

# Urbandale 4th of July 5 km

Urbandale, IA

July 4, 2003

## Kids Race results

Results by CMac

Use the Find option of your Web Browser to find the performance of a specific individual.

"\*" indicates females

PLACE	CLASS PLACE	FINISHER	TIME
1	1 M19	Joe Ngariya, 21	16:18
2	2 M19	Jon Rathje, 25, Urbandale, IA	16:23
3	1 M15	Chris Lawson, 18, West Des Moines, IA	16:41
4	1 M30	Loran Storts, 38, Urbandale, IA	17:02
5	2 M30	Brad Wall, 35, Ankeny, IA	17:04
6	3 M30	Chad Witt, 30, West Des Moines, IA	17:13
7	3 M19	Ryan Harms, 26	17:23
8	4 M19	Burkett, 26	17:36
9	2 M15	Jeff Craig, 17, West Des Moines, IA	17:43
10	5 M19	Colin Greenan, 26	17:46
11	1 M40	Kevin Otte, 43, Clive, IA	17:57
12		Morris Horstman	18:04
13	1 M12	Sam Bailin, 14, Urbandale, IA	18:06
14	6 M19	Chad Halsten, 29, West Des Moines, IA	18:22
15	3 M15	Ben White, 17, Urbandale, IA	18:44
16	4 M30	Jeremy Singer, 35	18:48
17	7 M19	Conrad Hanson, 27, Urbandale, IA	18:57
18	2 M40	Dan Gustafson, 40, West Des Moines, IA	18:59
19	3 M40	3Sticks McBride, 47	19:01
20	4 M15	Joe Thuente, 16, Johnston, IA	19:02
21	5 M15	Daniel Gillaspey, 16, Urbandale, IA	19:17
22	5 M30	John Anthofer, 31, Urbandale, IA	19:24
23	6 M30	Chad Lee, 30, West Des Moines, IA	19:27
24	6 M15	Kevin Kodnry, 18	19:30
1	1 W30	Brenda Doubek, 33*, Baxter, IA	19:34
25	7 M30	Patrick McDermott, 30, Ankeny, IA	19:44
2	2 W30	Jenny Weber, 30*, Des Moines, IA	19:51
26	8 M30	Craig Hansen, 36	19:54
27	7 M15	Evan Schwartz, 16	20:01
28	8 M15	Ben Davidson, 15	20:03
29	9 M30	Randy Kallem, 37	20:08
30	4 M40	Paul Brees, 45, Urbandale, IA	20:10
31	10 M30	Brian Palmer, 34, Des Moines, IA	20:12
32	11 M30	Dave Mable, 38, Urbandale, IA	20:14
3	1 W15	Cassi Sokol, 15*	20:14
33	12 M30	Dale Christians, 37, Urbandale, IA	20:15
34	9 M15	Mark Rabideau, 16	20:16
4	3 W30	Wendy Hanson, 30*, Urbandale, IA	20:20
5	4 W30	Lisa Witt, 31*, West Des Moines, IA	20:25
35	5 M40	Dan Keller, 49, Urbandale, IA	20:36
36	8 M19	Nathan Smith, 27	20:38
37	6 M40	Steven McKibben, 42, Clive, IA	20:41
38	1 M50	Jerry Remhof, 53, Urbandale, IA	20:41

