

# Run For Ronald 10 km

Blank Park Zoo, Des Moines, IA

May 17, 2008

warm and sunny

Results by [Michael Franke](#)

[5K results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1 M30	Brad Brotherton, 34, Polk City, IA	39:19	6:20
2	2 M30	Adam Albright, 32, Des Moines, IA	41:38	6:42
3	1 M40	Jeff Feder, 47, Norwalk, IA	41:43	6:43
4		Daniel Gustafson, West Des Moines, IA	43:22	6:59
Pace: <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				
5	3 M30	Rusty Williamson, 36, Anita, IA	44:21	7:08
6	4 M30	Brent Monson, 38, Des Moines, IA	44:43	7:12
1	1 W20	Andrea Rothrock, 26*, Ankeny, IA	45:19	7:17
7	1 JrM	Niki Hermon, 14, Carlisle, IA	45:53	7:23
8	1 M20	Clint Olson, 27, Urbandale, IA	47:00	7:34
9	2 M20	Ben Crawford, 24, Ankeny, IA	48:07	7:44
10	3 M20	Corey Dossett, 23, Des Moines, IA	48:11	7:45
11	4 M20	Carson Eggland, 24, Iowa City, IA	48:17	7:46
12	1 M60	Joel Beanne, 60, Marshalltown, IA	48:31	7:48
2	1 W40	Laura Thomas, 43*, West Des Moines, IA	49:35	7:59
Pace: <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				
13	5 M20	Kib Drebs, 24, MaXwell, IA	50:27	8:07
3	1 W30	April McAfee, 34*, Anita, IA	50:37	8:09
14	6 M20	Timothy Anderson, 26, Lucas, IA	50:38	8:09
15		Jeff Colwell, Waukee, IA	51:22	8:16
4	2 W20	Heidi Alexander, 26*, Belleville, IA	52:04	8:23
16	5 M30	Larry Hunt, 33, Windsor Heights, IA	52:18	8:25
5	2 W30	Debbie Hunt, 34*, Windsor Heights, IA	52:19	8:25
6	3 W20	Jamie Nelson, 27*, Des Moines, IA	52:21	8:25
17	7 M20	Daniel Krohn, 27, Ankeny, IA	53:17	8:34
7	4 W20	Michelle Hogan, 22*, Ankeny, IA	53:27	8:36
8	5 W20	Jennifer Anderson, 28*, Altoona, IA	54:18	8:44
9	3 W30	Kim Bryant, 36*, Waukee, IA	54:31	8:46
10	1 W50	Paula Dierenfeld, 53*, Johnston, IA	54:53	8:50
11	6 W20	Sarah Nelson, 28*, Ames, IA	55:16	8:54
18	8 M20	Lance Johnston, 24, Ankeny, IA	55:38	8:57
Pace: <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				
19	1 M50	Dennis Howard, 54, Des Moines, IA	56:02	9:01
12	7 W20	Laura Fraczek, 24*, West Des Moines, IA	56:04	9:01
13	2 W40	Jan Mackey, 47*, Johnston, IA	57:40	9:17
20	2 M40	Wayne Ostergaard, 45, Des Moines, IA	57:52	9:19
14	4 W30	Stephanie Dermody, 39*, Norwalk, IA	57:59	9:20
15	8 W20	Shashawna Benlke, 28*, Ankeny, IA	58:05	9:21
16	5 W30	Cindy Kovacs, 34*, Ankeny, IA	58:17	9:23

17	6	W30 Kim Sapp, 37*, Des Moines, IA	58:18	9:23
18	9	W20 Lana Dirksen, 26*, Bondurant, IA	58:28	9:24
19	7	W30 Katrisha Heidemann, 37*, Granger, IA	58:35	9:26
20	8	W30 Sara Albright, 33*, Des Moines, IA	58:42	9:27
21	3	W40 Roma Snook, 49*, Chariton, IA	58:43	9:27
21	6	M30 Ken Adrian, 34, West Des Moines, IA	58:45	9:27
22	9	W30 Daphne Monson, 30*, Des Moines, IA	58:49	9:28
23	4	W40 Barb Logan, 43*, Norwalk, IA	58:57	9:29
24	5	W40 Sharon Wiese, 46*, Granger, IA	1:00:00	9:39
Pace: <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				

25	6	W40 Rachelle Adams, 42*, Earlham, IA	1:03:09	10:10
26		Amy Zuck*, Des Moines, IA	1:03:15	10:11
27	7	W40 Lori McNew, 42*, Newton, IA	1:04:18	10:21
28	10	W30 Tracy Walker, 31*, West Des Moines, IA	1:05:52	10:36
29	11	W30 Cat Heithoff, 37*, Des Moines, IA	1:07:09	10:48
30	10	W20 Jodi Dreessen, 23*, Ankeny, IA	1:07:21	10:50
31	11	W20 Lindsey Annis, 23*, Cedar Falls, IA	1:07:23	10:51
32	8	W40 Sherry Smiley, 41*, Cumming, IA	1:07:32	10:52
33	12	W30 Tiffanie Snyder, 32*, Des Moines, IA	1:07:38	10:53
Pace: <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				

34	13	W30 Wendi Fredregill, 34*, West Des Moines, IA	1:09:18	11:09
35	12	W20 Elizabeth Dykstra, 26*, Altoona, IA	1:10:39	11:22
36	13	W20 Kathryn Dykstra, 23*, Cedar Rapids, IA	1:10:39	11:22
Pace: <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				

37	2	W50 Karen Winkelmann, 56*, St. Charles, IA	1:20:00	12:52
38	14	W20 Anne Jacobson, 24*, Ankeny, IA	1:20:01	12:53
39	15	W20 Melissa Van Leeuwen, 29*, Ankeny, IA	1:20:02	12:53

"\*" indicates females

1 finishers among Men 14 & Under  
 8 finishers among Men 20 - 29  
 6 finishers among Men 30 - 39  
 2 finishers among Men 40 - 49  
 1 finishers among Men 50 - 59  
 1 finishers among Men 60 & Up  
 15 finishers among Women 20 - 29  
 13 finishers among Women 30 - 39  
 8 finishers among Women 40 - 49  
 2 finishers among Women 50 - 59  
 21 male finishers  
 39 female finishers  
 60 total finishers

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