

Solon Beef Days *** 5K Run *** Overall & Divisions

Event 5K

[Event: 1-Mile](#)

Date: Saturday, July 16, 2016

Location: Solon, IA

Weather: Sunny, 100% Humidity, Wind SSE
5mph & 63°

Overall and Age Divisions

Results By: Andrew Kauder, Kauder Racing

Place	Gender	Division	Name	City	Gun Time	Pace mpm
1	1	1 OVM	Brett Rosauer, M25	Iowa City, IA	16:08	5:12/M
2	2	1 M15	Matthew Schneider, M18	Iowa City, IA	16:37	5:21/M
3	3	2 M15	Steven Culpepper, M18	Hiawatha, IA	17:08	5:31/M
4	4	1 M30	Dan Schofer, M38	Mount Vernon, IA	17:37	5:40/M
5	5	3 M15	Andrew Murley, M17	Iowa City, IA	17:43	5:42/M
6	6	1 M19	Michael Marshall, M19	Center Point, IA	17:49	5:44/M
7	7	4 M15	Jared Bailey, M16	North Liberty, IA	17:51	5:45/M
8	8	1 M50	Bobby Paxton, M59	Minneapolis, MN	18:24	5:55/M
9	9	1 M40	Marty Klipp, M40	Cedar Rapids, IA	18:28	5:57/M
10	10	2 M40	Mike Kabel, M49	North Liberty, IA	18:36	5:59/M
11	11	1 JRM	Brandon Barker, M13	North Liberty, IA	18:39	6:00/M
12	1	1 OVF	Elizabeth Handschy, F24	Iowa City, IA	18:40	6:01/M
13	12	5 M15	Adam Smith, M17	Solon, IA	18:46	6:03/M
14	2	1 F19	Sanjuanita Martinez, F22	Mount Vernon, IA	18:47	6:03/M
15	13	2 M30	Erik Krohn, M35	Oshkosh, WI	18:58	6:06/M
16	14	2 JRM	Will Conrad, M14	Coralville, IA	19:02	6:07/M
17	15	6 M15	Grayson Walther, M15	Cedar Rapids, IA	19:18	6:13/M
18	16	3 M40	Dustin Vasquez, M45	Walford, IA	19:21	6:14/M
19	17	7 M15	Isaac Miller, M16	North Liberty, IA	19:23	6:14/M
20	18	8 M15	Caden Eskelsen, M15	Lisbon, IA	19:32	6:17/M
21	19	3 M30	Brian Fitzpatrick, M33	Solon, IA	19:47	6:22/M
22	20	9 M15	Ace Holst, M16	Coralville, IA	19:48	6:22/M
23	21	3 JRM	McKade Adams, M14	Ely, IA	19:51	6:23/M
24	22	2 M19	Eric Horn, M24	North Liberty, IA	19:51	6:23/M
25	23	2 M50	Tim Vipond, M50	Cedar Rapids, IA	20:00	6:26/M

26	24	4 M30	Wes Hilleshiem, M38	Marion, IA	20:01	6:26/M
27	25	4 JRM	Lukas Lamparek, M13	Cedar Rapids, IA	20:02	6:27/M
28	26	10 M15	Carl Richey, M17	Solon, IA	20:05	6:28/M
29	27	3 M50	Noel Garbes, M51	Solon, IA	20:12	6:30/M
30	28	5 M30	Zach Hill, M30	Iowa City, IA	20:19	6:32/M
31	29	6 M30	Rob Despain, M34	Iowa City, IA	20:19	6:32/M
32	30	5 JRM	Julian Wemmie, M14	Coralville, IA	20:31	6:36/M
33	31	4 M50	David Robertson, M58	Iowa City, IA	20:41	6:39/M
34	32	7 M30	Michael Goedken, M33	Iowa City, IA	20:41	6:39/M
35	33	3 M19	Ryan Black, M27	Cedar Rapids, IA	20:51	6:43/M
36	34	6 JRM	Edward Richey, M14	Solon, IA	21:00	6:45/M
37	35	11 M15	Joshua Jorell, M15	Solon, IA	21:10	6:49/M
38	36	8 M30	Brant MacLagan, M39	Coralville, IA	21:18	6:51/M
39	3	1 F15	Kaylie Barker, F15	North Liberty, IA	21:24	6:53/M
40	37	9 M30	Andrew Levake, M37	Cedar Rapids, IA	21:35	6:57/M
41	38	10 M30	Nic O'Malley, M32	Lisbon, IA	21:35	6:57/M
42	39	5 M50	Jeffrey Whetstine, M51	Wellman, IA	21:49	7:01/M
43	40	4 M40	Scott Turner, M43	Coralville, IA	21:52	7:02/M
44	41	4 M19	Mark Ferketish, M26	Iowa City, IA	21:53	7:03/M
45	4	2 F19	Mallory Carr, F21	Solon, IA	21:54	7:03/M
46	5	1 F30	Jennifer Wick, F38	Solon, IA	21:54	7:03/M
47	42	5 M19	Doug Rice, M25	Mount Vernon, IA	21:55	7:03/M
48	43	12 M15	Noah Keller, M15	Marion, IA	22:02	7:06/M
49	44	11 M30	Don Hull, M39	North Liberty, IA	22:05	7:06/M
50	45	12 M30	Eric Munson, M30	Solon, IA	22:08	7:07/M
51	46	1 M60	Mark Mueller, M60	Cedar Rapids, IA	22:10	7:08/M
52	47	7 JRM	Gabe Yetley, M14	Solon, IA	22:11	7:08/M
53	48	6 M50	Mike McLaughlin, M55	Solon, IA	22:11	7:08/M
54	49	5 M40	Ken Wright, M48	Cedar Rapids, IA	22:20	7:11/M
55	50	13 M15	Matt Shafer, M15	Solon, IA	22:23	7:12/M
56	6	2 F30	Jennifer Krohn, F35	Oshkosh, WI	22:24	7:13/M
57	51	14 M15	Philipp Payton, M16	Solon, IA	22:30	7:14/M
58	52	15 M15	Keegan Turnbough, M17	Iowa City, IA	22:30	7:15/M
59	53	6 M40	Rick Lamparek, M47	Marengo, IA	22:31	7:15/M
60	54	8 JRM	Colton Hoffman, M14	Solon, IA	22:32	7:15/M
61	55	13 M30	Kevin Koffron, M32	Coralville, IA	22:36	7:17/M
62	56	16 M15	Luke Yetley, M15	Solon, IA	22:40	7:18/M
63	7	1 F40	Rae Lynn Lamparek, F45	Swisher, IA	22:46	7:20/M
64	57	14 M30	Hector Uribe, M35	Iowa City, IA	22:46	7:20/M
65	8	1 JRF	Kiersten Conway, F13	North Liberty, IA	22:47	7:20/M
66	58	6 M19	Payton Nicol, M19	Solon, IA	22:51	7:21/M
67	59	15 M30	Dan Chapman, M37	Marion, IA	22:59	7:24/M
68	9	3 F30	Theresa McDonald, F31	Minneapolis, MN	23:00	7:24/M
69	60	16 M30	Ron Abrons, M39	Coralville, IA	23:09	7:27/M
70	61	17 M15	Arvid Gustafson, M15	Iowa City, IA	23:13	7:28/M
71	62	7 M50	Dennis Cooling, M53	Kellogg, IA	23:14	7:29/M
72	10	4 F30	Amber Sheeley, F36	Solon, IA	23:16	7:29/M
73	11	2 F15	Sophie Nicol, F16	Solon, IA	23:21	7:31/M
74	63	7 M40	Jeffrey Allen, M45	North Liberty, IA	23:21	7:31/M

