

Swisher Fire Dept. *** 5K Run *** Overall & Divisions

Event: 5K Run

Date: Saturday, July 31, 2021

Location: Swisher, IA

Weather: Overcast, 87% Humidity, Wind ESE
5mph & 66°

Overall and Age Divisions

***Results By: Andrew Kauder - Kauder Racing,
LLC***

Place	Gender	Division	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	1	1 OVM	Nick O'Connor, M19	Tiffin, IA	16:43	5:23/M	16:43	5:23/M
2	2	1 M20	Noah Keller, M20	Marion, IA	17:21	5:35/M	17:21	5:35/M
3	3	1 M15	Peyton Stadler, M16	Tiffin, IA	17:57	5:47/M	17:57	5:47/M
4	4	2 M15	Lukas Lamparek, M18	Cedar Rapids, IA	18:11	5:51/M	18:10	5:51/M
5	5	3 M15	Jack Huang, M17	Williamsburg, IA	18:13	5:52/M	18:13	5:52/M
6	6	4 M15	Noah Yost, M15	Amana, IA	19:03	6:08/M	19:03	6:08/M
7	7	1 M30	Craig Labath, M33	Coralville, IA	19:50	6:23/M	19:48	6:22/M
8	8	1 JRM	Bennett Allred, M14	Cedar Rapids, IA	20:00	6:26/M	19:59	6:26/M
9	9	2 JRM	Andenn Moses, M11	Fairfax, IA	20:11	6:30/M	20:03	6:27/M
10	10	1 M40	Wade Buck, M46	Marion, IA	20:12	6:30/M	20:11	6:30/M
11	1	1 OVf	Diane McCabe, F38	Swisher, IA	20:45	6:41/M	20:44	6:40/M
12	11	3 JRM	Tyler Stegemoller, M14	Cedar Rapids, IA	20:57	6:45/M	20:57	6:45/M
13	2	1 F15	Alexandra Buck, F15	Marion, IA	21:08	6:48/M	21:07	6:48/M
14	12	4 JRM	Dade Davis, M13	Swisher, IA	21:21	6:52/M	21:19	6:52/M
15	3	1 F50	Sheri Wiedenhoef, F55	Sioux Falls, SD	22:10	7:08/M	22:08	7:08/M
16	13	5 M15	Christopher	Cedar Rapids,	23:03	7:25/M	23:02	7:25/M

			Stegemoller, M18	IA					
17	14	5 JRM	Ethan Chaney, M13	Marion, IA	23:11	7:28/M	23:10	7:28/M	
18	4	1 JRF	Madison Bockenstedt, F13	Center Point, IA	23:13	7:28/M	23:11	7:28/M	
19	15	1 M60	Mark Zimmer, M64	Independence, IA	23:54	7:41/M	23:52	7:41/M	
20	16	1 M50	Kevin Habel, M57	Swisher, IA	24:52	8:00/M	24:50	8:00/M	
21	17	2 M50	Michael Riddle, M55	Kalona, IA	25:48	8:18/M	25:46	8:18/M	
22	18	2 M40	Ben Winborn, M47	Swisher, IA	25:56	8:21/M	25:52	8:19/M	
23	5	1 F40	Lori Winborn, F47	Swisher, IA	25:56	8:21/M	25:52	8:19/M	
24	19	6 JRM	Brock Becker, M6	Cedar Rapids, IA	26:00	8:22/M	25:57	8:21/M	
25	20	2 M30	Scott Becker, M33	Cedar Rapids, IA	26:00	8:22/M	25:57	8:21/M	
26	21	2 M20	Sam Fosse, M27	North Liberty, IA	26:06	8:24/M	26:00	8:22/M	
27	6	1 F30	Kristen Haming, F36	Swisher, IA	26:28	8:31/M	26:20	8:28/M	
28	22	3 M30	Bryan Rennekamp, M37	North Liberty, IA	26:35	8:33/M	26:29	8:31/M	
29	23	3 M50	Roger Keller, M56	Marion, IA	26:41	8:35/M	26:39	8:35/M	
30	24	7 JRM	Cashton Krumm, M11	Fairfax, IA	26:43	8:36/M	26:35	8:33/M	
31	25	8 JRM	Tate Stolley, M9	Ely, IA	27:18	8:47/M	27:15	8:46/M	
32	26	9 JRM	Gavin Cheney, M11	Marion, IA	27:27	8:50/M	27:27	8:50/M	
33	27	4 M30	Brian Cheney, M39	Marion, IA	27:30	8:51/M	27:30	8:51/M	
34	7	2 F40	Wendy Novak, F49	Fairfax, IA	27:33	8:52/M	27:28	8:50/M	
35	8	2 F50	Marsha Aspinall, F59	Cedar Rapids, IA	27:48	8:57/M	27:43	8:55/M	
36	28	10 JRM	Carson Cheney, M9	Marion, IA	27:58	9:00/M	27:55	8:59/M	
37	29	3 M40	Jeffrey Jaeger, M48	North Liberty, IA	28:18	9:07/M	28:13	9:05/M	
38	9	2 F30	Kimberly Winchell, F31	Iowa City, IA	28:22	9:08/M	28:19	9:07/M	
39	10	3 F30	Katie Stolley, F39	Ely, IA	28:24	9:08/M	28:21	9:08/M	
40	11	2 F15	Ella Beach, F15	Swisher, IA	28:34	9:12/M	28:26	9:09/M	
41	30	2 M60	Kim Wander, M60	West Union, IA	28:35	9:12/M	28:32	9:11/M	
42	31	11 JRM	Korbin Beatty, M12	Swisher, IA	29:02	9:21/M	28:55	9:18/M	
43	12	3 F40	Margaret Williams, F45	Anamosa, IA	29:20	9:26/M	29:11	9:24/M	
44	13	1 F60	Lois Cahill, F61	Lisbon, IA	30:00	9:40/M	29:55	9:38/M	
45	32	5 M30	Will Bensmiller, M36	Mount Pleasant, IA	30:47	9:54/M	30:35	9:51/M	
46	33	3 M60	John Leland, M85	Marion, IA	31:10	10:02/M	31:06	10:01/M	
47	14	2 JRF	Kinzlee Lagrange, F8	Swisher, IA	31:23	10:06/M	31:16	10:04/M	
48	34	12 JRM	Will Musser, M10	Marion, IA	32:09	10:21/M	32:04	10:19/M	
49	15	2 F60	Ellen Rickert, F68	Hudson, IA	32:11	10:21/M	32:05	10:20/M	

