

Run Like A Girl - 1 Kilometer**Des Moines, Iowa****Oct. 19, 2012**

40s and dark (started 7pm)

Results by Cal Murdock

Use the Find option of your Web Browser to find the performance of a specific individual.

CLASS				
PLACE	PLACE	FINISHER		TIME
1	1 M30	Scot Henss, 34, Urbandale, IA		3:48
2	2 M30	Ryan Bristle, 33, Polk City, IA		4:13
3	1 M40	Marcus Dunn, 49, Charlotte, NC		4:29
1	1 W30	Summer Rehkemper, 36*, Urbandale, IA		4:42
2	2 W30	Heather Anderson, 32*, Ankeny, IA		4:54
3	1 W20	Chrissy Tometich, 26*, Boone, IA		5:09
4	1 W40	Michelle Eash, 42*, Des Moines, IA		5:16
4	1 M20	John Youngers, 27, Urbandale, IA		5:20
5	3 W30	Amy Hensley, 35*, Urbandale, IA		5:23
6	4 W30	Jennifer Tange, 32*, Urbandale, IA		5:23
7	5 W30	Amy Fahrman, 33*, Ankeny, IA		5:35
8	1 JrW	Leah Hart, 18*, West Des Moines, IA		5:35
9	2 W40	Kim Smith, 49*, West Des Moines, IA		5:38
5	2 M40	Todd Berkoski, 40, West Des Moines, IA		5:39
10	6 W30	Randi Jo Rowedder, 38*, West Des Moines, IA		5:42
11	7 W30	Dawn Hageman, 39*, Greenfield Twp, IA		5:43
12	3 W40	Barb Greer, 40*, Kellogg, IA		5:48
13	8 W30	Christy Strumpfer, 39*, Slater, IA		5:49
14	4 W40	AshLea Anderson, 41*, Boone, IA		5:49
15	9 W30	Karlynn Nosbusch, 37*, Clive, IA		5:52
16	10 W30	Beth Boyd, 35*, Clive, IA		5:53

17	5	W40	Amy Scheidegger, 40*, Ankeny, IA	5:53
18	2	W20	Laura Rehmer, 27*, Des Moines, IA	5:54
19	6	W40	Pamela Petersen, 48*, Bondurant, IA	5:57
20	11	W30	Kate Gotschall, 32*, Ankeny, IA	5:57
21	12	W30	Cindy Lettington, 37*, West Des Moines, IA	5:58
22	13	W30	Amy Butler, 36*, Urbandale, IA	6:03
23	14	W30	Trisha Grandon, 31*, West Des Moines, IA	6:05
24	7	W40	Kim Pinneke, 42*, Ankeny, IA	6:15
25	15	W30	Anne Case, 38*, Adel, IA	6:17
26	8	W40	Emily Doonan, 43*, Ankeny, IA	6:18
27	16	W30	Angela Heldt, 37*, Ankeny, IA	6:18
28	17	W30	Stephanie Doonan, 39*, Polk City, IA	6:18
29	18	W30	Abby Smithson, 35*, Granger, IA	6:19
6			#272	6:19
30	9	W40	Stephany Brandhorst, 44*, Indianola, IA	6:21
31	19	W30	Michelle Godfrey, 38*, West Des Moines, IA	6:25
32	20	W30	Emily Meyer, 30*, West Des Moines, IA	6:25
7	2	M20	Brandon Oakley, 28, West Des Moines, IA	6:26
8	3	M40	Ryan Person, 40, Altoona, IA	6:26
33	10	W40	Jody Person, 40*, Altoona, IA	6:26
34	21	W30	Michelle Adams, 31*, Van Meter, IA	6:27
35	11	W40	Lynn Ross, 42*, Grimes, IA	6:28
36	22	W30	Nicole Gade, 38*, Ankeny, IA	6:29
37	12	W40	Lisa Fox, 41*, West Des Moines, IA	6:29
38	13	W40	Kara Vander Beek, 41*, Altoona, IA	6:30
39	23	W30	Audra Hiebert, 36*, Prairie City, IA	6:31
40	24	W30	Traci Korte, 32*, Ankeny, IA	6:31
41	25	W30	Jill Olsen, 32*, Des Moines, IA	6:31
42	3	W20	Allison White, 26*, Slater, IA	6:32
43	14	W40	Janie Brown, 42*, Urbandale, IA	6:32
44	26	W30	Lori Evans, 33*, Urbandale, IA	6:35
45	27	W30	Nicole Evans, 31*, Norwalk, IA	6:35

