

Running Wilds 6K's of Summer *** 6K Run

*** Overall & Divisions

Event: 6K Run

Date: Monday, May 30, 2016

Location: Iowa City

Weather: Warm 72°

Overall and Age Divisions

Results By: On The Run Race Timing Race

Video [21:00](#) Click On Your Name to see yourself cross the Finish line!

<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Austin Springsteen, M21	Lisbon, IA	21:50	5:51/M	21:49	5:51/M
2	2	2 OVM	Frank Canady, M24	Iowa City, IA	22:42	6:05/M	22:41	6:05/M
3	3	3 OVM	Dean Schwickerath, M44	Readlyn, IA	24:02	6:27/M	24:00	6:26/M
4	4	1 M40	William Iverson, M48	Iowa City, IA	24:37	6:36/M	24:35	6:36/M
5	5	1 M50	Eric Wortman, M52	Iowa City, IA	25:04	6:43/M	25:02	6:43/M
6	1	1 OVF	Alexandra Stork, F27	Iowa City, IA	27:22	7:20/M	27:18	7:19/M
7	6	2 M50	James Anderson, M54	Jesup, IA	28:11	7:34/M	28:08	7:33/M
8	7	1 M20	Stephen Dalnodar, M29	Coralville, IA	29:42	7:58/M	29:40	7:57/M
9	2	2 OVF	Rachel Parry, F26	Iowa City, IA	30:15	8:07/M	30:11	8:06/M
10	8	3 M50	Larry Harris, M54	Brighton, IA	31:29	8:27/M	31:27	8:26/M
11	3	3 OVF	Margaret Kell, F28	Hiawatha, IA	31:49	8:32/M	31:45	8:31/M
12	9	1 M60	Tom Kirkwood, M72	Dyersville, IA	32:08	8:37/M	32:05	8:36/M

13	4	1 F30	Jill Schwickerath, F33	Readlyn, IA	32:50	8:48/M	32:47	8:48/M
14	10	2 M40	Mark Latta, M45	Iowa City, IA	32:51	8:49/M	32:46	8:47/M
15	5	1 F40	Rhonda Sellner, F47	Swisher, IA	33:18	8:56/M	33:13	8:55/M
16	6	1 F50	Denise Whiting, F57	Iowa City, IA	33:52	9:05/M	33:49	9:04/M
17	7	2 F30	Jessica Wade, F37	Iowa City, IA	34:26	9:14/M	34:22	9:13/M
18	8	3 F30	Julie Beard, F37	Iowa City, IA	34:27	9:14/M	34:23	9:13/M
19	9	1 Dog	Lilly Shelterdog, F3	Coralville, IA	34:48	9:20/M	34:42	9:18/M
20	10	2 F50	Colette Hartley, F51	Iowa City, IA	35:58	9:39/M	35:53	9:38/M
21	11	2 F40	Michelle Clark, F43	Iowa City, IA	36:05	9:41/M	36:00	9:39/M
22	12	1 F20	Beth Carder, F28	Williamsburg, IA	37:13	9:59/M	37:07	9:57/M
23	11	2 M20	Jared Carder, M28	Williamsburg, IA	37:15	9:59/M	37:05	9:57/M
24	13	1 JRF	Lily Schwickerath, F10	Readlyn, IA	37:19	10:00/M	37:14	9:59/M
25	12	4 M50	Kyle Helland, M50	Cedar Falls, IA	37:31	10:04/M	37:26	10:03/M
26	14	3 F40	Miesha Marzell, F41	Iowa City, IA	37:34	10:05/M	37:29	10:03/M
27	13	1 M30	Fred Reuter, M30	Iowa City, IA	37:41	10:06/M	37:35	10:05/M
28	15	2 F20	Ambrea Manley, F28	Cedar Rapids, IA	37:45	10:08/M	37:43	10:07/M
29	16	3 F20	Morgan Troendle, F26	Cedar Rapids, IA	37:45	10:08/M	37:43	10:07/M
30	17	4 F40	Christy Petersen, F42	Coralville, IA	38:20	10:17/M	38:15	10:16/M
31	18	3 F50	Susan Ludwig, F57	Iowa City, IA	39:40	10:38/M	39:37	10:38/M
32	19	4 F50	Kim Weber, F55	West Des Moines, IA	39:55	10:42/M	39:51	10:41/M
33	14	5 M50	Russell Squires, M53	Waverly, IA	40:06	10:45/M	40:02	10:44/M
34	20	1 F60	Debby Prideaux, F62	Marion, IA	41:53	11:14/M	41:48	11:13/M
35	21	4 F30	Teresa Obr, F32	Coralville, IA	42:30	11:24/M	42:25	11:23/M
36	22	5 F50	Lorna Yoder, F51	Kalona, IA	45:07	12:06/M	45:07	12:06/M
37	23	2 F60	Christine Sedrel, F69	Iowa City, IA	49:21	13:14/M	49:14	13:12/M
38	24	6 F50	Becky Meyer, F53	South Amana, IA	49:59	13:24/M	49:52	13:22/M
39	25	5 F40	Kayla Lator, F40	Iowa City, IA	49:59	13:24/M	49:52	13:23/M
40	15	1 JRM	Will Wade, M9	Iowa City, IA	50:29	13:32/M	50:27	13:32/M

