

30th Run for the Roses 10 Kilometer**Ames, IA****Oct. 9, 2016**

60s and Sunny

Results by Cal Murdock

5K results [Here](#)

Use the Find option of your Web Browser to find the performance of a specific individual.

Last updated Oct. 11, 2016 8:06 AM

PLACE	CLASS	FINISHER	TIME
1	OpM	Charlie Paul, 27, Iowa City, IA	34:48
2	1 M20	Jackson Griffith, 22, Ames, IA	35:47
3	1 M25	Joel Opolka, 28, Lone Tree, IA	39:15
4	2 M20	Jake O'Polka, 24, Grinnell, IA	39:31
5	1 M45	Lance Bergeson, 48, Ankeny, IA	39:39
6	1 M35	Darin Arkema, 38, Sully, IA	40:04
7	1 M30	Greg Cregeen, 33, Colo, IA	41:07
8	1 M14	Trous Troendle, 19, Lanesboro, MN	41:16
9	1 M50	Todd Haugen, 53, Des Moines, IA	41:54
10	2 M30	Joel DeBoef, 34, New Sharon, IA	43:37
11	2 M50	John Bannantine, 51, Ames, IA	43:50
12	3 M20	Cameron McCann, 20, Ames, IA	43:53
13	2 M25	Jacob Pleasants, 27, Ames, IA	44:03
14	2 M35	Grayson Calhoun, 37, Ames, IA	44:19
15	4 M20	Zach Bartlett, 24, Ames, IA	44:40
16	3 M25	Matthew Lee, 26, Ames, IA	44:44
17	3 M35	Guillermo Marcillo, 35, Ames, IA	44:54
18	5 M20	John Nagel, 23, Ames, IA	44:55
19	4 M35	Andrew Ringlee, 35, Ames, IA	44:56
20	OpW	Julie Sander, 34*, Ankeny, IA	45:26
21	6 M20	Jonah Tibbits, 20, Ames, IA	45:32
22	1 W20	Sarah Manders, 21*, Ames, IA	45:52
23	4 M25	Lucas Borg, 26, Iowa City, IA	46:08
24	1 W35	Hyunsun Reilly, 35*, Ames, IA	46:43
25	7 M20	Seth Heerschap, 23, Ames, IA	46:45
26	2 W20	Megan Slattery, 20*, Ames, IA	46:55
27	8 M20	John Blust, 22, Milwaukee, WI	47:00
28	1 M40	Todd Klindt, 42, Ames, IA	47:05
29	2 M14	Isiah Brandt, 19, Ames, IA	47:08
30	9 M20	Collin Hertzner, 20, Forest City, IA	47:09
31	3 M14	Calvin Pieper, 18, Waukee, IA	47:47
32	3 W20	Anna Haugen, 21*, Ames, IA	47:57
33	1 M55	Allen Miller, 59, Ames, IA	47:59
34	10 M20	Dylan Roth, 21, Ames, IA	48:15
35	2 W35	Kelly Brown, 36*, Ackworth, IA	48:24
36	4 W20	Rose Hoffman, 21*, Ames, IA	48:28
37	1 M60	Dave Fitz, 61, Ames, IA	48:31
38	3 M50	Scott Walker, 52, Ames, IA	48:42
39	3 M30	Senlin Chen, 34, Ames, IA	48:44
40	5 W20	Madeline Keane, 20*, Ames, IA	48:56
41	5 M25	Tyler Schellhorn, 27, Clarksville, IA	49:06
42	5 M35	Jason Dunn, 36, Ames, IA	49:08
43	2 M60	Jonathon Wendel, 61, Ames, IA	49:17

