

WHAMM 10 Kilometer

Windsor Heights, Iowa

May 8, 2004

65 degrees & humid

Results by Cal Murdock

[5 Kilo results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"*" indicates females

PLACE	CLASS	FINISHER	TIME	PACE
1	1 M30	Brad Bergman, 31, Des Moines, IA	34:58	5:37
2	1 M45	Keith Fevold, 46, Des Moines, IA	36:35	5:53
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
3	1 M25	Brian Bell, 26, Omaha, NE	38:00	6:07
4	1 M40	Troy Zeleznik, 41, West Des Moines, IA	39:25	6:21
1	1 W35	Kathy Hale, 39*, Bondurant, IA	41:56	6:45
5	1 M35	Mike Rieks, 36, West Des Moines, IA	43:00	6:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
6	2 M25	Anthony Oendana, 28, West Des Moines, IA	43:32	7:00
7	1 M50	Chuck Clark, 53, Carroll, IA	44:21	7:08
8	2 M40	David Christens, 44, West Des Moines, IA	45:13	7:16
9	2 M35	Gene Peterson, 37	45:21	7:18
10	3 M40	Scott Weber, 41, Polk City, IA	45:44	7:22
11	1 M55	David Schulte, 57, Granger, IA	46:08	7:25
12	3 M25	Jared Kline, 26, Windsor Heights, IA	46:09	7:26
2	1 W45	Sue Boley, 47*, Maxwell, IA	46:44	7:31
13	2 M50	Richard Guffy, 53, Des Moines, IA	47:25	7:38
3	1 W50	Kathi Dellaca, 51*, Des Moines, IA	48:40	7:50
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
4	1 W40	Kathi Prien, 42*, West Des Moines, IA	49:44	8:00
14	2 M45	Kevin Techau, 45, Des Moines, IA	50:19	8:06
15	4 M40	Greg Alberts, 40, Windsor Heights, IA	50:33	8:08
16	3 M35	Scott Chapman, 38	50:34	8:08
17	2 M30	Dennis Niedermeier, 34, Ankeny, IA	51:09	8:14
5	1 W30	Jennifer Webster, 33*, Urbandale, IA	51:15	8:15
6	2 W30	Renae Martin, 30*, Altoona, IA	51:33	8:18
7	3 W30	Leah Churchman, 34*, Ankeny, IA	51:35	8:18
18	4 M35	Richard Mockober, 36, Norwalk, IA	52:19	8:25
19	3 M45	Marshall Greiman, 45, Urbandale, IA	52:30	8:27
20	3 M50	Tom Sterns, 50, Fort Dodge, IA	52:38	8:28
8	2 W40	Cheryl Mendenhall, 42*, Des Moines, IA	53:06	8:33
9	2 W35	Donna Richardson, 36*, Des Moines, IA	53:11	8:33
21	4 M45	Mark Johnston, 47, West Des Moines, IA	53:37	8:38
22	5 M40	Craig Julsen, 42, Des Moines, IA	53:45	8:39
23	4 M50	Jon Von Gullern, 50, Westdes Moines, IA	54:06	8:42
10	1 W20	Amber Bonnstetter, 24*, Fort Dodge, IA	54:06	8:42

11	2	W45	Julia Batten, 48*, Carlisle, IA	54:28	8:46
12	4	W30	Tori Glade, 30*, West Des Moines, IA	54:40	8:48
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
24	4	M25	Justin Reis, 29, Johnston, IA	56:12	9:03
13	3	W45	Debby Wheeler, 49*, Des Moines, IA	56:35	9:06
25	6	M40	David Klinkenborg, 44, Windsor Heights, IA	57:01	9:10
26	5	M25	Mark Alberico, 27, Des Moines, IA	57:39	9:17
27	7	M40	Mark Connelly, 41, Johnston, IA	57:46	9:18
14	3	W35	Jil Connelly, 39*, Johnston, IA	57:47	9:18
28	1	M20	Travis Ostbloom, 20, Des Moines, IA	58:19	9:23
15	5	W30	Sharon Keenan, 34*, Grimes, IA	58:32	9:25
29	2	M55	Norm Ostbloom, 56, Des Moines, IA	58:34	9:25
30	1	JrM	Adam Stueckrath, 12, Windsor Hgts, IA	58:41	9:27
31	5	M50	Fred Miller, 54, Dallas, TX	59:54	9:38
16	3	W40	Jolene Rosebeck, 41*, Waukee, IA	1:00:05	9:40
32	6	M50	Daryl Drake, 53, Boone, IA	1:00:07	9:40
17	4	W35	Meredith Konz, 36*, Des Moines, IA	1:00:23	9:43
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
33	5	M45	Pete Hutchison, 49, Urbandale, IA	1:02:09	10:00
34	7	M50	Jim Willits, 52, Des Moines, IA	1:02:22	10:02
18	4	W40	Laurie Linhart, 40*, Urbandale, IA	1:02:23	10:02
19	1	W25	Gentry Gillespie, 27*, Urbandale, IA	1:02:31	10:04
20	5	W35	Ann Hudson, 35*, West Des Moines, IA	1:02:32	10:04
21	2	W25	Mary Schaben, 26*, Des Moines, IA	1:02:33	10:04
35	8	M50	David Russell, 53, Urbandale, IA	1:02:40	10:05
36	6	M45	Scott Adams, 48, Ogden, IA	1:03:21	10:12
22	5	W40	Shelly Adams, 41*, Ogden, IA	1:03:23	10:12
23	6	W30	Dawn Farrell, 30*, Urbandale, IA	1:04:04	10:19
24	7	W30	Christy Hofferber, 31*, Waukee, IA	1:04:05	10:19
25	3	W25	Teresa Balduchi, 27*, Des Moines, IA	1:04:09	10:19
26	6	W35	Deb Kelly, 38*, Springfield, IL	1:04:49	10:26
27	7	W35	Laura Kuhn, 36*, Marion, IA	1:04:49	10:26
28	8	W30	Lori Graff-Hammelmann, 33*, Clive, IA	1:06:29	10:42
29	8	W35	Andrea Kutz, 39*, Clive, IA	1:06:38	10:43
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
30	2	W50	Judy Ackerman, 52*, Windsor Heights, IA	1:08:51	11:05
37	1	M60	Gary Sheldon, 60, West Des Moines, IA	1:08:51	11:05
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
38	1	M65	Paul Schoolcraft, 66, Guernsey, WY	1:27:50	14:08

"*" indicates females

1 finishers among Men 19 & Under
 1 finishers among Men 20 - 24
 5 finishers among Men 25 - 29
 2 finishers among Men 30 - 34
 4 finishers among Men 35 - 39
 7 finishers among Men 40 - 44
 6 finishers among Men 45 - 49
 8 finishers among Men 50 - 54
 2 finishers among Men 55 - 59
 1 finishers among Men 60 - 64
 1 finishers among Men 65 - 69
 1 finishers among Women 20 - 24
 3 finishers among Women 25 - 29
 8 finishers among Women 30 - 34
 8 finishers among Women 35 - 39
 5 finishers among Women 40 - 44
 3 finishers among Women 45 - 49
 2 finishers among Women 50 - 54
 38 male finishers
 30 female finishers
 68 total finishers