75	12	1 F50	Sheryl Tucker, F53	Solon, IA	23:27	7:33/M
76	64	2 M60	Neil Sedlacek, M63	Cedar Rapids, IA	23:33	7:35/M
77	65	8 M50	Michael Riddle, M50	Kalona, IA	23:35	7:35/M
78	66	18 M15	Andrew Bransky, M15	Solon, IA	23:37	7:36/M
79	13	3 F19	Laura Hallett, F23	Iowa City, IA	23:42	7:38/M
80	67	8 M40	Chuck Hardin, M49	Cedar Rapids, IA	23:44	7:38/M
81	68	17 M30	Nate Dooley, M31	Solon, IA	23:47	7:39/M
82	69	18 M30	Bryan Lloyd, M30	Des Moines, IA	23:49	7:40/M
83	14	2 F40	Robin Bucheit, F40	Solon, IA	23:50	7:40/M
84	15	4 F19	Josie Uhl, F19	Solon, IA	23:50	7:40/M
85	70	19 M15	Jonah Brook, M16	Iowa City, IA	23:53	7:41/M
86	16	5 F30	Amy Bergstrom, F34	Swisher, IA	23:57	7:42/M
87	17	2 JRF	Haidyn Barker, F11	North Liberty, IA	24:11	7:47/M
88	18	3 F40	Suzy Barker, F44	North Liberty, IA	24:12	7:47/M
89	19	5 F19	Christine Whisenant, F24	Coralville, IA	24:13	7:48/M
90	71	9 M40	Jason Clark, M45	Iowa City, IA	24:20	7:50/M
91	72	3 M60	Tom Wolfe, M67	Cedar Rapids, IA	24:22	7:51/M
92	73	9 JRM	Tyler Bilskie, M13	Solon, IA	24:30	7:53/M
93	20	6 F30	Melinda Slings, F36	Palo, IA	24:31	7:54/M
94	74	9 M50	Kevin Wise, M54	Iowa City, IA	24:32	7:54/M
95	75	10 M40	Tom Randall, M44	Cedar Rapids, IA	24:34	7:54/M
96	76	10 JRM	Brayden Rickertsen, M13	Solon, IA	24:34	7:54/M
97	21	6 F19	Caitlyn Carlsen, F28	Des Moines, IA	24:48	7:59/M
98	22	7 F30	Brie Roth, F37	North Liberty, IA	24:49	7:59/M
99	23	4 F40	Mindy Lamb, F40	North Liberty, IA	24:51	8:00/M
100	77	11 JRM	Camden Kasperek, M9	Fpo, IA	24:51	8:00/M
101	24	3 JRF	Nicole Shafer, F14	Solon, IA	24:51	8:00/M
102	78	7 M19	Drew Chamberlin, M24	Solon, IA	24:55	8:01/M
103	25	7 F19	Ratasha Garbes, F21	Solon, IA	24:57	8:02/M
104	79	12 JRM	Brick Kabela, M10	North Liberty, IA	25:05	8:04/M
105	80	19 M30	Andrew Phillips, M32	Iowa City, IA	25:10	8:06/M
106	81	20 M15	Noah Smith, M15	Solon, IA	25:14	8:07/M
107	82	13 JRM	Kaden Lamm, M12	Solon, IA	25:25	8:11/M
108	83	11 M40	Randy Lamm, M41	Solon, IA	25:25	8:11/M
109	84	4 M60	Doug Lord, M61	Lisbon, IA	25:31	8:13/M
110	85	12 M40	Ricki Havel, M48	Solon, IA	25:39	8:15/M
111	26	4 JRF	Aira Foster, F14	Solon, IA	25:41	8:16/M
112	86	13 M40	Dennis Uhl, M45	Solon, IA	25:42	8:16/M
113	27	8 F19	Samantha Hubler, F27	Waukee, IA	25:54	8:20/M
114	87	8 M19	Evan Brown, M19	Cedar Rapids, IA	25:57	8:21/M
115	28	3 F15	Alice Kirsch, F18	Marion, IA	25:59	8:22/M
116	29	2 F50	Maureen Dale-Ernst, F58	Swisher, IA	26:03	8:23/M
117	30	8 F30	Kate Klefstad, F34	Iowa City, IA	26:07	8:24/M
118	88	20 M30	Aaron Bontrager, M37	Iowa City, IA	26:07	8:24/M
119	31	3 F50	Sheryl Weber-Paxton, F58	Minneapolis, MN	26:13	8:26/M
120	32	5 JRF	Megan Lamparek, F13	Marengo, IA	26:15	8:27/M
121	33	4 F15	Sarah Roy, F17	Solon, IA	26:17	8:28/M
122	34	5 F40	Naomi Gustafson, F41	Iowa City, IA	26:19	8:28/M
123	89	14 M40	Todd Kopelman, M43	Iowa City, IA	26:20	8:28/M

