

2nd Run With the Police

Des Moines, IA

May 21, 2016

60s and Sunny - perfect!

Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

Last updated May 21, 2016 12:46 AM

PLACE	CLASS	FINISHER	TIME	PACE
1	1 M20	Jake Sutton, 24, West Des Moines, IA	16:30	5:18
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
2	2 M20	Coby Mooers, 22, Carlisle, IA	18:44	6:02
3	3 M20	Jan Hudson, 26, Des Moines, IA	20:43	6:40
4	1 M30	Keith Varner, 30, Ankeny, IA	21:09	6:48
5	4 M20	Mark Lahart, 25, Des Moines, IA	21:11	6:49
6	1 M40	David Blaes, 40, Des Moines, IA	21:14	6:50
7	2 M30	Shawn Morgan, 34, Clive, IA	21:18	6:51
8	1 JrM	Kiran Adhikari, 15, Des Moines, IA	21:20	6:52
9	5 M20	Bo Woolman, 26, Des Moines, IA	21:23	6:53
10	2 JrM	Pedro Valdez, 16, Des Moines, IA	21:25	6:53
11	3 JrM	Na Kay Ya, 16, Des Moines, IA	21:25	6:53
12	2 M40	David Ness, 45, Johnston, IA	21:28	6:54
13	1 M50	Casey Showalter, 55, Altoona, IA	21:32	6:56
14	6 M20	Rex Deckard, 27, Des Moines, IA	21:35	6:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
1	1 W30	Jenna Halik, 32*, Des Moines, IA	21:46	7:00
15	4 JrM	Festa Iranzeyez, 14	21:53	7:03
16	3 M40	David Olsen, 43, West Des Moines, IA	22:04	7:06
17	5 JrM	Gavin Sellers, 11, Johnston, IA	22:05	7:06
18	3 M30	Jake Lancaster, 33, West Des Moines, IA	22:06	7:07
19	4 M40	Jon Pena, 43, Grimes, IA	22:14	7:09
20	4 M30	Andrew Long, 31, West Des Moines, IA	22:20	7:11
2	1 W40	Rachel Hoger, 41*, Johnston, IA	22:28	7:14
21	6 JrM	Dylan Bonsall, 17, Des Moines, IA	22:29	7:14
22	7 JrM	Htee Klay, 16, Des Moines, IA	22:33	7:15
23	5 M40	Scott Dahlstrom, 48, Ankeny, IA	22:34	7:16
3	1 JrW	Audrey Klein, 18*, Des Moines, IA	22:44	7:19
24	6 M40	Brian Hoover, 44, Pleasant Hill, IA	22:51	7:21
25	5 M30	Steven Bjurstram, 30, Des Moines, IA	22:51	7:21
26	7 M20	Jesus Juarez, 22, Grimes, IA	22:53	7:22
27	7 M40	Frank Severino, 49, Johnston, IA	22:55	7:22
4	1 W20	Jenna Jensen, 26*, Urbandale, IA	22:59	7:24
28	8 JrM	Gabriel Cook, 13	23:09	7:27
29		Maxwell Van Maanen, Cambridge, IA	23:20	7:31
30	8 M20	Wyatt Westberg, 21, Woodward, IA	23:35	7:35
31	8 M40	Rob Walker, 44, Ankeny, IA	23:38	7:36
5	2 JrW	Caitlin Lucht, 16*, Des Moines, IA	23:41	7:37
32	9 JrM	Drake Handling, 14, Ottumwa, IA	23:47	7:39
33	10 JrM	Owen Lovan, 10, Altoona, IA	23:50	7:40
6	2 W40	Kristy Pomrenke, 43*, Ankeny, IA	23:58	7:43

34	11	JrM	Mark Cox, 15, Des Moines, IA	23:59	7:43
7	2	W30	Shanna Harrington, 36*, Des Moines, IA	24:21	7:50
35	12	JrM	Andy Hagerty, 19, Altoona, IA	24:24	7:51
36	13	JrM	Martin Reyes, 17, Des Moines, IA	24:28	7:52
37	9	M20	Nick Drucker, 20, Urbandale, IA	24:29	7:53
38	10	M20	David Drucker, 24, Omaha, NE	24:35	7:55
39	9	M40	Scott Davis, 45, West Des Moines, IA	24:49	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
40	6	M30	Ryan Anderson, 32, Windsor Heights, IA	24:52	8:00
41	14	JrM	Hilario Callejas, 16, Des Moines, IA	25:03	8:04
42	11	M20	Dylan Rasmussen, 21, Des Moines, IA	25:05	8:04
43	7	M30	Casey Wood, 31, Grimes, IA	25:12	8:06
44	12	M20	Kevin Sanders, 29, Des Moines, IA	25:16	8:08
8	3	W40	Amy Justinlano, 44*, Ankeny, IA	25:24	8:10
9	2	W20	Lisa Brus, 26*, Des Moines, IA	25:28	8:12
45	8	M30	Siddhartha Shrivastav, 33, West Des Moines, IA	25:31	8:13
46	15	JrM	Jonathan Gonzalez-Fruji, 16, Des Moines, IA	25:42	8:16
47	13	M20	Jes Muller, 29, West Des Moines, IA	25:51	8:19
10	4	W40	Lisa Elliott, 49*, Des Moines, IA	25:54	8:20
48	14	M20	Matthew Kolker, 27, Onawa, IA	25:56	8:21
11	5	W40	Lisa Rempe, 48*, Urbandale, IA	26:00	8:22
49	9	M30	Stacey Hilsenbeck, 38, Des Moines, IA	26:02	8:23
12	3	W30	Jaimi Yost, 32*, Des Moines, IA	26:05	8:24
50	10	M30	Josh Wing, 33, Des Moines, IA	26:06	8:24
51	1	M60	Roy Ney, 67, Des Moines, IA	26:18	8:28
52	11	M30	Derek Handling, 39, Ottumwa, IA	26:20	8:28
53	15	M20	Mitch Boldman, 28, Norwalk, IA	26:28	8:31
13	1	W50	Karen Dassinger, 51*, West Des Moines, IA	26:30	8:31
14	2	W50	Ellen Johnson, 58*, Des Moines, IA	26:31	8:32
54	10	M40	Eric Vaughn, 46, Perry, IA	26:31	8:32
55	12	M30	Joe Brandstatter, 33, West Des Moines, IA	26:31	8:32
56	16	JrM	Aquantas Walker, 16, Ames, IA	26:32	8:32
15	3	W50	Susan Klinge, 52*, Belmont, IA	26:34	8:33
16	3	JrW	Claire Carlson, 19*, West Des Moines, IA	26:42	8:35
57	17	JrM	Carlos Nabor, 18, Des Moines, IA	26:48	8:37
58	2	M60	Chuck Clark, 65, Norwalk, IA	26:52	8:39
17	4	JrW	Madison Dykstra, 19*, Des Moines, IA	26:55	8:40
59	11	M40	Matt Thacker, 49, Johnston, IA	26:58	8:41
60	13	M30	Matthew Schnur, 30, Bondurant, IA	27:01	8:42
18	3	W20	Allison Bell, 21*, Iowa Falls, IA	27:02	8:42
61	16	M20	Zach Dykstra, 21, Des Moines, IA	27:08	8:44
62	14	M30	Edward Griffith, 36, Altoona, IA	27:13	8:46
63	15	M30	Matt Bruner, 33, Huxley, IA	27:21	8:48
19	4	W20	Rhonda Boesenberg, 29*, Storm Lake, IA	27:23	8:49
64	17	M20	Jason Hayes, 29, Storm Lake, IA	27:23	8:49
65	18	JrM	Bahari Afare, 16, Des Moines, IA	27:28	8:50
20	5	W20	Jennifer Klyn, 27*, Ottumwa, IA	27:33	8:52
66	16	M30	Benjamin McKenna, 34, Ankeny, IA	27:33	8:52
67	19	JrM	Ethan Fetters, 13, Norwalk, IA	27:35	8:52
21			Jen Steel*, Des Moines, IA	27:40	8:54
68	20	JrM	Preston Huberty, 14, Des Moines, IA	27:42	8:55
69	18	M20	Caleb Meyer, 20, Grimes, IA	27:43	8:55
22	4	W30	Maddie Lancaster, 30*, West Des Moines, IA	27:48	8:57
70	17	M30	Aaron Onder, 34, Mason City, IA	27:49	8:57
71	19	M20	Ernad Muratobic, 26	27:51	8:58
23	5	W30	Carrie Naber, 35*, Des Moines, IA	27:54	8:59
72	2	M50	Todd Eipperle, 51, Ankeny, IA	27:55	8:59
73	18	M30	Jason Brown, 37, Bondurant, IA	27:55	8:59
74	21	JrM	Joseph Snyder, 16, Des Moines, IA	27:57	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
75	19	M30	Brad Youngblut, 37, Ankeny, IA	27:57	9:00

