

Sycamore 8

Des Moines, IA

Dec. 3, 2016

30s and No wind

Results by Cal Murdock

Use the Find option of your Web Browser to find the performance of a specific individual.

Last updated Dec. 3, 2016 11:25 AM

PLACE	CLASS PLACE	FINISHER	TIME
1	OpM	Austin O'Brien, 24, West Des Moines, IA	41:22
2	1 M20	Devin Allbaugh, 26, Bettendorf, IA	41:22
3	2 M20	Drew Burmohl, 29, Cedar Rapids, IA	42:03
4	1 M30	Scott Johnson, 34, Johnston, IA	43:45
5	3 M20	Dan Jensen, 24, Urbandale, IA	44:17
6	1 M40	Eric Hollander, 40, Des Moines, IA	44:50
7	4 M20	Mitchell Davis, 25, Des Moines, IA	45:11
8	2 M30	Jack Johnson, 36, West Des Moines, IA	45:28
9	5 M20	Austin Tegels, 29, Des Moines, IA	45:36
10	3 M30	Sean Severe, 32, Des Moines, IA	45:43
11	6 M20	Andrew Hamer, 27, Des Moines, IA	46:42
12	1 JrM	Seth Nostrala, 18, Indianola, IA	47:38
13	4 M30	Joseph Aulwes, 35, Bondurant, IA	48:30
14	5 M30	Ross Megargel, 31, West Des Moines, IA	49:01
15	7 M20	Aron Block, 26, Des Moines, IA	50:26
16	6 M30	Nate Cloe, 36, Des Moines, IA	51:11
17	7 M30	Matt Timmins, 39, Newton, IA	51:37
18	2 M40	David Olsen, 44, West Des Moines, IA	53:10
19	8 M30	Justin Vaught, 31, Johnston, IA	53:22
20	3 M40	Jason Hahn, 46, Des Moines, IA	53:23
21	4 M40	William Iverson, 49, Iowa City, IA	53:28
22	9 M30	Adrian Stamper, 33, Des Moines, IA	53:30
23	OpW	Elizabeth Crimmins, 25*, Des Moines, IA	53:32
24	5 M40	Brian Palmer, 48, Des Moinesdes Moi, IA	53:42
25	6 M40	Rick Berg, 45, Ankeny, IA	53:43
26	8 M20	Harris Kovanceric, 24, Des Moines, IA	54:30
27	7 M40	Tom Handorf, 40, Gladbrook, IA	55:04
28	1 M60	Willie Lahart, 63, Urbandale, IA	55:46
29	2 JrM	Jared Tegeler, 16, Des Moines, IA	55:49
30	10 M30	Mike Castagnoli, 32, West Des Moines, IA	56:06
31	8 M40	David Steward, 47, Earlham, IA	56:14
32	1 W20	Kelsey Allbaugh, 25*, Bettendorf, IA	56:19
33	1 M50	Jeff Perry, 56, Bondurant, IA	56:27
34	2 W20	Allison Block, 26*, Des Moines, IA	56:41
35	2 M50	Mark Cooper, 53, Johnston, IA	56:52
36	3 W20	Kaitlin Reed, 25*, Des Moines, IA	57:07
37	9 M40	Geoff Graham, 49, Waukee, IA	57:16
38	3 JrM	Nathan Tegeler, 14, Des Moines, IA	57:17
39	1 W30	Molly Gross, 35*, Des Moines, IA	57:20
40	11 M30	Aaron Wheelock, 36, Des Moines, IA	58:10
41	12 M30	Chad Johnson, 34, Ankeny, IA	58:18
42	10 M40	Chad Skinner, 45, Urbandale, IA	58:39
43	3 M50	Scott Meyer, 52, Pella, IA	58:59
44	4 W20	Molly Rhodes, 26*, Des Moines, IA	59:06

