

Urbandale Invitational Girls Overall 4 km

Urbandale High School

Sept. 1, 2005

Warm, Sunny

Results by Michael Franke

[9/10 Girls](#)[9/10 Boys](#)[11/12 Girls](#)[11/12 Boys](#)[Combined Girls](#)[Combined Boys](#)

Use the Find option of your Web Browser to find the performance of a specific individual or team.

| PLACE | TEAM | POINTS | PLACES OF FINISHERS | | | | | | | AVG. TIME | SPREAD |
|-------|-----------------|--------|---------------------|----|-----|-----|-----|-----|-----|-----------|--------|
| 1 | Urbandale | 34 | 1 | 3 | 5 | 10 | 15 | 19 | 26 | 15:47 | 2:14 |
| 2 | Johnston | 59 | 6 | 8 | 13 | 14 | 18 | 22 | 35 | 16:29 | 39 |
| 3 | Noadaway Valley | 114 | 4 | 16 | 17 | 33 | 44 | 61 | 66 | 16:59 | 2:06 |
| 4 | Marshalltown | 136 | 2 | 20 | 28 | 32 | 54 | 64 | 68 | 17:06 | 3:13 |
| 5 | Dowling | 176 | 7 | 38 | 39 | 45 | 47 | 52 | 55 | 17:35 | 1:59 |
| 6 | Grinnell | 180 | 21 | 34 | 37 | 42 | 46 | 85 | 87 | 17:37 | 1:08 |
| 7 | Boone | 207 | 31 | 36 | 41 | 49 | 50 | 57 | 59 | 17:54 | 48 |
| 8 | Lincoln | 250 | 24 | 25 | 60 | 62 | 79 | 92 | 99 | 18:16 | 2:17 |
| 9 | Hoover | 255 | 23 | 40 | 58 | 65 | 69 | 70 | 97 | 18:17 | 2:00 |
| 10 | Creston | 269 | 29 | 30 | 67 | 71 | 72 | 73 | 84 | 18:28 | 1:42 |
| 11 | Roosevelt | 309 | 27 | 51 | 76 | 77 | 78 | 80 | 81 | 18:49 | 2:05 |
| 12 | Se Polk | 316 | 11 | 12 | 93 | 96 | 104 | 107 | | 19:09 | 5:30 |
| 13 | East | 359 | 9 | 48 | 90 | 103 | 109 | 114 | 115 | 19:44 | 6:00 |
| 14 | A D M | 381 | 43 | 63 | 82 | 95 | 98 | 110 | 112 | 19:30 | 2:55 |
| 15 | Earlham | 405 | 56 | 83 | 86 | 89 | 91 | 100 | 102 | 19:38 | 1:32 |
| 16 | Martensdale | 441 | 53 | 74 | 101 | 105 | 108 | 113 | | 20:40 | 4:04 |
| 17 | North | 474 | 75 | 88 | 94 | 106 | 111 | 116 | 117 | 21:07 | 4:29 |

[Individuals](#)

1. Urbandale

| | | |
|----|---------------------|-------|
| 1 | Stephanie Mundt, So | 14:29 |
| 3 | Cassi Sokol, Sr | 15:15 |
| 5 | Nicole Wilson, Jr | 16:04 |
| 10 | Sami Steinmeyer, So | 16:24 |
| 15 | Maggie Conlon, Fr | 16:42 |

Time = 1:18:52 Places = 34

2. Johnston

| | | |
|----|----------------------|-------|
| 6 | Obsie Birru, So | 16:09 |
| 8 | Heather Wendel, Jr | 16:22 |
| 13 | Rebecca Finley, Sr | 16:32 |
| 14 | Laura Hilby, So | 16:34 |
| 18 | Jessica Mitchell, Sr | 16:48 |

Time = 1:22:23 Places = 59

3. Noadaway Valley

| | | |
|----|------------------------|-------|
| 4 | Alyse Herr, Jr | 15:55 |
| 16 | Rachel Herr, Fr | 16:43 |
| 17 | Alison Mostaert, Jr | 16:46 |
| 33 | Patrese Montgomery, Jr | 17:32 |
| 44 | Alecia Havens, Jr | 18:00 |

Time = 1:24:54 Places = 114

4. Marshalltown

| | | |
|----|---------------------|-------|
| 2 | Jill Lagschulte, So | 15:13 |
| 20 | Alycia Preston, So | 16:54 |

| | | |
|----|-----------------------|-------|
| 28 | Courtney Watts, Fr | 17:28 |
| 32 | Elli Mathis, So | 17:31 |
| 54 | Morgan Trowbridge, Sr | 18:26 |

Time = 1:25:30 Places = 136

5. Dowling

| | | |
|----|-----------------------|-------|
| 7 | Betsy Flood, So | 16:11 |
| 38 | Kaitlin Showalter, Jr | 17:41 |
| 39 | Alex Powers, Fr | 17:48 |
| 45 | Mary Lacy, So | 18:05 |
| 47 | Hannah Weiss, Sr | 18:10 |

Time = 1:27:52 Places = 176

6. Grinnell

| | | |
|----|----------------------------|-------|
| 21 | Brianna Gallo, Jr | 16:59 |
| 34 | Danielle Nowasell, So | 17:33 |
| 37 | Georgia Wright-Simmons, So | 17:34 |
| 42 | Kirsten Ferch, Fr | 17:54 |
| 46 | Kiley Lisk, Jr | 18:06 |

