

Run For Your Life 10 km

Water Works Park, Des Moines, IA

Aug. 25, 2018

71 degrees, sunny

Results by Michael Franke

Use the Find option of your Web Browser to find the performance of a specific individual.

[Click here](#) for data on 5 km

10 km

Last updated Aug. 25, 2018 11:34 AM

CLASS			
PLACE	PLACE	FINISHER	TIME
1	1 M20	Jamie Kennedy, 23, Des Moines, IA	38:50
2	1 M30	John Neer, 39, Des Moines, IA	40:22
3	2 M30	Ryan Johnson, 35, West Des Moines, IA	41:44
4	2 M20	Colin Piscitello, 21, Des Moines, IA	48:13
1	1 W40	Rachel Loxterman, 43*, Johnston, IA	48:15
5	1 M60	Tom Heuer, 60, Clive, IA	48:42
6	1 M50	David Desing, 55, Urbandale, IA	49:24
7	3 M30	Ray Wu, 38, West Des Moines, IA	49:48
8	4 M30	Ross Aronson, 39, Ankeny, IA	50:59
9	2 M50	Mike Loss, 52, West Des Moines, IA	51:46
10	1 M40	Keith Epstein, 40, Des Moines, IA	53:20
2	1 W20	Rebecca Johll, 25*, Des Moines, IA	53:34
3	1 W30	Lacey Beenken, 31*, Bancroft, IA	53:39
11	5 M30	Lucas De Groot, 33, Des Moines, IA	54:43
4	2 W30	Hannah Hawkins, 34*, Earlham, IA	54:45
5	2 W20	Eden Kreighbaum, 21*, Des Moines, IA	55:09
12	3 M50	Dan Seemuth, 56, Clive, IA	55:24
13	2 M60	Johnny Ytzen, 64, Creston, IA	55:49
6	3 W30	Leah Bruxvoort, 35*, New Sharon, IA	55:59

7	1	W50	Lana DeGroot, 57*, Oskaloosa, IA	56:39
8	2	W40	Lisa Schwarte, 47*, West Des Moines, IA	56:52
14	3	M20	Dylan Heuer, 29, Des Moines, IA	57:13
9	2	W50	Ellen Middleswart, 53*, Urbandale, IA	58:38
10	3	W50	Jan Atchison, 59*, Rhodes, IA	58:52
11	3	W40	Stephanie Neer, 40*, Des Moines, IA	59:24
15	4	M20	Samuel Leahy, 29, Johnston, IA	59:38
12	4	W40	Heather Brown, 44*, Adel, IA	1:00:14
13	3	W20	Amanda Dolan, 27*, Des Moines, IA	1:00:49
14	4	W30	Natalie McLain, 30*, Saint Charles, IA	1:01:00
15	4	W20	Shannon Coulson, 25*, Bondurant, IA	1:04:54
16	5	W20	Carlinda Hedrick, 28*, Urbandale, IA	1:05:40
17	5	W40	Sarah Miller, 44*, De Soto, IA	1:08:24
18	6	W20	Rachel Miller, 27*, Bondurant, IA	1:08:24
19	5	W30	Alicia Hadfield, 31*, Earlham, IA	1:08:24
20	6	W40	Jennifer Santiago, 47*, Ankeny, IA	1:11:05
21	4	W50	Deanna Breeding, 50*, Des Moines, IA	1:17:12
16	3	M60	Larry Castillo, 64, Winterset, IA	1:18:13
22	6	W30	Navya Mathen, 34*, West Des Moines, IA	1:25:09
23	5	W50	Shauna Hallmark, 54*, Ankeny, IA	1:30:45
24	7	W20	Brittany Hallmark, 25*, Des Moines, IA	1:30:46
25	1	W60	Pam Huguen, 63*, West Des Moines, IA	1:32:22

* indicates females

4 finishers among Men 20 - 29

5 finishers among Men 30 - 39

1 finishers among Men 40 - 49

3 finishers among Men 50 - 59

3 finishers among Men 60 - 69

7 finishers among Women 20 - 29

6 finishers among Women 30 - 39

6 finishers among Women 40 - 49

5 finishers among Women 50 - 59

1 finishers among Women 60 - 69