



WHAMM 5 km

Windsor Heights, IA

May 16, 2015

67 degrees, mostly overcas

Results by Michael Franke

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1 M20	Mitchell Davis, 24, des Moines, IA	17:16	5:33
2	1 M30	Nathan White, 31, Johnston, IA	17:26	5:37
3	2 M30	Jason Lawry, 39, Waukee, IA	18:29	5:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
4	2 M20	Kory Uhl, 28, des Moines, IA	19:13	6:11
5	1 M40	Scott Lochhead, 45, des Moines, IA	19:18	6:12
1	1 W30	Stephanie Mortenson, 33*, Windsor Heights, IA	21:05	6:47
6	3 M30	Josh Russell, 36, des Moines, IA	21:06	6:47
7	1 M50	Jeff Allsup, 59, Indianola, IA	21:23	6:53
8	3 M20	Joe Thuente, 28, Vermillion, SD	21:27	6:54
9	2 M40	Kraig Daugherty, 46, Indianola, IA	21:43	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
10	4 M20	Angel Ponce, 25, Omaha, NE	21:58	7:04
11	4 M30	John Brees, 34, des Moines, IA	22:02	7:05
12	5 M30	Erik Ullestad, 36, West Des Moines, IA	22:07	7:07
13	6 M30	Brian McIllece, 35, Des Moines	22:59	7:24
14	7 M30	Jack Powers, 30	23:06	7:26
15	3 M40	Pete Cartwright, 40, West Des Moines, IA	23:08	7:27
16	2 M50	Dennis Judd, 54, Urbandale, IA	23:15	7:29
17	3 M50	Steven Hall, 57, Marshalltown, IA	23:22	7:31
18	1 JrM	George Youngwirth, 15, Urbandale, IA	23:34	7:35
19	4 M40	Brendan Comito, 48, des Moines, IA	23:41	7:37
20	8 M30	Timothy Hammond, 34, Grinell, IA	23:50	7:40
21	1 M60	Johnny Ytzen, 61, Creston, IA	24:24	7:51
22	9 M30	Caleb Hegna, 38, des Moines, IA	24:29	7:53
23	10 M30	Edward Vasquez, 35, Windsor Heights, IA	24:31	7:53
24	5 M20	Justin White, 29, Urbandale, IA	24:41	7:56
25	4 M50	Dan Buren, 52, Urbandale, IA	24:45	7:58
26	2 M60	Bill Parks, 62, des Moines, IA	24:46	7:58
2	2 W30	Nicole Russell, 36*, des Moines, IA	24:47	7:58
3	1 W40	Andrea Corcoran, 46*, des Moines, IA	24:48	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
27	5 M40	Ed Bendel, 48, Urbandale, IA	25:16	8:08
28	2 JrM	Mattia Stentella, 17, Windsor Heights, IA	25:18	8:08
29	5 M50	Dave Peshel, 50, Adel, IA	25:29	8:12
4	3 W30	Meredith Mauro, 36*, des Moines, IA	25:43	8:16
30	6 M50	Bradley Mills, 56, Waukee, IA	25:54	8:20

5	2	W40	Alice Barrett, 48*, Waukee, IA	26:29	8:31
31	6	M20	Christopher Vestal, 27, Indianola, IA	26:34	8:33
32	7	M20	Ryan Caldbeck, 28, Norwalk, IA	26:58	8:41
33	11	M30	Ryan King, 31, Ankeny, IA	27:01	8:42
34	3	JrM	Toby Mosher, 13, Urbandale, IA	27:17	8:47
35	7	M50	James Arthur, 51, Pleasant Hill, IA	27:18	8:47
6	4	W30	Jennifer Mosher, 37*, Urbandale, IA	27:29	8:51
7	1	W60	Julie Lepley, 64*, Des Moines, IA	27:39	8:54
8	1	W50	Carol Stratemeyer, 59*, des Moines, IA	27:52	8:58
36	8	M50	Darwin Schmig, 57, des Moines, IA	27:53	8:58
37	4	JrM	Jack Youngwirth, 12, Urbandale, IA	27:53	8:58
38	6	M40	Tom Youngwirth, 48, Urbandale, IA	27:56	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