24	4	W50	Jennifer Bushbaum, 50*, Urbandale, IA	27:57	9:00
76	3	M50	Paul Stout, 50, Clive, IA	27:59	9:00
77	20	M30	Sidik Becirovich, 30, Des Moines, IA	27:59	9:00
25	6	W20	Jasmina Salkic Kudic, 28*, Grimes, IA	28:00	9:01
78	20	M20	Ivan Nery, 21, Des Moines, IA	28:08	9:03
79	21	M20	Bryan Bach, 25, Ankeny, IA	28:10	9:04
80	22	M20	Kameron Ford, 22, Grimes, IA	28:13	9:05
81	22	JrM	Royce Walburn, 13, Ackworth, IA	28:14	9:05
82	23	JrM	Anthony Whisenand, 14, Ankeny, IA	28:15	9:05
26	5	W50	Kimberly Abbott, 55*, Ankeny, IA	28:21	9:07
27	6	W30	Lorna Garcia, 39*, Johnston, IA	28:22	9:08
28	7	W20	Dona Telbiz, 24*, Grimes, IA	28:29	9:10
83	24	JrM	Cooper Majors, 12, Ankeny, IA	28:30	9:10
29	7	W30	Melissa Bjurstrom, 31*, Des Moines, IA	28:30	9:10
30	8	W30	Carrie Torbert, 33*, Des Moines, IA	28:36	9:12
84	23	M20	Jacob Richman, 25, Windsor Heights, IA	28:36	9:12
85	25	JrM	Caleb Campbell, 17, West Des Moines, IA	28:36	9:12
31	5	JrW	Brianna Hill, 15*, Urbandale, IA	28:38	9:13
86	12	M40	Larry Smith, 49, Ankeny, IA	28:38	9:13
32	9	W30	Andrea Bagby, 37*, Carlisle, IA	28:39	9:13
87	21	M30	Zachary Bolin, 39, Des Moines, IA	28:42	9:14
88	22	M30	Dana Svenson, 34, Ames, IA	28:46	9:15
89	4	M50	David Pope, 55, Grinnell, IA	28:48	9:16
33	8	W20	Tiffany Torno, 24*, Urbandale, IA	28:56	9:19
34	10	W30	Patty Sneddon, 33*, Des Moines, IA	28:57	9:19
90	23	M30	Steve Naber, 37, Des Moines, IA	28:58	9:19
91	26	JrM	Gabrielle Swarts, 15, Des Moines, IA	28:59	9:19
35	6	W40	Annette Westberg, 47*, Woodward, IA	29:00	9:20
36	11	W30	Sara Brown, 34*, Des Moines, IA	29:01	9:20
92	24	M30	Dustin Williams, 31, Altoona, IA	29:03	9:21
93	25	M30	Jeremy Siepker, 32, Johnston, IA	29:12	9:24
37	12	W30	Jen Church, 34*, Des Moines, IA	29:13	9:24
38	13	W30	Andrea Steenhoek, 34*, Monroe, IA	29:13	9:24
94	3	M60	John Carlson, 61, West Des Moines, IA	29:14	9:24
95	26	M30	Tony Bemnio, 38, Altoona, IA	29:15	9:25
96	27	JrM	Gyam Nabor, 15, Des Moines, IA	29:22	9:27
97	24	M20	Josh Hodges, 25, Ankeny, IA	29:28	9:29
39	9	W20	Troyisha Merrett, 22*, Grimes, IA	29:36	9:32
98	28	JrM	Cameron Bemnio, 16, Altoona, IA	29:37	9:32
99	27	M30	Kent Ward, 32, Des Moines, IA	29:38	9:32
100	29	JrM	Lincoln Khongmaly, 14, Johnston, IA	29:44	9:34
101	5	M50	Kevin Houston, 56, Boone, IA	29:45	9:34
102			Russell Van Maanen, Cambridge, IA	29:52	9:37
103	25	M20	Brandon Condon, 21, Pleasant Hill, IA	29:55	9:38
104			Jeff Mundell, Bondurant, IA	29:56	9:38
105	30	JrM	Davis Nguyen, 16, Des Moines, IA	29:57	9:38
106	28	M30	Mark Ewest, 32, Des Moines, IA	29:57	9:38
107	26	M20	Cub Noble, 22, Ankeny, IA	30:01	9:40
40	10	W20	Christina Ulrey, 24*, Pleasantville, IA	30:04	9:41
108	31	JrM	Samson Sellers, 7, Johnston, IA	30:05	9:41
41	14	W30	Bridie Sellers, 36*, Johnston, IA	30:05	9:41
109	32	JrM	Jack Mollison, 7, West Des Moines, IA	30:06	9:41
110	13	M40	David John, 40, Des Moines, IA	30:08	9:42
111	29	M30	Justin Gross, 38, Des Moines, IA	30:08	9:42
42	6	W50	Dawn Kintzle, 52*, Urbandale, IA	30:11	9:43
112	6	M50	Mike Wagner, 53, Urbandale, IA	30:12	9:43
43	15	W30	Alicia Ballantini, 37*, Grimes, IA	30:15	9:44
113	14	M40	Anthony Ballantini, 43, Grimes, IA	30:15	9:44
44	16	W30	Melissa Noble, 34*, Ankeny, IA	30:16	9:44
114	30	M30	Jason Noble, 35, Ankeny, IA	30:16	9:44
115	4	M60	Rich Hickie, 62, Ankeny, IA	30:17	9:45
45	7	W40	Melissa Hoffman, 42*, Indianola, IA	30:24	9:47
46	17	W30	Tiffani Milless, 34*, Des Moines, IA	30:27	9:48
116	27	M20	Brandon Holtan, 29, Des Moines, IA	30:30	9:49
117	31	M30	Eric Heininger, 30, Chicago, IL	30:35	9:50

