

Beef Days *** 5K Run *** Overall & Divisions

Event: 5K Run 1 Mile results [here](#)

Date: Saturday, July 19, 2014

Location: Solon, IA

Weather: Sunny, Wind S 5-10 mph & 64°

[Overall and Age Divisions](#)

Results By: Andrew Kauder, Kauder Racing

Place	Gender	Division	Name	City	Gun Time	Pace mpm
1	1	1 OVM	Matthew Schneider, M16	Iowa City, IA	17:15	5:33/M
2	2	1 M19	Nate Marti, M19	Mount Vernon, IA	17:16	5:33/M
3	3	1 M30	Gregg Hennigan, M36	Coralville, IA	17:18	5:34/M
4	4	2 M30	Cary Richey, M36	Cedar Rapids, IA	17:26	5:37/M
5	5	1 M40	John Armon, M48	Cedar Rapids, IA	18:09	5:50/M
6	6	1 JRM	Jeremy Fopma, M14	Marion, IA	18:12	5:52/M
7	7	2 M19	Ryan McLaughlin, M21	Coralville, IA	18:19	5:54/M
8	8	3 M30	Jeff Kreinbring, M36	Solon, IA	18:29	5:57/M
9	9	4 M30	Erik Krohn, M33	Oshkosh, WI	18:37	5:59/M
10	10	1 M50	Marty Gingerich, M51	Parnell, IA	18:38	6:00/M
11	11	1 M15	Simon Duster, M16	Solon, IA	19:06	6:09/M
12	12	5 M30	Colin Moore, M30	North Liberty, IA	19:13	6:11/M
13	13	6 M30	Wes Hilleshiem, M36	Marion, IA	19:22	6:14/M
14	14	2 M50	Randy Brecht, M53	Middle Amana, IA	19:23	6:14/M
15	15	7 M30	Phil Embree, M36	Anamosa, IA	19:30	6:17/M
16	16	8 M30	Hans Hassell, M31	Mount Vernon, IA	19:35	6:18/M
17	17	2 JRM	Colton Lagrange, M13	Swisher, IA	19:37	6:19/M
18	18	2 M40	Dustin Vasquez, M43	Walford, IA	19:38	6:19/M
19	19	3 M50	Daryl Julich, M58	Cedar Rapids, IA	19:48	6:22/M
20	20	9 M30	Josh Lyons, M37	Solon, IA	19:50	6:23/M
21	21	2 M15	Logan Heitz, M18	Walford, IA	19:53	6:24/M
22	22	3 M15	Preston Lagrange, M15	Swisher, IA	20:09	6:29/M
23	23	3 JRM	Gaven Hiler, M12	Marion, IA	20:33	6:37/M
24	24	3 M40	Pat Dominy, M42	North Liberty, IA	20:33	6:37/M
25	25	4 M40	Monte Marti, M48	Mount Vernon, IA	20:36	6:38/M
26	26	3 M19	Matt Moyer, M29	Cedar Rapids, IA	20:45	6:41/M
27	27	4 M19	Barry Francois, M28	Manchester, IA	20:48	6:42/M
28	28	10 M30	Steve Madura, M36	Solon, IA	20:58	6:45/M
29	29	4 M15	Carl Richez, M15	Solon, IA	20:59	6:45/M

