

Run like a Mother 5 Kilometer

Cedar Falls, iA

May 11, 2019

55 degrees & cloudy

Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

Last updated May 11, 2019 12:48 PM

CLASS				
PLACE	PLACE	FINISHER	TIME	PACE
1	OpM	Caleb Schillinger, 17, North Liberty, IA	17:44	5:42
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
2	1 M30	Jesse Monroe, 33, Waterloo, IA	18:46	6:02
3	2 M30	Ryan Nevin, 37, Waterloo, IA	20:52	6:43
4	1 M50	Todd Coulter, 52, Cedar Falls, IA	21:21	6:52
1	OpW	Angela Burk, 35*, Cedar Falls, IA	21:24	6:53
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
5	1 M70	Mark Zimmer, 62, Independence, IA	21:46	7:00
6	3 M30	Nick Sorbe, 33, Cedar Falls, IA	21:56	7:03
7	1 M20	Jared Heitz, 26, Cedar Falls, IA	22:00	7:05
8	2 M20	Jimmie Roof, 28, Waterloo, IA	22:23	7:12
2	1 W30	Kristin Carpenter, 38*, Cedar Falls, IA	22:27	7:14
9	1 M40	Kelly Carpenter, 41, Cedar Falls, IA	22:29	7:14
10	1 M13	Zach Buzynski, 19, Hudson, IA	22:43	7:18
11	2 M13	Cameron O'Donnell, 19, Readlyn, IA	22:49	7:20
3	1 W40	Carrie Dieken, 42*, Cedar Falls, IA	22:49	7:20
4	1 W13	Sara Carsen, 17*, Ackley, IA	23:01	7:24
5	2 W40	Jill Steele, 43*, Hudson, IA	23:05	7:26
6	1 JrW	Zoe Zylstra, 12*, Cedar Falls, IA	23:12	7:28
12	4 M30	Matt Unga, 36, Cedar Falls, IA	23:17	7:29

13	1	JrM	Jace Hudson, 9, Cedar Falls, IA	23:21	7:31
14	5	M30	Ryan Hudson, 39, Cedar Falls, IA	23:29	7:33
7	1	W50	Suzanne Freedman, 53*, Cedar Falls, IA	23:38	7:36
8	2	W30	Shara Coleman, 36*, Marshalltown, IA	23:47	7:39
9	3	W30	Jessica Little, 37*, Cedar Falls, IA	23:55	7:42
10	2	W13	Bethany Schillinger, 19*, Cedar Falls, IA	24:04	7:45
11	3	W40	Laurie Schillinger, 49*, North Liberty, IA	24:30	7:53
12	4	W40	Tami Jones, 46*, Waterloo, IA	24:38	7:56
13	3	W13	Kaelyn Ambrose, 19*, New Hampton, IA	24:47	7:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
15	2	M40	Tim Heller, 40, Cedar Falls, IA	24:56	8:01
16	3	M13	Treovr Huegerich, 13, Cedar Falls, IA	24:58	8:02
17	2	M70	Tim Carson, 62, Ackley, IA	25:07	8:05
14	4	W13	Jesika Basurto, 13*, Cedar Falls, IA	25:20	8:09
18	3	M70	Mike Craft, 68, La Porte City, IA	25:29	8:12
15	4	W30	April Schauls, 38*, Waterloo, IA	25:34	8:14
16	2	W50	Mary Steffensmeier, 55*, Waterloo, IA	25:40	8:15
17	5	W30	Rachele Randall, 31*, Alta, IA	25:44	8:17
18	6	W30	Ashley Monroe, 33*, Elberon, IA	25:45	8:17
19	2	JrW	Lillian Waterman, 12*, Dyersville, IA	25:56	8:21
19	6	M30	Matthew Engelhardt, 38, Waterloo, IA	26:01	8:22
20	5	W40	Karen Almelien, 41*, Greene, IA	26:01	8:22
21	6	W40	Kristy Leen, 41*, Cedar Falls, IA	26:11	8:25
22	1	W20	Kristin Porstmann, 24*, Grundy Center, IA	26:17	8:27
23	2	W20	Madison Cousins, 24*, De Witt, IA	26:23	8:29
24	7	W30	Mandi Martin, 34*, Waterloo, IA	26:35	8:33
20	3	M20	Brian Murphy, 29, Marshalltown, IA	26:37	8:34
21	3	M40	Ben Brustkern, 45, Waterloo, IA	26:48	8:38
25	8	W30	Crystal Huisman, 34*, Grundy Center, IA	26:51	8:38
22	7	M30	Luke Patterson, 31, Cedar Falls, IA	27:00	8:41
26	3	W20	Taylor Sernett, 20*, Cedar Falls, IA	27:04	8:43
23	8	M30	Lowell Stutzman, 32, Cedar Falls, IA	27:12	8:45
27	4	W20	Megan Olson, 28*, Readlyn, IA	27:44	8:55