50	16	3 JRF	Heidi Dubishar, F14	Amana, IA	32:17	10:23/M	32:15	10:23/M
51	17	4 F30	Caitlin Rowe, F38	Swisher, IA	32:34	10:29/M	32:25	10:26/M
52	35	6 M30	James Rowe, M39	Swisher, IA	32:36	10:29/M	32:26	10:26/M
53	18	1 F20	Brianna Smith, F21	North Liberty, IA	32:37	10:30/M	32:30	10:28/M
54	19	3 F60	Jean Sippy, F67	Swisher, IA	32:38	10:30/M	32:32	10:28/M
55	36	13 JRM	Kyler Pesek, M12	Fairfax, IA	32:44	10:32/M	32:37	10:30/M
56	37	4 M50	Tim Cahill, M54	Lisbon, IA	33:04	10:39/M	32:58	10:37/M
57	20	3 F50	Brenda Kalous, F50	Fairfax, IA	33:15	10:42/M	33:10	10:41/M
58	38	14 JRM	Jack Lester, M12	Cedar Rapids, IA	33:19	10:43/M	33:11	10:41/M
59	21	2 F20	Shelby Dubishar, F20	Amana, IA	33:42	10:51/M	33:40	10:50/M
60	22	5 F30	Nikki Poe, F37	Solon, IA	34:52	11:13/M	34:45	11:11/M
61	23	4 F40	Abigail Mack, F41	Solon, IA	34:53	11:14/M	34:45	11:11/M
62	24	4 JRF	Audrey Mack, F11	Solon, IA	35:22	11:23/M	35:16	11:21/M
63	25	5 JRF	Kali Poe, F10	Solon, IA	35:22	11:23/M	35:16	11:21/M
64	26	5 F40	Christine Schultz, F44	North Liberty, IA	36:01	11:36/M	35:50	11:32/M
65	27	3 F20	Ally Loren, F20	North Liberty, IA	36:01	11:36/M	35:51	11:32/M
66	39	3 M20	Phuoc Phu, M20	Des Moines, IA	37:10	11:58/M	37:04	11:56/M
67	40	7 M30	Keith Penrod, M38	Stanwood, IA	37:17	12:00/M	37:10	11:58/M
68	41	8 M30	Jeremy Snow, M39	Williamsburg, IA	37:34	12:05/M	37:27	12:03/M
69	28	3 F15	Kaitlyn Snow, F15	Williamsburg, IA	37:38	12:07/M	37:31	12:05/M
70	42	15 JRM	Isaac Cheney, M6	Marion, IA	40:59	13:12/M	40:56	13:10/M
71	29	6 F30	Chelsea Cheney, F37	Marion, IA	41:09	13:15/M	41:05	13:13/M
72	30	4 F60	Leigh White, F66	Central City, IA	42:43	13:45/M	42:34	13:42/M
73	43	4 M60	Warren Feerer, M71	Cedar Rapids, IA	43:41	14:04/M	43:36	14:02/M
74	44	1 MW	Larry Boebel, M55	Swisher, IA	44:05	14:11/M	43:54	14:08/M
75	45	2 MW	Douglas Bulger, M38	Iowa City, IA	44:48	14:25/M	44:39	14:22/M
76	31	1 WW	Baylea Hinrichs, F28	Swisher, IA	48:28	15:36/M	47:55	15:25/M

