

# Swisher 5K 2011\*\*\*5K Run\*\*\*Overall Report

Event: 5K Run

Date: Saturday, August 06, 2011

Location: Swicher, IA

Weather: Sunny and 80°

Age Group [results here](#) . . . . .

. . . . . Walk results  
[here](#)

## *Results By: Jeff Mullen*

| Place | Gender | Div | Name                      | City              | Gun Time | Pace   |
|-------|--------|-----|---------------------------|-------------------|----------|--------|
| 1     | 1      | 1   | OvM Nathan Hopp, M28      | West Amana, IA    | 16:44    | 5:23/M |
| 2     | 2      | 1   | M19 Phil Yonug, M25       | North Liberty, IA | 16:54    | 5:26/M |
| 3     | 3      | 1   | M14 Jacob Aline, M18      | Fairfax, IA       | 17:49    | 5:44/M |
| 4     | 4      | 1   | M30 Gregg Hennigan, M33   | Coraville, IA     | 18:09    | 5:50/M |
| 5     | 5      | 2   | M30 Mark Ironside, M36    | Swisher, IA       | 18:57    | 6:06/M |
| 6     | 6      | 2   | M19 Scott Titler, M19     | Swisher, IA       | 19:19    | 6:13/M |
| 7     | 7      | 1   | M50 Jeff Nietert, M50     | Cedar Rapids, IA  | 20:14    | 6:30/M |
| 8     | 8      | 2   | M14 Brent Kennicott, M16  | Solon, IA         | 20:36    | 6:38/M |
| 9     | 9      | 2   | M50 Randy Brecht, M51     | Middle Amana, IA  | 20:38    | 6:38/M |
| 10    | 10     | 1   | M40 William Iverson, M43  | Iowa City, IA     | 20:41    | 6:39/M |
| 11    | 11     | 3   | M14 Maverick Guyer, M14   | Cedar Rapids, IA  | 20:46    | 6:41/M |
| 12    | 12     | 3   | M19 Robert Schemmel, M25  | North Liberty, IA | 20:47    | 6:41/M |
| 13    | 13     | 2   | M40 Ronald Hugeback, M44  | Solon, IA         | 20:50    | 6:42/M |
| 14    | 14     | 4   | M14 Matt Lintz, M17       | NorthLiberty, IA  | 21:02    | 6:46/M |
| 15    | 1      | 1   | OvF Julie Johnston, F27   | Cedar Rapids, IA  | 21:13    | 6:49/M |
| 16    | 15     | 3   | M30 Jody Hospodarsky, M34 | Hiawatha, IA      | 21:19    | 6:51/M |
| 17    | 16     | 4   | M30 Andrew Snyder, M35    | Swisher, IA       | 21:32    | 6:56/M |
| 18    | 17     | 5   | M30 Matt Ironside, M38    | Swisher, IA       | 21:37    | 6:57/M |
| 19    | 2      | 1   | F30 Carrie Desotel, F30   | Cedar Rapids, IA  | 21:46    | 7:00/M |
| 20    | 3      | 1   | F19 Hannah Kregel, F20    | Iowa City, IA     | 21:54    | 7:02/M |
| 21    | 18     | 1   | M60 Tom Wolfe, M63        | North Liberty, IA | 22:17    | 7:10/M |
| 22    | 19     | 3   | M50 Kim Wander, M50       | West Union, IA    | 22:18    | 7:10/M |