45	1	W60	Andriette Wickstrom, 61*, Storm Lake, IA	59:19
46	11	M40	Jason Blommers, 45, Pella, IA	59:23
47	2	W30	Robyn Clevenger, 37*, West Des Moines, IA	59:33
48	4	JrM	Michael Williams, 15, Sheldah, IA	59:34
49	4	M50	Bruce Drummond, 58, Des Moines, IA	59:39
50	13	M30	Andrew Wrightsman, 38, Waukee, IA	1:00:04
51	3	W30	Jamie Johnson, 36*, West Des Moines, IA	1:00:08
52	14	M30	Jeremy Negus, 37, Iowa City, IA	1:00:13
53	9	M20	Michael Splavec, 24, Knoxville, IA	1:00:16
54	12	M40	Mark Knutson, 46, West Fargo, ND	1:00:17
55	13	M40	Rob Johnson, 40, Des Moines, IA	1:00:25
56	14	M40	Noah Swanson, 42, Des Moines, IA	1:00:39
57	5	W20	Rachel Jones, 25*, Ankeny, IA	1:00:47
58	15	M30	Michael Armstrong, 38, Central City, IA	1:00:59
59	10	M20	Andy Strachan, 27, Ankeny, IA	1:01:13
60	16	M30	Jack Powers, 32, Windsor Heights, IA	1:01:15
61	1	W40	Beth Palmer, 48*, Des Moines, IA	1:01:20
62	15	M40	Brent Osborne, 41, Des Moines, IA	1:01:21
63	11	M20	Nicholas Grandfield, 27, Pleasant Hill, IA	1:01:22
64	2	M60	Keith Magnuson, 61, MN	1:01:24
65	3	M60	David Miller, 64, Urbandale, IA	1:01:28
66	5	M50	Timothy Bergan, 51, Colfax, IA	1:01:39
67	16	M40	Todd Schemper, 41, West Des Moines, IA	1:01:41
68	6	W20	Megan Nieland, 23*, Cedar Falls, IA	1:01:41
69	5	JrM	Calvin Pieper, 18, Des Moines, IA	1:01:45
70	17	M40	Jesse Tibodeau, 42, Nevada, IA	1:01:47
71	17	M30	Casey Carlson, 36, Ankeny, IA	1:01:54
72	4	W30	Jodi Carlson, 35*, Ankeny, IA	1:01:55
73	18	M30	John Fiedler, 39, Altoona, IA	1:02:00
74	6	M50	John DeAngelis, 52, Des Moines, IA	1:02:01
75	18	M40	Jason Maasdam, 44, Knoxville, IA	1:02:02
76	7	M50	Kyle Weuve, 50, Urbandale, IA	1:02:03
77	5	W30	Missy Henry, 37*, Des Moines, IA	1:02:11
78	19	M40	Chris Klemesrud, 45, Grimes, IA	1:02:17
79	8	M50	Scott Vermillion, 53, Ankeny, IA	1:02:23
80	12	M20	Eric Stein, 25, Algona, IA	1:02:27
81	13	M20	Mike Williams, 28, Des Moines, IA	1:02:35
82	6	W30	Jennifer Krzak, 38*, Des Moines, IA	1:02:35
83	20	M40	Kenneth Karl Overton, 49, Des Moines, IA	1:02:40
84	19	M30	Gray Calhoun, 37, Ames, IA	1:02:45
85	2	W40	Kelli Brockmann, 41*, Waukee, IA	1:02:46
86	7	W30	Carolyn Weber, 33*, Des Moines, IA	1:02:50
87	21	M40	Chad Dieleman, 42, Albion, IA	1:03:07
88	4	M60	Bobby Dickerson, 62, Johnston, IA	1:03:08
89	9	M50	Joe Ikemire, 50, Glenwood, IA	1:03:30
90	22	M40	Nathan Perry, 46, Maple Grove, MN	1:04:11
91	23	M40	Brian Brunk, 47, Des Moines, IA	1:04:15
92	10	M50	S Moe, 50, Norwalk, IA	1:04:17
93	2	W60	Jeanne McCurnin, 61*, Mason City, IA	1:04:17
94	7	W20	Taylor Keitzer, 24*, Indianola, IA	1:04:32
95	14	M20	Jacob Petersen, 27, Indianola, IA	1:04:33
96	8	W30	Jennifer Sprung, 33*, Perry, IA	1:04:34
97	20	M30	Rob Peterson, 38, Urbandale, IA	1:05:01
98	8	W20	Kristen Strawhacker, 28*, Des Moines, IA	1:05:11
99	15	M20	Matt Dunkin, 28, Knoxville, IA	1:05:24
100	21	M30	Dan Tripp, 38, Des Moines, IA	1:05:28
101	6	JrM	Wyatt Sipes, 13, Ankeny, IA	1:05:33
102	5	M60	Roger Heinle, 66, Whiting, IA	1:05:44
103	9	W30	Tasha Rolofson, 37*, West Des Moines, IA	1:05:55
104	9	W20	Leah Clark, 23*, Des Moines, IA	1:06:09
105	10	W20	Bree Gaster, 22*, West Des Moines, IA	1:06:09
106	11	W20	Lindsey Burton, 24*, Indianola, IA	1:06:10
107	16	M20	Chad Kurovski, 27, Ankeny, IA	1:06:22
108	22	M30	Aaron Fuller, 35, Knoxville, IA	1:06:55

