

Swisher 5K Run 2010

Swisher, IA

Aug. 7, 2010

Sunny 72

Results by Jeff Mullen

5K Walk results [here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

Runner's

CLASS				
PLACE	PLACE	FINISHER	TIME	PACE
1	OpM	Nathan Hopp, 19, West Amana, IA	16:36	5:21
2	1 M19	Phil Young, 19, North Liberty, IA	16:56	5:27
3	2 M19	Hunter Hills, 19, Swisher, IA	17:40	5:42
4	3 M19	Austin Vondracek, 19, Swisher, IA	18:02	5:49
5	4 M19	Justin Heitz, 19, Walford, IA	18:28	5:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
6	5 M19	Jim Anderson, 19, Cedar Rapids, IA	18:51	6:05
7	1 M40	Michael Hughes, 40, Cedar Rapids, IA	20:11	6:30
8	6 M19	Zach Schmit, 19, Cedar Rapids, IA	20:15	6:32
9	7 M19	Ean Caskey, 19, Lisbon, IA	20:34	6:38
10	2 M40	Ron Hugeback, 40, Solon, IA	21:13	6:51
1	OpW	Julie Johnston, 19*, Cedar Rapids, IA	21:17	6:52
11	1 JrM	Micheael Marshall, 13, Center Point, IA	21:17	6:52
12	1 M30	Matt Rivera, 30, Coralville, IA	21:27	6:55
13	8 M19	Bryre Swillum, 19, Chicago, IL	21:34	6:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
14	1 M50	Bob Strickland, 50, Marion, IA	21:50	7:02
15	9 M19	Sam Schmidt, 19, Delmar, IA	21:56	7:04
16	1 M14	Austin Trotter, 14, Cedar Rapids, IA	22:00	7:06
17	2 M50	Michael Nurre, 50, Cedar Rapids, IA	22:03	7:07

2	1	Shawn Loy, 30*, Washington, IA	22:11	7:09
18	3 M40	Luke Turner, 40, Hiawatha, IA	22:12	7:10
19	2 M30	Patrick Dominy, 30, North Liberty, IA	22:14	7:10
3	1	Hannan Keregel, 19*, Iowa City, IA	22:15	7:11
20	10 M19	Jeff Lind, 19, Marion, IA	22:20	7:12
4	2	Kris Hamerlinck, 30*, Amana, IA	22:39	7:18
21	4 M40	Michael Riddle, 40, Kalona, IA	22:46	7:20
22	2 JrM	Sam Uthoff, 13, Solon, IA	22:53	7:23
23	3 M30	Jon Myers, 30, North Liberty, IA	23:00	7:25
5	3	Sarah Snyder, 30*, Swisher, IA	23:20	7:31
24	4 M30	Andrew Snyder, 30, Swisher, IA	23:20	7:32
6	1	Beth Heims, 14*, Swisher, IA	23:24	7:33
25	2 M14	Hunter Hynek, 14, Swisher, IA	23:56	7:43
26	5 M30	Curt Richey, 30, Marion, IA	24:01	7:45
27	6 M30	Curt Miller, 30, Solon, IA	24:04	7:46
28	11 M19	Justin Meier, 19, Cedar Rapids, IA	24:08	7:47
7	2	Amy Marshall, 19*, Lisbon, IA	24:08	7:47
29	1 M60	Clayton Briggs, 60, Coraville, IA	24:23	7:52
8	1	Muriel Naumann, 50*, Iowa City, IA	24:32	7:55
30	5 M40	Steve Brune, 40, Walford, IA	24:41	7:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
9	2	Bailey Wright, 14*, Dunkerton, IA	25:19	8:10
31	3 M50	Doug Lord, 50, Lisbon, IA	25:19	8:10
32	3 JrM	Colton Lagrange, 13, Swisher, IA	25:26	8:12
33	4 M50	Kevin Ernster, 50, Walker, IA	25:28	8:13
34	6 M40	Mike Yeries, 40, Oxford, IA	25:46	8:19
35	7 M40	Jeff Paxton, 40, Stilwell, KS	25:48	8:19
10	4	Karrie Velky, 30*, Ely, IA	25:55	8:22
36	7 M30	Chad Wilson, 30, Ely, IA	26:09	8:26
11	5	Lori Winborn, 30*, Swisher, IA	26:17	8:29
12	6	Jenny Richey, 30*, Marion, IA	26:24	8:31
37	12 M19	Carlos Torres, 19, Cedar Rapids, IA	26:28	8:32