|    |    |    |     |                       |                   |       |        |
|----|----|----|-----|-----------------------|-------------------|-------|--------|
| 23 | 20 | 6  | M30 | Patrick Dominy, M39   | North Liberty, IA | 22:20 | 7:11/M |
| 24 | 4  | 1  | F40 | Jane Mcgee, F49       | Hiawatha, IA      | 22:30 | 7:14/M |
| 25 | 21 | 7  | M30 | Ryan Lagrange, M32    | Swisher, IA       | 22:38 | 7:17/M |
| 26 | 22 | 8  | M30 | Jon Myers, M34        | North Liberty, IA | 22:58 | 7:23/M |
| 27 | 5  | 1  | F14 | Beth Heims, F16       | Swisher, IA       | 23:00 | 7:24/M |
| 28 | 6  | 2  | F30 | Kris Hamerlinck, F32  | Amana, IA         | 23:07 | 7:26/M |
| 29 | 23 | 3  | M40 | Andy Redlinger, M42   | Solon, IA         | 23:30 | 7:33/M |
| 30 | 7  | 3  | F30 | Sarah Snyder, F35     | Swisher, IA       | 23:43 | 7:38/M |
| 31 | 24 | 1  | JrM | Brandon Hatfield, M12 | Swisher, IA       | 24:14 | 7:48/M |
| 32 | 25 | 2  | JrM | Sam Uthoff, M13       | Solon, IA         | 24:16 | 7:48/M |
| 33 | 8  | 2  | F14 | Bree Gaster, F17      | Walford, IA       | 24:21 | 7:50/M |
| 34 | 9  | 3  | F14 | Anastasia Jordan, F17 | Walford, IA       | 24:23 | 7:51/M |
| 35 | 26 | 2  | M60 | Bruce Bachmann, M62   | Cedar Rapids, IA  | 24:48 | 7:59/M |
| 36 | 27 | 3  | M60 | Clayton Briggs, M62   | Coraville, IA     | 24:49 | 7:59/M |
| 37 | 10 | 4  | F30 | Mariah Hurley, F34    | Cedar Rapids, IA  | 24:50 | 7:59/M |
| 38 | 28 | 4  | M40 | Mike Yeries, M46      | Oxford, IA        | 24:59 | 8:02/M |
| 39 | 29 | 3  | JrM | Preston Lagrange, M12 | Swisher, IA       | 25:00 | 8:03/M |
| 40 | 30 | 9  | M30 | Jerry Hutton, M31     | Cedar Rapids, IA  | 25:01 | 8:03/M |
| 41 | 31 | 4  | M50 | Kevin Ernster, M57    | Walker, IA        | 25:03 | 8:03/M |
| 42 | 11 | 2  | F19 | Diane Mccabe, F28     | Swisher, IA       | 25:06 | 8:05/M |
| 43 | 12 | 1  | F50 | Muriel Naumann, F55   | IowaCity, IA      | 25:08 | 8:05/M |
| 44 | 13 | 2  | F40 | Patty Urban, F45      | North Liberty, IA | 25:08 | 8:05/M |
| 45 | 32 | 10 | M30 | Denton Desotel, M31   | Cedar Rapids, IA  | 25:20 | 8:09/M |
| 46 | 33 | 5  | M50 | Tom Carver, M52       | Swisher, IA       | 25:52 | 8:19/M |
| 47 | 34 | 5  | M40 | Chad Houge, M40       | Swisher, IA       | 26:17 | 8:27/M |
| 48 | 35 | 11 | M30 | Jeff Wenning, M37     | Swisher, IA       | 26:21 | 8:28/M |
| 49 | 36 | 4  | JrM | Cameron Steffens, M12 | Swisher, IA       | 26:27 | 8:31/M |
| 50 | 37 | 6  | M50 | Mark Robertson, M59   | Anamosa, IA       | 26:32 | 8:32/M |
| 51 | 38 | 4  | M19 | Scott Lamparek, M21   | Swisher, IA       | 26:41 | 8:35/M |
| 52 | 14 | 3  | F19 | Dana Nordine, F26     | Marion, IA        | 26:52 | 8:38/M |
| 53 | 15 | 3  | F40 | Stephanie Frazee, F45 | Fairfax, IA       | 27:06 | 8:43/M |
| 54 | 16 | 4  | F14 | Sebrina Webster, F14  | Cedar Rapids, IA  | 27:25 | 8:49/M |
| 55 | 39 | 4  | M60 | Rodney Raabe, M65     | Swisher, IA       | 27:28 | 8:50/M |
| 56 | 40 | 5  | JrM | Ben Lamparek, M11     | Marengo, IA       | 27:43 | 8:55/M |
| 57 | 41 | 6  | M40 | Rick Lamparek, M43    | Marengo, IA       | 27:44 | 8:55/M |
| 58 | 17 | 4  | F40 | Amy Broxey, F48       | Cedar Rapids, IA  | 27:50 | 8:57/M |
| 59 | 18 | 5  | F14 | Mikayla Wilson, F16   | Amana, IA         | 27:54 | 8:58/M |
| 60 | 42 | 6  | JrM | Colton Lagrange, M10  | Swisher, IA       | 27:55 | 8:59/M |
| 61 | 43 | 7  | M50 | Randy Bachmann, M54   | Cedar Rapids, IA  | 28:05 | 9:02/M |
| 62 | 19 | 5  | F40 | Audrey Elledge, F45   | Tulsa, OK         | 28:10 | 9:04/M |
| 63 | 20 | 2  | F50 | Patti Sprague, F52    | Mt Vernon, IA     | 28:13 | 9:05/M |