44	4	M30	Andrew Sage, 31, Ames, IA	49:29
45	1	M65	Richard J Martin, 67, Ames, IA	49:46
46	2	M65	Sam Fisher, 67, Boone, IA	49:52
47	1	W40	Rachel Hoger, 41*, Johnston, IA	50:39
48	6	W20	Ella Feldman, 21*, Ames, IA	51:30
49	4	M14	Jake Viner, 18, Ames, IA	51:31
50	11	M20	David Pauls, 21, Ames, IA	51:35
51	5	M14	Matthew Flickinger, 19, Ames, IA	51:35
52	6	M14	Maxwell Covington Iv, 18, Ames, IA	51:37
53	7	W20	Brooke Almasi, 20*, Ames, IA	51:44
54	1	W25	Katie Mozingo, 25*, Ames, IA	51:55
55	8	W20	Madison Bodholdt, 20*, Ames, IA	52:08
56	6	M35	Anupam Sharma, 39, Ames, IA	52:10
57	1	W30	Whitney Airgood, 30*, Columbus, OH	52:16
58	5	M30	John Obrycki, 30, Columbus, OH	52:16
59	2	M55	Dave Slsenbast, 55, Ames, IA	52:39
60	7	M35	Scott Rinderknecht, 36, West Des Moines, IA	52:57
61	1	JrW	Erin Murphy, 13*, Ames, IA	53:00
62	3	M55	Greg Elonen, 59, Superior, WI	53:01
63	1	W14	Amber Castillo, 18*, Creston, IA	53:04
64	2	W30	Jessica Morgan, 33*, Boone, IA	53:07
65	4	M55	Tim Carson, 59, Ackley, IA	53:09
66	9	W20	Kylie Wallin, 21*, Ames, IA	53:12
67	10	W20	Madison Bollig, 21*, Ames, IA	53:13
68	12	M20	Thomas Esposito, 23, Ames, IA	53:13
69	3	W30	Heather Meyer, 30*, Ames, IA	53:33
70	4	W30	Rachel Shepherd, 34*, Urbandale, IA	53:42
71	2	M45	Greg Pieper, 49, Des Moines, IA	54:12
72	3	M45	Betty Carson, 48, Ackley, IA	54:14
73	1	W55	Pamela Pomerenk, 56*, Waterloo, IA	54:16
74	7	M14	Daniel Carson, 18, Ackley, IA	54:26
75	1	W50	Cheryl Uhlmeyer, 53*, Ames, IA	54:30
76	11	W20	Amanda Fishel, 20*, Ames, IA	54:32
77	8	M14	Aaron Butler, 19, Ames, IA	54:55
78	1	W45	Cristina Pardo, 45*, Ames, IA	55:01
79	2	W45	Soko Starobin, 46*, Ames, IA	55:01
80	1	W60	Kathleen Wendel, 61*, Ames, IA	55:02
81	2	M40	Andy Miner, 44, Ames, IA	55:08
82	2	W25	Gina Gunsolley, 29*, Diagonal, IA	55:13
83	6	M30	Blake Shepherd, 34, Urbandale, IA	55:28
84	5	M55	Jim Chenhall, 57, Ames, IA	55:39
85	3	M60	Alan DiSpirito, 62, Ames, IA	56:11
86	4	M60	Jim Pratt, 63, Boone, IA	56:18
87	12	W20	Paige Wardell, 21*, Ames, IA	56:30
88	3	W35	Nicole DeBoef, 36*, New Sharon, IA	56:41
89	13	W20	Courtney Steege, 21*, Ames, IA	57:12
90	14	W20	Danica Lovrien, 24*, Clarksville, IA	57:31
91	6	M25	Ian Swett, 27, Cedar Rapids, IA	58:01
92	4	W35	Anna Arkema, 36*, Sully, IA	58:02
93	15	W20	Samantha Barry, 20*, Ames, IA	58:19
94	13	M20	Marcin Mocarski, 20, Ames, IA	58:28
95	3	W25	Katherine Taylor, 26*, Ames, IA	58:28
96	3	M65	Joel Beane, 69, Marshalltown, IA	58:53
97	14	M20	Tyler Ehlers, 24, Ames, IA	59:02
98	16	W20	Kathryn Schiefelbein, 24*, Ames, IA	59:31
99	6	M55	Doug Jacobson, 58, Ames, IA	59:41
100	2	W14	Sarah Faith Carson, 15*, Ackley, IA	59:47
101	8	M35	Tim Fencl, 37, Ames, IA	59:53
102	3	M40	Rick Freeze, 43, Des Moines, IA	59:54
103	4	W25	Audrey Miller, 25*, Story City, IA	59:56
104	2	W50	Teresa Green, 54*, Boone, IA	1:00:12
105	5	W25	Megan Delaney, 26*, Iowa City, IA	1:00:14
106	5	W35	Amy Page, 36*, Boone, IA	1:00:22
107	15	M20	Donavon Doyle, 24, Kansas City, MO	1:00:41