118		Edwin Bjurstrom, Des Moines, IA	30:35	9:50
119	32 M30	Shawn Clark, 34, Des Moines, IA	30:38	9:51
120	33 JrM	Virgil Bradley, 16, Des Moines, IA	30:38	9:51
121	15 M40	Mike McTaggart, 40, Des Moines, IA	30:45	9:54
47	6 JrW	Megan Kress, 18*, Johnston, IA	30:53	9:56
48	18 W30	Ashley Holter, 33*, Des Moines, IA	30:57	9:57
49	7 JrW	Ashis Rai, 16*, Des Moines, IA	30:58	9:58

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

122	34 JrM	Brock Moore, 10, Urbandale, IA	31:06	10:00
123	33 M30	Josh Moore, 36, Urbandale, IA	31:06	10:00
124	16 M40	David Bellis, 49, Ankeny, IA	31:08	10:01
50	8 JrW	Riley Barbour, 18*, Des Moines, IA	31:17	10:04
51	8 W40	Tami Wingert, 45*, Des Moines, IA	31:17	10:04
125	17 M40	Dana Wingert, 46, Des Moines, IA	31:17	10:04
52	11 W20	Emily Koning, 25*, Blackwell, OK	31:26	10:07
126	18 M40	Eric Ramsey, 44, Johnston, IA	31:27	10:07
127	5 M60	Paul Erickson, 60, Urbandale, IA	31:32	10:09
128	19 M40	Kevin Gott, 45, Pleasant Hill, IA	31:36	10:10
129	6 M60	Don Long, 61, Ankeny, IA	31:37	10:11
130	28 M20	Joel Hall, 29, Ankeny, IA	31:38	10:11
131	35 JrM	Enoch Vanegdon, 9, Des Moines, IA	31:39	10:11
53	12 W20	Dorothy Tate, 28*, Ankeny, IA	31:39	10:11
54	1 W60	Celeste Egger, 62*, Windsor Heights, IA	31:44	10:13
132	7 M50	Kendal Klinge, 56, Belmont, IA	31:48	10:14
55	13 W20	Abbie Duis, 25*, Des Moines, IA	31:51	10:15
133	34 M30	Cole Schinkel, 31, Ankeny, IA	31:59	10:18
134	36 JrM	Jett Paxton, 4, Ankeny, IA	32:01	10:18
135	35 M30	Kyle Paxton, 34, Ankeny, IA	32:02	10:18
56	14 W20	Lauren Roeding, 27*, Johnston, IA	32:08	10:20
57	19 W30	Lindsay Morris, 31*, Ankeny, IA	32:20	10:24
58	20 W30	Kayla Anderson, 30*, Grimes, IA	32:20	10:24
136		Connor Vroegh, 8940 Oakwood Driv, IA	32:20	10:24
59	21 W30	Amy Page, 36*, Boone, IA	32:21	10:25
137	37 JrM	Nate Spurr, 15, Norwalk, IA	32:21	10:25
60	9 W40	Carrie DeVan, 40*, Boone, IA	32:22	10:25
61	22 W30	Anne Hemsted, 34*, Hartford, IA	32:25	10:26
62	10 W40	Andrea Mattingly, 42*, Boone, IA	32:32	10:28
138	38 JrM	Matthew Cox, 16, Des Moines, IA	32:35	10:29
63	2 W60	Mary Struchen, 65*, Webster City, IA	32:45	10:32
139	29 M20	Dustin Klein, 27, West Des Moines, IA	32:46	10:33
64	15 W20	Ashley Wood, 27*, Des Moines, IA	32:46	10:33
65	23 W30	Emily Vanderlinden, 36*, Indianola, IA	32:57	10:36
140	8 M50	Mark Buzynski, 52, West Des Moines, IA	32:59	10:37
66	9 JrW	Jasmine Echeverria, 15*, Des Moines, IA	33:04	10:38
67	10 JrW	Mallory Majors, 19*, Ankeny, IA	33:05	10:39
141	30 M20	Matthew York, 29, Grimes, IA	33:06	10:39
68	16 W20	Karly York, 28*, Grimes, IA	33:07	10:39
69	11 W40	Kimberly Majors, 47*, Ankeny, IA	33:07	10:39
142	39 JrM	Drayke Dvorak, 8, Gladbrook, IA	33:07	10:39
70	17 W20	Ashley Dvorak, 29*, Gladbrook, IA	33:09	10:40
71	24 W30	Kim Blythe, 36*, West Des Moines, IA	33:09	10:40
143	40 JrM	Damian Conejo, 15, Des Moines, IA	33:09	10:40
144		Randy Spurr, Norwalk, IA	33:12	10:41
145	36 M30	Jonathon Morrill, 34, Des Moines, IA	33:13	10:41
72	25 W30	Kandi Shelton, 39*, Des Moines, IA	33:14	10:42
73	18 W20	Haley Nelson, 24*, Des Moines, IA	33:15	10:42
74	12 W40	Lisa Steinkamp, 49*, Ankeny, IA	33:19	10:43
75	19 W20	Dayna Finley, 24*, Des Moines, IA	33:21	10:44
146	41 JrM	Berkley Dvorak, 6, Gladbrook, IA	33:26	10:46
147	37 M30	Luke Dvorak, 30, Gladbrook, IA	33:28	10:46
148	9 M50	Dan Hagerty, 51, Johnston, IA	33:29	10:46
149	38 M30	Cody Brigman, 32, Des Moines, IA	33:30	10:47
76	20 W20	Elizabeth Marshall, 23*, Des Moines, IA	33:37	10:49
77	11 JrW	Kaley Gott, 15*, Pleasant Hill, IA	33:41	10:50

78	26	W30	Jenni Williams, 30*, Altoona, IA	33:44	10:51
150	31	M20	Ty Gubbells, 27, Des Moines, IA	33:52	10:54
79	13	W40	Cindy Donahue, 47*, Des Moines, IA	33:56	10:55
80	27	W30	Devon Uric, 30*, Ames, IA	33:58	10:56
151	32	M20	Anthony Greiter, 29, Ames, IA	34:00	10:56
81	21	W20	Haley Urness, 20*, Ankeny, IA	34:03	10:57
152	10	M50	Jim Barrett, 56, West Des Moines, IA	34:07	10:59
82	22	W20	Kirsten Koestler, 24*, Altoona, IA	34:09	10:59
83	23	W20	Laci Holder, 23*, Sully, IA	34:09	10:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

