

Urbandale Invitational Varsity Girls

Urbandale, Iowa

Sept. 28, 2004

60s and Sunny - Perfect

Results by Cal Murdock

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Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Urbandale	36	1	2	7	9	17	19	26	15:22	1:23
2	Johnston	56	4	5	11	15	21	23	27	15:48	1:04
3	Fort Dodge	71	3	8	14	18	28	29	31	15:55	1:48
4	Waukee	105	10	16	20	22	37	40	46	16:23	1:35
5	Valley	115	6	13	30	32	34	35	36	16:32	1:41
6	Dowling	162	24	25	33	39	41	42	48	17:00	1:04
7	Mason City	182	12	38	43	44	45	47	49	17:27	2:10

Individuals

1. Urbandale

1	Cassi Sokol, Jr	14:41
2	Stephanie Mundt, Fr	14:48
7	Sami Steinmeyer, Fr	15:31
9	Nicole Wilson, So	15:46
17	Rachel Young, Sr	16:04
19	Amy Wetsch, Jr	16:19
26	Erin Huston, Fr	16:30

Time = 1:16:48 Places = 36

2. Johnston

4	Heather Wendel, So	15:18
5	Obsie Birru, Fr	15:28
11	Laura Hilby, Fr	15:53
15	Berhane Traylor, Sr	16:00
21	Emily Depenning, Jr	16:22
23	Jessica Mitchell, Jr	16:24
27	Lori Bjork, Sr	16:39

Time = 1:18:59 Places = 56

3. Fort Dodge

3	Lisa Koll, Sr	15:00
8	Alex Krog, Sr	15:42
14	Emily Fletcher, Jr	15:59
18	Katie Thompson, Fr	16:10
28	April Aljets, So	16:47
29	Alyssa Chasman, Jr	16:51
31	Dyann Peterson, Sr	17:02

Time = 1:19:35 Places = 71

4. Waukee

10	Kaylee Pence, So	15:48
16	Kara Knott, So	16:01
20	Kelsey Barton, So	16:20
22	Paris Kono, So	16:23
37	Chelsy Kemmet, Sr	17:22

40 Kaitlin Conway, Jr 17:30
 46 Ashely Mollicone, Jr 18:07
 Time = 1:21:52 Places = 105

5. Valley

6 Mary Moritz, Fr 15:29
 13 Audrew Voorhess, Sr 15:57
 30 Emma Swanson, Fr 17:01
 32 Helen Saggau, Fr 17:04
 34 Audra Robinson, Jr 17:10
 35 Ying Wang, Sr 17:12
 36 Abbie Hoegh, Jr 17:21
 Time = 1:22:39 Places = 115

6. Dowling

24 Allie Donahue, Sr 16:27
 25 Chelsea Wirtz, Sr 16:28
 33 Kaitlin Showalter, So 17:06
 39 Mary Lacy, Fr 17:29
 41 Mallory Moller, So 17:30
 42 Katie Nevins, Sr 17:40
 48 Katie White, Sr 18:21
 Time = 1:24:59 Places = 162

7. Mason City

12 Tiffany Sluik, Fr 15:55
 38 Samantha Allgood, Fr 17:28
 43 Megan Nielsen, Fr 17:43
 44 Hannah Crane, Fr 18:03
 45 Leah Bruns, Sr 18:04
 47 Alese Messer, Sr 18:16
 49 Alyssa Wendt, Sr 18:53
 Time = 1:27:11 Places = 182

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PLACE	SCORE	FINISHER	TIME	TEAM
1	1	Cassi Sokol, Jr	14:41	Urbandale
2	2	Stephanie Mundt, Fr	14:48	Urbandale
3	3	Lisa Koll, Sr	15:00	Fort Dodge
4	4	Heather Wendel, So	15:18	Johnston
5	5	Obsie Birru, Fr	15:28	Johnston
6	6	Mary Moritz, Fr	15:29	Valley
7	7	Sami Steinmeyer, Fr	15:31	Urbandale
8	8	Alex Krog, Sr	15:42	Fort Dodge
9	9	Nicole Wilson, So	15:46	Urbandale
10	10	Kaylee Pence, So	15:48	Waukee
11	11	Laura Hilby, Fr	15:53	Johnston
12	12	Tiffany Sluik, Fr	15:55	Mason City
13	13	Audrew Voorhess, Sr	15:57	Valley
14	14	Emily Fletcher, Jr	15:59	Fort Dodge
15	15	Berhane Traylor, Sr	16:00	Johnston
16	16	Kara Knott, So	16:01	Waukee
17	17	Rachel Young, Sr	16:04	Urbandale
18	18	Katie Thompson, Fr	16:10	Fort Dodge
19	19	Amy Wetsch, Jr	16:19	Urbandale
20	20	Kelsey Barton, So	16:20	Waukee
21	21	Emily Depenning, Jr	16:22	Johnston
22	22	Paris Kono, So	16:23	Waukee
23	23	Jessica Mitchell, Jr	16:24	Johnston
24	24	Allie Donahue, Sr	16:27	Dowling
25	25	Chelsea Wirtz, Sr	16:28	Dowling
26	26	Erin Huston, Fr	16:30	Urbandale
27	27	Lori Bjork, Sr	16:39	Johnston

28	28	April Aljets, So	16:47	Fort Dodge
29	29	Alyssa Chasman, Jr	16:51	Fort Dodge
30	30	Emma Swanson, Fr	17:01	Valley
31	31	Dyann Peterson, Sr	17:02	Fort Dodge
32	32	Helen Saggau, Fr	17:04	Valley
33	33	Kaitlin Showalter, So	17:06	Dowling
34	34	Audra Robinson, Jr	17:10	Valley
35	35	Ying Wang, Sr	17:12	Valley
36	36	Abbie Hoegh, Jr	17:21	Valley
37	37	Chelsy Kemmet, Sr	17:22	Waukee
38	38	Samantha Allgood, Fr	17:28	Mason City
39	39	Mary Lacy, Fr	17:29	Dowling
40	40	Kaitlin Conway, Jr	17:30	Waukee
41	41	Mallory Moller, So	17:30	Dowling
42	42	Katie Nevins, Sr	17:40	Dowling
43	43	Megan Nielsen, Fr	17:43	Mason City
44	44	Hannah Crane, Fr	18:03	Mason City
45	45	Leah Bruns, Sr	18:04	Mason City
46	46	Ashely Mollicone, Jr	18:07	Waukee
47	47	Alese Messer, Sr	18:16	Mason City
48	48	Katie White, Sr	18:21	Dowling
49	49	Alyssa Wendt, Sr	18:53	Mason City

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