108	2	W40	Lisa Packer, 43*, Ames, IA	1:01:10
109	4	M40	Sonia Harold, 43, Ames, IA	1:01:31
110	17	W20	Bethany Carson, 22*, Ackley, IA	1:02:27
111	3	W40	Kori Heuss, 42*, Ames, IA	1:02:32
112	6	W25	Qiaochu Zhu, 28*, Ames, IA	1:02:47
113	4	M50	Scott Barker, 53, Council Bluffs, IA	1:03:07
114	3	W14	Rebecca Sunken, 19*, Fort Dodge, IA	1:03:12
115	4	W40	Lisa Chirico, 41*, Ankeny, IA	1:03:35
116	2	W60	Ann Hegstrom, 60*, De Soto, IA	1:03:46
117	5	W30	Katie Champlin, 33*, Urbandale, IA	1:04:15
118	5	W40	Amanda Magie, 41*, Ames, IA	1:04:26
119	3	W45	Amy Divine, 46*, Ames, IA	1:04:39
120	3	W60	Cindy Hauber, 62*, Ames, IA	1:04:46
121	9	M35	Tyler Morgan, 35, Ames, IA	1:06:00
122	5	M60	Russ Laczniak, 60, Ames, IA	1:06:01
123	4	W14	Amber Castillo, 18*, Creston, IA	1:06:18
124	3	W50	Trina Dunham, 51*, Hiawatha, IA	1:06:24
125	6	W40	Carrie DeVan, 41*, Boone, IA	1:07:17
126	18	W20	Chelsey Sturtz, 22*, Boone, IA	1:07:43
127	4	M45	Manimaran Govindarasu, 48, Ames, IA	1:09:09
128	5	M40	Frank Chirico, 43, Ankeny, IA	1:09:13
129	19	W20	Charity Carson, 20*, Ackley, IA	1:09:35
130	7	W40	Jerri Dight, 40*, Rockford, IA	1:09:57
131	4	W50	Becky Pratt, 52*, Boone, IA	1:10:05
132	4	W60	Debra Nash, 64*, Rockford, IA	1:10:36
133	8	W40	Elizabeth Hayden, 44*, Des Moines, IA	1:11:36
134	6	M60	Conroy Smith, 61, Des Moines, IA	1:12:41
135	20	W20	Meaghan Daley, 24*, Ames, IA	1:12:55
136	6	W30	Lindsay Warren, 30*, Bondurant, IA	1:13:57
137	2	W55	Tammy Warren, 56*, Dike, IA	1:13:57
138	4	W45	Nancy Combs, 49*, Newton, IA	1:14:32
139	21	W20	Breanna Chopard, 23*, Ames, IA	1:14:47
140	3	W55	Shelley Oren, 55*, Boone, IA	1:18:40
141	9	W40	Kris Evans, 40*, Ames, IA	1:19:12
142	6	W35	Summer Marr, 39*, Ames, IA	1:19:14
143	7	W30	Wendy Borja, 34*, Ames, IA	1:20:31
144	10	W40	Amy Johnson, 43*, Madrid, IA	1:20:37

* indicates females

2 finishers among Males (no age given)

8 finishers among Men 14 - 19

15 finishers among Men 20 - 24

6 finishers among Men 25 - 29

6 finishers among Men 30 - 34

9 finishers among Men 35 - 39

5 finishers among Men 40 - 44

4 finishers among Men 45 - 49

4 finishers among Men 50 - 54

6 finishers among Men 55 - 59

6 finishers among Men 60 - 64

3 finishers among Men 65 - 69

1 finishers among Women Under 14

4 finishers among Women 14 - 19

21 finishers among Women 20 - 24

6 finishers among Women 25 - 29

7 finishers among Women 30 - 34

6 finishers among Women 35 - 39

10 finishers among Women 40 - 44

4 finishers among Women 45 - 49

4 finishers among Women 50 - 54

3 finishers among Women 55 - 59

4 finishers among Women 60 - 64

74 male finishers

70 female finishers

144 total finishers

Return [to home page.](#)