84	3	W60	Linda Holt, 61*, Mitchellville, IA	34:14	11:01
85	24	W20	Olivia Weber, 25*, West Des Moines, IA	34:25	11:04
153	20	M40	Corrie Burg, 43, Polk City, IA	34:27	11:05
86	28	W30	Rochelle Benavides, 39*, Norwalk, IA	34:27	11:05
87	14	W40	Tami Ruppel, 45*, Des Moines, IA	34:39	11:09
154	21	M40	Tybee Sever, 40, West Des Moines, IA	34:40	11:09
155	42	JrM	Noah Sever, 8, West Des Moines, IA	34:44	11:10
88	29	W30	Emily Neumayer, 32*, West Des Moines, IA	34:50	11:12
156	11	M50	Dale Grundmeier, 55, Stuart, IA	34:50	11:13
89	15	W40	Lora Coffman, 48*, Des Moines, IA	34:51	11:13
90	25	W20	Marcy Boldman, 27*, Norwalk, IA	34:51	11:13
157	12	M50	Tod McComb, 51, Des Moines, IA	34:51	11:13
158	22	M40	Jacob Lederman, 44, Des Moines, IA	35:00	11:16
91	30	W30	Andrew Kreutv, 34*, Norwalk, IA	35:01	11:16
92	31	W30	Angela Arndt-Parker, 34*, Indianola, IA	35:02	11:16
93	16	W40	Lisa Luu, 48*, Des Moines, IA	35:02	11:17
159	7	M60	John Sarcone, 65, Des Moines, IA	35:06	11:18
94	32	W30	Lindsay Eastin, 32*, Clive, IA	35:09	11:19
95	33	W30	Juliette Olejnik, 33*, Ankeny, IA	35:10	11:19
160	8	M60	Mike Beck, 69, Ankeny, IA	35:10	11:19
96	34	W30	Shelly Wing, 32*, Altoona, IA	35:17	11:21
97	17	W40	Danielle Golden, 41*, Bondurant, IA	35:23	11:23
98	4	W60	Connie Wright, 61*, Ira, IA	35:31	11:26
99	7	W50	Vivian Masters, 57*, Des Moines, IA	35:31	11:26
100	12	JrW	Jusso Solo, 14*	35:38	11:28
101	13	JrW	Megan Schafnitz, 14*, Des Moines, IA	35:40	11:28
161	13	M50	Terry Rempe, 55, Urbandale, IA	35:45	11:30
102	18	W40	Heather Lloyd, 40*, Ankeny, IA	35:48	11:31
162	39	M30	Eric Peterson, 30, Des Moines, IA	35:51	11:32
103	26	W20	Laura Glas, 25*, West Des Moines, IA	35:51	11:32
104	14	JrW	Isabella Cook, 14*	36:04	11:36
163			David Kuntz, Des Moines, IA	36:06	11:37
164	23	M40	Jason Sims, 41, Johnston, IA	36:09	11:38
165	33	M20	Caleb Woods, 22, Grimes, IA	36:09	11:38
105	19	W40	Deb VanVelzen, 45*, Cumming, IA	36:10	11:38
166	40	M30	Sean Cunningham, 33, Norwalk, IA	36:10	11:38
167	41	M30	Sean O'Bryan, 33, Urbandale, IA	36:11	11:39
106	27	W20	Kandice Roethler, 28*, Ankeny, IA	36:14	11:40
107	35	W30	Jenna Carney, 31*, Dallas Center, IA	36:18	11:41
168	42	M30	Brady Carney, 32, Dallas Center, IA	36:19	11:41
108	28	W20	Jazmane Cardona, 20*, Des Moines, IA	36:21	11:42
109	36	W30	Lisa Ohlinger, 39*, Cumming, IA	36:25	11:43
110	8	W50	Rose Richman, 52*, Des Moines, IA	36:29	11:44
111	29	W20	Kerrigan Owens, 20*, Urbandale, IA	36:33	11:46
112	30	W20	Ellen Scorpiniti, 21*, Ankeny, IA	36:34	11:46
113	37	W30	Jessica Winter, 34*, Grimes, IA	36:50	11:51
169	43	M30	Andrew Winter, 32, Grimes, IA	37:00	11:54
114	38	W30	Brooke Ramsey, 35*, Johnston, IA	37:03	11:55
115	20	W40	Cinnamon Schulz, 40*, Carlisle, IA	37:07	11:57
170	24	M40	Matt Mertens, 48, Des Moines, IA	37:08	11:57
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116	31	W20	Trina Rauterberg, 28*, Ankeny, IA	37:32	12:05
171	14	M50	Todd Robertson, 52, North Liberty, IA	37:36	12:06

117	9	W50	Cheryl Bjurstrom, 52*, Urbandale, IA	37:36	12:06
172			Bruce Bjurstrom, Urbandale, IA	37:37	12:06
173	15	M50	Charlie Negrete, 57, Norwalk, IA	37:49	12:10
118	39	W30	Jen Grose, 38*, Norwalk, IA	37:50	12:10
174	43	JrM	Jack Winter, 12, Grimes, IA	38:02	12:14
175	44	M30	John May, 30, Des Moines, IA	38:04	12:15
176	34	M20	Bradley Taber, 26, West Des Moines, IA	38:05	12:15
119	5	W60	Sonja Diener, 94*, Ankeny, IA	38:07	12:16
120	10	W50	Jennifer Porter, 51*, Hartford, IA	38:13	12:18
177	25	M40	Dennis Loxterman, 47, Johnston, IA	38:22	12:21
121	40	W30	Sarah Guhl, 31*, Des Moines, IA	38:26	12:22
178	45	M30	Jason Johns, 39, Des Moines, IA	38:39	12:26
122			Kerry Shelley*, West Des Moines, IA	38:39	12:26
123	21	W40	Beth Cox, 45*, Des Moines, IA	38:43	12:27
124	32	W20	Sunny Sengaphone, 29*, Altoona, IA	38:46	12:28
179	44	JrM	Ethan Werts, 9, Russell, IA	38:48	12:29
180	26	M40	Kelley Werts, 42, Russell, IA	38:49	12:30
125	41	W30	Marie Erpelding, 34*, Altoona, IA	38:56	12:32
126			Courtney Strable*, Des Moines, IA	38:57	12:32
127	42	W30	Meg Hopkins, 35*, Bloomfield, IA	39:20	12:39
181	27	M40	Jim Van Gundy, 45, Carlisle, IA	39:22	12:40
128			Lori Jansen*, Urbandale, IA	39:30	12:43
129	22	W40	Jesse Bilenberg, 44*, Des Moines, IA	39:32	12:43
182	28	M40	Jeremy Belloma, 40, Des Moines, IA	39:40	12:46
183	29	M40	Travis Schooley, 45, Des Moines, IA	39:42	12:46
130	23	W40	Amy Hunold-Van Gundy, 45*, Carlisle, IA	39:44	12:47
184	45	JrM	Emmett Bartod, 3, Boone, IA	39:46	12:48
131	43	W30	Tiffany Bartos, 32*, Boone, IA	39:49	12:49
132	44	W30	Manivanh Khongmaly, 39*, Johnston, IA	39:49	12:49
133	33	W20	Marissa Lee, 27*, Clive, IA	39:50	12:49
134	34	W20	Kylie Hervey, 26*, West Des Moines, IA	39:51	12:49
135	11	W50	Susan Appler, 53*, Norwalk, IA	39:55	12:51
136	15	JrW	Lauren Philippi, 9*, Indianola, IA	40:08	12:55
185	46	M30	Nicklaus Philippi, 35, Indianola, IA	40:09	12:55
137	35	W20	Hannah Keep, 27*, Altoona, IA	40:12	12:56
186	46	JrM	Cade Cordell, 5, Indianola, IA	40:13	12:57
138	24	W40	Sandy Brokaw, 41*, Des Moines, IA	40:20	12:59
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139	25	W40	Priscilla Davidson, 47*, Des Moines, IA	40:23	13:00
140	16	JrW	Dana Thacker, 15*, Johnston, IA	40:56	13:10
141	17	JrW	Erica Thacker, 19*, Johnston, IA	40:56	13:10
142	26	W40	Sherry Kooiker, 45*, Ankeny, IA	41:04	13:13
143	18	JrW	Olivia Erdelt, 16*, Ankeny, IA	41:04	13:13
144	45	W30	Kim Meyers, 32*, Pleasant Hill, IA	41:14	13:16
187	47	JrM	Bo Bormann, 14, Humboldt, IA	41:27	13:20
145	19	JrW	Peyton Steinfeldt, 14*, Ankeny, IA	41:29	13:21
146	46	W30	Michelle O'Reilly, 37*, Des Moines, IA	41:31	13:22
147	47	W30	Christina Siepker, 32*, Grimes, IA	41:37	13:24
188	16	M50	Christopher Lopez, 51, West Des Moines, IA	41:38	13:24
148	36	W20	Karla Heflin, 29*, Ankeny, IA	41:39	13:24
149	48	W30	Babs Milligan, 31*, Des Moines, IA	41:39	13:24
189	47	M30	Daniel Heflin, 30, Ankeny, IA	41:43	13:26
190	48	JrM	Kashdon Bormann, 10, Humboldt, IA	41:44	13:26
191	9	M60	David Ersland, 71, Humboldt, IA	41:46	13:26
150	37	W20	Ashley Maas, 29*, Ankeny, IA	41:56	13:30
151	49	W30	Constance Jones, 30*, Bondurant, IA	41:56	13:30
152	38	W20	Chelsey Wilson, 28*, De Sotot, IA	41:58	13:30
153	50	W30	Katie Dwyer, 30*, Greenfield, IA	42:00	13:31
192	48	M30	Brad Hofer, 36, Grimes, IA	42:03	13:32
154	51	W30	Cynthia Hofer, 36*, Grimes, IA	42:04	13:32
155	39	W20	Courtney Warren, 21*, Clive, IA	42:05	13:33
193	17	M50	Rod Warren, 52, Clive, IA	42:06	13:33
194	30	M40	Jerry Noble, 47, Ankeny, IA	42:10	13:34
195	49	JrM	Mayson Shelton, 14, Des Moines, IA	42:25	13:39