|     |    |    |     |                         |                   |       |         |
|-----|----|----|-----|-------------------------|-------------------|-------|---------|
| 64  | 21 | 6  | F14 | Anna Tichy, F17         | Ely, IA           | 28:16 | 9:06/M  |
| 65  | 44 | 1  | M70 | John Leland, M75        | Marion, IA        | 28:29 | 9:10/M  |
| 66  | 45 | 5  | M60 | David Hunt, M61         | Waverly, IA       | 28:42 | 9:14/M  |
| 67  | 46 | 7  | M40 | Jay Johnson, M41        | North Liberty, IA | 28:43 | 9:14/M  |
| 68  | 47 | 5  | M14 | Brandon Lewis, M15      | Atkins, IA        | 28:52 | 9:17/M  |
| 69  | 48 | 12 | M30 | Derek Aanrud, M30       | Cedar Rapids, IA  | 28:53 | 9:18/M  |
| 70  | 22 | 5  | F30 | Katie Iverson, F36      | Iowa City, IA     | 29:10 | 9:23/M  |
| 71  | 23 | 4  | F19 | Kyla Peak, F21          | Marion, IA        | 29:16 | 9:25/M  |
| 72  | 24 | 5  | F19 | Heather Aanrud, F28     | Cedar Rapids, IA  | 29:16 | 9:25/M  |
| 73  | 49 | 13 | M30 | Andrew Hunt, M30        | Swisher, IA       | 29:19 | 9:26/M  |
| 74  | 25 | 6  | F19 | Stephany Coleman, F25   | North Liberty, IA | 29:25 | 9:28/M  |
| 75  | 26 | 1  | JrF | Jessica Heims, F12      | Swisher, IA       | 29:46 | 9:35/M  |
| 76  | 27 | 7  | F14 | Megan Titler, F18       | Swisher, IA       | 29:49 | 9:36/M  |
| 77  | 28 | 2  | JrF | Hannah Frazee, F12      | Fairfax, IA       | 29:52 | 9:36/M  |
| 78  | 29 | 7  | F19 | Marie Billings, F27     | Marion, IA        | 29:57 | 9:38/M  |
| 79  | 50 | 8  | M50 | Tim Gilbertson, M53     | CedarRapids, IA   | 30:02 | 9:40/M  |
| 80  | 30 | 6  | F40 | Lisa Flaherty, F48      | Fairfax, IA       | 30:21 | 9:46/M  |
| 81  | 31 | 6  | F30 | Michelle Clark, F38     | Iowa City, IA     | 30:38 | 9:51/M  |
| 82  | 32 | 7  | F30 | Anne Johnson, F36       | North Liberty, IA | 30:54 | 9:56/M  |
| 83  | 33 | 8  | F19 | Sarah Kibury, F23       | Marion, IA        | 31:04 | 10:00/M |
| 84  | 34 | 3  | F50 | Dora Bopp, F50          | Walker, IA        | 31:14 | 10:03/M |
| 85  | 51 | 5  | M19 | Travis Hartbecke, M26   | Cedar Rapids, IA  | 31:22 | 10:05/M |
| 86  | 35 | 8  | F30 | Michelle Mcillece, F39  | Hiawatha, IA      | 31:26 | 10:07/M |
| 87  | 36 | 8  | F14 | Kristin Wasson, F18     | Cedar Rapids, IA  | 31:27 | 10:07/M |
| 88  | 52 | 7  | JrM | Brody Bohr, M12         | Swisher, IA       | 31:48 | 10:14/M |
| 89  | 37 | 7  | F40 | Carol Blair, F47        | Swisher, IA       | 31:49 | 10:14/M |
| 90  | 38 | 3  | JrF | Karleigh Schilling, F12 | Swisher, IA       | 31:57 | 10:17/M |
| 91  | 53 | 8  | JrM | Khory Nobles, M10       | Cedar Rapids, IA  | 32:01 | 10:18/M |
| 92  | 54 | 9  | JrM | Ben Habel, M11          | Swisher, IA       | 32:16 | 10:23/M |
| 93  | 39 | 4  | F50 | Jackie Robertson, F51   | Anamosa, IA       | 32:22 | 10:25/M |
| 94  | 55 | 6  | M60 | Ronald Truhlar, M68     | Iowa City, IA     | 32:58 | 10:36/M |
| 95  | 56 | 14 | M30 | Matt Thompson, M31      | Marion, IA        | 33:15 | 10:42/M |
| 96  | 40 | 9  | F30 | Jill Pearson, F35       | Cedar Rapids, IA  | 33:16 | 10:42/M |
| 97  | 41 | 8  | F40 | Janine Wasson, F45      | Cedar Rapids, IA  | 33:34 | 10:48/M |
| 98  | 42 | 5  | F50 | Shelley Marston, F51    | Swisher, IA       | 33:42 | 10:50/M |
| 99  | 57 | 6  | M19 | Gabriel Hanson, M19     | North Liberty, IA | 34:08 | 10:59/M |
| 100 | 58 | 8  | M40 | Rob Schmit, M43         | Cedar Rapids, IA  | 34:12 | 11:00/M |
| 101 | 43 | 4  | JrF | Nicole Heims, F11       | Swisher, IA       | 34:22 | 11:03/M |
| 102 | 59 | 9  | M40 | Doug Blair, M47         | Swisher, IA       | 34:33 | 11:07/M |
| 103 | 44 | 10 | F30 | Aimee Hulett, F34       | Swisher, IA       | 34:48 | 11:12/M |
| 104 | 60 | 10 | M40 | Tim Frazee, M42         | Fairfax, IA       | 35:15 | 11:20/M |
| 105 | 45 | 9  | F19 | Adrienne Phelps, F26    | Marengo, IA       | 35:30 | 11:25/M |
| 106 | 61 | 11 | M40 | Everett Eschen, M48     | North Liberty, IA | 35:50 | 11:32/M |
| 107 | 62 | 7  | M60 | Richard Beavers, M65    | Marion, IA        | 36:16 | 11:40/M |