109	23	M30	John Condon, 38, West Des Moines, IA	1:06:58
110	3	W40	Kim Koch, 40*, Nevada, IA	1:06:59
111	11	M50	Tom Youngwirth, 50, Urbandale, IA	1:07:06
112	24	M30	Otavio Bartalotti, 34, Ames, IA	1:07:19
113	12	M50	Scott Bandy, 51, Indianola, IA	1:07:27
114	25	M30	Phillip Brecht, 33, Marengo, IA	1:07:28
115	24	M40	Nathan Rollene, 40, Pella, IA	1:07:29
116	25	M40	Dennis Haney, 48, Clive, IA	1:07:53
117	26	M30	Benjamin Hoyle, 35, West Des Moines, IA	1:08:02
118	4	W40	Marzia Benson, 47*, Des Moines, IA	1:08:18
119	5	W40	Andrea Corcoran, 47*, Des Moines, IA	1:08:22
120	27	M30	Tj McGee, 35, Urbandale, IA	1:08:27
121	6	M60	Larry Whitaker, 63, Centerville, IA	1:08:50
122	10	W30	Tracy Paulsen, 38*, Harvey, IA	1:08:53
123	1	W50	Beth Lori, 56*, Ankeny, IA	1:08:54
124	26	M40	Mark Holm, 40, Ankeny, IA	1:09:10
125	17	M20	Robb Rusk, 27, Des Moines, IA	1:09:20
126	13	M50	Justin Nostrala, 52, Indianola, IA	1:09:22
127	14	M50	Steve Trinder, 56, West Des Moines, IA	1:09:23
128	27	M40	Greg Pieper, 49, Des Moines, IA	1:09:27
129	28	M40	Chris Hudson, 43, Knoxville, IA	1:09:33
130	7	JrM	Gabe Cook, 14, West Des Moines, IA	1:10:05
131	29	M40	Scott Mills, 45, Des Moines, IA	1:10:26
132	11	W30	Martha Leahy, 31*, Des Moines, IA	1:10:40
133	12	W30	Gentri Barton, 33*, Nevada, IA	1:11:04
134	6	W40	Melinda Nye, 43*, Ankeny, IA	1:11:05
135	13	W30	Kimberly Stephens, 35*, Nevada, IA	1:11:19
136	2	W50	Dale Finnegan, 54*, Waukee, IA	1:11:21
137	28	M30	Randy Heckert, 38, Indianola, IA	1:12:21
138	14	W30	Shelley Heckert, 36*, Indianola, IA	1:12:21
139	15	W30	Haldre Rogers, 38*, Ames, TX	1:12:24
140	29	M30	Jeremy Hoffman, 32, Norwalk, IA	1:12:50
141	12	W20	Danielle Nowasell, 27*, Grinnell, IA	1:12:52
142	30	M40	Robert Benson, 47, Des Moines, IA	1:13:11
143	7	W40	Sue Knutson, 49*, West Fargo, ND	1:13:28
144	16	W30	Jenny Waddilove, 39*, Iowa City, IA	1:13:29
145	30	M30	Jerry Waddilove, 38, Iowa City, IA	1:13:29
146	31	M40	Karl Nolin, 48, West Des Moines, IA	1:13:30
147	3	W50	Heather Stilborn, 54*, Clive, IA	1:13:43
148	7	M60	John Schneller, 72, West Des Moines, IA	1:13:45
149	8	M60	Kirk Dau, 65, Ames, IA	1:13:52
150	17	W30	Cherrelle Rogers, 30*, Des Moines, IA	1:14:28
151	18	W30	Eliza Kempton, 35*, Des Moines, IA	1:14:29
152	19	W30	Carole Curtis, 39*, Des Moines, IA	1:14:30
153	8	W40	Susanne Kennedy, 40*, Des Moines, IA	1:14:30
154	4	W50	Lori McQuiston, 53*, Maxwell, IA	1:15:14
155	20	W30	Shireen Cave, 32*, Indianola, IA	1:15:21
156	21	W30	Shannon Henson, 31*, Des Moines, IA	1:15:22
157	22	W30	Jen Steel, 38*, Des Moines, IA	1:15:23
158	23	W30	Patty Sneddon Kisting, 34*, Grimes, IA	1:15:29
159	31	M30	Steven Ruiz, 37, Des Moines, IA	1:16:21
160	32	M30	Brad Paul, 33, Des Moines, IA	1:16:46
161	24	W30	Melinda Urick, 39*, Urbandale, IA	1:17:01
162	9	M60	Jay Batcheller, 61, Paton, IA	1:17:23
163	32	M40	Tim Hanson, 41, Des Moines, IA	1:17:35
164	10	M60	Art Millikin, 64, Hedrick, IA	1:17:36
165	25	W30	Ashley Bertsch, 32*, Ankeny, IA	1:18:42
166	13	W20	Rachel Brinton, 27*, Des Moines, IA	1:18:42
167	26	W30	Ann Marie Gawel, 32*, Ames, IA	1:18:54
168	9	W40	Tamara Skinner, 44*, Urbandale, IA	1:19:20
169	3	W60	Ann Hegstrom, 60*, De Soto, IA	1:19:30
170	5	W50	Laurie Wirtz, 54*, Waukee, IA	1:19:38
171	14	W20	Chelsea Anderson, 29*, Waukee, IA	1:19:39
172	6	W50	Linda Nowasell, 50*, Grinnell, IA	1:19:51
173	15	M50	Larry Harris, 54, Brighton, IA	1:20:07