156	52	W30	Carrielynn Fetters, 34*, Norwalk, IA	42:31	13:41
196	49	M30	Todd Smith, 39, Des Moines, IA	42:34	13:42
197	18	M50	Michael Adams, 51, Altoona, IA	42:34	13:42
198	50	JrM	Alex Maciel, 16, Des Moines, IA	42:43	13:45
157	20	JrW	Hailey Buzynski, 19*, West Des Moines, IA	42:48	13:46
158	53	W30	Kary Sprague, 36*, Waukee, IA	42:51	13:47
199	50	M30	Jeremy Sprague, 36, Des Moines, IA	42:51	13:47
159	27	W40	Dawn Buzynski, 49*, West Des Moines, IA	42:52	13:48
200	51	M30	Jon Marking, 39, Urbandale, IA	43:00	13:50
160	21	JrW	Mala Fongkhamdeng, 9*, Clive, IA	43:20	13:57
201	31	M40	Somkhith Fongkhamdeng, 42, Clive, IA	43:21	13:57
202	51	JrM	M J. McCarthy, 5, Grimes, IA	43:26	13:59
203	52	M30	Anthony McCarthy, 30, Grimes, IA	43:26	13:59
161	12	W50	Leesa Shoemaker, 52*, Grimes, IA	43:29	13:59

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162	22	JrW	Brooke Thacker, 17*, Johnston, IA	43:52	14:07
204	52	JrM	Kevin Nguyen, 16, Des Moines, IA	43:54	14:08
163	23	JrW	Sarahi Peralta, 15*, Des Moines, IA	43:58	14:09
205			Jeff Jansen, Urbandale, IA	44:15	14:14
164	54	W30	Jessi Wrigley, 36*, Altoona, IA	44:22	14:17
165	13	W50	Sherry Sears, 56*, Des Moines, IA	44:23	14:17
166	28	W40	Denise Schafnitz, 48*, Des Moines, IA	44:28	14:19
167	29	W40	Rhonda Erdelt, 48*, Ankeny, IA	44:33	14:20
206	53	M30	Otis Khounlo, 32, Des Moines, IA	44:37	14:22
207	35	M20	Kyler Prunty, 29, Des Moines, IA	44:38	14:22
208	19	M50	Gary Harms, 56, West Des Moines, IA	44:38	14:22
168	30	W40	Michelle Leonard, 47*, Dallas Center, IA	44:39	14:22
169	55	W30	Maggie Wood, 30*, Grimes, IA	44:43	14:23
209	10	M60	Paul Johnson, 63, Des Moines, IA	44:43	14:23
170	56	W30	Saara Khounlo, 37*, Des Moines, IA	44:44	14:24
171	24	JrW	Alina Dong, 15*, Des Moines, IA	44:49	14:25
172	57	W30	Kay Hornbrook, 39*, Ankeny, IA	44:52	14:26
173	14	W50	Linda Ahrens, 55*, St. Charles, IA	44:55	14:27
174	15	W50	Deb Medici-Feick, 55*, Granger, IA	44:55	14:27
210	36	M20	Anthony Harris, 22, Grimes, IA	45:11	14:32
175	6	W60	Ginny Hofbauer, 66*, Des Moines, IA	45:24	14:37
176	40	W20	Ellaine Watkins, 25*, Des Moines, IA	45:41	14:42
211	32	M40	Rick Brcka, 40, Altoona, IA	45:52	14:46
177	58	W30	Jamie Moellers, 36*, Ankeny, IA	45:52	14:46
178	25	JrW	Bella Frost, 8*, Des Moines, IA	45:59	14:48
212	54	M30	Carlye Lopez, 31, West Des Moines, IA	46:00	14:48
179	59	W30	Katie Goeser, 32*, Desoto, IA	46:10	14:51
180	60	W30	Natali Howe, 34*, Desoto, IA	46:10	14:51
181	16	W50	Cindy Hejlik, 58*, Des Moines, IA	46:17	14:54
213	53	JrM	Tyler Steffen, 7, Des Moines, IA	46:17	14:54

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182	7	W60	Pamela Steffen, 61*, Des Moines, IA	46:44	15:02
183	8	W60	Connie Allen, 65*, Chariton, IA	46:54	15:05
184	41	W20	Melissa Morrill, 29*, Altoona, IA	46:58	15:07
185	42	W20	Nicole Jansen, 27*, Urbandale, IA	47:01	15:08
214	37	M20	Christopher Guhl, 29, West Des Moines, IA	47:01	15:08
186	26	JrW	Paige Thacker, 11*, Johnston, IA	47:26	15:16
187	31	W40	Valerie Thacker, 49*, Johnston, IA	47:30	15:17
215			Ethan Steinbach, Stuart, IA	47:37	15:19
216	54	JrM	Tyler Steinbach, 15, Stuart, IA	47:59	15:26
188	17	W50	Debby Mook, 56*, Des Moines, IA	48:20	15:33
189	18	W50	Sara Dreyer, 59*, Altoona, IA	48:21	15:34
217	55	JrM	Carter Accola, 11, Ankeny, IA	48:33	15:37
190	19	W50	Kathy Pruisman, 58*, Blairsburg, IA	48:46	15:42
191	27	JrW	Bianco Valadro, 11*, Des Moines, IA	48:47	15:42
192	43	W20	Dandeline Guhl, 27*, West Des Moines, IA	49:00	15:46
193	32	W40	Juli Accola, 40*, Ankeny, IA	49:01	15:46
218	56	JrM	Ethan Accola, 14, Ankeny, IA	49:01	15:47

