

Run The Ripple *** 5K Run *** Overall & Divisions

Event: 5K Run

Date: Sunday, May 04, 2014

Location: Squaw Creek Park, Marion, IA

Weather: Overcast, Light Rain, Wind N 10-15mph &
42°

Overall and Age Divisions

Results By: Andrew Kauder, Kauder Racing

<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Nathan Hopp, M31	West Amana, IA	16:55	5:27/M
2	2	2 OVM	John Armon, M48	Cedar Rapids, IA	19:41	6:20/M
3	3	3 OVM	Julien Morand, M39	Cedar Rapids, IA	20:58	6:45/M
4	4	1 M30	Wes Hilleshiem, M36	Marion, IA	21:49	7:01/M
5	5	2 M30	Chris Nims, M37	Robins, IA	22:05	7:06/M
6	6	3 M30	Brian Thorn, M30	Cedar Rapids, IA	24:22	7:51/M
7	1	1 OVF	Deidre Nims, F38	Robins, IA	24:32	7:54/M
8	7	1 M40	John Atkinson, M41	Marion, IA	25:23	8:10/M
9	8	2 M40	Todd Kibsgaard, M43	Marion, IA	25:31	8:13/M
10	9	1 JRM	Michael Trunnell, M13	Marion, IA	26:42	8:36/M
11	10	1 M20	Nathan Studebaker, M29	Cedar Rapids, IA	26:59	8:41/M
12	11	4 M30	Brian Smith, M39	Marion, IA	27:05	8:43/M
13	12	5 M30	Derek Thoms, M34	Marion, IA	27:18	8:47/M
14	13	6 M30	Luke Felderman, M35	Lisbon, IA	27:55	8:59/M
15	2	2 OVF	Kari Buresh, F41	Cedar Rapids, IA	28:29	9:10/M
16	14	7 M30	Josh Stoos, M31	Cedar Rapids, IA	28:31	9:11/M
17	3	3 OVF	Susan Johnson, F39	Cedar Rapids, IA	28:53	9:18/M
18	15	2 JRM	Kinnick Nims, M9	Robins, IA	29:23	9:27/M
19	16	3 M40	David Drury, M45	Cedar Rapids, IA	30:28	9:49/M
20	17	8 M30	Ben Roberts, M34	Dubuque, IA	31:24	10:06/M
21	18	2 M20	Justin Lowinski, M25	Cedar Rapids, IA	31:36	10:10/M
22	4	1 F30	Brooke Rhatigan, F30	Cedar Rapids, IA	31:37	10:11/M
23	5	2 F30	Kassie Docker, F31	Cedar Rapids, IA	31:44	10:13/M

24	6	1 F20	Heather Weber, F29	Cedar Rapids, IA	32:34	10:29/M
25	7	3 F30	Radie Roberts, F33	Dubuque, IA	32:48	10:34/M
26	19	3 M20	Joseph Tesar, M28	Center Point, IA	33:11	10:41/M
27	8	1 F40	Brandey Cordes, F45	Cedar Rapids, IA	33:35	10:49/M
28	9	1 F15	Amber Peterson, F18	Cedar Rapids, IA	35:41	11:29/M
29	10	2 F40	Kathleen Weber, F47	Ryan, IA	37:25	12:03/M
30	11	2 F15	Brooke Mease, F16	Cedar Rapids, IA	37:36	12:06/M
31	12	1 F50	Aldean Edwards, F54	Cedar Rapids, IA	38:17	12:19/M
32	20	4 M40	Greg Edwards, M40	Cedar Rapids, IA	38:17	12:19/M
33	13	4 F30	Kelly Smith, F38	Marion, IA	42:26	13:40/M
34	14	5 F30	Trisha Gardner, F30	Cedar Rapids, IA	43:18	13:56/M
35	15	6 F30	Lisa Trunnell, F37	Marion, IA	44:54	14:27/M
36	16	1 F60	Sheryl Campbell, F60	Cedar Rapids, IA	45:15	14:34/M
37	17	7 F30	Kathy Stratton, F30	Cedar Rapids, IA	45:21	14:36/M
38	21	4 M20	David Benham, M26	Marion, IA	48:17	15:32/M
39	18	3 F40	Becky Huebner, F49	Marion, IA	48:18	15:33/M
40	19	2 F50	Katie Benham, F52	Marion, IA	48:19	15:33/M
41	20	4 F40	April Ferrie, F42	Cedar Rapids, IA	48:20	15:33/M
42	21	1 JRF	Riley Fridinger, F14	Marion, IA	49:33	15:57/M
43	22	3 F15	Ali Fridinger, F18	Marion, IA	50:20	16:12/M
44	23	2 F20	Kandi Tesar, F27	Center Point, IA	51:37	16:37/M
45	24	3 F20	Kristen Paasch, F28	Cedar Rapids, IA	51:58	16:44/M
46	25	2 JRF	Lexi Nims, F5	Robins, IA	53:12	17:08/M
47	26	8 F30	Cassie Daley, F32	Palo, IA	57:37	18:33/M
48	22	9 M30	Noah Daley, M32	Palo, IA	57:38	18:33/M
49	27	9 F30	Liz Smith, F32	Cedar Rapids, IA	57:58	18:40/M
50	23	5 M40	Ben Smith, M40	Cedar Rapids, IA	57:59	18:40/M
51	28	2 F60	Barb Hagen, F60	Marion, IA	1:00:27	19:27/M
52	24	1 M60	James Hagen, M60	Marion, IA	1:00:27	19:28/M
53	29	3 F50	Becky Gassmann, F53	Marion, IA	1:00:29	19:28/M
54	25	1 M50	Tim Gassmann, M54	Marion, IA	1:00:32	19:29/M

