

Run-for-the-Least_5K-#E7B3.htmlTEXTppppÖ Öþ‡ Öþ‡ “

Run for the Least *** 5K RunWalk *** Overall & Divisions

Event: 5K RunWalk

Date: Saturday, October 07, 2017

Location: Lisbon

Weather: Cool Rainy 70°

Overall and Age Divisions

Results By: On The Run Race Timing Race

Video [16:48](#) Click On Your Name to see yourself cross the Finish line!

Place	Gender	Division	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	1	1 OVM	Ean Caskey, M36	Lisbon, IA	15:49	5:06/M	15:49	5:05/M
2	1	1 OVF	Marie Schofer, F35	Mount Vernon, IA	17:47	5:43/M	17:46	5:43/M
3	2	1 M40	Louis Pelsang, M43	Iowa City, IA	19:33	6:17/M	19:32	6:17/M
4	3	1 M50	James Pelsang, M52	Iowa City, IA	19:53	6:24/M	19:52	6:24/M
5	4	1 JRM	Carter Hall, M13	Lisbon, IA	19:56	6:25/M	19:55	6:25/M
6	5	2 JRM	Luke Stephens, M11	Mt. Vernon, IA	20:28	6:35/M	20:26	6:34/M
7	2	1 JRF	Laura Swart, F13	Mount Vernon, IA	20:46	6:41/M	20:45	6:41/M
8	6	2 M40	Art Durnet, M43	Coralville, IA	22:26	7:13/M	22:25	7:13/M
9	7	3 JRM	Andrew Dix, M8	Mt Vernon, IA	24:23	7:51/M	24:16	7:49/M
10	8	4 JRM	John Broulik, M12	Lisbon, IA	24:35	7:55/M	24:33	7:54/M
11	9	1 M70	Tom Kirkwood, M74	Dyersville, IA	25:33	8:13/M	25:28	8:12/M
12	3	1 F40	Tina Lampe, F44	Marion, IA	25:39	8:15/M	25:33	8:13/M
13	4	1 F30	Maggie Slaymaker, F32	Mount Vernon, IA	25:51	8:19/M	25:45	8:17/M
14	10	2 M50	Owen McCarron, M58	Cedar Rapids, IA	26:02	8:23/M	25:58	8:21/M
15	11	1 M20	Timothy Weber,	Olin, IA	26:07	8:24/M	26:04	8:23/M

			<u>M29</u>					
16	5	1 F50	Ann Weber-Holdgrafer, F57	Marion, IA	26:12	8:26/M	26:08	8:25/M
17	12	1 M60	Stephen Schmitz, M62	Cedar Rapids, IA	26:30	8:32/M	26:18	8:28/M
18	13	3 M50	Joe Mischka, M54	Cedar Rapids, IA	26:32	8:33/M	26:21	8:29/M
19	6	2 F40	Amy Rambousek, F43	Dubuque, IA	26:37	8:34/M	26:30	8:32/M
20	7	2 F30	Katie Moon, F36	Marion, IA	26:44	8:36/M	26:38	8:34/M
21	8	3 F30	Holly Kepros, F38	North Liberty, IA	26:55	8:40/M	26:53	8:39/M
22	9	3 F40	Nichole Plagge, F42	Cedar Rapids, IA	27:41	8:55/M	27:35	8:53/M
23	10	2 F50	Jill Jones, F54	Cedar Rapids, IA	28:07	9:03/M	28:03	9:02/M
24	14	4 M50	Dave Klostermann, M53	Mount Vernon, IA	28:24	9:09/M	28:08	9:03/M
25	15	5 JRM	Elijah Weber, M10	Mechanicsville, IA	28:40	9:14/M	28:37	9:12/M
26	11	1 F20	Marisa Henze, F22	Mount Vernon, IA	29:09	9:23/M	29:05	9:22/M
27	12	2 JRF	Claire Gaffney, F12	Mount Vernon, IA	29:13	9:24/M	29:11	9:24/M
28	16	1 M30	Matt Weber, M36	Mechanicsville, IA	29:20	9:27/M	29:17	9:25/M
29	13	3 F50	Kathy Rice, F55	Mount Vernon, IA	29:35	9:31/M	29:32	9:30/M
30	17	2 M60	Bob Jones, M65	Cedar Rapids, IA	30:04	9:41/M	30:00	9:39/M
31	14	4 F30	Loli Grosse, F38	Lisbon, IA	30:26	9:48/M	30:17	9:45/M
32	15	1 F60	Donna Moon, F64	Hales Corners, WI	32:12	10:22/M	32:06	10:20/M
33	16	3 JRF	Angel Beaman, F9	Clarence, IA	33:11	10:41/M	33:08	10:40/M
34	17	4 JRF	Libby Dix, F10	Mt Vernon, IA	33:55	10:55/M	33:53	10:54/M
35	18	3 M60	Raymond Moon, M65	Hales Corners, WI	34:02	10:57/M	33:56	10:55/M
36	19	2 M30	Justin Dix, M38	Mt Vernon, IA	34:26	11:05/M	34:18	11:02/M
37	18	4 F50	Tracy Weber-Hanna, F50	Central City, IA	35:00	11:16/M	34:54	11:14/M
38	19	4 F40	Natalie Nedza, F42	Cedar Rapids, IA	35:45	11:31/M	35:32	11:26/M
39	20	5 F40	Patricia Cook, F45	Ankeny, IA	36:16	11:40/M	36:11	11:39/M
40	20	3 M30	Blake Covington, M38	Mount Vernon, IA	36:35	11:46/M	36:23	11:43/M
41	21	6 JRM	Michael Covington, M9	Mount Vernon, IA	36:35	11:47/M	36:24	11:43/M
42	21	5 F50	Connie Ternus, F56	Vinton, IA	36:54	11:53/M	36:48	11:51/M
43	22	6 F50	Chiara Burke, F59	Mount Vernon, IA	37:44	12:09/M	37:34	12:06/M
44	22	5 M50	Matt Burke, M58	Mount Vernon, IA	37:49	12:10/M	37:39	12:07/M