194	33	W40	Melissa Houlsworth, 47*, Des Moines, IA	49:04	15:47
195	34	W40	Cassie VanArkel, 41*, Urbandale, IA	49:07	15:49
219	55	M30	Kevin Hathaway, 32, Des Moines, IA	49:27	15:55
196	61	W30	Darcy Hathaway, 30*, Des Moines, IA	49:28	15:55
197	62	W30	Dianna Kealy, 30*, Ankeny, IA	49:34	15:57
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220	57	JrM	Gavin Heckler, 8, Altoona, IA	50:00	16:05
221	56	M30	Thomas Heckler, 33, Altoona, IA	50:00	16:05
222	20	M50	Patrick Weepie, 55, Altoona, IA	50:09	16:08
198	44	W20	Becky Wilson, 27*, Adel, IA	50:09	16:08
199	35	W40	Jen Adams, 44*, Des Moines, IA	51:40	16:37
223	33	M40	Alex Andersen, 46, Indianola, IA	51:57	16:43
224	34	M40	Mark Wessels, 47, Polk City, IA	52:01	16:44
200	28	JrW	Ava Wessels, 9*, Polk City, IA	52:02	16:45
225	21	M50	Kevin Palmer, 53, Des Moines, IA	52:06	16:46
201	45	W20	Makayla Nemmers, 26*, Bondurant, IA	52:07	16:46
202	36	W40	Melissa McCoy, 43*, Des Moines, IA	52:10	16:47
226	38	M20	Nathan Nemmers, 28, Bondurant, IA	52:12	16:48
203	29	JrW	Kyanna Vosen, 11*, Pleasant Hill, IA	52:13	16:48
204	9	W60	Rita Denhart, 63*, Plelasant Hill, IA	52:16	16:49
227	58	JrM	Cardin Meunsaveng, 4, Indianola, IA	52:16	16:49
228	35	M40	Daobandon Meunsaveng, 41, Indianola, IA	52:18	16:50
205	30	JrW	Lydia Meunsaveng, 7*, Indianola, IA	52:18	16:50
206	63	W30	Jennifer Drucker, 30*, Urbandale, IA	52:27	16:53
207	20	W50	Tammy Deviney, 57*, Des Moines, IA	52:29	16:53
229	59	JrM	Gene Hildreth III, 10, Des Moines, IA	52:31	16:54
208	37	W40	Kim Hildreth, 40*, Des Moines, IA	52:31	16:54
209	31	JrW	Alyssa Jessip, 11*, Indianola, IA	52:39	16:57
210	38	W40	Kimberly Davis, 44*, Indianola, IA	52:39	16:57
211	64	W30	Thuk Meunsaveng, 37*, Indianola, IA	52:40	16:57
212	39	W40	Betty Haar, 49*, Ankeny, IA	52:42	16:58
213	40	W40	Brenda Amber, 46*, Ankeny, IA	52:42	16:58
214	65	W30	Tori Sorensen, 38*, Ankeny, IA	52:43	16:58
230	36	M40	Chris Sorensen, 43, Ankeny, IA	52:43	16:58
215	41	W40	Karissa Hackert, 40*, Urbandale, IA	52:43	16:58
216	46	W20	Hayley Fenley, 22*, Newton, IA	52:46	16:59
217	42	W40	Jodi Fenley, 45*, Newton, IA	52:47	16:59
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231	60	JrM	Trent Rover, 15, Des Moines, IA	52:55	17:02
218	21	W50	Pam Orndorff, 58*, Chariton, IA	52:59	17:03
219	32	JrW	Emily Donahue, 17*, Des Moines, IA	53:05	17:05
220	33	JrW	Sarah Donahue, 19*, Des Moines, IA	53:05	17:05
232	39	M20	Drew Gavin, 21, Des Moines, IA	53:11	17:07
221	66	W30	Beth Werts, 37*, Russell, IA	53:11	17:07
222	22	W50	Wendy Drucker, 52*, Urbandale, IA	53:12	17:07
233	22	M50	Charles Drucker, 53, Urbandale, IA	53:15	17:08
223	43	W40	Amanda Hunerdosse, 47*, Bondurant, IA	53:30	17:13
224	23	W50	Diane Clevinger, 57*, Des Moines, IA	53:30	17:13
225	24	W50	Kristi Tripp, 58*, Des Moines, IA	53:34	17:14
226	44	W40	Heng Fongkhamdeng, 43*, Clive, IA	53:35	17:15
234	37	M40	Luke Fongkhamdeng, 43, Clive, IA	53:41	17:17
227	25	W50	Challee Piper, 53*, Ankeny, IA	53:42	17:17
235	23	M50	James Piper, 54, Ankeny, IA	53:46	17:18
228	45	W40	Itedra Clopton, 44*, Des Moines, IA	53:46	17:18
229	47	W20	Troyisha Merrett, 22*, Grimes, IA	53:47	17:18
230	48	W20	Addison Whitaker, 20*, Grimes, IA	53:48	17:19
236	38	M40	Nathan Dennison, 44, Des Moines, IA	53:48	17:19
237	39	M40	Andy Kuennen, 44, Des Moines, IA	53:48	17:19
231	49	W20	Alisha Rankin, 25*, Mitchellville, IA	53:48	17:19
232	50	W20	Hannah Schabilion, 24*, Bondurant, IA	53:49	17:19
233	10	W60	Gail Pierce, 68*, Ankeny, IA	54:04	17:24
234	46	W40	Cindy Dykstra, 48*, Des Moines, IA	54:04	17:24
235	67	W30	Martha Rowe, 39*, Indianola, IA	54:09	17:26