38	8 M30	Jason Clark, 30, Iowa City, IA	26:29	8:33
13	3	Alisa Weiland, 14*, Cedar Rapids, IA	26:30	8:33
39	8 M40	Todd Montgomery, 40, Cedar Rapids, IA	26:31	8:33
14	1	Shephanie Loy, 13*, Washington, IA	26:42	8:37
40	9 M30	Aaron Loan, 30, Cedar Rapids, IA	26:48	8:38
41	9 M40	Dave Hughes, 40, Cedar Rapids, IA	26:55	8:41
42	4 JrM	Preston Lagrange, 13, Swisher, IA	26:57	8:41
43	10 M30	Ryan Lagrange, 30, Swisher, IA	26:57	8:42
15	2	Lorrie Copper, 50*, Marion, IA	27:03	8:43
16	1	Kris Heims, 40*, Swisher, IA	27:04	8:44
44	10 M40	Troy Montgomery, 40, Cedar Rapids, IA	27:07	8:45
17	3	Mary Boots, 19*, Cedar Rapids, IA	27:13	8:47
18	7	Rachael Crinigan, 30*, Cedar Rapids, IA	27:19	8:49
19	2	Pam Larson, 40*, Swisher, IA	27:33	8:53
45	5 M50	Doug Krumm, 50, Swisher, IA	27:38	8:55
46	6 M50	Steve Simmen, 50, Cedar Rapids, IA	27:47	8:58
47	13 M19	Max Meggers, 19, Swisher, IA	27:48	8:58
20	4	Caitlin Reicks, 19*, Cedar Rapids, IA	27:50	8:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
21	4	Ashley Hawkins, 14*, Swisher, IA	28:02	9:03
48	3 M14	Kory Boebel, 14, Swisher, IA	28:04	9:03
22	3	Diane Marshall, 50*, Center Point, IA	28:20	9:08
49	11 M40	Glen Heims, 40, Swisher, IA	28:32	9:12
23	3	Dane Davis, 40*, Washington, IA	28:40	9:15
24	4	Gretchen Holm, 50*, Washington, IA	28:41	9:15
25	8	Liz Johnson, 30*, Marion, IA	28:45	9:16
26	2	Karleigh Schilling, 13*, Ely, IA	28:50	9:18
50	12 M40	Keith Schilling, 40, Ely, IA	28:54	9:19
51	14 M19	Daniel Teff, 19, Cedar Rapids, IA	28:54	9:19
52	15 M19	Scott Lamparek, 19, Swisher, IA	28:56	9:20
27	9	Michelle Catlett, 30*, Cedar Rapids, IA	28:59	9:21
53	2 M60	Gary Recker, 60, Cedar Rapids, IA	29:07	9:23
28	10	Joanna Weyer, 30*, Swisher, IA	29:29	9:30