28	7	W40	Valerie Hoy, 41*, La Porte City, IA	27:54	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
29	5	W20	Terri Packard, 23*, Waterloo, IA	28:00	9:01
30	3	W50	Laura Lenius Walton, 53*, Cedar Falls, IA	28:02	9:01
31	8	W40	Susan Eisenbacher, 46*, Waterloo, IA	28:03	9:01
32	6	W20	Kaylie Appel, 24*, Hudson, IA	28:05	9:02
33	4	W50	Anne Hennessey, 52*, Cedar Falls, IA	28:16	9:06
34	9	W30	Bernice Ticknor, 32*, Cedar Falls, IA	28:27	9:09
35	7	W20	Alicia Rogers, 29*, Waterloo, IA	28:40	9:13
36	9	W40	Sheila Benson, 49*, Cedar Falls, IA	29:20	9:26
37	8	W20	Justine Ackerman, 22*, Cedar Falls, IA	29:21	9:27
38	1	W70	Nancy Meier, 62*, La Porte City, IA	29:32	9:30
39	10	W30	Jenna Soole, 32*, Cedar Falls, IA	29:33	9:30
24	2	JrM	Caleb Ferch, 10, Gladbrook, IA	29:35	9:31
25	4	M40	Chad Christopher, 47, Hudson, IA	29:39	9:32
26	4	M70	Tim Schmidt, 67, Cedar Falls, IA	29:43	9:34
27	3	JrM	Cole Hudson, 10, Cedar Falls, IA	29:44	9:34
40	11	W30	Amy Hudson, 38*, Cedar Falls, IA	29:44	9:34
28	5	M40	Jason Gomes, 45, Janesville, IA	29:48	9:35
41	5	W50	Lucy Breuer, 52*, Waterloo, IA	29:50	9:36
29	5	M70	James Davies, 66, Allison, IA	30:06	9:41
30	4	JrM	Brooks Waterman, 8, Dyersville, IA	30:06	9:41
42	12	W30	Cara Ferch, 36*, Gladbrook, IA	30:08	9:42
43	13	W30	Lee Salyards, 33*, New Hartford, IA	30:16	9:44
44	10	W40	Angie Brecunier, 47*, Dunkerton, IA	30:17	9:45
45	14	W30	Danielle Stutzman, 34*, Cedar Falls, IA	30:20	9:46
46	15	W30	Leslie Williams, 35*, Cedar Falls, IA	30:22	9:46
47	9	W20	Megan Petersen, 21*, Cedar Falls, IA	30:23	9:47
48	6	W50	Deborah Nagle, 51*, Cedar Falls, IA	30:35	9:50
49	10	W20	Courtney Hendershot, 29*, Cedar Falls, IA	31:03	9:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
50	16	W30	Diane Heller, 35*, Cedar Falls, IA	31:08	10:01