Overall and Age Divisions

Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Nathan Hopp, M31	West Amana, IA	16:55	5:27/M
2	John Armon, M48	Cedar Rapids, IA	19:41	6:20/M
3	Julien Morand, M39	Cedar Rapids, IA	20:58	6:45/M

Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Deidre Nims, F38	Robins, IA	24:32	7:54/M
2	Kari Buresh, F41	Cedar Rapids, IA	28:29	9:10/M

3	Susan Johnson, F39	Cedar Rapids, IA	28:53	9:18/M
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M[14 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Michael Trunnell, M13	Marion, IA	26:42	8:36/M
2	Kinnick Nims, M9	Robins, IA	29:23	9:27/M

F[14 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Riley Fridinger, F14	Marion, IA	49:33	15:57/M
2	Lexi Nims, F5	Robins, IA	53:12	17:08/M

F[15-19]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Amber Peterson, F18	Cedar Rapids, IA	35:41	11:29/M
2	Brooke Mease, F16	Cedar Rapids, IA	37:36	12:06/M
3	Ali Fridinger, F18	Marion, IA	50:20	16:12/M

M[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Nathan Studebaker, M29	Cedar Rapids, IA	26:59	8:41/M
2	Justin Lowinski, M25	Cedar Rapids, IA	31:36	10:10/M
3	Joseph Tesar, M28	Center Point, IA	33:11	10:41/M
4	David Benham, M26	Marion, IA	48:17	15:32/M

F[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Heather Weber, F29	Cedar Rapids, IA	32:34	10:29/M
2	Kandi Tesar, F27	Center Point, IA	51:37	16:37/M
3	Kristen Paasch, F28	Cedar Rapids, IA	51:58	16:44/M

M[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Wes Hilleshiem, M36	Marion, IA	21:49	7:01/M
2	Chris Nims, M37	Robins, IA	22:05	7:06/M
3	Brian Thorn, M30	Cedar Rapids, IA	24:22	7:51/M
4	Brian Smith, M39	Marion, IA	27:05	8:43/M
5	Derek Thoms, M34	Marion, IA	27:18	8:47/M
6	Luke Felderman, M35	Lisbon, IA	27:55	8:59/M
7	Josh Stoos, M31	Cedar Rapids, IA	28:31	9:11/M
8	Ben Roberts, M34	Dubuque, IA	31:24	10:06/M

9	Noah Daley, M32	Palo, IA	57:38	18:33/M
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F[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Brooke Rhatigan, F30	Cedar Rapids, IA	31:37	10:11/M
2	Kassie Docker, F31	Cedar Rapids, IA	31:44	10:13/M
3	Radie Roberts, F33	Dubuque, IA	32:48	10:34/M
4	Kelly Smith, F38	Marion, IA	42:26	13:40/M
5	Trisha Gardner, F30	Cedar Rapids, IA	43:18	13:56/M
6	Lisa Trunnell, F37	Marion, IA	44:54	14:27/M
7	Kathy Stratton, F30	Cedar Rapids, IA	45:21	14:36/M
8	Cassie Daley, F32	Palo, IA	57:37	18:33/M
9	Liz Smith, F32	Cedar Rapids, IA	57:58	18:40/M

M[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	John Atkinson, M41	Marion, IA	25:23	8:10/M
2	Todd Kibsgaard, M43	Marion, IA	25:31	8:13/M
3	David Drury, M45	Cedar Rapids, IA	30:28	9:49/M
4	Greg Edwards, M40	Cedar Rapids, IA	38:17	12:19/M
5	Ben Smith, M40	Cedar Rapids, IA	57:59	18:40/M

F[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Brandey Cordes, F45	Cedar Rapids, IA	33:35	10:49/M
2	Kathleen Weber, F47	Ryan, IA	37:25	12:03/M
3	Becky Huebner, F49	Marion, IA	48:18	15:33/M
4	April Ferrie, F42	Cedar Rapids, IA	48:20	15:33/M

M[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Tim Gassmann, M54	Marion, IA	1:00:32	19:29/M

F[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Aldean Edwards, F54	Cedar Rapids, IA	38:17	12:19/M
2	Katie Benham, F52	Marion, IA	48:19	15:33/M
3	Becky Gassmann, F53	Marion, IA	1:00:29	19:28/M

M[60 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
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1	James Hagen, M60	Marion, IA	1:00:27	19:28/M
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F[60 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Sheryl Campbell, F60	Cedar Rapids, IA	45:15	14:34/M
2	Barb Hagen, F60	Marion, IA	1:00:27	19:27/M

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