54	16	M19	Reid Desotel, 19, Cedar Rapids, IA	29:35	9:32
29	11		Carmen Weiland, 30*, Cedar Rapids, IA	29:58	9:40
30	3		Meghan Brune, 13*, Walford, IA	30:07	9:43
55	5	JrM	Casey Day, 13, Ely, IA	30:09	9:43
56	17	M19	Mason Akers, 19, Marion, IA	30:12	9:44
31	5		Terra Akers, 19*, Maroin, IA	30:15	9:45
57	6	JrM	Ben Lamparek, 13, Marengo, IA	30:21	9:47
58	13	M40	Rick Lamparek, 40, Marengo, IA	30:21	9:47
32	6		Stephanie Beer, 19*, Cedar Rapids, IA	30:43	9:54
33	7		Stephany Coleman, 19*, North Liberty, IA	30:57	9:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
34	12		Elise Loan, 30*, Cedar Rapids, IA	31:08	10:03
35	4		Heidi Trotter, 40*, Cedar Rapids, IA	31:14	10:04
36	1		Linda Thomae-Recker, 60*, Cedar Rapids, IA	31:17	10:05
59	7	M50	Kevin Lamparek, 50, Swisher, IA	31:23	10:07
60	3	M60	Jim Meister, 60, Cedar Rapids, IA	31:28	10:09
37	13		Michelle Clark, 30*, Iowa City, IA	31:45	10:14
61	14	M40	Everett Eschen, 40, North Liberty, IA	31:48	10:15
38	2		Paula Price, 60*, Cedar Rapids, IA	32:13	10:23
62	7	JrM	Broderick Bohr, 13, Swisher, IA	32:31	10:29
39	4		Nicole Heims, 13*, Swisher, IA	32:31	10:29
63	15	M40	Steve Bohr, 40, Swisher, IA	32:39	10:32
40	8		Lindsey Neuhaus, 19*, Swisher, IA	32:50	10:35
64	18	M19	Andrew Cahalan, 19, Cedar Rapids, IA	32:52	10:36
65	19	M19	Nick Heikkinen, 19, Cedar Rapids, IA	32:52	10:36
66	20	M19	Josh Belden, 19, Swisher, IA	33:22	10:46
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
67	11	M30	Chris Weiland, 30, Cedar Rapids, IA	34:19	11:04
41	9		Liz Ball, 19*, Marion, IA	34:25	11:06
42	10		Aimee Soukup, 19*, Fairfax, IA	34:25	11:06
43	14		Brenda Kalous, 30*, Fairfax, IA	34:27	11:07
44	5		Debbie Erenberger, 50*, Walford, IA	34:46	11:13

45	6	Shelley Marston, 50*, Swisher, IA	34:48	11:13
68	4 M60	Tom Lawrence, 60, Solon, IA	35:02	11:18
46	15	Kristine Norem, 30*, Cedar Rapids, IA	36:00	11:37
69	16 M40	Ron Haltmeyer, 40, Swisher, IA	36:03	11:37
47	5	Sami Harrington, 14*, Cedar Rapids, IA	36:14	11:41
48	6	Haley Street, 14*, Swisher, IA	36:16	11:42
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
49	5	Beth Uthoff, 13*, Solon, IA	37:25	12:04
50	11	Melissa Cahalan, 19*, Cedar Rapids, IA	38:43	12:29
51	12	Kelly Heikkinen, 19*, Cedar Rapids, IA	38:43	12:29
52	5	Jacquie Haltmeyer, 40*, Swisher, IA	40:11	12:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
53	13	Heather Hawxby, 19*, Cedar Rapids, IA	40:54	13:11
54	14	Lindsey Sojka, 19*, Swisher, IA	41:48	13:29
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
55	1	Yvonne Cisar, 70*, Cedar Rapids, IA	43:23	14:00
70	1 M70	Harold Schulze, 70, Cedar Rapids, IA	44:48	14:27
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
56	7	Chris Lamper, 50*, Swisher, IA	47:42	15:23
71	8 JrM	Brandon Hatfield, 13, Swisher, IA	48:08	15:31
57	16	Toni Hatfield, 30*, Swisher, IA	48:08	15:31
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
58	8	Diane Dunlay, 50*, Iowa City, IA	51:04	16:28
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
59	6	Jenna Nearad, 13*, Swisher, IA	54:04	17:26

* indicates females

2 finishers among Males (no age given)

8 finishers among Men Under 14

3 finishers among Men 14 - 18

20 finishers among Men 19 - 29

11 finishers among Men 30 - 39

16 finishers among Men 40 - 49

7 finishers among Men 50 - 59

4 finishers among Men 60 - 69
 1 finishers among Men 70 & Up
 6 finishers among Women Under 14
 6 finishers among Women 14 - 18
 14 finishers among Women 19 - 29
 16 finishers among Women 30 - 39
 5 finishers among Women 40 - 49
 8 finishers among Women 50 - 59
 2 finishers among Women 60 - 69
 1 finishers among Women 70 & Up
 72 male finishers
 58 female finishers
 130 total finishers

CLASS

PLACE	PLACE	FINISHER	TIME	PACE
Open Men				
1	1 M19	Nathan Hopp, 19, West Amana, IA	16:36	5:21