51	11	W20	Louisa Matthews, 28*, Cedar Falls, IA	31:21	10:05
52	17	W30	Crystal Carroll, 31*, Eldora, IA	31:36	10:10
53	12	W20	Ashley Fisk, 21*, Sumner, IA	31:36	10:10
54	18	W30	Jenny Connolly, 36*, Dike, IA	31:52	10:15
55	11	W40	Lisa Kremer, 43*, Cedar Falls, IA	31:52	10:15
56	12	W40	Kimmer Good, 47*, Cedar Falls, IA	32:08	10:21
57	19	W30	Tiffany Meyer, 38*, Cedar Falls, IA	32:11	10:21
58	20	W30	Stacey Coulter, 37*, Cedar Falls, IA	32:12	10:22
59	13	W40	Danielle Syhlman, 48*, Dike, IA	32:12	10:22
60	13	W20	Kayla Syhlman, 25*, Dike, IA	32:13	10:22
61	2	W70	Susan Trebil, 64*, Manly, IA	32:18	10:24
62	21	W30	Sonya Carlson, 36*, Waverly, IA	32:18	10:24
63	22	W30	Alisa Engelhardt, 38*, Waterloo, IA	32:30	10:27
64	23	W30	Sheena Davis, 35*, Eldora, IA	32:34	10:29
65	24	W30	Shantel Basurto, 32*, Cedar Falls, IA	32:34	10:29
66	25	W30	Lynda Bohlmann, 34*, Cedar Falls, IA	32:39	10:30
67	7	W50	Janet Popp, 51*, Osage, IA	32:45	10:32
68	14	W20	Hailey Popp, 23*, Des Moines, IA	32:45	10:32
69	26	W30	Mollie Marken, 33*, Waterloo, IA	32:55	10:35
31	9	M30	Brent Dahlstrom, 35, Cedar Falls, IA	33:08	10:40
70	27	W30	Katie Hillyer, 31*, Cedar Falls, IA	33:10	10:40
71	14	W40	Cynthia Cmelik-Reams, 46*, Nashua, IA	33:18	10:43
72	28	W30	Serena Zwanziger, 38*, Janesville, IA	33:24	10:45
73	29	W30	Cali Sorbe, 33*, Cedar Falls, IA	33:45	10:51
74	30	W30	Jill Kraayenbrink, 30*, Cedar Falls, IA	33:45	10:52
75	8	W50	Lynor Koch, 59*, Waterloo, IA	33:50	10:53
76	9	W50	Kristy Lichty, 53*, Evansdale, IA	33:59	10:56
32	6	M40	Randy Husted, 45, Cedar Falls, IA	34:01	10:57

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

77	15	W40	Karmen Wilder, 44*, Waverly, IA	34:11	11:00
78	16	W40	Kim Brustkern, 42*, Waterloo, IA	34:18	11:02
79	17	W40	Christina Kimball, 40*, Waterloo, IA	34:24	11:04
80	18	W40	Tracy Steger, 49*, Independence, IA	34:51	11:13