Place	Age	Sex	Name	City	Gun Time	Pace	Chip Time	Pace
45	23	JRM	Skylar Stoner, M13	Mount Vernon, IA	37:53	12:12/M	37:44	12:09/M
46	24	JRM	Bryce Weber, M11	Mechanicsville, IA	38:12	12:18/M	38:04	12:15/M
47	23	F40	Liz Kennedy, F40	Cedar Rapids, IA	38:32	12:24/M	38:28	12:23/M
48	24	F30	Jennie Stoner, F39	Mount Vernon, IA	38:44	12:28/M	38:33	12:25/M
49	25	M30	Nick Nedza, M32	Cedar Rapids, IA	39:02	12:34/M	38:49	12:30/M
50	25	JRF	Elayannah Beaman, F11	Clarence, IA	42:04	13:32/M	42:01	13:31/M
51	26	JRF	Bryannah Beaman, F12	Clarence, IA	42:12	13:35/M	42:10	13:34/M
52	27	F70	Ann Hunter, F77	Cedar Rapids, IA	42:48	13:47/M	42:35	13:42/M
53	28	F50	Sharla McCarron, F58	Cedar Rapids, IA	42:51	13:47/M	42:36	13:43/M
54	29	F50	Beth Martin, F50	Cedar Rapids, IA	42:51	13:47/M	42:37	13:43/M
55	30	F60	Debra Heil, F60	Marshalltown, IA	44:38	14:22/M	44:33	14:20/M
56	31	F60	Ann Pruess, F68	Clarence, IA	51:53	16:42/M	51:45	16:39/M
57	32	F30	Cindy Weber, F36	Mechanicsville, IA	51:53	16:42/M	51:45	16:39/M

Overall and Age Divisions

Overall Male

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Ean Caskey, M36	Lisbon, IA	15:49	5:06/M	15:49	5:05/M

Overall Female

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Marie Schofer, F35	Mount Vernon, IA	17:47	5:43/M	17:46	5:43/M

M[14 & Under]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Carter Hall, M13	Lisbon, IA	19:56	6:25/M	19:55	6:25/M
2	Luke Stephens, M11	Mt. Vernon, IA	20:28	6:35/M	20:26	6:34/M
3	Andrew Dix, M8	Mt Vernon, IA	24:23	7:51/M	24:16	7:49/M
4	John Broulik, M12	Lisbon, IA	24:35	7:55/M	24:33	7:54/M
5	Elijah Weber, M10	Mechanicsville, IA	28:40	9:14/M	28:37	9:12/M

6	Michael Covington, M9	Mount Vernon, IA	36:35	11:47/M	36:24	11:43/M
7	Skylar Stoner, M13	Mount Vernon, IA	37:53	12:12/M	37:44	12:09/M
8	Bryce Weber, M11	Mechanicsville, IA	38:12	12:18/M	38:04	12:15/M

F[14 & Under]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Laura Swart, F13	Mount Vernon, IA	20:46	6:41/M	20:45	6:41/M
2	Claire Gaffney, F12	Mount Vernon, IA	29:13	9:24/M	29:11	9:24/M
3	Angel Beaman, F9	Clarence, IA	33:11	10:41/M	33:08	10:40/M
4	Libby Dix, F10	Mt Vernon, IA	33:55	10:55/M	33:53	10:54/M
5	Elaynah Beaman, F11	Clarence, IA	42:04	13:32/M	42:01	13:31/M
6	Bryannah Beaman, F12	Clarence, IA	42:12	13:35/M	42:10	13:34/M