6	1	W12 Nicole Wilson, 14*, Urbandale, IA	20:45
39	7	M40 Brian Willem, 41, Urbandale, IA	20:53
40	13	M30 Brent Gavin, 33	20:59
41	10	M15 Erik Holt, 17, Johnston, IA	20:59
42	8	M40 Dell Lasswell, 46, Urbandale, IA	21:00
43	11	M15 Alex Kron, 15, Johnston, IA	21:02
44	9	M19 Ben Long, 28, Des Moines, IA	21:12
45	2	M12 Matthew Coffey, 13, Urbandale, IA	21:15
46	10	M19 Stew Bevis, 28, Ankeny, IA	21:17
47	2	M50 Mickey Lackey, 58	21:18
48	9	M40 Hank Manning, 47, Urbandale, IA	21:19
49	12	M15 Brian Underwood, 15, Johnston, IA	21:25
50	11	M19 Matthew Wilson, 28	21:25
51	10	M40 Mark Courter, 46, Urbandale, IA	21:27
7	5	W30 Stephanie Groathouse, 31*, Urbandale, IA	21:29
52	12	M19 Trent Carlson, 27	21:43
53	14	M30 Jeff Bevis, 34, Johnston, IA	21:46
54	15	M30 Patrick Mattinzla, 34	21:49
55	13	M15 Matthew Vanhuevelen, 18, Urbandale, IA	21:50
8	2	W15 Kara Neumann, 17*, Urbandale, IA	21:51
56	11	M40 Lou Yacinich, 40, Urbandale, IA	21:53
9	6	W30 Jennifer Smith, 34*	21:54
57	12	M40 Randy Mundt, 47, Urbandale, IA	22:05
58	16	M30 Mark Davis, 36, Urbandale, IA	22:09
59	13	M40 David Dejean, 43	22:14
60	17	M30 Frank Severino, 36, Johnston, IA	22:15
61	18	M30 Tim Hart, 35, Johnston, IA	22:17
62	19	M30 Vince Raso, 31	22:19
63	14	M40 Bill Courtney, 43, Urbandale, IA	22:20
10	1	W50 Kathleen Ricker, 56*, Des Moines, IA	22:23
11	7	W30 Kim Arndt, 38*, Indianola, IA	22:25
12	3	W15 Jenna Bergeson, 15*, Urbandale, IA	22:29
13	2	W12 Stephanie Mundt, 12*, Urbandale, IA	22:31
14	1	W19 Steph Suntken, 22*	22:37
64	15	M40 Ed Cunningham, 47, Urbandale, IA	22:39
15	3	W12 Katie O'Keefe, 14*, Urbandale, IA	22:40
16	8	W30 Stacy Farr, 32*, West Des Moines, IA	22:47
65	13	M19 Doug VanWoert, 20, Urbandale, IA	22:53
66	3	M50 Bob Overstreet, 52, Des Moines, IA	22:56
17	1	W40 Julie Martin, 40*, Urbandale, IA	22:56
67	3	M12 Nick Fox, 14, Madrid, IA	22:59
68	20	M30 Eric Stotts, 33, Urbandale, IA	23:01
69	16	M40 Bob Vanderlinden, 42, Urbandale, IA	23:03
70	17	M40 Tracy Hurt, 40, Creston, IA	23:08
71	1	M60 Jim Matthews, 63, Baxter, IA	23:10
72	18	M40 Mark Roberts, 45, Urbandale, IA	23:12
73	21	M30 Michael Carroll, 38, Des Moines, IA	23:14
74	2	M60 Peter Rabideau, 63, Ames, IA	23:19
75	19	M40 Sean Smith, 40, Urbandale, IA	23:25
76	20	M40 Rod Bettinger, 44, Tulsa, OK	23:31
77	14	M15 Nevin Conlon, 15, Urbandale, IA	23:37
78	4	M50 Kevin Cunningham, 51, Des Moines, IA	23:37
18	4	W15 Stacie Suntken, 18*, Indianola, IA	23:43
19	9	W30 Jan Ferris, 38*, Urbandale, IA	23:50
79	21	M40 Mike Conlon, 41, Urbandale, IA	23:51
80	22	M30 Aloysius Kling, 33, Des Moines, IA	23:56
81	22	M40 John Doherty, 49	24:03
82	14	M19 Marcus Iwig, 21	24:04
20	10	W30 Tami Draper, 33*, Des Moines, IA	24:06
83	23	M30 Gerard Amadeo, 37, Des Moines, IA	24:08
84	15	M19 Ryan Johnson, 25	24:13
85	24	M30 Chris Sabus, 35, Urbandale, IA	24:16
86	1	JrM Nigel Habben, 10, Urbandale, IA	24:17
87	2	JrM Neil Conlon, 10, Urbandale, IA	24:17
88	5	M50 Scott Dennis, 50, Urbandale, IA	24:18