81	10	W50	Lori Bronner, 57*, Cresco, IA	34:58	11:15
82	31	W30	Ashley Chizek, 32*, North Liberty, IA	35:00	11:16
83	15	W20	Danna Allen, 27*, Cedar Falls, IA	35:01	11:16
84	19	W40	Jennifer Edmondson, 47*, Evansdale, IA	35:01	11:16
85	32	W30	Carolyn Herman, 32*, La Porte City, IA	35:27	11:24
33	10	M30	Mark Herman, 34, La Porte City, IA	35:28	11:25
86	11	W50	Lisa Jepsen, 52*, Hiawatha, IA	35:30	11:25
87	20	W40	Laura Lord, 42*, Marion, IA	35:34	11:27
88	16	W20	Kelly Popp, 26*, Orchard, IA	35:59	11:35
89	21	W40	Emily Allaire, 44*, Janesville, IA	36:09	11:38
90	22	W40	Brenda Klenk, 47*, Hudson, IA	36:38	11:47
91	23	W40	Dee Sallee, 46*, Hudson, IA	36:39	11:48
92	24	W40	Dawn Mattox, 49*, Cedar Falls, IA	36:45	11:50
93	17	W20	Kaleann Waterman, 29*, Dyersville, IA	36:51	11:51
94	33	W30	Michelle Taylor, 33*, Waterloo, IA	37:06	11:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
95	34	W30	Stephannie Pierce, 32*, Waverly, IA	37:23	12:02
96	5	W13	Jayden Bentley, 16*, Evansdale, IA	37:34	12:05
97	6	W13	Jaida Thurnau, 16*, Waterloo, IA	37:34	12:05
98	3	W70	Carla Lown, 64*, Waterloo, IA	37:35	12:06
99	18	W20	Amber Gabrielson, 25*, Red Wing, MN	37:59	12:13
100	19	W20	Kayla Wood, 27*, Waverly, IA	37:59	12:13
101	12	W50	Trudie Wood, 52*, Blue Earth, MN	38:00	12:14
102	35	W30	Jessi Crawford, 35*, Charles City, IA	38:13	12:18
103	25	W40	Kristi Anderson, 46*, Allison, IA	38:35	12:25
104	4	W70	Becky Braun, 67*, Cedar Falls, IA	38:37	12:25
105	36	W30	Kara Ungs, 32*, Cedar Falls, IA	38:52	12:30
106	20	W20	Michaela Bleeker, 23*, Cedar Falls, IA	38:55	12:31
107	26	W40	Robin Hynek, 47*, Hiawatha, IA	39:20	12:39
108	37	W30	Erin Dawson, 36*, Waterloo, IA	39:30	12:43
109	27	W40	Jodie Victoria, 49*, Denver, IA	39:42	12:46
110	21	W20	Jordyn Victoria, 24*, Denver, IA	39:42	12:47

111	38	W30	Jenni Marler, 31*, Waverly, IA	39:55	12:51
112	7	W13	Karli Hogle, 15*, Waterloo, IA	40:15	12:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
113	39	W30	Jennifer Hinderaker, 37*, Janesville, IA	41:09	13:15
114	22	W20	Rachel Patterson, 26*, Cedar Falls, IA	41:18	13:18
115	40	W30	Katie Patterson, 31*, Cedar Falls, IA	41:19	13:18
116	13	W50	Jill Johnson, 56*, Cedar Falls, IA	41:39	13:24
117	41	W30	JoAnn Berry, 36*, Cedar Falls, IA	41:45	13:26
118	14	W50	Nancy Kuehn, 54*, New Hampton, IA	41:47	13:27
119	42	W30	Katy Wilson, 33*, Traer, IA	41:53	13:29
120	15	W50	Teri Kohls, 55*, Waterloo, IA	42:06	13:33
121	5	W70	Norma Leibold, 72*, Cedar Falls, IA	42:08	13:33
122	8	W13	Aubrey Schmidt, 16*, Dysart, IA	42:08	13:34
123	28	W40	Jill Aalderks, 42*, Cedar Falls, IA	42:09	13:34
124	3	JrW	Maya Aalderks, 11*, Cedar Falls, IA	42:10	13:34
125	4	JrW	Payton Kriener, 9*, Cedar Falls, IA	42:11	13:34
126	5	JrW	Lily Mason, 8*, Cedar Falls, IA	42:12	13:35
127	6	JrW	Emma Husted, 7*, Cedar Falls, IA	42:12	13:35
128	43	W30	Meg Husted, 34*, Cedar Falls, IA	42:13	13:35
129	44	W30	Leah Kriener, 35*, Cedar Falls, IA	42:16	13:36
130	29	W40	Stacy Mason, 49*, Cedar Falls, IA	42:16	13:36
131	45	W30	Chelsea Carlson, 36*, Cedar Falls, IA	42:27	13:40
132	23	W20	Sarah Murphy, 29*, Marshalltown, IA	42:44	13:45
133	46	W30	Amanda Weber, 36*, Cedar Falls, IA	42:46	13:46
134	47	W30	Heidi Smock, 33*, Evansdale, IA	42:46	13:46
135	48	W30	Amber Nevin, 37*, Waterloo, IA	42:49	13:47
136	24	W20	Lauren Hix, 29*, Waterloo, IA	43:00	13:50
137	6	W70	Jo Walter, 62*, Clarksville, IA	43:21	13:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
138	16	W50	Emily Thode, 53*, Cedar Falls, IA	43:31	14:00
139	17	W50	Lynn Patterson, 58*, Cedar Falls, IA	44:10	14:13
34	5	JrM	Nick Allen, 12, Waverly, IA	44:20	14:16
140	30	W40	Jennifer Long, 46*, Waverly, IA	44:20	14:16