41	26	4 F20	Courtney Watters, F25	Coralville, IA	52:20	14:02/M	52:13	14:00/M
42	16	2 JRM	Matt Colony, M9	Iowa City, IA	52:50	14:10/M	52:48	14:10/M

Overall and Age Divisions

Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Austin Springsteen, M21	Lisbon, IA	21:50	5:51/M	21:49	5:51/M
2	Frank Canady, M24	Iowa City, IA	22:42	6:05/M	22:41	6:05/M
3	Dean Schwickerath, M44	Readlyn, IA	24:02	6:27/M	24:00	6:26/M

Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Alexandra Stork, F27	Iowa City, IA	27:22	7:20/M	27:18	7:19/M
2	Rachel Parry, F26	Iowa City, IA	30:15	8:07/M	30:11	8:06/M
3	Margaret Kell, F28	Hiawatha, IA	31:49	8:32/M	31:45	8:31/M

Dogs Mixed

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Lilly Shelterdog, F3	Coralville, IA	34:48	9:20/M	34:42	9:18/M

M[19 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Will Wade, M9	Iowa City, IA	50:29	13:32/M	50:27	13:32/M
2	Matt Colony, M9	Iowa City, IA	52:50	14:10/M	52:48	14:10/M

F[19 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Lily Schwickerath, F10	Readlyn, IA	37:19	10:00/M	37:14	9:59/M

M[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Stephen Dalnodar, M29	Coralville, IA	29:42	7:58/M	29:40	7:57/M
2	Jared Carder, M28	Williamsburg, IA	37:15	9:59/M	37:05	9:57/M

F[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Beth Carder, F28	Williamsburg, IA	37:13	9:59/M	37:07	9:57/M
2	Ambrea Manley, F28	Cedar Rapids, IA	37:45	10:08/M	37:43	10:07/M
3	Morgan Troendle, F26	Cedar Rapids, IA	37:45	10:08/M	37:43	10:07/M
4	Courtney Watters, F25	Coralville, IA	52:20	14:02/M	52:13	14:00/M

M[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Fred Reuter, M30	Iowa City, IA	37:41	10:06/M	37:35	10:05/M

F[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Jill Schwickerath, F33	Readlyn, IA	32:50	8:48/M	32:47	8:48/M
2	Jessica Wade, F37	Iowa City, IA	34:26	9:14/M	34:22	9:13/M
3	Julie Beard, F37	Iowa City, IA	34:27	9:14/M	34:23	9:13/M
4	Teresa Obr, F32	Coralville, IA	42:30	11:24/M	42:25	11:23/M

M[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	William Iverson, M48	Iowa City, IA	24:37	6:36/M	24:35	6:36/M
2	Mark Latta, M45	Iowa City, IA	32:51	8:49/M	32:46	8:47/M

F[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Rhonda Sellner, F47	Swisher, IA	33:18	8:56/M	33:13	8:55/M
2	Michelle Clark, F43	Iowa City, IA	36:05	9:41/M	36:00	9:39/M
3	Miesha Marzell, F41	Iowa City, IA	37:34	10:05/M	37:29	10:03/M
4	Christy Petersen, F42	Coralville, IA	38:20	10:17/M	38:15	10:16/M
5	Kayla Lalor, F40	Iowa City, IA	49:59	13:24/M	49:52	13:23/M

M[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Eric Wortman, M52	Iowa City, IA	25:04	6:43/M	25:02	6:43/M
2	James Anderson, M54	Jesup, IA	28:11	7:34/M	28:08	7:33/M

3	Larry Harris, M54	Brighton, IA	31:29	8:27/M	31:27	8:26/M
4	Kyle Helland, M50	Cedar Falls, IA	37:31	10:04/M	37:26	10:03/M
5	Russell Squires, M53	Waverly, IA	40:06	10:45/M	40:02	10:44/M

F[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Denise Whiting, F57	Iowa City, IA	33:52	9:05/M	33:49	9:04/M
2	Colette Hartley, F51	Iowa City, IA	35:58	9:39/M	35:53	9:38/M
3	Susan Ludwig, F57	Iowa City, IA	39:40	10:38/M	39:37	10:38/M
4	Kim Weber, F55	West Des Moines, IA	39:55	10:42/M	39:51	10:41/M
5	Lorna Yoder, F51	Kalona, IA	45:07	12:06/M	45:07	12:06/M
6	Becky Meyer, F53	South Amana, IA	49:59	13:24/M	49:52	13:22/M

M[60 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Tom Kirkwood, M72	Dyersville, IA	32:08	8:37/M	32:05	8:36/M

F[60 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Debby Prideaux, F62	Marion, IA	41:53	11:14/M	41:48	11:13/M
2	Christine Sedrel, F69	Iowa City, IA	49:21	13:14/M	49:14	13:12/M

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