30	30	1 M60	Tim Murphy, M62	Iowa City, IA	21:06	6:47/M
31	1	1 OVF	Zanetta Hoehle, F53	Solon, IA	21:08	6:48/M
32	31	11 M30	Ryan Lagrange, M35	Swisher, IA	21:10	6:49/M
33	32	12 M30	Randy Laing, M34	Solon, IA	21:24	6:53/M
34	33	5 M19	Jared Heitz, M21	Walford, IA	21:32	6:56/M
35	34	6 M19	Gideon Cox, M26	North English, IA	21:50	7:02/M
36	2	1 F30	Jennifer Wick, F36	Solon, IA	21:52	7:02/M
37	35	7 M19	Kyle Mallie, M29	Cedar Rapids, IA	21:53	7:03/M
38	36	2 M60	Bob Strickland, M63	Cedar Rapids, IA	21:57	7:04/M
39	37	13 M30	Mark Debner, M39	Cedar Rapids, IA	22:06	7:07/M
40	38	5 M40	Joel Fopma, M48	Marion, IA	22:12	7:09/M
41	39	8 M19	August Hadenfeld, M26	Ely, IA	22:13	7:09/M
42	40	9 M19	Scott King, M24	Tipton, IA	22:14	7:09/M
43	3	2 F30	Jennifer Krohn, F33	Oshkosh, WI	22:14	7:09/M
44	41	5 M15	Josh Prybil, M17	Solon, IA	22:17	7:10/M
45	4	1 F19	Annie Smith, F27	West Liberty, IA	22:17	7:10/M
46	42	6 M15	Keegan Paisley, M17	Solon, IA	22:18	7:11/M
47	43	6 M40	Chuck Hardin, M47	Cedar Rapids, IA	22:28	7:14/M
48	44	4 JRM	Noah Keller, M13	Marion, IA	22:30	7:14/M
49	45	5 JRM	Colton Hoffman, M12	Solon, IA	22:30	7:15/M
50	5	1 F40	Rae Lynn Lamparek, F43	Swisher, IA	22:31	7:15/M
51	46	14 M30	Ken Daullary, M36	Cedar Rapids, IA	22:36	7:16/M
52	6	2 F40	Deb Gaddis, F48	Solon, IA	22:38	7:17/M
53	47	10 M19	David Pisa, M29	Iowa City, IA	22:40	7:18/M
54	48	4 M50	Dennis Cooling, M52	Kellogg, IA	22:41	7:18/M
55	49	11 M19	Dale Handley, M24	North Liberty, IA	22:47	7:20/M
56	50	7 M40	Scott Turner, M41	Coralville, IA	22:52	7:22/M
57	51	15 M30	Wes Hepker, M34	North Liberty, IA	22:55	7:23/M
58	52	16 M30	Bret Williamson, M38	Cedar Rapids, IA	22:59	7:24/M
59	53	12 M19	Nate Dooley, M29	Solon, IA	23:03	7:25/M
60	54	6 JRM	Noah Dierks, M14	Marion, IA	23:07	7:26/M
61	55	3 M60	Tom Wolfe, M65	Cedar Rapids, IA	23:09	7:27/M
62	56	7 M15	Cole Paisley, M15	Solon, IA	23:16	7:29/M
63	57	4 M60	Paul James, M60	Stanley, IA	23:21	7:31/M
64	58	8 M40	Michael Riddle, M48	Kalona, IA	23:26	7:33/M
65	7	2 F19	Shelby King, F22	Tipton, IA	23:32	7:34/M
66	59	9 M40	Randy Vsetecka, M48	Solon, IA	23:33	7:35/M
67	60	5 M50	Brian Bachmann, M57	Solon, IA	23:44	7:38/M
68	61	8 M15	Ty Appleget, M17	Ely, IA	23:46	7:39/M
69	62	17 M30	Johathan Fasselius, M31	Marion, IA	23:49	7:40/M
70	8	3 F19	Casey Kettman, F26	Marion, IA	23:49	7:40/M
71	63	13 M19	Matthew Reiland, M19	Solon, IA	23:50	7:40/M
72	64	9 M15	Anthony Bullard, M15	Solon, IA	23:51	7:41/M
73	9	1 JRF	Sophie Nicol, F14	Solon, IA	23:59	7:43/M
74	65	18 M30	Luke Feldermann, M35	Lisbon, IA	24:02	7:44/M
75	66	10 M15	Jacob Durgin, M17	Mechanicsville, IA	24:03	7:45/M
76	67	6 M50	Doug Lord, M59	Lisbon, IA	24:04	7:45/M
77	10	1 F15	Taylor Weetman, F17	Solon, IA	24:05	7:45/M
78	68	11 M15	Ryan Ackerman, M18	Mount Vernon, IA	24:09	7:47/M