124	35	4 F50	Patti Sprague, F57	Marion, IA	26:21	8:29/M
125	90	10 M50	Robert Carr, M53	Solon, IA	26:22	8:29/M
126	91	21 M30	Jacob McCandless, M34	Solon, IA	26:22	8:29/M
127	36	6 JRF	Ella Duster, F14	Solon, IA	26:37	8:34/M
128	92	5 M60	Warren Feerer, M66	Cedar Rapids, IA	26:38	8:34/M
129	37	9 F30	Stacey Munson, F33	Solon, IA	26:41	8:35/M
130	93	22 M30	Adam Rippentrop, M39	Tipton, IA	26:47	8:37/M
131	38	7 JRF	Ashley Stinocher, F13	Solon, IA	26:47	8:37/M
132	94	11 M50	Gary Stinocher, M52	Solon, IA	26:48	8:37/M
133	39	5 F15	Jeannie Jedlicka, F15	Solon, IA	26:50	8:38/M
134	40	10 F30	Carolyn Buckingham, F35	Iowa City, IA	26:54	8:39/M
135	41	9 F19	Mercedes Whetstine, F22	Wellman, IA	26:59	8:41/M
136	42	6 F40	Jody Rausch, F47	Robins, IA	26:59	8:41/M
137	95	6 M60	Michael Simpson, M63	Iowa City, IA	27:00	8:41/M
138	96	14 JRM	Ashton Hunt, M13	Mount Vernon, IA	27:00	8:41/M
139	43	8 JRF	Korah Robinson, F8	Mount Vernon, IA	27:01	8:42/M
140	44	7 F40	Tami Smith, F48	Marion, IA	27:11	8:45/M
141	45	11 F30	Alissa Hunt, F35	Mount Vernon, IA	27:15	8:46/M
142	97	7 M60	Art Millikin, M64	Hedrick, IA	27:19	8:48/M
143	46	12 F30	Keri Gillen, F33	Ely, IA	27:19	8:48/M
144	98	23 M30	Scott Baalrud, M32	Iowa City, IA	27:20	8:48/M
145	47	13 F30	Colleen Baalrud, F31	Iowa City, IA	27:20	8:48/M
146	48	14 F30	Erika Stevens, F30	Iowa City, IA	27:21	8:48/M
147	49	10 F19	Erica Davisson, F27	Coralville, IA	27:39	8:54/M
148	99	8 M60	Mike Gardner, M62	Solon, IA	27:40	8:54/M
149	50	15 F30	Heather Vasquez, F34	Walford, IA	27:47	8:56/M
150	100	15 M40	Tim Cahill, M49	Lisbon, IA	27:55	8:59/M
151	51	6 F15	Sophia Smith, F17	Cedar Rapids, IA	27:56	8:59/M
152	52	7 F15	Alexandria Smith, F17	Cedar Rapids, IA	27:56	8:59/M
153	101	16 M40	Matthew Orton, M45	Cedar Rapids, IA	27:56	8:59/M
154	53	9 JRF	Trinity Hull, F11	North Liberty, IA	27:58	9:00/M
155	102	21 M15	Philipp Presley, M15	Solon, IA	28:02	9:01/M
156	103	17 M40	Mike Regan, M48	Iowa City, IA	28:02	9:01/M
157	104	9 M60	Alan Marshall, M62	Center Point, IA	28:03	9:02/M
158	54	1 F60	Diane Marshall, F60	Center Point, IA	28:03	9:02/M
159	55	5 F50	Nancy Geiger, F55	Cedar Rapids, IA	28:05	9:02/M
160	56	10 JRF	Sylvia Havlicek, F14	Solon, IA	28:05	9:02/M
161	105	24 M30	Kevin Meller, M35	Riverside, IA	28:08	9:03/M
162	106	18 M40	Steven Foster, M41	Iowa City, IA	28:15	9:06/M
163	57	16 F30	Kara Gruber, F33	Cedar Rapids, IA	28:20	9:07/M
164	58	6 F50	Kelley McLaughlin, F51	Coralville, IA	28:26	9:09/M
165	59	7 F50	Becky Krob, F56	Solon, IA	28:28	9:10/M
166	60	8 F40	Jeanne Garrett, F46	Cedar Rapids, IA	28:30	9:10/M
167	61	11 JRF	Beth Richards, F14	Solon, IA	28:34	9:12/M
168	62	9 F40	Denise Peck, F43	Coralville, IA	28:41	9:14/M
169	63	8 F15	Jill Richards, F16	Solon, IA	28:46	9:16/M
170	64	11 F19	Mikayla Ahrens, F22	Cedar Rapids, IA	28:50	9:17/M
171	65	10 F40	Michelle Clark, F43	Coralville, IA	28:52	9:18/M
172	107	9 M19	Kher Abhijeet, M26	Coralville, IA	28:58	9:19/M