174	10	W40	Patty Williams, 46*, Urbandale, IA	1:20:14
175	11	W40	Kori Heuss, 43*, Ames, IA	1:21:14
176	18	M20	Nicholas Lyon, 22, Ames, IA	1:21:18
177	12	W40	Cheryl Wright, 46*, Polk City, IA	1:21:26
178	19	M20	Lance Eysink, 28, Pella, IA	1:21:27
179	27	W30	Fallon Seidenfeld, 30*, Urbandale, IA	1:21:33
180	28	W30	Amy Harrison, 35*, Clive, IA	1:21:35
181	13	W40	Jeanne Serb, 43*, Des Moines, IA	1:21:38
182	7	W50	Sally Weepie, 53*, Altoona, IA	1:21:41
183	15	W20	Brittany Cavazos, 23*, Ames, IA	1:22:18
184	16	W20	Katlyn Heiserman, 28*, Des Moines, IA	1:22:29
185	29	W30	Jill Eimermann, 39*, Des Moines, IA	1:23:07
186	1	JrW	Kellie Murtle, 19*, Des Moines, IA	1:23:08
187	16	M50	Greg Webb, 51, Des Moines, IA	1:23:08
188	30	W30	Jessie Nesseler, 33*, Pleasant Hill, IA	1:23:14
189	11	M60	Douglas Gross, 61, Des Moines, IA	1:23:57
190	31	W30	Tara Bogner, 36*, West Des Moines, IA	1:24:30
191	32	W30	Sara Sinclair, 39*, Ames, IA	1:24:31
192	33	W30	Sherry Stein, 38*, Pleasantville, IA	1:24:40
193	33	M30	Steven Zastrow, 32, Grimes, IA	1:24:45
194	14	W40	Carrie Striegel, 40*, What Cheer, IA	1:24:45
195	17	M50	Patrick Weepie, 55, Altoona, IA	1:26:20
196	12	M60	Dennis Howard, 62, Des Moines, IA	1:28:04
197	13	M60	Ronald Mowers, 68, Ames, IA	1:29:06
198	18	M50	Lou Scallon, 58, Ames, IA	1:29:07
199	14	M60	Russell Laczniak, 60, Ames, IA	1:29:07
200	34	W30	Sarah Paul, 34*, Des Moines, IA	1:29:45
201	8	W50	Kim Weber, 55*, West Des Moines, IA	1:35:31
202	34	M30	Huy Huynh, 35, Urbandale, IA	1:40:01
203	35	W30	Shanna Snitker, 31*, Johnston, IA	1:40:04
204	17	W20	Loren Thalacker, 25*, Cedar Falls, IA	1:40:05
205	18	W20	Amy Skjordal, 26*, Shawnee Mission, KS	1:40:06
206	15	W40	Amy Kepes, 48*, Clive, IA	1:45:07
207	19	M50	Daniel Berte, 50, Des Moines, IA	1:52:00
208	20	M50	Andy Hall, 50, Des Moines, IA	1:53:11
209	9	W50	Emily Thode, 51*, Cedar Falls, IA	2:03:35
210	15	M60	Rollin Perry, 77, Cedar Falls, IA	2:06:49
211	16	W40	Andrea Vlahakis, 48*, Ankeny, IA	2:18:41
212	17	W40	Ruth Subach, 47*, King Of Prussia, PA	2:18:42

* indicates females

2 finishers among Males (no age given)

7 finishers among Men Under 20

19 finishers among Men 20 - 29

34 finishers among Men 30 - 39

32 finishers among Men 40 - 49

20 finishers among Men 50 - 59

15 finishers among Men 60 & Up

1 finishers among Women Under 20

18 finishers among Women 20 - 29

35 finishers among Women 30 - 39

17 finishers among Women 40 - 49

9 finishers among Women 50 - 59

3 finishers among Women 60 & Up

129 male finishers

83 female finishers

212 total finishers

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