79	69	12 M15	Louis Gnida, M17	Solon, IA	24:19	7:50/M
80	11	3 F30	Lou Slings, F34	Palo, IA	24:32	7:54/M
81	70	13 M15	Ian Steinbrech, M16	Solon, IA	24:33	7:54/M
82	71	19 M30	Adam Burden, M36	Solon, IA	24:42	7:57/M
83	72	7 JRM	Ryan Sears, M14	Solon, IA	24:46	7:58/M
84	12	4 F30	Katie Driscoll, F33	Marion, IA	24:48	7:59/M
85	73	20 M30	Kurt Kroemer, M37	Cedar Rapids, IA	24:59	8:02/M
86	13	2 JRF	Cailin Duffy, F13	Marion, IA	25:07	8:05/M
87	74	10 M40	Rick Havel, M46	Solon, IA	25:10	8:06/M
88	14	4 F19	Lia Kampman, F27	Waverly, IA	25:19	8:09/M
89	15	5 F30	Robin Bucheit, F38	Solon, IA	25:33	8:13/M
90	75	5 M60	Don Utsinger, M67	Cedar Rapids, IA	25:43	8:17/M
91	76	11 M40	Michael Kuntz, M48	Solon, IA	25:53	8:20/M
92	16	2 F15	Jana Santolikova, F16	Praha-Bechovice, Cz	25:59	8:22/M
93	17	5 F19	Alycia Karsjens, F29	North Liberty, IA	26:01	8:22/M
94	77	8 JRM	Logan Bruck, M12	Solon, IA	26:02	8:23/M
95	78	21 M30	Adam Stahle, M32	Solon, IA	26:13	8:26/M
96	79	6 M60	Roger Kelly, M63	Bettendorf, IA	26:33	8:33/M
97	18	3 F15	Sydney Gerdtts, F17	Solon, IA	26:35	8:33/M
98	80	7 M60	Mike Simpson, M61	Iowa City, IA	26:38	8:34/M
99	19	3 JRF	Maia Bentley, F10	Mount Vernon, IA	26:45	8:36/M
100	81	12 M40	Mike Regan, M46	Iowa City, IA	26:45	8:37/M
101	20	6 F30	Jamie Bentley, F37	Mount Vernon, IA	26:48	8:38/M
102	82	9 JRM	Nathan Yanacheak, M10	Coralville, IA	26:49	8:38/M
103	21	4 JRF	Ashley Stinocher, F11	Solon, IA	26:50	8:38/M
104	83	7 M50	Gary Stinocher, M50	Solon, IA	26:51	8:39/M
105	84	13 M40	Dennis Uhl, M43	Solon, IA	26:54	8:40/M
106	22	4 F15	Katie Folkerts, F16	Solon, IA	27:00	8:41/M
107	23	5 F15	Alex Smith, F17	Solon, IA	27:00	8:42/M
108	85	10 JRM	Tyler Bilskie, M11	Solon, IA	27:04	8:43/M
109	86	8 M50	Kevin Wise, M52	Iowa City, IA	27:04	8:43/M
110	24	1 F50	Lynn Eggers, F50	West Branch, IA	27:15	8:46/M
111	25	7 F30	Stacy Schares, F39	Cedar Rapids, IA	27:17	8:47/M
112	26	5 JRF	Jessica Kusick, F12	Solon, IA	27:19	8:47/M
113	87	8 M60	Ken Collier, M61	Cedar Rapids, IA	27:30	8:51/M
114	88	14 M40	Brian Brandt, M41	Solon, IA	27:34	8:53/M
115	89	9 M60	Art Millikin, M62	Hedrick, IA	27:44	8:56/M
116	90	11 JRM	Noah Smith, M13	Solon, IA	27:48	8:57/M
117	91	14 M15	Tanner Wymer, M16	Iowa City, IA	27:51	8:58/M
118	27	8 F30	Christy Brandt, F39	Solon, IA	27:53	8:59/M
119	92	12 JRM	Nathan Miller, M10	Solon, IA	28:00	9:01/M
120	93	9 M50	Ron Haltmeyer, M53	Swisher, IA	28:09	9:04/M
121	94	13 JRM	Brick Kabela, M8	North Liberty, IA	28:12	9:05/M
122	28	6 JRF	Nourah Abusada, F14	Iowa City, IA	28:12	9:05/M
123	29	3 F40	Kelley McLaughlin, F49	Coralville, IA	28:13	9:05/M
124	30	4 F40	Mary Yeomans, F49	Solon, IA	28:18	9:07/M
125	95	10 M60	Jim Tiedemann, M65	Iowa City, IA	28:23	9:08/M
126	31	5 F40	Amy Ganske, F42	Swisher, IA	28:27	9:09/M

127	96	14 JRM	Owen Erusha, M10	Solon, IA	28:31	9:11/M
128	32	7 JRF	Selma Kleinsmith, F11	Solon, IA	28:32	9:11/M
129	33	8 JRF	Olivia Felton, F14	Solon, IA	28:34	9:12/M
130	34	9 JRF	Chloe Yanachek, F14	Coralville, IA	28:34	9:12/M
131	35	10 JRF	Alexis Ashton, F14	Solon, IA	28:38	9:13/M
132	36	6 F40	Michelle Clark, F41	Iowa City, IA	28:39	9:13/M
133	37	2 F50	Becky Krob, F54	Solon, IA	28:41	9:14/M
134	38	3 F50	Denise Miller, F51	Solon, IA	28:42	9:14/M
135	39	11 JRF	Neva Claude, F10	Solon, IA	28:44	9:15/M
136	40	7 F40	Elaine Claude, F48	Solon, IA	28:46	9:16/M
137	41	4 F50	Bene' Zehr, F50	Ankeny, IA	28:49	9:16/M
138	42	9 F30	Shannon Bartell, F37	Lisbon, IA	28:50	9:17/M
139	97	11 M60	Roy Gaddis, M65	Solon, IA	28:52	9:18/M
140	43	5 F50	Linda Lee, F55	Solon, IA	28:55	9:18/M
141	44	10 F30	Amanda Stahle, F34	Solon, IA	28:57	9:19/M
142	45	11 F30	Sarah Drea, F38	Solon, IA	28:59	9:20/M
143	46	6 F15	Eva Platz, F16	Solon, IA	28:59	9:20/M
144	47	7 F15	Milean Mesch, F16	Solon, IA	28:59	9:20/M
145	48	8 F15	Jade Flansburg, F16	Solon, IA	28:59	9:20/M
146	98	15 JRM	Edward Richez, M12	Solon, IA	29:01	9:20/M
147	49	9 F15	Alex Felton, F15	Solon, IA	29:02	9:21/M
148	99	10 M50	Mike Felton, M50	Solon, IA	29:02	9:21/M
149	50	10 F15	Lauren Fisher, F15	Ely, IA	29:09	9:23/M
150	51	11 F15	Sarah Roy, F15	Solon, IA	29:11	9:23/M
151	100	11 M50	Mark Anton, M55	Mount Vernon, IA	29:31	9:30/M
152	101	15 M40	Jason Gritsch, M42	Belle Plaine, IA	29:31	9:30/M
153	52	6 F19	Tara Gaddis, F21	Solon, IA	29:38	9:32/M
154	102	16 M40	Roger Keller, M49	Marion, IA	29:42	9:33/M
155	53	12 F30	Shannon Debner, F39	Cedar Rapids, IA	30:06	9:41/M
156	103	14 M19	Whit France-Kelly, M27	Coralville, IA	30:07	9:42/M
157	54	13 F30	Karen Smith, F39	Solon, IA	30:15	9:44/M
158	55	8 F40	Vicki Kee, F47	Iowa City, IA	30:20	9:46/M
159	104	22 M30	Josh Hale, M35	Ely, IA	30:29	9:49/M
160	105	23 M30	Steve Krob, M37	North Liberty, IA	30:37	9:51/M
161	56	7 F19	Megan Moses, F25	Cedar Rapids, IA	30:39	9:52/M
162	57	9 F40	Jacquie Haltmeyer, F48	Swisher, IA	31:25	10:07/M
163	58	10 F40	Cindy Kusick, F47	Solon, IA	31:35	10:10/M
164	106	16 JRM	Anthony Schulte, M7	Cedar Rapids, IA	31:44	10:13/M
165	107	17 M40	Chris Bruck, M42	Solon, IA	31:44	10:13/M
166	59	14 F30	Angie Bruck, F32	Solon, IA	31:45	10:13/M
167	108	24 M30	Jim Schulte, M39	Cedar Rapids, IA	31:57	10:17/M
168	60	15 F30	Jennifer Schulte, F34	Cedar Rapids, IA	31:57	10:17/M
169	61	11 F40	Shelly Linnabery, F43	North Liberty, IA	32:13	10:22/M
170	62	8 F19	Zayna Abusada, F19	Iowa City, IA	32:22	10:25/M
171	63	16 F30	Erin Hale, F35	Ely, IA	32:29	10:27/M
172	64	9 F19	Crystal Hartkopp, F29	Parkersburg, IA	32:32	10:28/M
173	65	12 JRF	Emma Slings, F9	Palo, IA	32:56	10:36/M
174	66	17 F30	Addie Martinez, F34	North Liberty, IA	32:58	10:37/M
175	67	10 F19	Jercee Bloom, F28	Lakewood, CO	33:03	10:38/M