238	40	M40	Michael Rowe, 44, Indianola, IA	54:13	17:27
236	11	W60	Liz Loeffelholz, 60*, Clinton, IA	54:17	17:28
239	11	M60	Al Loeffelholz, 62, Clinton, IA	54:19	17:29
237	68	W30	Alicia Mohr, 32*, Ankeny, IA	54:23	17:30
238	47	W40	Tonia Sherman, 43*, Johnston, IA	54:25	17:31
239	12	W60	Sheila Kruckenber, 67*, Johnston, IA	54:26	17:31
240	13	W60	Teresa Mohr, 65*, Spencer, IA	54:27	17:31
241	26	W50	Lourene Bennett, 56*, Urbandale, IA	54:52	17:39
240	41	M40	Mark Mohr, 42, Ankeny, IA	54:52	17:39
241	57	M30	Mike Mohr, 39, Ankeny, IA	54:53	17:40
242	12	M60	Chuck Mohr, 69, Spencer, IA	54:55	17:40
242	69	W30	Michelle Mohr, 33*, Ankeny, IA	55:04	17:43
243			Ashley Loeffelholz*, Ankeny, IA	55:05	17:43
243	58	M30	Stephen Loeffelholz, 32, Ankeny, IA	55:09	17:45
244	14	W60	Janet Nicolino, 62*, Des Moines, IA	55:11	17:45
244	13	M60	John Nicolini, 62, Des Moines, IA	55:13	17:46
245	70	W30	Kelly Morgan, 32*, Clive, IA	55:18	17:48
246	34	JrW	Audrey Wessels, 10*, Polk City, IA	55:28	17:51
247	48	W40	Nancy Wessels, 45*, Polk City, IA	55:48	17:57
248			Kay Haroldson*, Urbandale, IA	55:48	17:57
249	71	W30	Rebecca Haroldson, 30*, Urbandale, IA	55:49	17:58
250	72	W30	Molly Halverson, 38*, Des Moines, IA	55:51	17:58
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245	59	M30	Andrew Meyer, 31, Des Moines, IA	56:00	18:01
251	51	W20	Ashley Avila, 23*, Des Moines, IA	56:00	18:01
252	15	W60	Sue Alleman, 63*, Des Moines, IA	56:01	18:02
253	49	W40	Danielle Walburn, 40*, Ackworth, IA	56:07	18:03
254	35	JrW	Alanis Walburn, 10*, Ackworth, IA	56:21	18:08
246	24	M50	Bryan Huff, 56, Ankeny, IA	56:22	18:08
255	27	W50	Melody Wallace, 56*, Ankeny, IA	56:36	18:13
256	73	W30	Natalie Heinemann, 32*, Colfax, IA	56:36	18:13
257	74	W30	Jacy Heinemann, 32*, Colfax, IA	57:00	18:21
247	42	M40	Jason Davis, 45, Indianola, IA	57:01	18:21
248	14	M60	Deb Young, 64, Urbandale, IA	57:24	18:28
258	16	W60	Jim Young, 60*, Urbandale, IA	57:24	18:28
259	17	W60	Nancy Quinn, 62*, Des Moines, IA	57:26	18:29
260	50	W40	Barb Quinn, 46*, Des Moines, IA	57:29	18:30
261	28	W50	Brenda Hardy, 56*, Des Moines, IA	58:09	18:43
262	29	W50	Cathy Pierce, 52*, Johnston, IA	58:09	18:43
263	75	W30	Jennifer Hitchcock, 30*, Des Moines, IA	58:11	18:43
249	40	M20	Derek Connelly, 29, Des Moines, IA	58:11	18:43
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264	76	W30	Heather Blue, 33*, Winterset, IA	59:52	19:16
250	60	M30	Nic Belieu, 35, Winterset, IA	59:53	19:16
265	77	W30	Shanda Lewiston, 33*, Des Moines, IA	1:00:01	19:19
266	78	W30	Kelly Selgrade, 31*, Des Moines, IA	1:00:02	19:19
251	61	M30	Ben Lewiston, 31, West Des Moines, IA	1:00:04	19:20
267	36	JrW	Callie Paquette, 2*, West Des Moines, IA	1:00:06	19:20
268	37	JrW	Maddie Paquette, 5*, West Des Moines, IA	1:00:06	19:21
252	62	M30	Brain Paquette, 31, West Des Moines, IA	1:00:07	19:21
269	79	W30	Deanne Canne, 33*, West Des Moines, IA	1:00:07	19:21
253	61	JrM	Alex Johnson, 6, Grinnell, IA	1:00:24	19:26
254	63	M30	Dan Johnson, 38, Grinnell, IA	1:00:29	19:28
270	18	W60	Jan Pope, 61*, Grinnell, IA	1:00:45	19:33
255	25	M50	David Huberty, 56, Lucas, IA	1:00:46	19:33
271	30	W50	Jean Huberty, 56*, Lucas, IA	1:00:59	19:37
272	38	JrW	Samantha Volz, 11*, Ankeny, IA	1:01:06	19:40
273	39	JrW	Ellie Mollison, 8*, West Des Moines, IA	1:01:07	19:40
274	31	W50	Caroyle Andrews, 57*, Des Moines, IA	1:01:22	19:45
275	80	W30	Abbie Eichman, 32*, Des Moines, IA	1:01:34	19:49
256	62	JrM	Dylan Squier, 15, Ankeny, IA	1:01:44	19:52
276	81	W30	Crystal Nelson, 34*, Ankeny, IA	1:01:45	19:52
257	15	M60	Jack Jones, 60, Dallas, TX	1:02:02	19:58

258	43	M40	Humbert Verdejo-Morales, 48, Katy, TX	1:02:04	19:58
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277	19	W60	Kaye Gifford, 62*, Centerville, IA	1:02:34	20:08
259	16	M60	Chuck Gifford, 62, Centerville, IA	1:02:34	20:08
278	82	W30	Allison Moore, 34*, Urbandale, IA	1:02:40	20:10
279	20	W60	Diane Tellis, 60*, Urbandale, IA	1:02:42	20:11
280	21	W60	Nancy Evans, 63*, Des Moines, IA	1:02:52	20:14
281			Judy Cope*, Des Moines, IA	1:02:52	20:14
282	83	W30	Ashley Inthalangsy, 33*, Ankeny, IA	1:03:52	20:33
283	51	W40	Susan Perry, 46*, West Des Moines, IA	1:03:54	20:34
260	63	JrM	Elijah Phipps, 5, Altoona, IA	1:04:03	20:37
261	44	M40	Andy Phipps, 40, Altoona, IA	1:04:05	20:38
284	84	W30	Holly Chiles, 35*, Des Moines, IA	1:04:08	20:38
285	85	W30	Kelli Coady, 31*, Des Moines, IA	1:04:08	20:38
286	86	W30	Heidi Chiles, 37*, Des Moines, IA	1:04:10	20:39
262	64	M30	Kay Wing, 35, Baxter, IA	1:04:14	20:40
287	32	W50	Dustin Wing, 57*, Centerville, IA	1:04:28	20:45
263	17	M60	Don Wing, 66, Centerville, IA	1:04:29	20:45
288	87	W30	Jill Mollison, 36*, West Des Moines, IA	1:04:31	20:46
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

264	41	M20	Chris Marshall, 26, Adel, IA	1:05:25	21:03
289	52	W20	Morgan Marshall, 29*, Adel, IA	1:05:30	21:05
265	65	M30	Chandy Souvatrat, 31, Des Moines, IA	1:05:30	21:05
290	88	W30	Gina Souvatrat, 30*, Des Moines, IA	1:05:31	21:05
291			Laurie Evans*, Des Moines, IA	1:05:51	21:11
292	33	W50	Lynn Evans, 58*, Des Moines, IA	1:05:51	21:11
293	52	W40	Lynn Wingert, 49*, West Des Moines, IA	1:05:52	21:12
294	89	W30	Becka Davis, 39*, Mason City, IA	1:05:53	21:12
295	53	W40	Wendi Phipps, 43*, Altoona, IA	1:05:57	21:13
266	42	M20	Jordan Rico, 22, Grimes, IA	1:06:03	21:15
296	90	W30	Lindsey Hedlund, 31*, Norwalk, IA	1:06:04	21:16
297	91	W30	Allison Ness, 35*, Des Moines, IA	1:06:05	21:16
298	92	W30	Mary Claassen, 33*, West Des Moines, IA	1:06:12	21:18
299	93	W30	Steph Bohlmann, 35*, Bondurant, IA	1:06:51	21:31
300	22	W60	Linda Sanny, 66*, Bondurant, IA	1:06:54	21:32
301	40	JrW	Kyla Finley, 11*, Johnston, IA	1:07:18	21:40
302	54	W40	Jolene Finley, 47*, Johnston, IA	1:07:40	21:46
303	53	W20	Jessica Greenfield, 29*, Johnston, IA	1:07:40	21:47
304	55	W40	Jacque Hoffman, 46*, Johnston, IA	1:07:40	21:47
305			Tisha Carter-Smith*, Des Moines, IA	1:07:43	21:47
306	41	JrW	Isabella Kingery, 6*, Des Moines, IA	1:07:43	21:48
307	94	W30	Jessica Kingery, 36*, Des Moines, IA	1:07:43	21:48
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

