

Ronald McDonald 10 km

Blank Park Zoo, Des Moines, IA

May 16, 2009

Sunny and cool

Results by Michael Franke

[5K results here](#)

Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME
1	1 M40	Keith Abels, 47, Ogden, IA	37:10
2	1 M30	John Christen, 30, Marshalltown, IA	39:10
3	2 M30	Adam Albright, 33, Dsm, IA	40:04
4	2 M40	Mark Caples, 41, Ankeny, IA	40:18
5	1 M20	Clinton French, 26	41:04
1	1 W30	Colleen Webb, 32*	41:22
6	1 M50	Ron Hankins, 50, Polk City, IA	43:04
7	3 M30	Rusty Williams, 37, Anita, IA	43:10
8	3 M40	Jeff Feder, 48, Norwalk, IA	44:10
9	4 M30	Erich Baker, 32, Ankeny, IA	45:09
10	5 M30	Ryan Myers, 31, Des Moines, IA	46:42
11	6 M30	Wade Den Hartog, 35, Johnston, IA	48:50
2	1 W40	Kristy Cain, 49*, Urbandale, IA	48:51
12	2 M20	Greg Altkmaier, 22, Dsm, IA	49:45
3	2 W40	Vicki Malmanger, 47*, Bondurant, IA	49:56
13	3 M20	Clint Olson, 28, Urbandale, IA	50:45
4	1 W20	Kara McClure, 29*, Dallas Center, IA	50:57
14	7 M30	Barry Fox, 39	51:11
15	4 M20	Mike Ward, 26, Des Moines, IA	51:44
5	2 W30	April McAfee, 35*	51:48
16	5 M20	Brandon Brown, 26, Ankeny, IA	51:57
6	2 W20	Trisha Grandon, 28*, Des Moines, IA	53:20
17	8 M30	Chris Larson, 33, West Des Moines, IA	53:22
18	2 M50	Dennis Howard, 55, West Des Moines, IA	53:48
7	3 W20	Tory Olson, 25*, Urbandale, IA	54:08
8	4 W20	Abby Vriezela, 23*, Des Moines, IA	54:09
9	5 W20	Becky Strother, 27*, Hampton, IA	54:39
10	6 W20	Colee Wittrock, 26*	54:44
19	4 M40	Michael Harper, 48	55:07
20	3 M50	Jim Pech, 53, Polk City, IA	55:26
11	7 W20	Megan Omvig, 25*	56:31
12	3 W40	Jan Mackey, 48*, Johnston, IA	56:46
13	8 W20	Michelle Bruns, 28*, Des Moines, IA	56:47
14	4 W40	Rachelle Adams, 42*, Earlham, IA	56:51
21	5 M40	Paul Sapp, 42, Des Moines, IA	57:54
15	5 W40	Wilma Osmun, 49*, Creston, IA	57:58
16	9 W20	Jessica Aldridge, 28*, Winterset, IA	1:00:21
17	1 W50	Kim Abbey-Schrupp, 53*, Boone, IA	1:00:33
18	10 W20	Stephanie Riggins, 28*, Windsor Heights, IA	1:00:34
19	3 W30	Danie Andersen-Jeppesen, 34*, Boone, IA	1:01:34
20	11 W20	Angie Richter, 25*, Grimes, IA	1:01:55
21	4 W30	Kim Sapp, 38*, Dsm, IA	1:02:27

22	5	W30	Katrisha Heidemann, 38*, Granger, IA	1:02:28
23	2	W50	Terri Glass, 54*, Arcadia, IA	1:02:36
24	12	W20	Stephanie Mahaffey, 29*, Altoona, IA	1:03:14
25	13	W20	Carla Elliott, 26*, Urbandale, IA	1:03:19
26	6	W30	Jennifer Steenbeke, 32*, Des Moines, IA	1:03:35
22	1	M60	Willis Worick, 68	1:06:04
27	6	W40	Elizabeth Slocum, 44*, Des Moines, IA	1:10:05

"*" indicates females

5 finishers among Men 20 - 29
8 finishers among Men 30 - 39
5 finishers among Men 40 - 49
3 finishers among Men 50 - 59
1 finishers among Men 60 & Up
13 finishers among Women 20 - 29
6 finishers among Women 30 - 39
6 finishers among Women 40 - 49
2 finishers among Women 50 - 59
22 male finishers
27 female finishers
49 total finishers

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