Time = 1:28:03 Places = 180

7. Boone

| | | |
|----|---------------------|-------|
| 31 | Maggi Schulte, Fr | 17:30 |
| 36 | Jenny Mack, Jr | 17:34 |
| 41 | Kayla Behling, Jr | 17:52 |
| 49 | Robin Cornelius, So | 18:17 |
| 50 | Emily Tripp, So | 18:18 |

Time = 1:29:29 Places = 207

8. Lincoln

| | | |
|----|--------------------|-------|
| 24 | Ashley Baldwin, Jr | 17:14 |
| 25 | Kathryn Guess, Jr | 17:15 |
| 60 | Kelcey Yarges, Fr | 18:39 |
| 62 | Morgan Steffen, Sr | 18:41 |
| 79 | Ashley Graham, Sr | 19:30 |

Time = 1:31:17 Places = 250

9. Hoover

| | | |
|----|-------------------|-------|
| 23 | Jodi Harding, Sr | 17:05 |
| 40 | Kristian Wood, So | 17:50 |
| 58 | Dawn Gaule, Jr | 18:33 |
| 65 | Jamie Spina, So | 18:54 |
| 69 | Katie Taylor, So | 19:05 |

Time = 1:31:25 Places = 255

10. Creston

| | | |
|----|----------------------|-------|
| 29 | Dana Miller, Fr | 17:28 |
| 30 | Karla Fisher, Sr | 17:29 |
| 67 | Josie Krings, So | 19:03 |
| 71 | Heather Birchard, Sr | 19:10 |
| 72 | Taylor Walters, Fr | 19:10 |

Time = 1:32:19 Places = 269

11. Roosevelt

| | | |
|----|-----------------------|-------|
| 27 | Fionna Fallon, Sr | 17:23 |
| 51 | Stephanie Davison, Jr | 18:18 |
| 76 | Jessica Dodge, Sr | 19:27 |
| 77 | Eli Becker, So | 19:27 |
| 78 | Sarah Swartz, Fr | 19:28 |

Time = 1:34:01 Places = 309

12. Se Polk

| | | |
|----|-------------------|-------|
| 11 | Ashley Rogers, So | 16:29 |
| 12 | Jenny McElree, So | 16:30 |
| 93 | Tayla Luedtke, Fr | 20:15 |

96 Katie Heater, Fr 20:34
 104 Carissa Bane, Jr 21:58
 Time = 1:35:44 Places = 316

13. East

9 Lisa Collogan, Jr 16:24
 48 Shelby Smith, Fr 18:15
 90 Kaeli Helm, Jr 19:58
 103 Stephanie Janssens, Fr 21:39
 109 Sarah Lown, So 22:23
 Time = 1:38:37 Places = 359

14. A D M

43 Beth Vonk, Fr 17:55
 63 Erin Hagelberg, Sr 18:43
 82 Alicia Kollenkark, So 19:47
 95 Bryn Schwab, So 20:17
 98 Hadley S-Vos, Sr 20:50
 Time = 1:37:29 Places = 381

15. Earlham

56 Jana Ferguson, Sr 18:28
 83 Jenna Ory, So 19:50
 86 Chelsea Klismith, Fr 19:53
 89 Sydney Allgreen, Jr 19:58
 91 Ashley Holcombe, Jr 20:00
 Time = 1:38:07 Places = 405

16. Martensdale

53 Ashley Martin, Jr 18:19
 74 Meghan Halverson, Fr 19:17
 101 Conny Bell, So 21:22
 105 Laura McIvrary, So 22:00
 108 Summer Streyffeler, So 22:23
 Time = 1:43:20 Places = 441

17. North

75 Megan Hensley, So 19:25
 88 Randi Tellis, Jr 19:56
 94 Mallory Bendixen, Sr 20:15
 106 Yolanda Padilla, Sr 22:07
 111 Emly Karns, Sr 23:53
 Time = 1:45:35 Places = 474

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| PLACE | SCORE | TEAM | FINISHER | TIME | TEAM |
|-------|-------|------|---------------------|-------|-----------------|
| 1 | 1 | | Stephanie Mundt, So | 14:29 | Urbandale |
| 2 | 2 | | Jill Lagschulte, So | 15:13 | Marshalltown |
| 3 | 3 | | Cassi Sokol, Sr | 15:15 | Urbandale |
| 4 | 4 | | Alyse Herr, Jr | 15:55 | Noadaway Valley |
| 5 | 5 | | Nicole Wilson, Jr | 16:04 | Urbandale |
| 6 | 6 | | Obsie Birru, So | 16:09 | Johnston |
| 7 | 7 | | Betsy Flood, So | 16:11 | Dowling |
| 8 | 8 | | Heather Wendel, Jr | 16:22 | Johnston |
| 9 | 9 | | Lisa Collogan, Jr | 16:24 | East |
| 10 | 10 | | Sami Steinmeyer, So | 16:24 | Urbandale |
| 11 | 11 | | Ashley Rogers, So | 16:29 | Se Polk |
| 12 | 12 | | Jenny McElree, So | 16:30 | Se Polk |
| 13 | 13 | | Rebecca F | | |

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