308 23 W60 Margie Bridgewater, 78*, Des Moines, IA 1:20:00 25:45

* indicates females

10 finishers among Males (no age given)

63 finishers among Men Under 20

42 finishers among Men 20 - 29

65 finishers among Men 30 - 39

44 finishers among Men 40 - 49

25 finishers among Men 50 - 59

17 finishers among Men 60 & Up

41 finishers among Women Under 20

53 finishers among Women 20 - 29

94 finishers among Women 30 - 39

55 finishers among Women 40 - 49

33 finishers among Women 50 - 59

23 finishers among Women 60 & Up

9 finishers among Females (no age given)

266 male finishers

308 female finishers

574 total finishers

Age Groups

PLACE	CLASS PLACE	FINISHER	TIME	PACE
Open Men				
1	1 M20	Jake Sutton, 24, West Des Moines, IA	16:30	5:18
2	2 M20	Coby Mooers, 22, Carlisle, IA	18:44	6:02
3	3 M20	Jan Hudson, 26, Des Moines, IA	20:43	6:40
4	4 M30	Keith Varner, 30, Ankeny, IA	21:09	6:48
5	5 M20	Mark Lahart, 25, Des Moines, IA	21:11	6:49
Open Women				
1	1 W30	Jenna Halik, 32, Des Moines, IA	21:46	7:00
2	2 W40	Rachel Hoger, 41, Johnston, IA	22:28	7:14
3	3 JrW	Audrey Klein, 18, Des Moines, IA	22:44	7:19
4	4 W20	Jenna Jensen, 26, Urbandale, IA	22:59	7:24
5	5 JrW	Caitlin Lucht, 16, Des Moines, IA	23:41	7:37

PLACE	CLASS PLACE	FINISHER	TIME	PACE
Men Under 20				
8	1	Kiran Adhikari, 15, Des Moines, IA	21:20	6:52
10	2	Pedro Valdez, 16, Des Moines, IA	21:25	6:53
11	3	Na Kay Ya, 16, Des Moines, IA	21:25	6:53
15	4	Festa Iranezeyz, 14	21:53	7:03
17	5	Gavin Sellers, 11, Johnston, IA	22:05	7:06
Men 20 - 29				
1	1	Jake Sutton, 24, West Des Moines, IA	16:30	5:18
2	2	Coby Mooers, 22, Carlisle, IA	18:44	6:02
3	3	Jan Hudson, 26, Des Moines, IA	20:43	6:40
5	4	Mark Lahart, 25, Des Moines, IA	21:11	6:49
9	5	Bo Woolman, 26, Des Moines, IA	21:23	6:53
Men 30 - 39				
4	1	Keith Varner, 30, Ankeny, IA	21:09	6:48
7	2	Shawn Morgan, 34, Clive, IA	21:18	6:51
18	3	Jake Lancaster, 33, West Des Moines, IA	22:06	7:07
20	4	Andrew Long, 31, West Des Moines, IA	22:20	7:11
25	5	Steven Bjurstram, 30, Des Moines, IA	22:51	7:21
Men 40 - 49				
6	1	David Blaes, 40, Des Moines, IA	21:14	6:50
12	2	David Ness, 45, Johnston, IA	21:28	6:54
16	3	David Olsen, 43, West Des Moines, IA	22:04	7:06
19	4	Jon Pena, 43, Grimes, IA	22:14	7:09
23	5	Scott Dahlstrom, 48, Ankeny, IA	22:34	7:16
Men 50 - 59				
13	1	Casey Showalter, 55, Altoona, IA	21:32	6:56
72	2	Todd Eipperle, 51, Ankeny, IA	27:55	8:59
76	3	Paul Stout, 50, Clive, IA	27:59	9:00
89	4	David Pope, 55, Grinnell, IA	28:48	9:16
101	5	Kevin Houston, 56, Boone, IA	29:45	9:34
Men 60 & Up				
51	1	Roy Ney, 67, Des Moines, IA	26:18	8:28
58	2	Chuck Clark, 65, Norwalk, IA	26:52	8:39

94	3	John Carlson, 61, West Des Moines, IA	29:14	9:24
115	4	Rich Hickle, 62, Ankeny, IA	30:17	9:45
127	5	Paul Erickson, 60, Urbandale, IA	31:32	10:09

PLACE	CLASS PLACE	FINISHER	TIME	PACE
Women Under 20				
3	1	Audrey Klein, 18, Des Moines, IA	22:44	7:19
5	2	Caitlin Lucht, 16, Des Moines, IA	23:41	7:37
16	3	Claire Carlson, 19, West Des Moines, IA	26:42	8:35
17	4	Madison Dykstra, 19, Des Moines, IA	26:55	8:40
31	5	Brianna Hill, 15, Urbandale, IA	28:38	9:13
Women 20 - 29				
4	1	Jenna Jensen, 26, Urbandale, IA	22:59	7:24
9	2	Lisa Brus, 26, Des Moines, IA	25:28	8:12
18	3	Allison Bell, 21, Iowa Falls, IA	27:02	8:42
19	4	Rhonda Boesenberg, 29, Storm Lake, IA	27:23	8:49
20	5	Jennifer Klyn, 27, Ottumwa, IA	27:33	8:52
Women 30 - 39				
1	1	Jenna Halik, 32, Des Moines, IA	21:46	7:00
7	2	Shanna Harrington, 36, Des Moines, IA	24:21	7:50
12	3	Jaimi Yost, 32, Des Moines, IA	26:05	8:24
22	4	Maddie Lancaster, 30, West Des Moines, IA	27:48	8:57
23	5	Carrie Naber, 35, Des Moines, IA	27:54	8:59
Women 40 - 49				
2	1	Rachel Hoger, 41, Johnston, IA	22:28	7:14
6	2	Kristy Pomrenke, 43, Ankeny, IA	23:58	7:43
8	3	Amy Justinlano, 44, Ankeny, IA	25:24	8:10
10	4	Lisa Elliott, 49, Des Moines, IA	25:54	8:20
11	5	Lisa Rempe, 48, Urbandale, IA	26:00	8:22
Women 50 - 59				
13	1	Karen Dassinger, 51, West Des Moines, IA	26:30	8:31
14	2	Ellen Johnson, 58, Des Moines, IA	26:31	8:32
15	3	Susan Klinge, 52, Belmont, IA	26:34	8:33
24	4	Jennifer Bushbaum, 50, Urbandale, IA	27:57	9:00
26	5	Kimberly Abbott, 55, Ankeny, IA	28:21	9:07
Women 60 & Up				
54	1	Celeste Egger, 62, Windsor Heights, IA	31:44	10:13
63	2	Mary Struchen, 65, Webster City, IA	32:45	10:32
84	3	Linda Holt, 61, Mitchellville, IA	34:14	11:01
98	4	Connie Wright, 61, Ira, IA	35:31	11:26
119	5	Sonja Diener, 94, Ankeny, IA	38:07	12:16

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