|     |    |    |     |                              |                   |       |         |
|-----|----|----|-----|------------------------------|-------------------|-------|---------|
| 108 | 46 | 11 | F30 | Lori Winborn, F37            | Swisher, IA       | 36:20 | 11:41/M |
| 109 | 47 | 12 | F30 | Natalie Empey, F33           | Coraville, IA     | 36:42 | 11:48/M |
| 110 | 48 | 10 | F19 | Emily Kratovil, F19          | Cedar Rapids, IA  | 37:59 | 12:13/M |
| 111 | 49 | 13 | F30 | Stephanie<br>Boesenberg, F38 | Cedar Rapids, IA  | 38:00 | 12:13/M |
| 112 | 50 | 9  | F40 | Jessica Steffens, F41        | Swisher, IA       | 38:42 | 12:27/M |
| 113 | 63 | 10 | JrM | Colin Winborn, M7            | Swisher, IA       | 39:22 | 12:40/M |
| 114 | 51 | 5  | JrF | Ayua Bohr, F8                | Swisher, IA       | 40:37 | 13:04/M |
| 115 | 64 | 12 | M40 | Steve Bohr, M41              | Swisher, IA       | 40:38 | 13:05/M |
| 116 | 52 | 6  | F50 | Patty Kratovil, F50          | Cedar Rapids, IA  | 41:21 | 13:18/M |
| 117 | 65 | 13 | M40 | Mike Dankert, M44            | Cedar Rapids, IA  | 43:20 | 13:57/M |
| 118 | 66 | 15 | M30 | Brad Hunter, M39             | Jesup, IA         | 46:18 | 14:54/M |
| 119 | 53 | 14 | F30 | Meredith<br>Dochterman, F35  | North Liberty, Ia | 48:30 | 15:36/M |
| 120 | 54 | 6  | JrF | Emma Dochterman,<br>F10      | North Liberty, IA | 48:32 | 15:37/M |
| 121 | 55 | 15 | F30 | Janeen Vanetten, F37         | Iowa City, IA     | 49:26 | 15:54/M |
| 122 | 56 | 16 | F30 | Danyel Kolek, F32            | Marion, IA        | 49:28 | 15:55/M |
| 123 | 67 | 14 | M40 | Scott Thompson, M46          | Cedar Rapids, IA  | 58:02 | 18:40/M |
| 124 | 57 | 10 | F40 | Renee Thompson,<br>F46       | Cedar Rapids, IA  | 59:29 | 19:08/M |
| 125 | 58 | 11 | F19 | Lisa Brown, F26              | Swisher, IA       | 59:47 | 19:14/M |
| 126 | 59 | 12 | F19 | Heather Svec, F24            | Cedar Rapids, IA  | 59:48 | 19:14/M |

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Mullen

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