M[20-29]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Timothy Weber, M29	Olin, IA	26:07	8:24/M	26:04	8:23/M

F[20-29]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Marisa Henze, F22	Mount Vernon, IA	29:09	9:23/M	29:05	9:22/M

M[30-39]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Matt Weber, M36	Mechanicsville, IA	29:20	9:27/M	29:17	9:25/M
2	Justin Dix, M38	Mt Vernon, IA	34:26	11:05/M	34:18	11:02/M
3	Blake Covington, M38	Mount Vernon, IA	36:35	11:46/M	36:23	11:43/M
4	Nick Nedza, M32	Cedar Rapids, IA	39:02	12:34/M	38:49	12:30/M

F[30-39]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Maggie Slaymaker, F32	Mount Vernon, IA	25:51	8:19/M	25:45	8:17/M
2	Katie Moon, F36	Marion, IA	26:44	8:36/M	26:38	8:34/M
3	Holly Kepros, F38	North Liberty, IA	26:55	8:40/M	26:53	8:39/M
4	Loli Grosse, F38	Lisbon, IA	30:26	9:48/M	30:17	9:45/M
5	Jennie Stoner, F39	Mount Vernon, IA	38:44	12:28/M	38:33	12:25/M
6	Cindy Weber, F36	Mechanicsville, IA	51:53	16:42/M	51:45	16:39/M

M[40-49]

Place	Name	City	Gun Time	Pace	Chip Time	Pace
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				mpm		mpm
1	Louis Pelsang, M43	Iowa City, IA	19:33	6:17/M	19:32	6:17/M
2	Art Durnet, M43	Coralville, IA	22:26	7:13/M	22:25	7:13/M

F[40-49]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Tina Lampe, F44	Marion, IA	25:39	8:15/M	25:33	8:13/M
2	Amy Rambousek, F43	Dubuque, IA	26:37	8:34/M	26:30	8:32/M
3	Nichole Plagge, F42	Cedar Rapids, IA	27:41	8:55/M	27:35	8:53/M
4	Natalie Nedza, F42	Cedar Rapids, IA	35:45	11:31/M	35:32	11:26/M
5	Patricia Cook, F45	Ankeny, IA	36:16	11:40/M	36:11	11:39/M
6	Liz Kennedy, F40	Cedar Rapids, IA	38:32	12:24/M	38:28	12:23/M

M[50-59]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	James Pelsang, M52	Iowa City, IA	19:53	6:24/M	19:52	6:24/M
2	Owen McCarron, M58	Cedar Rapids, IA	26:02	8:23/M	25:58	8:21/M
3	Joe Mischka, M54	Cedar Rapids, IA	26:32	8:33/M	26:21	8:29/M
4	Dave Klostermann, M53	Mount Vernon, IA	28:24	9:09/M	28:08	9:03/M
5	Matt Burke, M58	Mount Vernon, IA	37:49	12:10/M	37:39	12:07/M

F[50-59]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Ann Weber-Holdgrafer, F57	Marion, IA	26:12	8:26/M	26:08	8:25/M
2	Jill Jones, F54	Cedar Rapids, IA	28:07	9:03/M	28:03	9:02/M
3	Kathy Rice, F55	Mount Vernon, IA	29:35	9:31/M	29:32	9:30/M
4	Tracy Weber-Hanna, F50	Central City, IA	35:00	11:16/M	34:54	11:14/M
5	Connie Ternus, F56	Vinton, IA	36:54	11:53/M	36:48	11:51/M
6	Chiara Burke, F59	Mount Vernon, IA	37:44	12:09/M	37:34	12:06/M
7	Sharla McCarron, F58	Cedar Rapids, IA	42:51	13:47/M	42:36	13:43/M
8	Beth Martin, F50	Cedar Rapids, IA	42:51	13:47/M	42:37	13:43/M

M[60-69]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Stephen Schmitz, M62	Cedar Rapids, IA	26:30	8:32/M	26:18	8:28/M
2	Bob Jones, M65	Cedar Rapids, IA	30:04	9:41/M	30:00	9:39/M
3	Raymond Moon, M65	Hales Corners, WI	34:02	10:57/M	33:56	10:55/M

F[60-69]

Place	Name	City	Gun Time	Pace	Chip Time	Pace
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				mpm		mpm
1	Donna Moon, F64	Hales Corners, WI	32:12	10:22/M	32:06	10:20/M
2	Debra Heil, F60	Marshalltown, IA	44:38	14:22/M	44:33	14:20/M
3	Ann Pruess, F68	Clarence, IA	51:53	16:42/M	51:45	16:39/M

M[70 & Over]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Tom Kirkwood, M74	Dyersville, IA	25:33	8:13/M	25:28	8:12/M

F[70 & Over]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Ann Hunter, F77	Cedar Rapids, IA	42:48	13:47/M	42:35	13:42/M

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On The Run Race Timing

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