141	7	W70	Marcia Hartson, 62*, Cedar Falls, IA	44:40	14:22
142	8	W70	Janis Jehle, 62*, Cedar Falls, IA	44:40	14:23
143	9	W70	Pamela Wood, 64*, Janesville, IA	44:41	14:23
144	49	W30	Ramah Husidic, 31*, Waterloo, IA	45:07	14:31
145	31	W40	Amy Pilcher, 43*, Waverly, IA	45:10	14:32
146	50	W30	Beth Buelow, 35*, Waterloo, IA	45:15	14:34
147	51	W30	Sarah Behrens, 35*, Waterloo, IA	45:16	14:34
148	18	W50	Donna Dunnwald, 56*, Waterloo, IA	45:42	14:42
149	19	W50	Jill Boisen, 52*, Garrison, IA	45:43	14:43
35	4	M13	Connor Post, 13, Cedar Falls, IA	46:17	14:54
150	10	W70	Mary Pals, 66*, Mason City, IA	46:17	14:54
151	32	W40	Jessica Post, 44*, Cedar Falls, IA	46:18	14:54
152	11	W70	Sharon Sallee, 71*, Indianola, IA	46:18	14:54
36	7	M40	Matt Sallee, 47, Hudson, IA	46:19	14:54
37	6	JrM	Gabe Richmond, 12, Waterloo, IA	46:25	14:56
153	52	W30	Julie Richmond, 38*, Waterloo, IA	46:26	14:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
154	25	W20	Jane Ginn, 27*, Cedar Falls, IA	46:50	15:04
155	9	W13	Annie Thode, 16*, Cedar Falls, IA	46:51	15:04
156	20	W50	Diane Kohls, 57*, Waterloo, IA	47:45	15:22
38	6	M70	Rollin Perry, 80, Cedar Falls, IA	47:54	15:25
157	12	W70	Kathy Gallmeyer, 60*, Waterloo, IA	47:58	15:26
39	11	M30	Aaron Ticknor, 34, Cedar Falls, IA	47:59	15:26
158	10	W13	Journey Shipman, 15*, Waterloo, IA	48:31	15:37
40	7	JrM	Phoenix Shipman, 12, Waterloo, IA	48:46	15:42
159	33	W40	Jessie Shipman, 43*, Waterloo, IA	48:47	15:42
160	13	W70	Nancy Davies, 66*, Allison, IA	49:05	15:48
161	14	W70	Karen Quigley, 67*, Fredericksburg, IA	49:25	15:54
162	11	W13	MacKenzie Christopher, 15*, Hudson, IA	49:39	15:59
163	34	W40	Sharon Christopher, 48*, Hudson, IA	49:39	15:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
164	53	W30	Rhonda Anderson, 38*, Cedar Falls, IA	49:44	16:00