173	66	12 JRF	Annika Kruse, F12	Solon, IA	28:59	9:20/M
174	67	13 JRF	Sydney Chapman, F12	Solon, IA	29:01	9:20/M
175	68	17 F30	Amber Jedlicka, F37	Cedar Falls, IA	29:03	9:21/M
176	108	10 M19	Robert Jedlicka, M22	Solon, IA	29:10	9:23/M
177	109	19 M40	Wade Chapman, M42	Solon, IA	29:13	9:24/M
178	69	18 F30	Amy Gorham, F33	Solon, IA	29:16	9:25/M
179	70	19 F30	Marcy Krumbholz, F35	Muscataine, IA	29:16	9:25/M
180	71	12 F19	Johanna Uribe, F27	Iowa City, IA	29:19	9:26/M
181	72	20 F30	Laura Spillman, F36	Iowa City, IA	29:27	9:29/M
182	110	25 M30	Daniel Neppel, M30	Cedar Rapids, IA	29:32	9:30/M
183	111	26 M30	Matt Scholbrock, M32	Solon, IA	29:39	9:32/M
184	73	9 F15	Alexis Ashton, F16	Solon, IA	29:46	9:35/M
185	112	12 M50	Russell Squires, M53	Waverly, IA	29:46	9:35/M
186	74	11 F40	Karen Smith, F41	Solon, IA	29:54	9:38/M
187	75	14 JRF	Emma Kasperek, F11	Fpo, AR	30:01	9:40/M
188	113	11 M19	Zachary Less, M28	Solon, IA	30:21	9:46/M
189	76	13 F19	Morgan Less, F28	Solon, IA	30:21	9:46/M
190	77	21 F30	Alisha Fishwild, F39	Marion, IA	30:22	9:46/M
191	78	2 F60	Sandy Rupnow, F72	North Liberty, IA	30:34	9:50/M
192	114	20 M40	Scott Becker, M48	North Liberty, IA	30:34	9:50/M
193	79	14 F19	Kylah Aubry, F20	Solon, IA	30:48	9:55/M
194	80	3 F60	Linnea Martin, F62	Marion, IA	30:50	9:55/M
195	81	22 F30	Heather Gardner, F31	Solon, IA	31:03	10:00/M
196	82	23 F30	Jessica Dunn, F37	Solon, IA	31:14	10:03/M
197	83	15 JRF	Gabrielle Winekauf, F12	Solon, IA	31:41	10:12/M
198	84	8 F50	Lois Cahill, F56	Lisbon, IA	32:05	10:20/M
199	115	27 M30	Andrew Kingsbury, M35	Nevada, IA	32:08	10:20/M
200	85	10 F15	Fiona Steine, F16	Iowa City, IA	32:11	10:22/M
201	86	12 F40	Amy Larkin, F40	Coralville, IA	32:17	10:23/M
202	116	12 M19	William Michel, M21	Columbia, MO	32:54	10:35/M
203	87	13 F40	Jen Buresh, F43	Ely, IA	33:26	10:46/M
204	88	16 JRF	Grace Yetley, F10	Solon, IA	33:35	10:49/M
205	117	22 M15	Christopher Gardner, M17	Tipton, IA	33:41	10:51/M
206	118	21 M40	Jon Yetley, M46	Solon, IA	33:44	10:52/M
207	119	28 M30	Brandon Paulsen, M30	Des Moines, IA	34:02	10:57/M
208	89	9 F50	Susan Peterson, F57	Solon, IA	34:10	11:00/M
209	90	15 F19	Tiffany Clemens, F29	Minneapolis, MN	34:12	11:01/M
210	91	24 F30	Elizabeth Tennison, F30	Cedar Rapids, IA	34:26	11:05/M
211	92	16 F19	Carissa Hindman, F25	Iowa City, IA	34:40	11:09/M
212	93	25 F30	Victoria Schleier, F33	Marion, IA	34:51	11:13/M
213	94	14 F40	Tonja Winekauf, F45	Solon, IA	34:57	11:15/M
214	120	22 M40	Rich Eskelsen, M44	Lisbon, IA	35:13	11:20/M
215	95	11 F15	Kelbie Eskelsen, F17	Lisbon, IA	35:14	11:20/M
216	96	17 F19	Stacy Vogelgesang, F25	Hills, IA	35:29	11:25/M
217	97	4 F60	Nancy Hale, F66	North Liberty, IA	35:31	11:26/M
218	98	26 F30	Jessi Kelley, F34	Solon, IA	35:40	11:29/M
219	99	17 JRF	MacY Eskelsen, F12	Lisbon, IA	36:11	11:39/M
220	100	15 F40	Crystal Eskelsen, F41	Lisbon, IA	36:13	11:40/M
221	121	23 M40	John Buresh, M45	Ely, IA	36:29	11:44/M