21	2	W19	Jennifer Krambeck, 28*, Des Moines, IA	24:20
89	23	M40	Dan Dwielius, 40	24:21
90	24	M40	Darwin Schmig, 46, Des Moines, IA	24:22
91	25	M30	John Wahlert, 38, Urbandale, IA	24:23
92	6	M50	Harold Jansen, 59, Des Moines, IA	24:24
93	25	M40	Michael Pfiefer, 43	24:34
94	16	M19	Clint Draheim, 20, Urbandale, IA	24:36
95	26	M30	Steve Linder, 32, Urbandale, IA	24:37
22	4	W12	Jennifer Ohrti, 14*, Urbandale, IA	24:44
96	27	M30	Brad Zaun, 39, Urbandale, IA	24:46
97	3	JrM	Jordan Sabus, 10, Urbandale, IA	24:47
23	11	W30	Jill Dillenburg, 36*	24:48
98	7	M50	Daryl Drake, 52, Boone, IA	24:53
99	17	M19	Benjamin Krambeck, 28, Des Moines, IA	24:56
24	5	W15	Kristin Mollman, 17*, Urbandale, IA	25:00
25	12	W30	Jennifer Perkins, 30*, West Des Moines, IA	25:01
100	26	M40	John Meyer, 47, West Des Moines, IA	25:09
101	27	M40	John Eure, 42, West Des Moines, IA	25:16
26	13	W30	Jeanne Hill, 37*, Urbandale, IA	25:18
102	8	M50	Tim Devick, 53, Urbandale, IA	25:27
27	3	W19	Haddi Bergstrom, 22*, Waterloo, IA	25:36
103	28	M40	Gregory Dockum, 43, Des Moines, IA	25:39
104	9	M50	Gregory Meek, 55, Urbandale, IA	25:41
28	2	W50	Sandy Sparks, 50*, Norwalk, IA	25:42
105	29	M40	John Miller, 49, Des Moines, IA	25:44
106	30	M40	John Dillenburg, 43	25:45
107	4	M12	Jacob Murray, 14, Urbandale, IA	25:49
108	18	M19	Jay Handsaker, 19	25:49
109	31	M40	Patrick Walter, 42, Urbandale, IA	25:53
110	32	M40	Scott Slater, 42, Ankeny, IA	25:55
111	28	M30	David Hunsicker, 32	26:01
29	14	W30	Ziva Patt, 32*, Des Moines, IA	26:02
112	5	M12	Barrett Fellows, 13, Urbandale, IA	26:04
30	6	W15	Kimberly Lafrentz, 15*, Ankeny, IA	26:05
113	10	M50	Ron Ricker, 58, Des Moines, IA	26:06
114	11	M50	John Leonhart, 52, Urbandale, IA	26:07
115	3	M60	Jim Smedema, 71, Windsor Heights, IA	26:08
116	29	M30	Phil Houer, 33	26:08
31	15	W30	Heather Brunk, 31*, Johnston, IA	26:17
32	4	W19	Nicole Lang, 25*, Urbandale, IA	26:19
117	30	M30	Kris Vanderkamp, 31, Ankeny, IA	26:21
118	12	M50	Clarence Husdon, 53	26:31
119	15	M15	Danjin Zulie, 15, Ankeny, IA	26:36
120	13	M50	Earl Smith, 55	26:38
33	16	W30	Ann Dougherty, 37*	26:40
121	33	M40	Jay Erickson, 42, Clive, IA	26:42
122	34	M40	Frank Ross, 42, Clive, IA	26:49
34	2	W40	Juliane Ross, 42*, Clive, IA	26:49
123	31	M30	Jonathan Mlocek, 35, Urbandale, IA	26:50
35	17	W30	Donna Richardson, 35*, Des Moines, IA	26:53
36	7	W15	Erika Ehlers, 16*, Urbandale, IA	26:56
37	1	JrW	Megan Willem, 11*, Urbandale, IA	27:00
38	5	W12	Maggie Conlon, 12*, Urbandale, IA	27:00
124	19	M19	Barrett Lang, 26, Urbandale, IA	27:00
125	32	M30	Sean McCullough, 37	27:01
39	3	W40	Kerry Shelley, 42*, West Des Moines, IA	27:02
40	3	W50	Ann Turnbull, 51*	27:02
41	5	W19	Allison Prunty, 24*, West Des Moines, IA	27:03
42	6	W19	Laura Zinn, 23*, Ankeny, IA	27:03
43	7	W19	Nicole Slater, 23*, Clive, IA	27:16
126	35	M40	Michael Slater, 46, Des Moines, IA	27:17
127	4	JrM	Michael Gonzales, 11, Des Moines, IA	27:18
128	5	JrM	Isaac Olson, 9, Urbandale, IA	27:19
129	33	M30	William Olson, 38, Urbandale, IA	27:19
44	18	W30	Ann Shelton, 35*, Urbandale, IA	27:24