176	68	18 F30	Anita Simison, F36	Solon, IA	33:07	10:40/M
177	69	19 F30	Jess Krob, F34	North Liberty, IA	33:09	10:40/M
178	70	20 F30	Christian Kroemer, F36	Cedar Rapids, IA	33:30	10:47/M
179	71	11 F19	Kayla Gaddis, F21	Solon, IA	34:13	11:01/M
180	72	12 F19	Hailey Gaddis, F21	Solon, IA	34:31	11:07/M
181	73	12 F15	Lindsey Reicks, F15	Solon, IA	34:32	11:07/M
182	74	13 F15	Angela Erusha, F16	Solon, IA	34:34	11:08/M
183	75	1 F60	Nancy Hale, F64	North Liberty, IA	35:03	11:17/M
184	76	12 F40	Julie Albaugh, F40	Lisbon, IA	35:23	11:23/M
185	109	17 JRM	Torrey Johnson, M8	Solon, IA	35:28	11:25/M
186	77	13 F40	Mike Kusick, F47	West Branch, IA	35:41	11:29/M
187	78	6 F50	Janet Lloyd, F53	West Des Moines, IA	35:51	11:32/M
188	110	25 M30	Jeff Clausen, M37	Cedar Rapids, IA	37:59	12:14/M
189	79	21 F30	Erin Clausen, F36	Cedar Rapids, IA	38:01	12:14/M
190	111	18 JRM	Ryan Bilskie, M9	Solon, IA	38:21	12:21/M
191	112	26 M30	Garret Locke, M39	Solon, IA	39:07	12:35/M
192	80	13 JRF	Alexandra Locke, F10	Solon, IA	39:07	12:35/M
193	81	22 F30	Falon Scheer, F30	Cedar Rapids, IA	39:10	12:36/M
194	82	23 F30	Kara Verplaetse, F32	Oxford, IA	39:23	12:41/M
195	83	24 F30	Amanda Vollbrecht, F31	Solon, IA	39:23	12:41/M
196	84	14 F40	Patty Erusha, F49	Solon, IA	39:30	12:43/M
197	85	15 F40	Eve Menzel, F41	Solon, IA	39:34	12:44/M
198	86	16 F40	J Ricks-McGill, F46	Iowa City, IA	39:52	12:50/M
199	87	13 F19	Jesse Branscomb, F28	Solon, IA	40:40	13:05/M
200	88	25 F30	Jena Kline, F30	Olathe, KS	40:40	13:06/M
201	89	7 F50	Denise Probert, F51	La Crescent, MN	40:46	13:07/M
202	90	14 F15	Isabella Bloom, F17	La Crescent, MN	40:46	13:07/M
203	113	12 M60	Robert Kabel, M80	North Liberty, IA	40:52	13:09/M
204	91	26 F30	Heather Vasquez, F32	Walford, IA	40:54	13:10/M
205	92	17 F40	Catherine Bilskie, F40	Solon, IA	41:38	13:24/M
206	93	14 JRF	Nora Dibble, F8	Solon, IA	41:38	13:24/M
207	94	14 F19	Amanda McFadden, F27	Iowa City, IA	42:51	13:48/M
208	114	15 M19	Walter McFadden, M29	Iowa City, IA	42:54	13:49/M
209	115	19 JRM	Declan Doyle, M3	Solon, IA	44:46	14:24/M
210	95	27 F30	Jennifer Gordon, F35	Iowa City, IA	44:48	14:25/M
211	96	28 F30	Megan Doyle, F35	Solon, IA	44:48	14:25/M
212	97	15 F19	Taylor Gaddis, F21	Solon, IA	45:03	14:30/M
213	98	18 F40	Carmen Matthess, F48	Oxford, IA	45:03	14:30/M
214	99	16 F19	Emily Guthe, F27	North Liberty, IA	46:22	14:55/M
215	116	16 M19	Boone Guthe, M27	North Liberty, IA	46:23	14:56/M
216	100	2 F60	Barb Duncan, F64	Solon, IA	48:50	15:43/M
217	101	29 F30	Betsy Hendrickson, F31	Solon, IA	48:51	15:43/M
218	117	13 M60	Dan Buck, M64	IA	50:55	16:23/M
220	102	3 F60	Lois Buck, F66	Coralville, IA	50:58	16:24/M
219	118	14 M60	Dan Buck, M64	Coralville, IA	50:58	16:24/M
221	103	8 F50	Lori Stratton, F57	Swisher, IA	51:04	16:26/M
222	119	27 M30	Steve Vollbrecht, M33	Solon, IA	51:05	16:27/M
223	104	30 F30	Ginny Driscoll, F37	Coralville, IA	52:31	16:54/M