222	101	10 F50	Charla Carlsen, F56	Des Moines, IA	37:06	11:56/M
223	102	27 F30	Lelli Schmitz, F37	Lisbon, IA	37:42	12:08/M
224	103	28 F30	Julie Pressler, F38	Coralville, IA	37:56	12:13/M
225	104	29 F30	Suzanne Halekas, F37	Iowa City, IA	37:57	12:13/M
226	105	30 F30	Katie Rippentrop, F38	Tipton, IA	38:04	12:15/M
227	106	16 F40	Melissa MacLagan, F40	Coralville, IA	38:30	12:23/M
228	107	17 F40	Shannon Orton, F46	Cedar Rapids, IA	38:35	12:25/M
229	122	13 M19	Benjamin Verhille, M23	Solon, IA	38:38	12:26/M
230	108	18 F19	Katie Chamberlin, F21	Solon, IA	38:38	12:26/M
231	109	11 F50	Linda Weston, F55	Anamosa, IA	39:24	12:41/M
232	110	12 F50	Janet Lloyd, F55	Des Moines, IA	41:17	13:17/M
233	111	19 F19	Megan Benischek, F29	Hiawatha, IA	42:00	13:31/M
234	112	5 F60	Chris Lanphere, F64	Swisher, IA	46:17	14:54/M
235	113	18 JRF	Madelyn Winekauf, F9	Solon, IA	46:56	15:07/M
236	123	13 M50	Glen Winekauf, M52	Solon, IA	46:57	15:07/M
237	114	20 F19	Mychel Weston, F29	Anamosa, IA	48:49	15:43/M
238	124	14 M50	Barry Allen, M59	Cedar Rapids, IA	49:25	15:54/M
239	115	6 F60	Joann Malley, F70	Solon, IA	49:29	15:56/M
240	116	31 F30	Jennifer Smith-Gordon, F37	Iowa City, IA	51:58	16:44/M
241	117	32 F30	Erica Steiger, F38	Solon, IA	51:59	16:44/M
242	118	19 JRF	Charleigh Steiger, F5	Solon, IA	51:59	16:44/M
243	119	18 F40	Cindy Lancial, F44	Marion, IA	53:20	17:10/M
244	120	19 F40	Jean Vanous, F49	Lisbon, IA	53:23	17:11/M
245	125	10 M60	Harold Schulze, M80	Cedar Rapids, IA	53:23	17:11/M
246	121	33 F30	Moriah Detweiler, F30	Dubuque, IA	54:14	17:27/M
247	122	34 F30	Stacy Pruter, F31	Coralville, IA	54:15	17:28/M
248	126	14 M19	Ryan Detweiler, M29	Dubuque, IA	54:15	17:28/M
249	123	7 F60	Cathy Fountain, F61	Iowa City, IA	54:16	17:28/M
250	124	8 F60	June Ferre, F69	Ogema, WI	58:37	18:52/M

Overall and Age Divisions

Overall Male

Place	Name	City	Gun Time	Pace mpm
1	Brett Rosauer, M25	Iowa City, IA	16:08	5:12/M

Overall Female

Place	Name	City	Gun Time	Pace mpm
1	Elizabeth Handschy, F24	Iowa City, IA	18:40	6:01/M

M[14 & Under]

Place	Name	City	Gun Time	Pace mpm
1	Brandon Barker, M13	North Liberty, IA	18:39	6:00/M
2	Will Conrad, M14	Coralville, IA	19:02	6:07/M

3	McKade Adams, M14	Ely, IA	19:51	6:23/M
4	Lukas Lamparek, M13	Cedar Rapids, IA	20:02	6:27/M
5	Julian Wemmie, M14	Coralville, IA	20:31	6:36/M
6	Edward Richey, M14	Solon, IA	21:00	6:45/M
7	Gabe Yetley, M14	Solon, IA	22:11	7:08/M
8	Colton Hoffman, M14	Solon, IA	22:32	7:15/M
9	Tyler Bilskie, M13	Solon, IA	24:30	7:53/M
10	Brayden Rickertsen, M13	Solon, IA	24:34	7:54/M
11	Camden Kasperek, M9	Fpo, IA	24:51	8:00/M
12	Brick Kabel, M10	North Liberty, IA	25:05	8:04/M
13	Kaden Lamm, M12	Solon, IA	25:25	8:11/M
14	Ashton Hunt, M13	Mount Vernon, IA	27:00	8:41/M

F[14 & Under]

Place	Name	City	Gun Time	Pace mpm
1	Kiersten Conway, F13	North Liberty, IA	22:47	7:20/M
2	Haidyn Barker, F11	North Liberty, IA	24:11	7:47/M
3	Nicole Shafer, F14	Solon, IA	24:51	8:00/M
4	Aira Foster, F14	Solon, IA	25:41	8:16/M
5	Megan Lamparek, F13	Marengo, IA	26:15	8:27/M
6	Ella Duster, F14	Solon, IA	26:37	8:34/M
7	Ashley Stinocher, F13	Solon, IA	26:47	8:37/M
8	Korah Robinson, F8	Mount Vernon, IA	27:01	8:42/M
9	Trinity Hull, F11	North Liberty, IA	27:58	9:00/M
10	Sylvia Havlicek, F14	Solon, IA	28:05	9:02/M
11	Beth Richards, F14	Solon, IA	28:34	9:12/M
12	Annika Kruse, F12	Solon, IA	28:59	9:20/M
13	Sydney Chapman, F12	Solon, IA	29:01	9:20/M
14	Emma Kasperek, F11	Fpo, AR	30:01	9:40/M
15	Gabrielle Winekauf, F12	Solon, IA	31:41	10:12/M
16	Grace Yetley, F10	Solon, IA	33:35	10:49/M
17	MacY Eskelsen, F12	Lisbon, IA	36:11	11:39/M
18	Madelyn Winekauf, F9	Solon, IA	46:56	15:07/M
19	Charleigh Steiger, F5	Solon, IA	51:59	16:44/M

M[15-18]

Place	Name	City	Gun Time	Pace mpm
1	Matthew Schneider, M18	Iowa City, IA	16:37	5:21/M
2	Steven Culpepper, M18	Hiawatha, IA	17:08	5:31/M
3	Andrew Murley, M17	Iowa City, IA	17:43	5:42/M
4	Jared Bailey, M16	North Liberty, IA	17:51	5:45/M
5	Adam Smith, M17	Solon, IA	18:46	6:03/M
6	Grayson Walther, M15	Cedar Rapids, IA	19:18	6:13/M
7	Isaac Miller, M16	North Liberty, IA	19:23	6:14/M
8	Caden Eskelsen, M15	Lisbon, IA	19:32	6:17/M
9	Ace Holst, M16	Coralville, IA	19:48	6:22/M
10	Carl Richey, M17	Solon, IA	20:05	6:28/M