165	54	W30	Melinda Kelling, 39*, Cedar Falls, IA	49:44	16:00
166	21	W50	Connie Hix, 59*, Waterloo, IA	50:06	16:07
167	26	W20	Steffi Miehe, 29*, Waterloo, IA	50:21	16:12
168	27	W20	Tori Watson, 27*, Waverly, IA	50:24	16:13
169	15	W70	Judy Meyer, 77*, Evansdale, IA	50:29	16:15
170	22	W50	Debra Meyer, 54*, Cedar Falls, IA	50:30	16:15
171	55	W30	Brenna Shaw, 38*, Cedar Falls, IA	50:37	16:17
172	16	W70	Vickie Minard, 63*, Waterloo, IA	51:12	16:29
173	23	W50	Tammy Cousins, 52*, De Witt, IA	51:16	16:30
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
174	24	W50	Kimberly Porterfield, 51*, Waterloo, IA	53:07	17:06
175	7	JrW	Emma Nielson, 11*, Waverly, IA	53:08	17:06
176	25	W50	Becky McRobie, 58*, Waverly, IA	53:11	17:07
177	26	W50	Janet Waidelich, 57*, Waverly, IA	53:13	17:07
178	27	W50	Christine Jones, 51*, Traer, IA	53:36	17:15
179	28	W50	Stacey Vogeler, 50*, Clutier, IA	53:36	17:15
180	28	W20	Nichole Jones, 22*, Traer, IA	53:37	17:15
181	35	W40	Michelle Clark, 46*, Waterloo, IA	53:43	17:17
182	36	W40	Magdalena Galloway, 44*, Waterloo, IA	53:43	17:17
183	56	W30	Karin Rowe, 38*, Waterloo, IA	53:44	17:18
184	57	W30	Kari Dahlstrom, 33*, Cedar Falls, IA	54:28	17:32
41	12	M30	Adam Nielson, 38, Waverly, IA	55:36	17:53
185	58	W30	Greta Nielson, 35*, Waverly, IA	55:37	17:54
42	8	JrM	Ian Nielson, 7, Waverly, IA	55:38	17:54
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
186	29	W20	Allison Henninger, 26*, Waterloo, IA	56:07	18:04
187	59	W30	Tiffany DeLong, 31*, Waterloo, IA	56:07	18:04
188	37	W40	Roxanne Jensen, 41*, Independence, MO	56:23	18:09
189	17	W70	Carolyn Jensen, 72*, Cedar Falls, IA	56:24	18:09
43	8	M40	Joe Hannel, 47, Independence, MO	56:24	18:09
190	29	W50	Shari Sorensen, 54*, Raymond, IA	56:40	18:14
191	30	W50	Lynne Campbell, 56*, Waterloo, IA	56:41	18:14
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					

192	31	W50	Pamela Tarr, 56*, Waterloo, IA	1:00:10	19:22
193	38	W40	Kellie Dean, 49*, Cedar Falls, IA	1:00:11	19:22
194	39	W40	Lana Leuenberger, 47*, Waterloo, IA	1:00:15	19:23
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
195	32	W50	Sandi McGinn, 57*, Cedar Falls, IA	1:02:20	20:04
196	33	W50	Debra Williams, 57*, Hudson, IA	1:02:21	20:04
44	2	M50	Carl Yokem, 54, Cedar Falls, IA	1:02:24	20:05
45	3	M50	Randall Williams, 54, Hudson, IA	1:02:25	20:05
197	60	W30	Alicia Rosburg, 34*, Cedar Falls, IA	1:02:41	20:10
198	18	W70	Betty Irons, 64*, Boone, IA	1:02:43	20:11
46	13	M30	Eric Rosburg, 34, Cedar Falls, IA	1:02:44	20:11

* indicates females

2 finishers among Males (no age given)

8 finishers among Men Under 13

4 finishers among Men 13 - 19

3 finishers among Men 20 - 29

13 finishers among Men 30 - 39

8 finishers among Men 40 - 49

3 finishers among Men 50 - 59

6 finishers among Men 60 & Up

7 finishers among Women Under 13

11 finishers among Women 13 - 19

29 finishers among Women 20 - 29

60 finishers among Women 30 - 39

39 finishers among Women 40 - 49

33 finishers among Women 50 - 59

18 finishers among Women 60 & Up

47 male finishers

197 female finishers

244 total finishers

CLASS

PLACE	PLACE	FINISHER	TIME	PACE
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Open Men

1	1	M13	Caleb Schillinger, 17, North Liberty, IA	17:44	5:42
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Open Women

1	1	W30	Angela Burk, 35, Cedar Falls, IA	21:24	6:53
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CLASS

PLACE	PLACE		FINISHER	TIME	PACE
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Men Under 13