224 105 15 JRF Neala Driscoll, F5 Coralville, IA 52:44 16:59/M

Overall and Age Divisions

Overall Male

Place	Name	City	Gun Time	Pace mpm
1	Matthew Schneider, M16	Iowa City, IA	17:15	5:33/M

Overall Female

Place	Name	City	Gun Time	Pace mpm
1	Zanetta Hoehle, F53	Solon, IA	21:08	6:48/M

M[14 & Under]

Place	Name	City	Gun Time	Pace mpm
1	Jeremy Fopma, M14	Marion, IA	18:12	5:52/M
2	Colton Lagrange, M13	Swisher, IA	19:37	6:19/M
3	Gaven Hiler, M12	Marion, IA	20:33	6:37/M
4	Noah Keller, M13	Marion, IA	22:30	7:14/M
5	Colton Hoffman, M12	Solon, IA	22:30	7:15/M
6	Noah Dierks, M14	Marion, IA	23:07	7:26/M
7	Ryan Sears, M14	Solon, IA	24:46	7:58/M
8	Logan Bruck, M12	Solon, IA	26:02	8:23/M
9	Nathan Yanacheak, M10	Coralville, IA	26:49	8:38/M
10	Tyler Bilskie, M11	Solon, IA	27:04	8:43/M
11	Noah Smith, M13	Solon, IA	27:48	8:57/M
12	Nathan Miller, M10	Solon, IA	28:00	9:01/M
13	Brick Kabela, M8	North Liberty, IA	28:12	9:05/M
14	Owen Erusha, M10	Solon, IA	28:31	9:11/M
15	Edward Richez, M12	Solon, IA	29:01	9:20/M
16	Anthony Schulte, M7	Cedar Rapids, IA	31:44	10:13/M
17	Torrey Johnson, M8	Solon, IA	35:28	11:25/M
18	Ryan Bilskie, M9	Solon, IA	38:21	12:21/M
19	Declan Doyle, M3	Solon, IA	44:46	14:24/M

F[14 & Under]

Place	Name	City	Gun Time	Pace mpm
1	Sophie Nicol, F14	Solon, IA	23:59	7:43/M
2	Cailin Duffy, F13	Marion, IA	25:07	8:05/M
3	Maia Bentley, F10	Mount Vernon, IA	26:45	8:36/M
4	Ashley Stinocher, F11	Solon, IA	26:50	8:38/M
5	Jessica Kusick, F12	Solon, IA	27:19	8:47/M
6	Nourah Abusada, F14	Iowa City, IA	28:12	9:05/M
7	Selma Kleinsmith, F11	Solon, IA	28:32	9:11/M
8	Olivia Felton, F14	Solon, IA	28:34	9:12/M

9	Chloe Yanachek, F14	Coralville, IA	28:34	9:12/M
10	Alexis Ashton, F14	Solon, IA	28:38	9:13/M
11	Neva Claude, F10	Solon, IA	28:44	9:15/M
12	Emma Slings, F9	Palo, IA	32:56	10:36/M
13	Alexandra Locke, F10	Solon, IA	39:07	12:35/M
14	Nora Dibble, F8	Solon, IA	41:38	13:24/M
15	Neala Driscoll, F5	Coralville, IA	52:44	16:59/M

M[15-18]

