

2010 Jingle Jam 5K**Dec. 4, 2010****Des Moines, IA.**

Women's Champion - Dana Kramer - Urbandale, Time 21:49.3

Men's Champion - Marshall Phares - Des Moines, Time 17:58.2

Place	PI	Age	First	Last	Age	Sex	City	Time
1	1		Marshall	Phares	21	M	Des Moines	17:58.2
2	1		Shawn	Goedken	26	M	Urbandale	18:34.9
3	1		John	Neer	31	M	Des Moines	18:35.9
4	1		Kyle	Weuve	45	M	Urbandale	19:24.8
5	2		Wesley	Cottier	34	M	Boone	19:28.2
6	1		Joe	Gobels	51	M	Altoona	19:53.4
7	2		Paul	Kolsrud	29	M	Des Moines	19:56.8
8	1		Zach	Wignall	18	M	Creston	20:12.2
9	1		Michael	Guge	39	M	West Des Moines	20:56.4
10	3		Alejandrino	Lezl	26	M	Des Moines	21:14.2
11	2		Stuart	Ault	45	M	Altoona	21:15.5
12	3		Jeff	Farrell	46	M	Urbandale	21:22.9
13	2		Steve	Fritz	13	M	Amana	21:41.8
1	1		Dana	Kramer	48	F	Urbandale	21:49.3
14	2		Kevin	Vogel	50	M	Amana	21:50.9
15	3		Luther	Grulke	16	M	Kelley	21:52.2
16	1		Scott	Harris	43	M	Clive	21:57.0
17	4		Nick	Gifford	29	M	Pleasant	22:09.2
18	2		Karl	Overton	43	M	Des Moines	22:23.7
19	2		Tony	Guerra	38	M	Ankeny	22:27.0
20	4		Jeff	Feder	49	M	Norwalk	22:48.0
21	3		Jack	Thompson	51	M	Norwalk	22:50.1
22	3		Kraig	Daugherty	42	M	Indianola	23:17.8
2	1		Rose	Wignall	50	F	Creston	23:19.0
3	2		Ellen	Middleswart	45	F	Urbandale	23:19.9
23	5		James	McConkey	27	M	Des Moines	23:34.7
4	1		Alexa	Vanderleest	15	F	Lynnville	23:38.4
24	4		Ethan	Guge	15	M	West Des Moines	23:39.0
5	1		Angie	Klobnak	36	F	Des Moines	23:44.3
25	1		Andrew	Hazer	61	M	Columbia	23:53.7
26	5		Patrick	Weepie	49	M		23:58.8
6	1		Kate	Wallace	33	F	Norwalk	24:05.6
7	2		Jennifer	Groos	36	F	Norwalk	24:06.0
27	6		Glen	Dippold	48	M	Clive	24:12.1
8	2		Alexa	Zuber	16	F	Williamsburg	24:34.5
28	4		Rick	Van Scoy	54	M	Urbandale	24:37.6
9	1		Maria	Wadle	42	F	Peru	24:41.2
10	1		Amy	Oliver	27	F	Milo	24:45.9
29	5		Connor	Noonan	15	M	Ankeny	24:51.1
11	2		Kimberly	Stewart	42	F	Des Moines	24:55.3
30	6		Ledg	Downs	13	M	Van Meter	25:06.3
31	2		Tyler	Ehrenhard	21	M	West Des Moines	25:17.5
32	3		Jerry	Rodriguez	35	M	Des Moines	25:32.2
33	2		Jim	Matthews	70	M	Baxter	25:32.7
12	3		Deb	Safford	45	F	Norwalk	25:34.2
34	7		Geoff	Safford	49	M	Norwalk	25:34.6