46	4	W20	Courtney Deardorff, 23*, West Des Moines, IA	6:35
47	15	W40	Heidi Heronimus, 40*, Ankeny, IA	6:36
48	28	W30	Nicki Lamb, 38*, Ankeny, IA	6:37
49	29	W30	Jill Davis, 37*, Des Moines, IA	6:37
50	30	W30	Brenda Lawyer, 39*, Des Moines, IA	6:41
51	16	W40	Christine Young Dennis, 42*, Johnston, IA	7:09
52	17	W40	Kristie Greenstreet, 46*, Clive, IA	7:09
53	1	W50	Deb Thomas, 53*, Pleasantville, IA	7:10
54	18	W40	Sheryl Beery, 40*, Des Moines, IA	7:10
9	4	M40	Allen Beery, 41, Des Moines, IA	7:12
55	31	W30	Jaci Braun, 31*, Johnston, IA	7:14
56	2	W50	Deborah Culp, 54*, Johnston, IA	7:14
57	32	W30	Angela Fisher, 31*, Urbandale, IA	7:15
58	33	W30	Sarah Swalley, 32*, Johnston, IA	7:16
59	5	W20	Jen Schmidt, 25*, Des Moines, IA	7:16
60	34	W30	Heather Ruff, 30*, Ankeny, IA	7:17
61			Cathy French*, , IA	7:22
10	5	M40	Butch Greer, 40, Kellogg, IA	7:55
62	3	W50	Jean Newquist, 58*, Norwalk, IA	7:57
63	19	W40	Sherry Christensen, 40*, Altoona, IA	7:57
11	3	M30	Trent Merley, 38, Altoona, IA	7:58
64	35	W30	Aileen Crawford, 37*, Ankeny, IA	7:58
65	20	W40	Dana Rounds, 40*, Ankeny, IA	8:02
66	21	W40	Cher Brown, 41*, Pleasant Hill, IA	8:02
67	22	W40	Tiffany Rumelhart, 40*, Ankeny, IA	8:05
68	4	W50	Khristina Wilbur, 50*, Des Moines, IA	8:07
69	23	W40	Amy Healey, 45*, Ames, IA	8:18
70	36	W30	Katherine Pregitzer, 34*, Ames, IA	8:46
71	37	W30	Tara Chaney, 31*, Des Moines, IA	8:49
72	38	W30	Rene Williams, 30*, Des Moines, IA	8:50
73	39	W30	Stephanie Shearer, 31*, Des Moines, IA	8:54
12	4	M30	Shawn Madill, 39, Ames, IA	8:55

74	40	W30	Melanie Morgan, 36*, Huxley, IA	8:56
75	24	W40	Karen Hadaway, 43*, Huxley, IA	8:56
76	25	W40	Karen Hadaway, 43*, Huxley, IA	8:57
13	5	M30	Damion Pregitzer, 34, Ames, IA	8:57
77	26	W40	Jodi Bridges, 44*, Huxley, IA	8:58
14	3	M20	Sonny Sithonnorath, 26, Des Moines, IA	8:58
78	41	W30	Jenny Vanderschoor, 31*, Des Moines, IA	9:00
79	6	W20	Bettina Ounlokham, 28*, Ankeny, IA	9:00
80	42	W30	Lisa Hardisty, 31*, Omaha, NE	9:19
81	5	W50	Kay McConnell, 52*, Des Moines, IA	9:24
82	7	W20	Sheila Bergman, 26*, Des Moines, IA	9:24
83	27	W40	Melissa Bernhardt, 42*, Waukee, IA	9:28
15	6	M40	Jeff Bernhardt, 45, Waukee, IA	9:30
84	43	W30	Katie Buck, 35*, Des Moines, IA	9:33
85	44	W30	Katie Caggiano, 35*, West Des Moines, IA	9:33
86	28	W40	Jennifer Stewart, 44*, Urbandale, IA	9:36
87	45	W30	Amy Quigley, 38*, Urbandale,, Ia	9:36
88	29	W40	Kristina Hart, 48*, West Des Moines, IA	9:40
89	6	W50	Mischelle Denison, 50*, Johnston, IA	9:48
90	7	W50	Cynthia Smith, 56*, Des Moines, IA	9:59
91	46	W30	Andrea Petrovich, 30*, Des Moines, IA	10:03
92	47	W30	Cristen Likens, 34*, Des Moines, IA	10:03
16	6	M30	Victor Dutchuk, 38, West Des Moines, IA	10:32
93	30	W40	Stacy Soethout, 40*, Indianola, IA	10:37
94	48	W30	Jayme Marquardt, 34*, Clive, IA	10:58
17	7	M30	Jason Marquardt, 38, Clive, IA	10:59
95	31	W40	Norita Breyfogle, 41*, Sioux City, IA	11:01
18	8	M30	Dan Breyfogle, 35, Urbandale, IA	11:01
96	8	W20	McKenzie Tollenaar, 21*, Des Moines, IA	11:02
97	32	W40	Lisa Brovold, 46*, Winterset, IA	11:06
98	49	W30	Jennifer Kownacki, 39*, Norwalk, IA	11:06
99	33	W40	Julie Walker, 44*, Adel, IA	11:08