13	1	Jace Hudson, 9, Cedar Falls, IA	23:21	7:31
24	2	Caleb Ferch, 10, Gladbrook, IA	29:35	9:31
27	3	Cole Hudson, 10, Cedar Falls, IA	29:44	9:34

Men 13 - 19

10	1	Zach Buzynski, 19, Hudson, IA	22:43	7:18
11	2	Cameron O'Donnell, 19, Readlyn, IA	22:49	7:20
16	3	Treovr Huegerich, 13, Cedar Falls, IA	24:58	8:02

Men 20 - 29

7	1	Jared Heitz, 26, Cedar Falls, IA	22:00	7:05
8	2	Jimmie Roof, 28, Waterloo, IA	22:23	7:12
20	3	Brian Murphy, 29, Marshalltown, IA	26:37	8:34

Men 30 - 39

2	1	Jesse Monroe, 33, Waterloo, IA	18:46	6:02
3	2	Ryan Nevin, 37, Waterloo, IA	20:52	6:43

6	3	Nick Sorbe, 33, Cedar Falls, IA	21:56	7:03
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Men 40 - 49

9	1	Kelly Carpenter, 41, Cedar Falls, IA	22:29	7:14
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15	2	Tim Heller, 40, Cedar Falls, IA	24:56	8:01
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21	3	Ben Brustkern, 45, Waterloo, IA	26:48	8:38
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Men 50 - 59

4	1	Todd Coulter, 52, Cedar Falls, IA	21:21	6:52
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44	2	Carl Yokem, 54, Cedar Falls, IA	1:02:24	20:05
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45	3	Randall Williams, 54, Hudson, IA	1:02:25	20:05
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Men 60 & Up

5	1	Mark Zimmer, 62, Independence, IA	21:46	7:00
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17	2	Tim Carson, 62, Ackley, IA	25:07	8:05
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18	3	Mike Craft, 68, La Porte City, IA	25:29	8:12
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CLASS

PLACE	PLACE	FINISHER	TIME	PACE
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Women Under 13

6	1	Zoe Zylstra, 12, Cedar Falls, IA	23:12	7:28
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19	2	Lillian Waterman, 12, Dyersville, IA	25:56	8:21
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124	3	Maya Aalderks, 11, Cedar Falls, IA	42:10	13:34
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Women 13 - 19

4	1	Sara Carsen, 17, Ackley, IA	23:01	7:24
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10	2	Bethany Schillinger, 19, Cedar Falls, IA	24:04	7:45
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13	3	Kaelyn Ambrose, 19, New Hampton, IA	24:47	7:58
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Women 20 - 29

22	1	Kristin Porstmann, 24, Grundy Center, IA	26:17	8:27
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23	2	Madison Cousins, 24, De Witt, IA	26:23	8:29
26	3	Taylor Sernett, 20, Cedar Falls, IA	27:04	8:43

Women 30 - 39

2	1	Kristin Carpenter, 38, Cedar Falls, IA	22:27	7:14
8	2	Shara Coleman, 36, Marshalltown, IA	23:47	7:39
9	3	Jessica Little, 37, Cedar Falls, IA	23:55	7:42

Women 40 - 49

3	1	Carrie Dieken, 42, Cedar Falls, IA	22:49	7:20
5	2	Jill Steele, 43, Hudson, IA	23:05	7:26
11	3	Laurie Schillinger, 49, North Liberty, IA	24:30	7:53

Women 50 - 59

7	1	Suzanne Freedman, 53, Cedar Falls, IA	23:38	7:36
16	2	Mary Steffensmeier, 55, Waterloo, IA	25:40	8:15
30	3	Laura Lenius Walton, 53, Cedar Falls, IA	28:02	9:01

Women 60 & Up

38	1	Nancy Meier, 62, La Porte City, IA	29:32	9:30
61	2	Susan Trebil, 64, Manly, IA	32:18	10:24
98	3	Carla Lown, 64, Waterloo, IA	37:35	12:06

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