Overall and Age Divisions

Overall Male

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Nick O'Connor, M19	Tiffin, IA	16:43	5:23/M	16:43	5:23/M

Overall Female

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Diane McCabe, F38	Swisher, IA	20:45	6:41/M	20:44	6:40/M

Men's Walk

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Larry Boebel, M55	Swisher, IA	44:05	14:11/M	43:54	14:08/M
2	Douglas Bulger, M38	Iowa City, IA	44:48	14:25/M	44:39	14:22/M

Women's Walk

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Baylea Hinrichs, F28	Swisher, IA	48:28	15:36/M	47:55	15:25/M

M[14 & Under]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Bennett Allred, M14	Cedar Rapids, IA	20:00	6:26/M	19:59	6:26/M
2	Andenn Moses, M11	Fairfax, IA	20:11	6:30/M	20:03	6:27/M
3	Tyler Stegemoller, M14	Cedar Rapids, IA	20:57	6:45/M	20:57	6:45/M
4	Dade Davis, M13	Swisher, IA	21:21	6:52/M	21:19	6:52/M
5	Ethan Chaney, M13	Marion, IA	23:11	7:28/M	23:10	7:28/M
6	Brock Becker, M6	Cedar Rapids, IA	26:00	8:22/M	25:57	8:21/M
7	Cashton Krumm, M11	Fairfax, IA	26:43	8:36/M	26:35	8:33/M
8	Tate Stolley, M9	Ely, IA	27:18	8:47/M	27:15	8:46/M
9	Gavin Cheney, M11	Marion, IA	27:27	8:50/M	27:27	8:50/M
10	Carson Cheney, M9	Marion, IA	27:58	9:00/M	27:55	8:59/M
11	Korbin Beatty, M12	Swisher, IA	29:02	9:21/M	28:55	9:18/M
12	Will Musser, M10	Marion, IA	32:09	10:21/M	32:04	10:19/M
13	Kyler Pesek, M12	Fairfax, IA	32:44	10:32/M	32:37	10:30/M
14	Jack Lester, M12	Cedar Rapids, IA	33:19	10:43/M	33:11	10:41/M
15	Isaac Cheney, M6	Marion, IA	40:59	13:12/M	40:56	13:10/M

F[14 & Under]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Madison Bockenstedt, F13	Center Point, IA	23:13	7:28/M	23:11	7:28/M
2	Kinzlee Lagrange, F8	Swisher, IA	31:23	10:06/M	31:16	10:04/M
3	Heidi Dubishar, F14	Amana, IA	32:17	10:23/M	32:15	10:23/M
4	Audrey Mack, F11	Solon, IA	35:22	11:23/M	35:16	11:21/M
5	Kali Poe, F10	Solon, IA	35:22	11:23/M	35:16	11:21/M

M[15-19]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Peyton Stadler, M16	Tiffin, IA	17:57	5:47/M	17:57	5:47/M
2	Lukas Lamparek, M18	Cedar Rapids, IA	18:11	5:51/M	18:10	5:51/M
3	Jack Huang, M17	Williamsburg, IA	18:13	5:52/M	18:13	5:52/M
4	Noah Yost, M15	Amana, IA	19:03	6:08/M	19:03	6:08/M
5	Christopher Stegemoller, M18	Cedar Rapids, IA	23:03	7:25/M	23:02	7:25/M

F[15-19]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Alexandra Buck, F15	Marion, IA	21:08	6:48/M	21:07	6:48/M
2	Ella Beach, F15	Swisher, IA	28:34	9:12/M	28:26	9:09/M
3	Kaitlyn Snow, F15	Williamsburg, IA	37:38	12:07/M	37:31	12:05/M

M[20-29]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Noah Keller, M20	Marion, IA	17:21	5:35/M	17:21	5:35/M
2	Sam Fosse, M27	North Liberty, IA	26:06	8:24/M	26:00	8:22/M
3	Phuoc Phu, M20	Des Moines, IA	37:10	11:58/M	37:04	11:56/M