9	5	W30	Heather Day, 30*, Ankeny, IA	28:18	9:07
10	1	W20	Courtney Warren, 20*, Clive, IA	28:34	9:11
39	9	M50	Rod Warren, 51, Clive, IA	28:37	9:12
40	12	M30	Justin Vander Leest, 35, Ankeny, IA	28:40	9:14
11	2	W50	Angie Sanders, 52*, Urbandale, IA	28:50	9:17
41	13	M30	Jonathan Ceolla, 30, West Des Moines, IA	28:54	9:18
12	1	JrW	Ashlyn Perry, 11*, Winterset, IA	29:14	9:24
42	10	M50	Randy Ratekin, 59, Johnston, IA	29:17	9:25
13	2	JrW	Lily Smith, 10*, Urbandale, IA	29:18	9:26
43	11	M50	Chris Olkiewicz, 50, Ankeny, IA	29:19	9:26
14	3	JrW	Rebecca Krugler, 11*, Urbandale, IA	29:21	9:27
15	2	W20	Mallory Johnson, 27*, des Moines, IA	29:22	9:27
16	6	W30	Candace Cartwright, 39*, West Des Moines, IA	29:54	9:37
17	3	W50	Julia Batten, 59*, Carlisle, IA	30:08	9:42
18	4	W50	Sue Bata, 57*, Urbandale, IA	30:13	9:43
19	5	W50	Cheryl Judd, 54*, Urbandale, IA	30:14	9:44
20	4	JrW	Jaenelle Bryant, 10*, Clive, IA	30:17	9:45
21	3	W40	Wendy Bryant, 45*, Clive, IA	30:18	9:45
22	5	JrW	Anna Swick, 11*, Urbandale, IA	30:25	9:47
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44	7	M40	Rusty Bishop, 45, des Moines, IA	31:06	10:00
23	6	JrW	Emma Wagler, 12*, Windsor Heights, IA	31:34	10:10
24	7	W30	Amanda Hagenow, 35*, Windsor Heights, IA	31:48	10:14
25	6	W50	Brenda Auxier-Mailey, 57*, Windsor Heights, IA	32:02	10:18
26	7	W50	Lori Kiewel, 57*, Clive, IA	32:07	10:20
45	12	M50	Brad Kiewel, 57, Clive, IA	32:07	10:20
27	8	W50	Carol Ratekin, 55*, Johnston, IA	32:15	10:23
28	8	W30	Darcy Palan, 34*, Polk City, IA	32:15	10:23
29	3	W20	Rachael Baethke, 29*, Windsor Heights, IA	32:30	10:27
30	7	JrW	Gracie Waage, 10*, Urbandale, IA	32:53	10:35
31	4	W20	Ashlee Hammer, 21*, Urbandale, IA	33:03	10:38
32	9	W30	Shelly Weeks, 33*, Adel, IA	33:13	10:41
33	4	W40	Brenda Peshel, 44*, Adel, IA	33:14	10:42
34	8	JrW	Cara Kennedy, 10*, Urbandale, IA	33:41	10:50
35	2	W60	Celeste Egger, 61*, Windsor Heights, IA	33:42	10:51
36	5	W40	Kate Rodriguez, 42*, des Moines, IA	33:43	10:51
37	5	W20	Bernadette Egger, 26*, West Des Moines, IA	33:58	10:56
38	3	W60	Isabella Cook, 61*, West Des Moines, IA	33:59	10:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

39	9	JrW	Anne Roesler, 9*, Urbandale, IA	35:10	11:19
40	10	JrW	Kaidyn Shull, 9*, Urbandale, IA	35:11	11:19
41	10	W30	Ashley Mobley, 34*, Urbandale, IA	35:12	11:20
42	11	W30	Jennifer Vasquez, 39*, Windsor Heights, IA	35:33	11:26
43	6	W20	Heidi Stegenga, 28*, Windsor Heights, IA	35:39	11:28
46	14	M30	John Lepley, 31, Windsor Heights, IA	35:40	11:29
44			Lauren Peterson*, Urbandale, IA	35:47	11:31
47	8	M40	David Siebert, 43, Urbandale, IA	35:48	11:31