Place	Name	City	Gun Time	Pace mpm
1	Simon Duster, M16	Solon, IA	19:06	6:09/M
2	Logan Heitz, M18	Walford, IA	19:53	6:24/M
3	Preston Lagrange, M15	Swisher, IA	20:09	6:29/M
4	Carl Richez, M15	Solon, IA	20:59	6:45/M
5	Josh Prybil, M17	Solon, IA	22:17	7:10/M
6	Keegan Paisley, M17	Solon, IA	22:18	7:11/M
7	Cole Paisley, M15	Solon, IA	23:16	7:29/M
8	Ty Appleget, M17	Ely, IA	23:46	7:39/M
9	Anthony Bullard, M15	Solon, IA	23:51	7:41/M
10	Jacob Durgin, M17	Mechanicsville, IA	24:03	7:45/M
11	Ryan Ackerman, M18	Mount Vernon, IA	24:09	7:47/M
12	Louis Gnida, M17	Solon, IA	24:19	7:50/M
13	Ian Steinbrech, M16	Solon, IA	24:33	7:54/M
14	Tanner Wymer, M16	Iowa City, IA	27:51	8:58/M

F[15-18]

Place	Name	City	Gun Time	Pace mpm
1	Taylor Weetman, F17	Solon, IA	24:05	7:45/M
2	Jana Santolikova, F16	Praha-Bechovice, Cz	25:59	8:22/M
3	Sydney Gerdtz, F17	Solon, IA	26:35	8:33/M
4	Katie Folkerts, F16	Solon, IA	27:00	8:41/M
5	Alex Smith, F17	Solon, IA	27:00	8:42/M
6	Eva Platz, F16	Solon, IA	28:59	9:20/M
7	Milean Mesch, F16	Solon, IA	28:59	9:20/M
8	Jade Flansburg, F16	Solon, IA	28:59	9:20/M
9	Alex Felton, F15	Solon, IA	29:02	9:21/M
10	Lauren Fisher, F15	Ely, IA	29:09	9:23/M
11	Sarah Roy, F15	Solon, IA	29:11	9:23/M
12	Lindsey Reicks, F15	Solon, IA	34:32	11:07/M
13	Angela Erusha, F16	Solon, IA	34:34	11:08/M
14	Isabella Bloom, F17	La Crescent, MN	40:46	13:07/M

M[19-29]

Place	Name	City	Gun Time	Pace mpm
1	Nate Marti, M19	Mount Vernon, IA	17:16	5:33/M
2	Ryan McLaughlin, M21	Coralville, IA	18:19	5:54/M

3	Matt Moyer, M29	Cedar Rapids, IA	20:45	6:41/M
4	Barry Francois, M28	Manchester, IA	20:48	6:42/M
5	Jared Heitz, M21	Walford, IA	21:32	6:56/M
6	Gideon Cox, M26	North English, IA	21:50	7:02/M
7	Kyle Mallie, M29	Cedar Rapids, IA	21:53	7:03/M
8	August Hadenfeld, M26	Ely, IA	22:13	7:09/M
9	Scott King, M24	Tipton, IA	22:14	7:09/M
10	David Pisa, M29	Iowa City, IA	22:40	7:18/M
11	Dale Handley, M24	North Liberty, IA	22:47	7:20/M
12	Nate Dooley, M29	Solon, IA	23:03	7:25/M
13	Matthew Reiland, M19	Solon, IA	23:50	7:40/M
14	Whit France-Kelly, M27	Coralville, IA	30:07	9:42/M
15	Walter McFadden, M29	Iowa City, IA	42:54	13:49/M
16	Boone Guthe, M27	North Liberty, IA	46:23	14:56/M

F[19-29]

Place	Name	City	Gun Time	Pace mpm
1	Annie Smith, F27	West Liberty, IA	22:17	7:10/M
2	Shelby King, F22	Tipton, IA	23:32	7:34/M
3	Casey Kettman, F26	Marion, IA	23:49	7:40/M
4	Lia Kampman, F27	Waverly, IA	25:19	8:09/M
5	Alycia Karsjens, F29	North Liberty, IA	26:01	8:22/M
6	Tara Gaddis, F21	Solon, IA	29:38	9:32/M
7	Megan Moses, F25	Cedar Rapids, IA	30:39	9:52/M
8	Zayna Abusada, F19	Iowa City, IA	32:22	10:25/M
9	Crystal Hartkopp, F29	Parkersburg, IA	32:32	10:28/M
10	Jercee Bloom, F28	Lakewood, CO	33:03	10:38/M
11	Kayla Gaddis, F21	Solon, IA	34:13	11:01/M
12	Hailey Gaddis, F21	Solon, IA	34:31	11:07/M
13	Jesse Branscomb, F28	Solon, IA	40:40	13:05/M
14	Amanda McFadden, F27	Iowa City, IA	42:51	13:48/M
15	Taylor Gaddis, F21	Solon, IA	45:03	14:30/M
16	Emily Guthe, F27	North Liberty, IA	46:22	14:55/M

M[30-39]

Place	Name	City	Gun Time	Pace mpm
1	Gregg Hennigan, M36	Coralville, IA	17:18	5:34/M
2	Cary Richey, M36	Cedar Rapids, IA	17:26	5:37/M
3	Jeff Kreinbring, M36	Solon, IA	18:29	5:57/M
4	Erik Krohn, M33	Oshkosh, WI	18:37	5:59/M
5	Colin Moore, M30	North Liberty, IA	19:13	6:11/M
6	Wes Hilleshiem, M36	Marion, IA	19:22	6:14/M
7	Phil Embree, M36	Anamosa, IA	19:30	6:17/M
8	Hans Hassell, M31	Mount Vernon, IA	19:35	6:18/M
9	Josh Lyons, M37	Solon, IA	19:50	6:23/M
10	Steve Madura, M36	Solon, IA	20:58	6:45/M
11	Ryan Lagrange, M35	Swisher, IA	21:10	6:49/M