11	Joshua Jorell, M15	Solon, IA	21:10	6:49/M
12	Noah Keller, M15	Marion, IA	22:02	7:06/M
13	Matt Shafer, M15	Solon, IA	22:23	7:12/M
14	Philipp Payton, M16	Solon, IA	22:30	7:14/M
15	Keegan Turnbough, M17	Iowa City, IA	22:30	7:15/M
16	Luke Yetley, M15	Solon, IA	22:40	7:18/M
17	Arvid Gustafson, M15	Iowa City, IA	23:13	7:28/M
18	Andrew Bransky, M15	Solon, IA	23:37	7:36/M
19	Jonah Brook, M16	Iowa City, IA	23:53	7:41/M
20	Noah Smith, M15	Solon, IA	25:14	8:07/M
21	Philipp Presley, M15	Solon, IA	28:02	9:01/M
22	Christopher Gardner, M17	Tipton, IA	33:41	10:51/M

F[15-18]

Place	Name	City	Gun Time	Pace mpm
1	Kaylie Barker, F15	North Liberty, IA	21:24	6:53/M
2	Sophie Nicol, F16	Solon, IA	23:21	7:31/M
3	Alice Kirsch, F18	Marion, IA	25:59	8:22/M
4	Sarah Roy, F17	Solon, IA	26:17	8:28/M
5	Jeannie Jedlicka, F15	Solon, IA	26:50	8:38/M
6	Sophia Smith, F17	Cedar Rapids, IA	27:56	8:59/M
7	Alexandria Smith, F17	Cedar Rapids, IA	27:56	8:59/M
8	Jill Richards, F16	Solon, IA	28:46	9:16/M
9	Alexis Ashton, F16	Solon, IA	29:46	9:35/M
10	Fiona Steine, F16	Iowa City, IA	32:11	10:22/M
11	Kelbie Eskelsen, F17	Lisbon, IA	35:14	11:20/M

M[19-29]

Place	Name	City	Gun Time	Pace mpm
1	Michael Marshall, M19	Center Point, IA	17:49	5:44/M
2	Eric Horn, M24	North Liberty, IA	19:51	6:23/M
3	Ryan Black, M27	Cedar Rapids, IA	20:51	6:43/M
4	Mark Ferketish, M26	Iowa City, IA	21:53	7:03/M
5	Doug Rice, M25	Mount Vernon, IA	21:55	7:03/M
6	Payton Nicol, M19	Solon, IA	22:51	7:21/M
7	Drew Chamberlin, M24	Solon, IA	24:55	8:01/M
8	Evan Brown, M19	Cedar Rapids, IA	25:57	8:21/M
9	Kher Abhijeet, M26	Coralville, IA	28:58	9:19/M
10	Robert Jedlicka, M22	Solon, IA	29:10	9:23/M
11	Zachary Less, M28	Solon, IA	30:21	9:46/M
12	William Michel, M21	Columbia, MO	32:54	10:35/M
13	Benjamin Verhille, M23	Solon, IA	38:38	12:26/M
14	Ryan Detweiler, M29	Dubuque, IA	54:15	17:28/M

F[19-29]

Place	Name	City	Gun Time	Pace mpm
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1	Sanjuanita Martinez, F22	Mount Vernon, IA	18:47	6:03/M
2	Mallory Carr, F21	Solon, IA	21:54	7:03/M
3	Laura Hallett, F23	Iowa City, IA	23:42	7:38/M
4	Josie Uhl, F19	Solon, IA	23:50	7:40/M
5	Christine Whisenant, F24	Coralville, IA	24:13	7:48/M
6	Caitlyn Carlsen, F28	Des Moines, IA	24:48	7:59/M
7	Ratasha Garbes, F21	Solon, IA	24:57	8:02/M
8	Samantha Hubler, F27	Waukee, IA	25:54	8:20/M
9	Mercedes Whetstine, F22	Wellman, IA	26:59	8:41/M
10	Erica Davisson, F27	Coralville, IA	27:39	8:54/M
11	Mikayla Ahrens, F22	Cedar Rapids, IA	28:50	9:17/M
12	Johanna Uribe, F27	Iowa City, IA	29:19	9:26/M
13	Morgan Less, F28	Solon, IA	30:21	9:46/M
14	Kylah Aubry, F20	Solon, IA	30:48	9:55/M
15	Tiffany Clemens, F29	Minneapolis, MN	34:12	11:01/M
16	Carissa Hindman, F25	Iowa City, IA	34:40	11:09/M
17	Stacy Vogelgesang, F25	Hills, IA	35:29	11:25/M
18	Katie Chamberlin, F21	Solon, IA	38:38	12:26/M
19	Megan Benischek, F29	Hiawatha, IA	42:00	13:31/M
20	Mychel Weston, F29	Anamosa, IA	48:49	15:43/M

M[30-39]