48	5	JrM	Evan Siebert, 8	35:51	11:32
45	7	W20	Annie Jordan, 26*, Ankeny, IA	35:55	11:33
46	11	JrW	Julia Martinez-Lohf, 11*, Urbandale, IA	36:00	11:35
47	6	W40	Jody Kiehne, 48*, Urbandale, IA	36:09	11:38
49	6	JrM	Ethan Kiehne, 14, Urbandale, IA	36:09	11:38
48	7	W40	Tramelle Chandler, 48*, Norwalk, IA	36:21	11:42
49	9	W50	Cecilia Benetti, 54*, des Moines, IA	36:37	11:47
50	10	W50	Ranae Newem, 53*, West Des Moines, IA	36:37	11:47
51	8	W20	Caitlyn Reinders, 23*, des Moines, IA	36:47	11:50
50	7	JrM	Mikail Hassoun, 11, Windsor Heights, IA	36:48	11:51
52	9	W20	Ashley Bernhagen, 25*, West Des Moines, IA	37:03	11:56
53	11	W50	Kim Weber, 54*, West Des Moines, IA	37:04	11:56
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54	12	W30	Ana Martinez-Lohf, 39*, Urbandale, IA	37:41	12:08
55	12	JrW	Kiersten Van Horn, 9*, Urbandale, IA	38:09	12:17
56	8	W40	Kathleen Van Horn, 41*, Urbandale, IA	38:11	12:17
57	9	W40	Laura Siebert, 43*, Urbandale, IA	38:36	12:25
58	13	W30	Sarah Pratt, 38*, West Des Moines, IA	39:31	12:43
51	9	M40	Andrew Pratt, 40, West Des Moines, IA	39:31	12:43
59	13	JrW	Campbell German, 9*, Cumming, IA	39:32	12:43
60	12	W50	Laurie Hammer, 50*, Urbandale, IA	39:36	12:45
61	10	W20	Kristina Meunier, 24*, des Moines, IA	39:37	12:45
62	10	W40	Victoria Daniels, 46*, des Moines, IA	39:53	12:50
63	14	W30	Jennifer Schwartz, 35*, des Moines, IA	40:17	12:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
64	14	JrW	Madison Handeland, 9*, Urbandale, IA	40:29	13:02
65	15	JrW	Raina Graalfs, 9*, Urbandale, IA	40:29	13:02
66	16	JrW	Jessie Hunter, 10*, Urbandale, IA	40:30	13:02
67	15	W30	Kelley Harrison, 39*, Urbandale, IA	40:32	13:03
68	13	W50	Sandee Myers, 53*, Urbandale, IA	40:34	13:03
69	17	JrW	Lucy Swauger, 10*, des Moines, IA	40:57	13:11
70	11	W40	Kelly Pearson, 40*	41:50	13:28
71	18	JrW	Brynnly German, 9*, Cumming, IA	42:26	13:39
72	19	JrW	Hadley Pearson, 9*, Cumming, IA	42:32	13:41
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
73	20	JrW	Tarpeh Soneta, 11*, des Moines, IA	43:32	14:01
52	10	M40	Pj Harrison, 41, Urbandale, IA	43:59	14:09
74	16	W30	Annie Brees, 32*, Des Moines	44:33	14:20
75	21	JrW	Roslyn Duenas, 9*, des Moines, IA	45:01	14:29
76	22	JrW	Jamie Liborio Calleja, 8*, Urbandale, IA	45:02	14:30
77	17	W30	Jennifer Froehlich, 35*, Altoona, IA	45:02	14:30
78	23	JrW	Gloria Tarpeh, 8*, Urbandale, IA	45:32	14:39
79	11	W20	Ashley Kokemuller, 27*, Polk City, IA	45:34	14:40
80	14	W50	Lori Kness, 56*, Urbandale, IA	45:44	14:43
81	15	W50	Linda Alleman, 59*, West Des Moines, IA	46:16	14:53
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
82	24	JrW	Ella Stover Wright, 10*, des Moines, IA	49:08	15:49
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53	11	M40	Ehren Stover Wright, 43, des Moines, IA	50:20	16:12
83	12	W40	Michelle Stover Wright, 44*, des Moines, IA	50:21	16:12
84	16	W50	Mary Fowler, 58*, Windsor Heights, IA	51:48	16:40
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85	13	W40	Tania Schramm, 46*, Waukee, IA	53:58	17:22
86	4	W60	Colleen Koester, 62*, Fort Myers, FL	55:08	17:45
54	3	M60	Michael Koester, 65, Fort Myers, FL	55:09	17:45
87	5	W60	Brenda Kelloway, 62*, Urbandale, IA	55:09	17:45
88	18	W30	Candace Koester, 32*, Windsor Heights, IA	55:11	17:45
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

89	17	W50	Teri Clouser, 57*, Plano, TX	59:53	19:16
90	18	W50	Lisa Kennedy, 52*, W Burlington, IA	59:53	19:16

* indicates females

7 finishers among Men Under 20
7 finishers among Men 20 - 29
14 finishers among Men 30 - 39
11 finishers among Men 40 - 49
12 finishers among Men 50 - 59
3 finishers among Men 60 & Up
24 finishers among Women Under 20
11 finishers among Women 20 - 29
18 finishers among Women 30 - 39
13 finishers among Women 40 - 49
18 finishers among Women 50 - 59
5 finishers among Women 60 & Up
1 finishers among Females (no age given)
54 male finishers
90 female finishers
144 total finishers

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