

5K Run For Big Dreams

Aug 22, 2010

Clear Lake, IA.

[Overall](#)

[Women](#)

[Men](#)

Overall Results

Place	Name	City	Age	Age Place	Gender	Age Group	Time	Pace
1	Grant Peterson	Clear Lake	17	1	M	15 - 19	00:17:54.84	00:05:46.72
2	James Pelsang	Iowa City	45	1	M	40 - 49	00:18:38.22	00:06:00.71
3	Louis Pelsang	Iowa City	36	1	M	30 - 39	00:18:46.52	00:06:03.39
4	Tom Greenwood	Forest City	31	2	M	30 - 39	00:20:16.24	00:06:32.33
5	Mike Larsen	Clear Lake	44	2	M	40 - 49	00:20:41.41	00:06:40.45
6	Ryan Heinrichs	Webster City	14	1	M	1 - 14	00:21:38.02	00:06:58.71
7	Scott Flory	Clear Lake	40	3	M	40 - 49	00:22:18.56	00:07:11.79
8	Brian Hovenga	Forest City	41	4	M	40 - 49	00:22:32.22	00:07:16.20
9	Linde Sifuentes	Rochester	31	3	M	30 - 39	00:23:01.59	00:07:25.67
10	Trudy Peterson	Clear Lake	14	1	F	1 - 14	00:24:17.08	00:07:50.02
11	Amie Adams	Clear Lake	15	1	F	15 - 19	00:24:25.01	00:07:52.58
12	Paul Sgoutz	Mason City	44	5	M	40 - 49	00:24:29.96	00:07:54.18
13	Grady Hovenga	Forest City	10	2	M	1 - 14	00:25:11.02	00:08:07.42
14	Kimberlee Davis	Sioux City	33	1	F	30 - 39	00:25:38.51	00:08:16.29
15	Russ Liggett	Wichita	43	6	M	40 - 49	00:25:39.60	00:08:16.64
16	Trinity Doughan	Clear Lake	29	1	M	20 - 29	00:25:52.82	00:08:20.91
17	Thom Berger	Clear Lake	53	1	M	50 - 59	00:26:00.07	00:08:23.25
18	Aimee Eastman	Clear Lake	26	1	F	20 - 29	00:26:18.31	00:08:29.13
19	Jeremy Berger	Kensett	34	4	M	30 - 39	00:26:28.19	00:08:32.32
20	Valerie Larimore	Rochester	26	2	F	20 - 29	00:26:48.69	00:08:38.93
21	Lacey Stevens	Manson	29	3	F	20 - 29	00:26:54.79	00:08:40.90
22	Phyllis Rogers	Barnum	43	1	F	40 - 49	00:26:59.72	00:08:42.49
23	Scott Adams	Clear Lake	46	7	M	40 - 49	00:27:12.54	00:08:46.62
24	Stacy Doughan	Clear Lake	27	4	F	20 - 29	00:27:18.86	00:08:48.66
25	Stacey Roberts	Leland	37	2	F	30 - 39	00:27:38.50	00:08:55.00
26	Tracey Zwiefel	Clear Lake	40	2	F	40 - 49	00:27:47.29	00:08:57.83
27	Jessica VanWaes	Barnum	21	5	F	20 - 29	00:28:10.47	00:09:05.31
28	Duane Asbe	Clarion	60	1	M	60+	00:29:05.25	00:09:22.98
29	Debbie Miller	Clear Lake	42	3	F	40 - 49	00:29:13.20	00:09:25.55

30	John Digman	East Dubuque	44	8	M	40 - 49	00:29:24.40	00:09:29.16
31	Shenna Storr	Alexander	29	6	F	20 - 29	00:29:38.97	00:09:33.86
32	Gretchen Gustafson	Traer	35	3	F	30 - 39	00:30:09.83	00:09:43.81
33	Nathan Laugen	Lake Mills	19	2	M	15 - 19	00:30:11.52	00:09:44.36
34	Megan McConell	Mason City	19	2	F	15 - 19	00:30:22.13	00:09:47.78
35	Grant Dieken	Clear Lake	11	3	M	1 - 14	00:32:07.81	00:10:21.87
36	Michelle Janssen	Mason City	40	4	F	40 - 49	00:32:27.33	00:10:28.17
37	Linda Warner	Ames	34	4	F	30 - 39	00:32:36.15	00:10:31.01
38	Jackie Lambert	Mason City	43	5	F	40 - 49	00:32:54.22	00:10:36.84
39	Angie Greenwood	Forest City	31	5	F	30 - 39	00:33:49.93	00:10:54.81
40	Elizabeth Kiscaden	Mason City	28	7	F	20 - 29	00:34:35.59	00:11:09.54
41	Desiree Einsweiler	Mason City	27	8	F	20 - 29	00:35:33.88	00:11:28.34
42	Jerry Reynolds	Rochester	76	2	M	60+	00:38:24.28	00:12:23.31
43	Jennifer Larsen	Clear Lake	35	6	F	30 - 39	00:38:50.61	00:12:31.81
44	Ali Ralston	Garner	11	2	F	1 - 14	00:41:36.03	00:13:25.17
45	Kris Laugen	Lake Mills	40	6	F	40 - 49	00:42:27.14	00:13:41.65
46	Nate Laugen	Lake Mills	42	9	M	40 - 49	00:42:27.81	00:13:41.87
47	Katie Gilmore	LaCrosse	28	9	F	20 - 29	00:42:41.30	00:13:46.22
48	Nicole Timp	Cedar Falls	30	7	F	30 - 39	00:42:42.02	00:13:46.46
49	Celeste Moeller	???	15	3	F	15 - 19	00:43:03.26	00:13:53.31
50	Miguel Hegland	Ellsworth	19	3	M	15 - 19	00:43:03.83	00:13:53.49
51	Mary Kay Schlader	Rockford	51	1	F	50 - 59	00:43:57.07	00:14:10.67
52	Sheila Dwine	Mason City	49	7	F	40 - 49	00:43:57.47	00:14:10.79
53	Dawn Dieken	Clear Lake	49	8	F	40 - 49	00:44:13.36	00:14:15.92
54	Heather Villegas	Mason City	28	10	F	20 - 29	01:00:00.00	00:19:21.29
55	Craig Dwine	Mason City	55	2	M	50 - 59	01:00:00.00	00:19:21.29
56	Jair Villegas	Mason City	22	2	M	20 - 29	01:00:00.00	00:19:21.29

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