpm
1	Todd Ratlff, M46	Albia, IA	20:18	6:32/M
2	Shawn Gilchrist, M42	Knoxville	23:09	7:27/M
3	Rob Burton, M47	Pella	27:35	8:53/M
4	Will Buttell, M46	Otley	29:25	9:28/M
5	Kevin Stittsworth, M46	Knoxville	30:13	9:44/M
6	Robert Oliver, M48	Ankeny	35:10	11:19/M
7	Chad Aswegan, M43	Knoxville	40:44	13:07/M
8	Chad Smith, M47	Norwalk	50:25	16:14/M

F[40-49]

Place	Name	City	Gun Time	Pace mpm
1	Mindy Graham-Hinners, F41	Irwin	23:27	7:33/M
2	Tara Gordon, F41	Knoxville	26:26	8:31/M
3	Chrissy Stringfellow, F42	Albia	27:13	8:46/M
4	Sheila Rees, F46	Ankeny	29:29	9:29/M
5	Barbara Greer, F46	Kellogg	30:13	9:44/M
6	Katy Burton, F42	Pella	33:20	10:44/M
7	Cheryl Dean, F45	Knoxville, IA	35:40	11:29/M
8	Stacia Neil, F42	Knoxville	35:40	11:29/M
9	Amy Fallis, F45	Pleasantville	36:37	11:47/M
10	Brandy Snodgrass, F45	Knoxville	38:40	12:27/M
11	Theresa Davis, F46	Bussey	43:49	14:06/M
12	Laura Sanderson, F46	Knoxville, IA	53:22	17:11/M
13	Mary Popson-Klein, F46	Pella	55:50	17:58/M
14	Amanda Irving, F41	Knoxville	58:02	18:41/M
15	Julie Paxton, F42	Monroe	1:02:14	20:02/M
16	Kasi Wares, F45	Knoxville	1:04:19	20:42/M

M[50-59]

Place	Name	City	Gun Time	Pace mpm
1	Steve Mitchell, M57	Melcher	33:43	10:51/M
2	Bruce Crozier, M58	Knoxville	47:58	15:26/M
3	Kurt Wallace, M54	Knoxville	48:04	15:28/M
4	Jim Judkins, M58	Melbourne	51:10	16:28/M

F[50-59]

Place	Name	City	Gun Time	Pace mpm
1	Sharon Van Roekel, F54	Pella	29:35	9:31/M
2	Lori Sinnard, F58	Knoxville	33:20	10:44/M
3	Brenda Davis, F52	Knoxville	34:23	11:04/M
4	Robin De Heer, F57	Knoxville	40:41	13:06/M
5	Kimberly Baumgarten, F54	Des Moines	45:06	14:31/M
6	Julie Wallace, F56	Knoxville	48:03	15:28/M
7	Bobi Mart, F51	Knoxville	51:17	16:30/M
8	Beth Gibson, F54	Knoxville	51:51	16:41/M
9	Kim Rietveld, F53	Knoxville	51:52	16:42/M

F[60 & Over]

Place	Name	City	Gun Time	Pace mpm
1	Nancy Neels, F60	Knoxville	35:38	11:28/M
2	Laurel Devries, F60	Knoxville	51:15	16:30/M
3	Barb Isley, F60	Knoxville	1:03:30	20:26/M
4	Connie Lenger, F65	Knoxville	1:03:53	20:34/M
5	Sue Visser, F60	Pella	1:03:57	20:35/M

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Brett Carney * All-American Timing