100	50	W30	Laurie Johnson, 35*, Waukee, IA	11:09
101	51	W30	Kellianne Van Meter, 33*, Waukee, IA	11:09
102	52	W30	Cindy Thacker, 33*, Waukee, IA	11:09
103	53	W30	Danielle DeGeeter, 39*, Brooklyn, IA	11:10
104	54	W30	Molly Leih, 33*, New Virginia, IA	11:10
105			Barbara Carroll*, Chicago, IL	11:12
106			Ann Wolf*, Des Moines, IA	11:13
107	34	W40	Rhonda Robel, 48*, Des Moines, IA	11:14
108	35	W40	Hilary Manning, 43*, Des Moines, IA	11:16
19	7	M40	Jason Boyd, 42, Clive, IA	11:17
20	8	M40	Rob Nosbusch, 42, Clive, IA	11:18
109	8	W50	Robert Peters, 51*, Clive, IA	11:18
110	55	W30	Erika Fitzgerald, 34*, Des Moines, IA	11:18
111	36	W40	Shelly Nelson, 43*, West Des Moines, IA	11:19
112	9	W50	Sharon Peters, 51*, Clive, IA	11:19
113	56	W30	Tammy Mason, 36*, Des Moines, IA	11:20
114	10	W50	Kelly Maxcy, 52*, Johnston, IA	11:20
115	57	W30	Tammy Mason, 36*, Des Moines, IA	11:21
116	37	W40	Steph Buscher, 41*, Waukee, IA	11:24
117	9	W20	Brooklynn Magneson, 27*, Polk City, IA	11:42
21	9	M30	Ryan Stone, 30, Polk City, IA	11:47
118	58	W30	Michelle Lee, 38*, Polk City, IA	11:49
22	10	M30	Todd Lee, 37, Polk City, IA	11:50
119	10	W20	Allison Muller, 29*, Des Moines, IA	11:50
120	59	W30	Anne Quass, 37*, West Des Moines, IA	11:53
121	60	W30	Jen Knight, 33*, Des Moines, IA	11:55
23	9	M40	Collin Breyfogle, 42, Sioux City, IA	12:31
122	38	W40	Darcy Breyfogle, 41*, Urbandale, IA	12:32
123	61	W30	Tina Kientz, 30*, West Des Moines, IA	12:32
124	11	W20	Tasha Haney, 28*, Wauke, IA	14:26
125	12	W20	Misty Polka, 28*, Altoona, IA	14:27
126	13	W20	Miya Williams, 20*, Ames, IA	14:42
127	39	W40	Julie Kuhlers, 43*, Urbandale, IA	14:43

24	10	M40	Kraig Kuhlers, 45, Urbandale, IA	14:48
128	62	W30	Laura Biggart, 34*, Osceola, IA	15:01
129			Steph Snell*, Osceola, IA	15:06
130	63	W30	Paula Straight, 38*, Indianola, IA	15:06
131	40	W40	Deanna Lensch, 47*, Des Moines, IA	15:06
132	64	W30	Heather Campney, 38*, Urbandale, IA	15:06
133	41	W40	Sherri Householder, 49*, Grimes, IA	15:07
134	14	W20	Krista Guillaume, 29*, Altoona, IA	15:23
135	42	W40	Luvenia Williams, 45*, Des Moines, IA	15:28
136	43	W40	Donna Williams, 44*, Des Moines, IA	15:31
137	1	W60	Vicki Hertko, 65*, West Des Moines, IA	15:32
138	65	W30	Jennifer Hansen, 38*, Indianola, IA	15:37
139	11	W50	Teri Souer, 56*, Indianola, IA	15:39
140	66	W30	Nicole VanderWal, 32*, Kentwood, MI	15:41
25	1	M50	Kevin Thomas, 54, Pleasantville, IA	15:41
26	11	M30	Jason Souer, 36, Kentwood, MI	15:45
141	44	W40	Kristan Jirak, 42*, Cedar Rapids, IA	15:46
142	45	W40	Kathy Murphy, 43*, Cedar Rapids, IA	15:49
143	46	W40	Erin Joseph, 42*, Hiawatha, IA	15:51
144	47	W40	Ruth Proctor, 49*, Des Moines, IA	16:01

* indicates females

1 finishers among Males (no age given)

3 finishers among Men 20 - 29

11 finishers among Men 30 - 39

10 finishers among Men 40 - 49

1 finishers among Men 50 - 59

1 finishers among Women Under 20

14 finishers among Women 20 - 29

66 finishers among Women 30 - 39

47 finishers among Women 40 - 49

11 finishers among Women 50 - 59

1 finishers among Women 60 - 69

4 finishers among Females (no age given)

26 male finishers

144 female finishers

170 total finishers

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