Open Women

1	1	Julie Johnston, 19, Cedar Rapids, IA	21:17	6:52
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CLASS

PLACE	PLACE	FINISHER	TIME	PACE
Men Under 14				
11	1	Micheael Marshall, 13, Center Point, IA	21:17	6:52
22	2	Sam Uthoff, 13, Solon, IA	22:53	7:23
32	3	Colton Lagrange, 13, Swisher, IA	25:26	8:12

Men 14 - 18

16	1	Austin Trotter, 14, Cedar Rapids, IA	22:00	7:06
25	2	Hunter Hynek, 14, Swisher, IA	23:56	7:43
48	3	Kory Boebel, 14, Swisher, IA	28:04	9:03

Men 19 - 29

2	1	Phil Young, 19, North Liberty, IA	16:56	5:27
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3	2	Hunter Hills, 19, Swisher, IA	17:40	5:42
4	3	Austin Vondracek, 19, Swisher, IA	18:02	5:49
Men 30 - 39				
12	1	Matt Rivera, 30, Coralville, IA	21:27	6:55
19	2	Patrick Dominy, 30, North Liberty, IA	22:14	7:10
23	3	Jon Myers, 30, North Liberty, IA	23:00	7:25
Men 40 - 49				
7	1	Michael Hughes, 40, Cedar Rapids, IA	20:11	6:30
10	2	Ron Hugeback, 40, Solon, IA	21:13	6:51
18	3	Luke Turner, 40, Hiawatha, IA	22:12	7:10
Men 50 - 59				
14	1	Bob Strickland, 50, Marion, IA	21:50	7:02
17	2	Michael Nurre, 50, Cedar Rapids, IA	22:03	7:07
31	3	Doug Lord, 50, Lisbon, IA	25:19	8:10
Men 60 - 69				
29	1	Clayton Briggs, 60, Coraville, IA	24:23	7:52
53	2	Gary Recker, 60, Cedar Rapids, IA	29:07	9:23
60	3	Jim Meister, 60, Cedar Rapids, IA	31:28	10:09
Men 70 & Up				
70	1	Harold Schulze, 70, Cedar Rapids, IA	44:48	14:27

CLASS

PLACE	PLACE	FINISHER	TIME	PACE
Women Under 14				
14	1	Shephanie Loy, 13, Washington, IA	26:42	8:37
26	2	Karleigh Schilling, 13, Ely, IA	28:50	9:18
30	3	Meghan Brune, 13, Walford, IA	30:07	9:43
Women 14 - 18				
6	1	Beth Heims, 14, Swisher, IA	23:24	7:33
9	2	Bailey Wright, 14, Dunkerton, IA	25:19	8:10
13	3	Alisa Weiland, 14, Cedar Rapids, IA	26:30	8:33
Women 19 - 29				
3	1	Hannan Keregel, 19, Iowa City, IA	22:15	7:11

7	2	Amy Marshall, 19, Lisbon, IA	24:08	7:47
17	3	Mary Boots, 19, Cedar Rapids, IA	27:13	8:47
Women 30 - 39				
2	1	Shawn Loy, 30, Washington, IA	22:11	7:09
4	2	Kris Hamerlinck, 30, Amana, IA	22:39	7:18
5	3	Sarah Snyder, 30, Swisher, IA	23:20	7:31
Women 40 - 49				
16	1	Kris Heims, 40, Swisher, IA	27:04	8:44
19	2	Pam Larson, 40, Swisher, IA	27:33	8:53
23	3	Dane Davis, 40, Washington, IA	28:40	9:15
Women 50 - 59				
8	1	Muriel Naumann, 50, Iowa City, IA	24:32	7:55
15	2	Lorrie Copper, 50, Marion, IA	27:03	8:43
22	3	Diane Marshall, 50, Center Point, IA	28:20	9:08
Women 60 - 69				
36	1	Linda Thomae-Recker, 60, Cedar Rapids, IA	31:17	10:05
38	2	Paula Price, 60, Cedar Rapids, IA	32:13	10:23
Women 70 & Up				
55	1	Yvonne Cisar, 70, Cedar Rapids, IA	43:23	14:00

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