F[20-29]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Brianna Smith, F21	North Liberty, IA	32:37	10:30/M	32:30	10:28/M
2	Shelby Dubishar, F20	Amana, IA	33:42	10:51/M	33:40	10:50/M
3	Ally Loren, F20	North Liberty, IA	36:01	11:36/M	35:51	11:32/M

M[30-39]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Craig Labath, M33	Coralville, IA	19:50	6:23/M	19:48	6:22/M
2	Scott Becker, M33	Cedar Rapids, IA	26:00	8:22/M	25:57	8:21/M
3	Bryan Rennekamp, M37	North Liberty, IA	26:35	8:33/M	26:29	8:31/M
4	Brian Cheney, M39	Marion, IA	27:30	8:51/M	27:30	8:51/M
5	Will Bensmiller, M36	Mount Pleasant, IA	30:47	9:54/M	30:35	9:51/M
6	James Rowe, M39	Swisher, IA	32:36	10:29/M	32:26	10:26/M
7	Keith Penrod, M38	Stanwood, IA	37:17	12:00/M	37:10	11:58/M
8	Jeremy Snow, M39	Williamsburg, IA	37:34	12:05/M	37:27	12:03/M

F[30-39]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Kristen Haming, F36	Swisher, IA	26:28	8:31/M	26:20	8:28/M
2	Kimberly Winchell, F31	Iowa City, IA	28:22	9:08/M	28:19	9:07/M
3	Katie Stolley, F39	Ely, IA	28:24	9:08/M	28:21	9:08/M
4	Caitlin Rowe, F38	Swisher, IA	32:34	10:29/M	32:25	10:26/M
5	Nikki Poe, F37	Solon, IA	34:52	11:13/M	34:45	11:11/M
6	Chelsea Cheney, F37	Marion, IA	41:09	13:15/M	41:05	13:13/M

M[40-49]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Wade Buck, M46	Marion, IA	20:12	6:30/M	20:11	6:30/M
2	Ben Winborn, M47	Swisher, IA	25:56	8:21/M	25:52	8:19/M
3	Jeffrey Jaeger, M48	North Liberty, IA	28:18	9:07/M	28:13	9:05/M

F[40-49]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Lori Winborn, F47	Swisher, IA	25:56	8:21/M	25:52	8:19/M
2	Wendy Novak, F49	Fairfax, IA	27:33	8:52/M	27:28	8:50/M
3	Margaret Williams, F45	Anamosa, IA	29:20	9:26/M	29:11	9:24/M
4	Abigail Mack, F41	Solon, IA	34:53	11:14/M	34:45	11:11/M
5	Christine Schultz, F44	North Liberty, IA	36:01	11:36/M	35:50	11:32/M

M[50-59]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Kevin Habel, M57	Swisher, IA	24:52	8:00/M	24:50	8:00/M
2	Michael Riddle, M55	Kalona, IA	25:48	8:18/M	25:46	8:18/M
3	Roger Keller, M56	Marion, IA	26:41	8:35/M	26:39	8:35/M
4	Tim Cahill, M54	Lisbon, IA	33:04	10:39/M	32:58	10:37/M

F[50-59]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Sheri Wiedenhoeft, F55	Sioux Falls, SD	22:10	7:08/M	22:08	7:08/M
2	Marsha Aspinall, F59	Cedar Rapids, IA	27:48	8:57/M	27:43	8:55/M
3	Brenda Kalous, F50	Fairfax, IA	33:15	10:42/M	33:10	10:41/M

M[60 & Over]

Place	Name	City	Gun Time	Pace	Chip Time	Pace
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				mpm		mpm
1	Mark Zimmer, M64	Independence, IA	23:54	7:41/M	23:52	7:41/M
2	Kim Wander, M60	West Union, IA	28:35	9:12/M	28:32	9:11/M
3	John Leland, M85	Marion, IA	31:10	10:02/M	31:06	10:01/M
4	Warren Feerer, M71	Cedar Rapids, IA	43:41	14:04/M	43:36	14:02/M

F[60 & Over]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Lois Cahill, F61	Lisbon, IA	30:00	9:40/M	29:55	9:38/M
2	Ellen Rickert, F68	Hudson, IA	32:11	10:21/M	32:05	10:20/M
3	Jean Sippy, F67	Swisher, IA	32:38	10:30/M	32:32	10:28/M
4	Leigh White, F66	Central City, IA	42:43	13:45/M	42:34	13:42/M

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Andrew Kauder - Kauder Racing, LLC