45	8	W19	Korina Lyons, 25*, West Des Moines, IA	27:26
130	34	M30	Jeff Sullivan, 37, West Des Moines, IA	27:29
131	35	M30	Phil Ferguson, 37, Des Moines, IA	27:30
46	8	W15	Abbie Hoegh, 15*	27:30
132	36	M40	Jon Jacobson, 42	27:31
133	14	M50	Jim McAndrew, 54, Johnston, IA	27:33
47	6	W12	Anna Bernard, 13*, Urbandale, IA	27:37
134	15	M50	Bruce Bernard, 53, Urbandale, IA	27:38
48	4	W40	Deb Conlon, 41*, Urbandale, IA	27:38
49	19	W30	Tracy Sabus, 35*, Urbandale, IA	27:39
50	20	W30	Brenda McAllister, 39*, Urbandale, IA	27:52
135	37	M40	Steve Siegel, 49, Urbandale, IA	27:59
136	4	M60	Gene Harding, 72, Des Moines, IA	28:07
51	21	W30	Jennifer Mlocek, 33*, Urbandale, IA	28:07
137	36	M30	Kenneth Harkin, 37, Johnston, IA	28:08
138	38	M40	Craig Johansen, 46, Urbandale, IA	28:20
139	39	M40	Greg Murray, 48, Urbandale, IA	28:21
52	2	JrW	Katie Bettinger, 11*, Tulsa, OK	28:28
53	5	W40	Catherine Engblom, 40*, Grimes, IA	28:29
54			Amy Griffin*, Urbandale, IA	28:29
55	9	W19	Darci Boehlert, 29*, Ankeny, IA	28:31
140			Keith Gardner, Urbandale, IA	28:38
141	40	M40	Nels Engblom, 40, Grimes, IA	28:39
142	5	M60	Ruben Rullan, 62, Urbandale, IA	28:40
56	7	W12	Alyssa Boehm, 13*, Urbandale, IA	28:50
57	10	W19	Jamie Lee, 19*	28:56
143	20	M19	Clifford McMurrey, 25	29:02
144	16	M15	Nick Bettinger, 15, Tulsa, OK	29:10
58	8	W12	Emily Swedt, 12*, Urbandale, IA	29:17
59	22	W30	Alicia Johnson, 31*, Ankeny, IA	29:18
145	6	JrM	Adam Dirks, 9, Urbandale, IA	29:18
60	9	W12	Beth Lloyd, 13*	29:19
146	41	M40	Leslie Lloyd, 42	29:20
61	23	W30	Michelle Torres, 34*	29:35
147	42	M40	Alan Kemp, 42, Urbandale, IA	29:38
62	11	W19	Meredith Burkett, 26*	29:39
63	4	W50	Diane Drake, 51*, Boone, IA	29:46
64			Johanna Turner*, Urbandale, IA	29:47
148	43	M40	Russ Richardson, 40, Des Moines, IA	29:47
149	16	M50	Jim Bergeson, 51, Urbandale, IA	29:48
65	24	W30	Susan Aspengren, 36*, Urbandale, IA	29:54
150	17	M15	Paul Selberg, 16	29:54
151	44	M40	Kyle Slberg, 44	29:55
152	45	M40	Jeff Harrison, 43	29:58
153	37	M30	John Sorensen, 38	30:29
66	12	W19	Dawn Farrell, 29*, Urbandale, IA	30:33
154	38	M30	Doug Farrell, 37, Urbandale, IA	30:33
67	25	W30	Cari Dyslin, 34*, Yorktown Heights, NY	30:45
155	39	M30	Brad Dyslin, 37, Yorktown Heights, NY	30:46
68	3	JrW	Allison Brees, 11*	30:48
69	4	JrW	Megan Fellows, 10*, Urbandale, IA	30:52
70	6	W40	April Marmon, 40*, Urbandale, IA	30:57
156	46	M40	John Marmon, 42, Urbandale, IA	30:58
71	7	W40	Cindy Brun, 42*, Des Moines, IA	31:06
157	47	M40	Bill Fellows, 42, Urbandale, IA	31:12
72	5	JrW	Carolyn Evans, 8*, Urbandale, IA	31:17
73	13	W19	Carla Sparks, 27*, Norwalk, IA	31:19
158	17	M50	Todd Evans, 50, Urbandale, IA	31:25
74	6	JrW	Taylor Feistner, 10*	31:26
75	5	W50	Dee Wittmack, 56*, Urbandale, IA	31:27
159	18	M50	Jim Wilson, 50, Urbandale, IA	31:41
76	14	W19	Amanda Zinn, 25*, Ankeny, IA	31:51
77	26	W30	Cathy Evans, 39*, Urbandale, IA	31:54
78	15	W19	Brittney Guerry, 20*	32:07
160	21	M19	Kyle Packard, 20	32:08