Place	Name	City	Gun Time	Pace mpm
1	Dan Schofer, M38	Mount Vernon, IA	17:37	5:40/M
2	Erik Krohn, M35	Oshkosh, WI	18:58	6:06/M
3	Brian Fitzpatrick, M33	Solon, IA	19:47	6:22/M
4	Wes Hillehiem, M38	Marion, IA	20:01	6:26/M
5	Zach Hill, M30	Iowa City, IA	20:19	6:32/M
6	Rob Despain, M34	Iowa City, IA	20:19	6:32/M
7	Michael Goedken, M33	Iowa City, IA	20:41	6:39/M
8	Brant MacLagan, M39	Coralville, IA	21:18	6:51/M
9	Andrew Levake, M37	Cedar Rapids, IA	21:35	6:57/M
10	Nic O'Malley, M32	Lisbon, IA	21:35	6:57/M
11	Don Hull, M39	North Liberty, IA	22:05	7:06/M
12	Eric Munson, M30	Solon, IA	22:08	7:07/M
13	Kevin Koffron, M32	Coralville, IA	22:36	7:17/M
14	Hector Uribe, M35	Iowa City, IA	22:46	7:20/M
15	Dan Chapman, M37	Marion, IA	22:59	7:24/M
16	Ron Abrons, M39	Coralville, IA	23:09	7:27/M
17	Nate Dooley, M31	Solon, IA	23:47	7:39/M
18	Bryan Lloyd, M30	Des Moines, IA	23:49	7:40/M
19	Andrew Phillips, M32	Iowa City, IA	25:10	8:06/M
20	Aaron Bontrager, M37	Iowa City, IA	26:07	8:24/M
21	Jacob McCandless, M34	Solon, IA	26:22	8:29/M
22	Adam Rippentrop, M39	Tipton, IA	26:47	8:37/M
23	Scott Baalrud, M32	Iowa City, IA	27:20	8:48/M
24	Kevin Meller, M35	Riverside, IA	28:08	9:03/M
25	Daniel Neppel, M30	Cedar Rapids, IA	29:32	9:30/M

26	Matt Scholbrock, M32	Solon, IA	29:39	9:32/M
27	Andrew Kingsbury, M35	Nevada, IA	32:08	10:20/M
28	Brandon Paulsen, M30	Des Moines, IA	34:02	10:57/M

F[30-39]

Place	Name	City	Gun Time	Pace mpm
1	Jennifer Wick, F38	Solon, IA	21:54	7:03/M
2	Jennifer Krohn, F35	Oshkosh, WI	22:24	7:13/M
3	Theresa McDonald, F31	Minneapolis, MN	23:00	7:24/M
4	Amber Sheeley, F36	Solon, IA	23:16	7:29/M
5	Amy Bergstrom, F34	Swisher, IA	23:57	7:42/M
6	Melinda Slings, F36	Palo, IA	24:31	7:54/M
7	Brie Roth, F37	North Liberty, IA	24:49	7:59/M
8	Kate Klefstad, F34	Iowa City, IA	26:07	8:24/M
9	Stacey Munson, F33	Solon, IA	26:41	8:35/M
10	Carolyn Buckingham, F35	Iowa City, IA	26:54	8:39/M
11	Alissa Hunt, F35	Mount Vernon, IA	27:15	8:46/M
12	Keri Gillen, F33	Ely, IA	27:19	8:48/M
13	Colleen Baalrud, F31	Iowa City, IA	27:20	8:48/M
14	Erika Stevens, F30	Iowa City, IA	27:21	8:48/M
15	Heather Vasquez, F34	Walford, IA	27:47	8:56/M
16	Kara Gruber, F33	Cedar Rapids, IA	28:20	9:07/M
17	Amber Jedlicka, F37	Cedar Falls, IA	29:03	9:21/M
18	Amy Gorham, F33	Solon, IA	29:16	9:25/M
19	Marcy Krumbholz, F35	Muscatine, IA	29:16	9:25/M
20	Laura Spillman, F36	Iowa City, IA	29:27	9:29/M
21	Alisha Fishwild, F39	Marion, IA	30:22	9:46/M
22	Heather Gardner, F31	Solon, IA	31:03	10:00/M
23	Jessica Dunn, F37	Solon, IA	31:14	10:03/M
24	Elizabeth Tennison, F30	Cedar Rapids, IA	34:26	11:05/M
25	Victoria Schleier, F33	Marion, IA	34:51	11:13/M
26	Jessi Kelley, F34	Solon, IA	35:40	11:29/M
27	Lelli Schmitz, F37	Lisbon, IA	37:42	12:08/M
28	Julie Pressler, F38	Coralville, IA	37:56	12:13/M
29	Suzanne Halekas, F37	Iowa City, IA	37:57	12:13/M
30	Katie Rippentrop, F38	Tipton, IA	38:04	12:15/M
31	Jennifer Smith-Gordon, F37	Iowa City, IA	51:58	16:44/M
32	Erica Steiger, F38	Solon, IA	51:59	16:44/M
33	Moriah Detweiler, F30	Dubuque, IA	54:14	17:27/M
34	Stacy Pruter, F31	Coralville, IA	54:15	17:28/M

M[40-49]

Place	Name	City	Gun Time	Pace mpm
1	Marty Klipp, M40	Cedar Rapids, IA	18:28	5:57/M
2	Mike Kabel, M49	North Liberty, IA	18:36	5:59/M
3	Dustin Vasquez, M45	Walford, IA	19:21	6:14/M
4	Scott Turner, M43	Coralville, IA	21:52	7:02/M

5	Ken Wright, M48	Cedar Rapids, IA	22:20	7:11/M
6	Rick Lamparek, M47	Marengo, IA	22:31	7:15/M
7	Jeffrey Allen, M45	North Liberty, IA	23:21	7:31/M
8	Chuck Hardin, M49	Cedar Rapids, IA	23:44	7:38/M
9	Jason Clark, M45	Iowa City, IA	24:20	7:50/M
10	Tom Randall, M44	Cedar Rapids, IA	24:34	7:54/M
11	Randy Lamm, M41	Solon, IA	25:25	8:11/M
12	Ricki Havel, M48	Solon, IA	25:39	8:15/M
13	Dennis Uhl, M45	Solon, IA	25:42	8:16/M
14	Todd Kopelman, M43	Iowa City, IA	26:20	8:28/M
15	Tim Cahill, M49	Lisbon, IA	27:55	8:59/M
16	Matthew Orton, M45	Cedar Rapids, IA	27:56	8:59/M
17	Mike Regan, M48	Iowa City, IA	28:02	9:01/M
18	Steven Foster, M41	Iowa City, IA	28:15	9:06/M
19	Wade Chapman, M42	Solon, IA	29:13	9:24/M
20	Scott Becker, M48	North Liberty, IA	30:34	9:50/M
21	Jon Yetley, M46	Solon, IA	33:44	10:52/M
22	Rich Eskelsen, M44	Lisbon, IA	35:13	11:20/M
23	John Buresh, M45	Ely, IA	36:29	11:44/M