12	Randy Laing, M34	Solon, IA	21:24	6:53/M
13	Mark Debner, M39	Cedar Rapids, IA	22:06	7:07/M
14	Ken Daullary, M36	Cedar Rapids, IA	22:36	7:16/M
15	Wes Hepker, M34	North Liberty, IA	22:55	7:23/M
16	Bret Williamson, M38	Cedar Rapids, IA	22:59	7:24/M
17	Johathan Fasselius, M31	Marion, IA	23:49	7:40/M
18	Luke Feldermann, M35	Lisbon, IA	24:02	7:44/M
19	Adam Burden, M36	Solon, IA	24:42	7:57/M
20	Kurt Kroemer, M37	Cedar Rapids, IA	24:59	8:02/M
21	Adam Stahle, M32	Solon, IA	26:13	8:26/M
22	Josh Hale, M35	Ely, IA	30:29	9:49/M
23	Steve Krob, M37	North Liberty, IA	30:37	9:51/M
24	Jim Schulte, M39	Cedar Rapids, IA	31:57	10:17/M
25	Jeff Clausen, M37	Cedar Rapids, IA	37:59	12:14/M
26	Garret Locke, M39	Solon, IA	39:07	12:35/M
27	Steve Vollbrecht, M33	Solon, IA	51:05	16:27/M

F[30-39]

Place	Name	City	Gun Time	Pace mpm
1	Jennifer Wick, F36	Solon, IA	21:52	7:02/M
2	Jennifer Krohn, F33	Oshkosh, WI	22:14	7:09/M
3	Lou Slings, F34	Palo, IA	24:32	7:54/M
4	Katie Driscoll, F33	Marion, IA	24:48	7:59/M
5	Robin Bucheit, F38	Solon, IA	25:33	8:13/M
6	Jamie Bentley, F37	Mount Vernon, IA	26:48	8:38/M
7	Stacy Schares, F39	Cedar Rapids, IA	27:17	8:47/M
8	Christy Brandt, F39	Solon, IA	27:53	8:59/M
9	Shannon Bartell, F37	Lisbon, IA	28:50	9:17/M
10	Amanda Stahle, F34	Solon, IA	28:57	9:19/M
11	Sarah Drea, F38	Solon, IA	28:59	9:20/M
12	Shannon Debner, F39	Cedar Rapids, IA	30:06	9:41/M
13	Karen Smith, F39	Solon, IA	30:15	9:44/M
14	Angie Bruck, F32	Solon, IA	31:45	10:13/M
15	Jennifer Schulte, F34	Cedar Rapids, IA	31:57	10:17/M
16	Erin Hale, F35	Ely, IA	32:29	10:27/M
17	Addie Martinez, F34	North Liberty, IA	32:58	10:37/M
18	Anita Simison, F36	Solon, IA	33:07	10:40/M
19	Jess Krob, F34	North Liberty, IA	33:09	10:40/M
20	Christian Kroemer, F36	Cedar Rapids, IA	33:30	10:47/M
21	Erin Clausen, F36	Cedar Rapids, IA	38:01	12:14/M
22	Falon Scheer, F30	Cedar Rapids, IA	39:10	12:36/M
23	Kara Verplaetse, F32	Oxford, IA	39:23	12:41/M
24	Amanda Vollbrecht, F31	Solon, IA	39:23	12:41/M
25	Jena Kline, F30	Olathe, KS	40:40	13:06/M
26	Heather Vasquez, F32	Walford, IA	40:54	13:10/M
27	Jennifer Gordon, F35	Iowa City, IA	44:48	14:25/M
28	Megan Doyle, F35	Solon, IA	44:48	14:25/M
29	Betsy Hendrickson, F31	Solon, IA	48:51	15:43/M

30 Ginny Driscoll, F37 Coralville, IA 52:31 16:54/M

M[40-49]

Place	Name	City	Gun Time	Pace mpm
1	John Armon, M48	Cedar Rapids, IA	18:09	5:50/M
2	Dustin Vasquez, M43	Walford, IA	19:38	6:19/M
3	Pat Dominy, M42	North Liberty, IA	20:33	6:37/M
4	Monte Marti, M48	Mount Vernon, IA	20:36	6:38/M
5	Joel Fopma, M48	Marion, IA	22:12	7:09/M
6	Chuck Hardin, M47	Cedar Rapids, IA	22:28	7:14/M
7	Scott Turner, M41	Coralville, IA	22:52	7:22/M
8	Michael Riddle, M48	Kalona, IA	23:26	7:33/M
9	Randy Vsetecka, M48	Solon, IA	23:33	7:35/M
10	Rick Havel, M46	Solon, IA	25:10	8:06/M
11	Michael Kuntz, M48	Solon, IA	25:53	8:20/M
12	Mike Regan, M46	Iowa City, IA	26:45	8:37/M
13	Dennis Uhl, M43	Solon, IA	26:54	8:40/M
14	Brian Brandt, M41	Solon, IA	27:34	8:53/M
15	Jason Gritsch, M42	Belle Plaine, IA	29:31	9:30/M
16	Roger Keller, M49	Marion, IA	29:42	9:33/M
17	Chris Bruck, M42	Solon, IA	31:44	10:13/M