161	7	JrM	Jerry Richards, 10	32:31
162	48	M40	Scott Richards, 41, Urbandale, IA	32:31
79	27	W30	Melissa Tiemey, 35*	32:41
80	16	W19	Sarah Battani, 27*, Huxley, IA	32:58
163	19	M50	Daniel Larson, 52, Ankeny, IA	33:11
81	9	W15	Marth Meiners, 16*, Urbandale, IA	33:23
82	10	W12	Grace Meiners, 14*, Urbandale, IA	33:23
83	8	W40	Linda Bergeson, 49*, Des Moines, IA	33:49
84	11	W12	Crystal Nelson, 13*	34:34
85	17	W19	Dayna Sparks, 23*, Norwalk, IA	35:00
164	49	M40	David Vanwoert, 47, Urbandale, IA	35:27
86	28	W30	Katherine Freudigman, 34*	36:08
165	22	M19	Juan Jaramillo, 27	36:09
87	6	W50	Judy Tieskoetter, 51*	36:50
88	9	W40	Jody Leventhal, 42*, Urbandale, IA	37:00
166	23	M19	Josh Leventhal, 21, Urbandale, IA	37:00
89	7	W50	Ruth Schlesinger, 54*, Urbandale, IA	39:59
90	29	W30	Melody Dean, 33*, Des Moines, IA	40:59
91	18	W19	Shilo Dahlgren, 22*, Des Moines, IA	41:00
92	19	W19	Jenny Wells, 24*, Des Moines, Iowa	

7 finishers among Men 11 & Under

5 finishers among Men 12 - 14

17 finishers among Men 15 - 18

23 finishers among Men 19 - 29

39 finishers among Men 30 - 39

49 finishers among Men 40 - 49

19 finishers among Men 50 - 59

5 finishers among Men 60 & Up

6 finishers among Women 11 & Under

11 finishers among Women 12 - 14

9 finishers among Women 15 - 18

19 finishers among Women 19 - 29

29 finishers among Women 30 - 39

9 finishers among Women 40 - 49

7 finishers among Women 50 - 59

166 male finishers

92 female finishers

258 total finishers

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