F[40-49]

Place	Name	City	Gun Time	Pace mpm
1	Rae Lynn Lamparek, F45	Swisher, IA	22:46	7:20/M
2	Robin Bucheit, F40	Solon, IA	23:50	7:40/M
3	Suzy Barker, F44	North Liberty, IA	24:12	7:47/M
4	Mindy Lamb, F40	North Liberty, IA	24:51	8:00/M
5	Naomi Gustafson, F41	Iowa City, IA	26:19	8:28/M
6	Jody Rausch, F47	Robins, IA	26:59	8:41/M
7	Tami Smith, F48	Marion, IA	27:11	8:45/M
8	Jeanne Garrett, F46	Cedar Rapids, IA	28:30	9:10/M
9	Denise Peck, F43	Coralville, IA	28:41	9:14/M
10	Michelle Clark, F43	Coralville, IA	28:52	9:18/M
11	Karen Smith, F41	Solon, IA	29:54	9:38/M
12	Amy Larkin, F40	Coralville, IA	32:17	10:23/M
13	Jen Buresh, F43	Ely, IA	33:26	10:46/M
14	Tonja Winekauf, F45	Solon, IA	34:57	11:15/M
15	Crystal Eskelsen, F41	Lisbon, IA	36:13	11:40/M
16	Melissa MacLagan, F40	Coralville, IA	38:30	12:23/M
17	Shannon Orton, F46	Cedar Rapids, IA	38:35	12:25/M
18	Cindy Lancial, F44	Marion, IA	53:20	17:10/M
19	Jean Vanous, F49	Lisbon, IA	53:23	17:11/M

M[50-59]

Place	Name	City	Gun Time	Pace mpm
1	Bobby Paxton, M59	Minneapolis, MN	18:24	5:55/M
2	Tim Vipond, M50	Cedar Rapids, IA	20:00	6:26/M
3	Noel Garbes, M51	Solon, IA	20:12	6:30/M

4	David Robertson, M58	Iowa City, IA	20:41	6:39/M
5	Jeffrey Whetstine, M51	Wellman, IA	21:49	7:01/M
6	Mike McLaughlin, M55	Solon, IA	22:11	7:08/M
7	Dennis Cooling, M53	Kellogg, IA	23:14	7:29/M
8	Michael Riddle, M50	Kalona, IA	23:35	7:35/M
9	Kevin Wise, M54	Iowa City, IA	24:32	7:54/M
10	Robert Carr, M53	Solon, IA	26:22	8:29/M
11	Gary Stinocher, M52	Solon, IA	26:48	8:37/M
12	Russell Squires, M53	Waverly, IA	29:46	9:35/M
13	Glen Winekauf, M52	Solon, IA	46:57	15:07/M
14	Barry Allen, M59	Cedar Rapids, IA	49:25	15:54/M

F[50-59]

Place	Name	City	Gun Time	Pace mpm
1	Sheryl Tucker, F53	Solon, IA	23:27	7:33/M
2	Maureen Dale-Ernst, F58	Swisher, IA	26:03	8:23/M
3	Sheryl Weber-Paxton, F58	Minneapolis, MN	26:13	8:26/M
4	Patti Sprague, F57	Marion, IA	26:21	8:29/M
5	Nancy Geiger, F55	Cedar Rapids, IA	28:05	9:02/M
6	Kelley McLaughlin, F51	Coralville, IA	28:26	9:09/M
7	Becky Krob, F56	Solon, IA	28:28	9:10/M
8	Lois Cahill, F56	Lisbon, IA	32:05	10:20/M
9	Susan Peterson, F57	Solon, IA	34:10	11:00/M
10	Charla Carlsen, F56	Des Moines, IA	37:06	11:56/M
11	Linda Weston, F55	Anamosa, IA	39:24	12:41/M
12	Janet Lloyd, F55	Des Moines, IA	41:17	13:17/M

M[60 & Over]

Place	Name	City	Gun Time	Pace mpm
1	Mark Mueller, M60	Cedar Rapids, IA	22:10	7:08/M
2	Neil Sedlacek, M63	Cedar Rapids, IA	23:33	7:35/M
3	Tom Wolfe, M67	Cedar Rapids, IA	24:22	7:51/M
4	Doug Lord, M61	Lisbon, IA	25:31	8:13/M
5	Warren Feerer, M66	Cedar Rapids, IA	26:38	8:34/M
6	Michael Simpson, M63	Iowa City, IA	27:00	8:41/M
7	Art Millikin, M64	Hedrick, IA	27:19	8:48/M
8	Mike Gardner, M62	Solon, IA	27:40	8:54/M
9	Alan Marshall, M62	Center Point, IA	28:03	9:02/M
10	Harold Schulze, M80	Cedar Rapids, IA	53:23	17:11/M

F[60 & Over]

Place	Name	City	Gun Time	Pace mpm
1	Diane Marshall, F60	Center Point, IA	28:03	9:02/M
2	Sandy Rupnow, F72	North Liberty, IA	30:34	9:50/M
3	Linnea Martin, F62	Marion, IA	30:50	9:55/M
4	Nancy Hale, F66	North Liberty, IA	35:31	11:26/M

5	Chris Lanphere, F64	Swisher, IA	46:17	14:54/M
6	Joann Malley, F70	Solon, IA	49:29	15:56/M
7	Cathy Fountain, F61	Iowa City, IA	54:16	17:28/M
8	June Ferre, F69	Ogema, WI	58:37	18:52/M

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