F[40-49]

Place	Name	City	Gun Time	Pace mpm
1	Rae Lynn Lamparek, F43	Swisher, IA	22:31	7:15/M
2	Deb Gaddis, F48	Solon, IA	22:38	7:17/M
3	Kelley McLaughlin, F49	Coralville, IA	28:13	9:05/M
4	Mary Yeomans, F49	Solon, IA	28:18	9:07/M
5	Amy Ganske, F42	Swisher, IA	28:27	9:09/M
6	Michelle Clark, F41	Iowa City, IA	28:39	9:13/M
7	Elaine Claude, F48	Solon, IA	28:46	9:16/M
8	Vicki Kee, F47	Iowa City, IA	30:20	9:46/M
9	Jacquie Haltmeyer, F48	Swisher, IA	31:25	10:07/M
10	Cindy Kusick, F47	Solon, IA	31:35	10:10/M
11	Shelly Linnabery, F43	North Liberty, IA	32:13	10:22/M
12	Julie Albaugh, F40	Lisbon, IA	35:23	11:23/M
13	Mike Kusick, F47	West Branch, IA	35:41	11:29/M
14	Patty Erusha, F49	Solon, IA	39:30	12:43/M
15	Eve Menzel, F41	Solon, IA	39:34	12:44/M
16	J Ricks-McGillin, F46	Iowa City, IA	39:52	12:50/M
17	Catherine Bilskie, F40	Solon, IA	41:38	13:24/M
18	Carmen Matthes, F48	Oxford, IA	45:03	14:30/M

M[50-59]

Place	Name	City	Gun Time	Pace mpm
1	Marty Gingerich, M51	Parnell, IA	18:38	6:00/M

2	Randy Brecht, M53	Middle Amana, IA	19:23	6:14/M
3	Daryl Julich, M58	Cedar Rapids, IA	19:48	6:22/M
4	Dennis Cooling, M52	Kellogg, IA	22:41	7:18/M
5	Brian Bachmann, M57	Solon, IA	23:44	7:38/M
6	Doug Lord, M59	Lisbon, IA	24:04	7:45/M
7	Gary Stinocher, M50	Solon, IA	26:51	8:39/M
8	Kevin Wise, M52	Iowa City, IA	27:04	8:43/M
9	Ron Haltmeyer, M53	Swisher, IA	28:09	9:04/M
10	Mike Felton, M50	Solon, IA	29:02	9:21/M
11	Mark Anton, M55	Mount Vernon, IA	29:31	9:30/M

F[50-59]

Place	Name	City	Gun Time	Pace mpm
1	Lynn Eggers, F50	West Branch, IA	27:15	8:46/M
2	Becky Krob, F54	Solon, IA	28:41	9:14/M
3	Denise Miller, F51	Solon, IA	28:42	9:14/M
4	Bene' Zehr, F50	Ankeny, IA	28:49	9:16/M
5	Linda Lee, F55	Solon, IA	28:55	9:18/M
6	Janet Lloyd, F53	West Des Moines, IA	35:51	11:32/M
7	Denise Probert, F51	La Crescent, MN	40:46	13:07/M
8	Lori Stratton, F57	Swisher, IA	51:04	16:26/M

M[60 & Over]

Place	Name	City	Gun Time	Pace mpm
1	Tim Murphy, M62	Iowa City, IA	21:06	6:47/M
2	Bob Strickland, M63	Cedar Rapids, IA	21:57	7:04/M
3	Tom Wolfe, M65	Cedar Rapids, IA	23:09	7:27/M
4	Paul James, M60	Stanley, IA	23:21	7:31/M
5	Don Utsinger, M67	Cedar Rapids, IA	25:43	8:17/M
6	Roger Kelly, M63	Bettendorf, IA	26:33	8:33/M
7	Mike Simpson, M61	Iowa City, IA	26:38	8:34/M
8	Ken Collier, M61	Cedar Rapids, IA	27:30	8:51/M
9	Art Millikin, M62	Hedrick, IA	27:44	8:56/M
10	Jim Tiedemann, M65	Iowa City, IA	28:23	9:08/M
11	Roy Gaddis, M65	Solon, IA	28:52	9:18/M
12	Robert Kabel, M80	North Liberty, IA	40:52	13:09/M
13	Dan Buck, M64	IA	50:55	16:23/M
14	Dan Buck, M64	Coralville, IA	50:58	16:24/M

F[60 & Over]

Place	Name	City	Gun Time	Pace mpm
1	Nancy Hale, F64	North Liberty, IA	35:03	11:17/M
2	Barb Duncan, F64	Solon, IA	48:50	15:43/M
3	Lois Buck, F66	Coralville, IA	50:58	16:24/M

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